

SEW NEWS

The Trusted Sewing Source

ANTERO SHELL

BY AMANDA CARESTIO



CAPSULE STUDIO

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ANTERO SHELL

Stitch a simple V-neck blouse that's perfect for exploring. A step up from the casual T-shirt, this blouse is the perfect wardrobe staple, whether you're adventuring abroad or staying home. With an optional pieced front, the blouse uses very little fabric, and it's also perfect for scrap busting and colorblocking.

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FINISHED MEASUREMENTS

	S	M	L	XL
Bust	48½"	49½"	52"	53½"
Hip	48½"	49½"	52"	53½"

SUPPLIES

- Antero Shell pattern →
- 1½ yards of lightweight fabric (such as linen, linen blends, silk noil, rayon blends, stable knits, tencel twill or cotton blends with drape)
- Matching all-purpose thread
- Serger (optional)
- Lightweight fusible interfacing (optional)

PREPARE

Note: The instructions for this blouse use a serger for construction. If desired, omit the serger and use a zigzag stitch on a standard sewing machine to construct.

Print and tile the pattern. Cut out all the pattern pieces in the desired size.

From the fabric, cut out one front and one back on the fold, one front facing on the fold and one back facing on the fold. Transfer all pattern markings.

For optional stability, cut one front and back facing on the fold from fusible interfacing. Fuse to the corresponding facing piece wrong side according to the manufacturer's instructions.

If piecing two fabric panels together to create the front or back, serge-finish the two center front edges. Pin the panels together along the finished edges with right sides together; stitch, and then press open. Topstitch the seam allowances in place using a ¼" seam allowance. Press the pieced panel in half along the seamline with right sides together. Place the pattern piece on the fold, and then cut one front. Repeat for the back.

CONSTRUCT

Use ½" seam allowances unless otherwise noted.

Serge-finish the front and back shoulder seam edges. Stitch the front and back panels with right sides together along each shoulder seam; press open.

Serge-finish each facing upper straight edge. Position the facings with right sides together; stitch, and then press open. Serge-finish the facing outer edge, beginning and ending at the center-front point.

Position the blouse right side up on a flat work surface. Pin the facing to the blouse neckline with right sides together. Pin-mark the neckline-point



center. Stitch the facing, pivoting at the pin-mark.

Grade the seam allowances. Fold the facing to the blouse wrong side; press. If needed, understitch the facing. Press well. Topstitch the

neckline, making sure to catch the facing within the stitching.

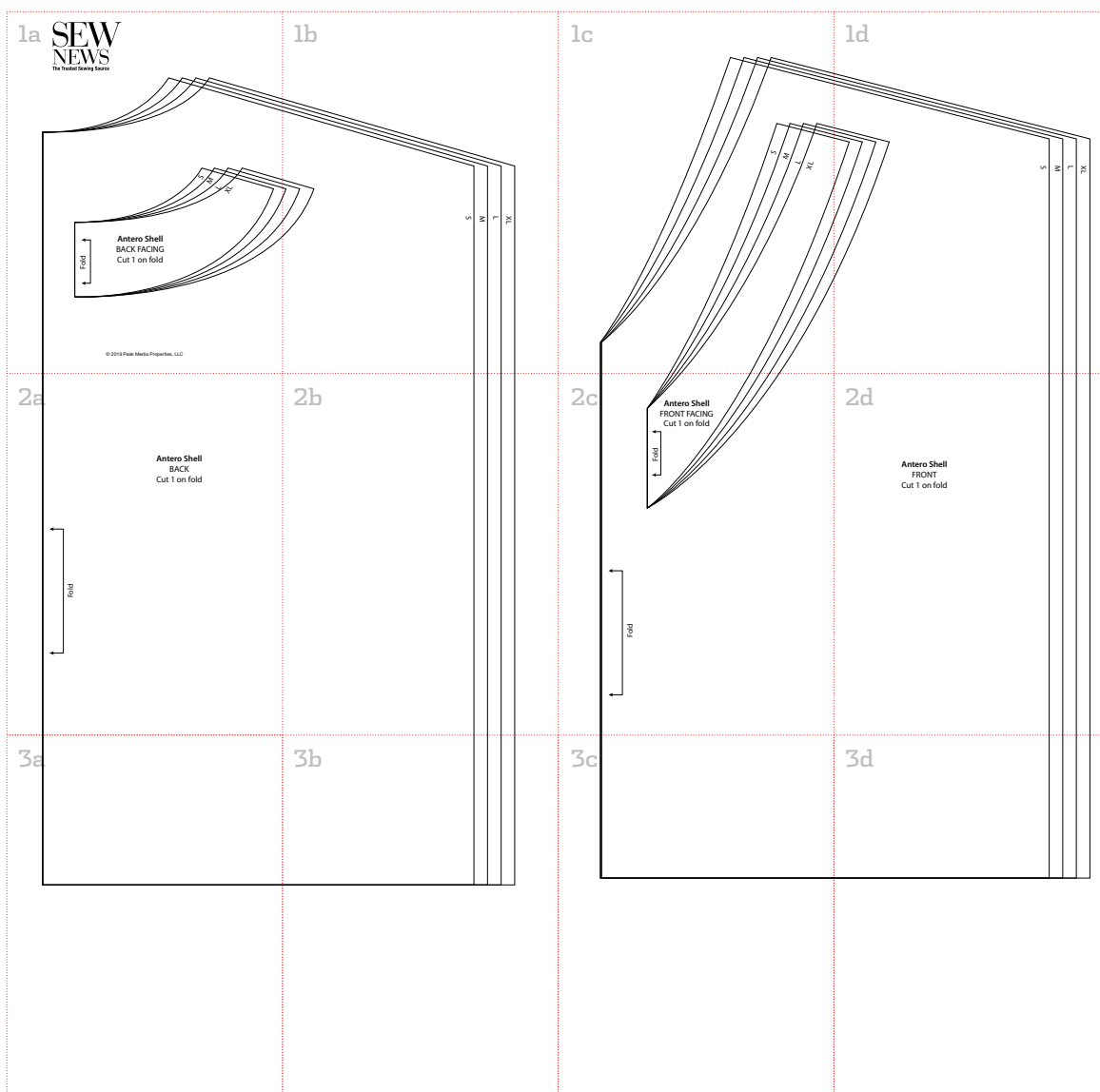
Serge-finish the side raw edges. Fold the blouse in half at the shoulder seam with right sides together. Measure and pin-mark 8" down from the shoulder seam. Pin the remaining seam and try the shirt on to check the armhole opening; adjust it to make it larger or smaller as needed. Stitch the side seams from the armhole pin-mark to the hem using a $\frac{5}{8}$ " seam allowance, backstitching at the armhole opening.

