

Workshop “Russian Doll”



Amulet dolls are an important part of Russian culture. It is considered that they protect Russian people from various negative and dangerous influences. There are different kinds of dolls in Russia. All of them are their names. It is thought that they are talismans, bringing good luck, family happiness, health, prosperity.

- Go to the creation of the doll! We put on the table a circle of fabric first of the smallest diameter, then a circle of medium diameter, and on top we put a circle of fabric of the largest diameter (the entire fabric is laid out with the wrong side up). We put cotton-wool in the center of the skirt.
- Then we form the head of our doll. We collect all the three skirts together, inside the cotton-wool which is the head. Turn the doll over.
- Tie a red thread around the head. It is a neck.
- We take a white cloth, find the center, put the doll's head. We wrap the white fabric around the neck of the doll. We wrap it with the red thread.
- We form a shirt of the doll. Turn the edges of the fabric so that the sections do not stick out. Pick up the fabric at the waist of the doll.
- Tie a shirt with a belt.
- Tie a ribbon on the head and a scarf.
- We tie a bell and a thread to hands. Now our doll is ready.
The bell doll has three skirts which symbolize the golden, silver and copper kingdom. This doll protects happiness which also consists of three

components: good to the body, calm to the spirit, joyful to the soul. The bells help to attract good news and protect from bad one. Giving a bell amulet to your family and friends, you wish them happiness and comfort in the house.