With the shirt wrong side out on the pressing table, press open each side seam. Press each seam allowance toward the wrong side around the armhole openings. Topstitch the armhole using a scant $\frac{1}{2}$ " seam allowance, beginning and ending at the side seam.

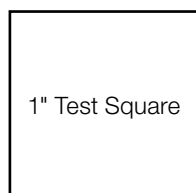
Double-fold the blouse hem $\frac{1}{2}$ " toward the wrong side; press. Edge-stitch close to the first fold. 🌸



ANTERO SHELL



Template overview

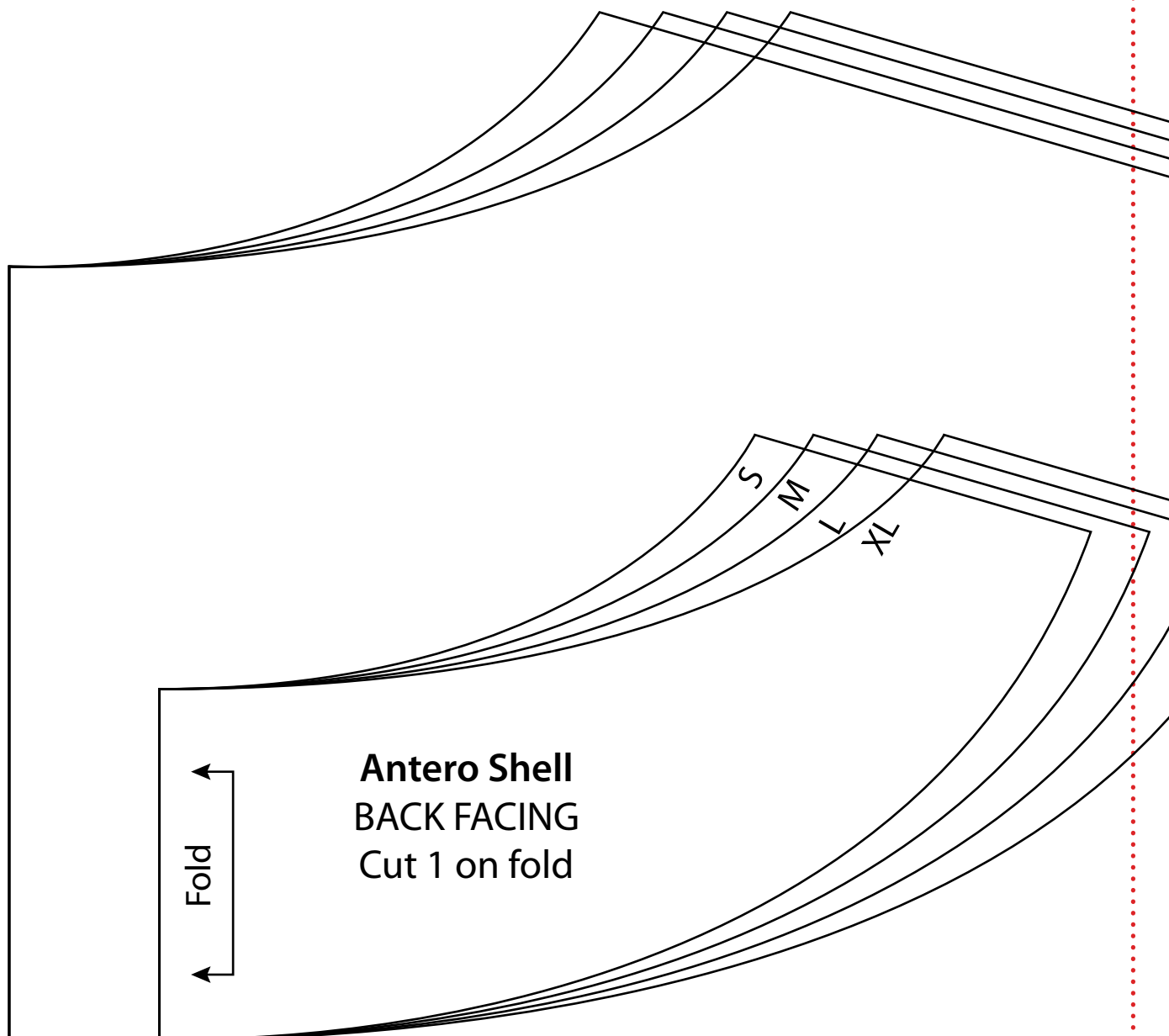


12 pages: 1a–1d, 2a–2d, 3a–3d

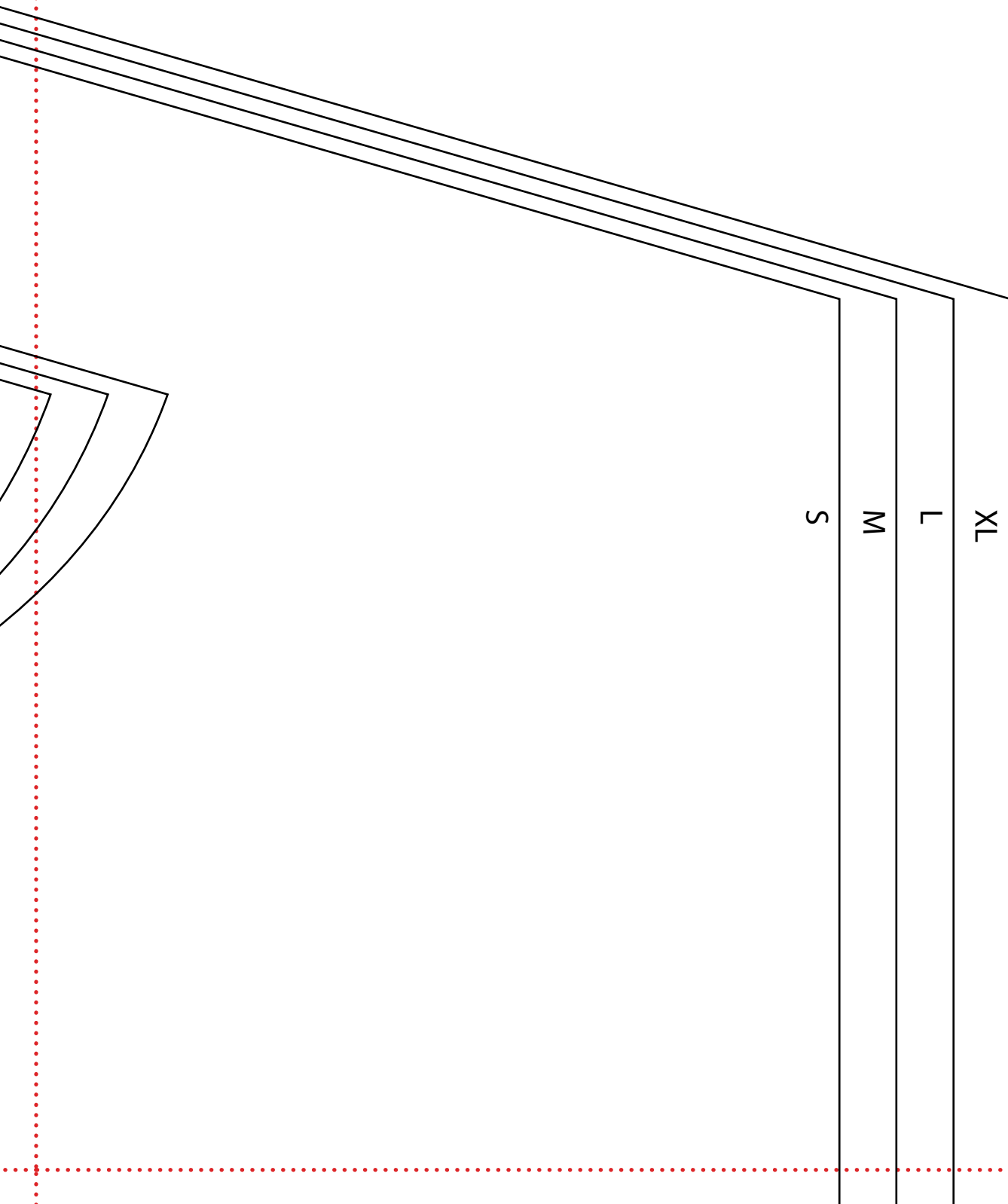
Print this page first at 100%,
then measure the 1" test square
before printing full pattern.

1a SEW NEWS

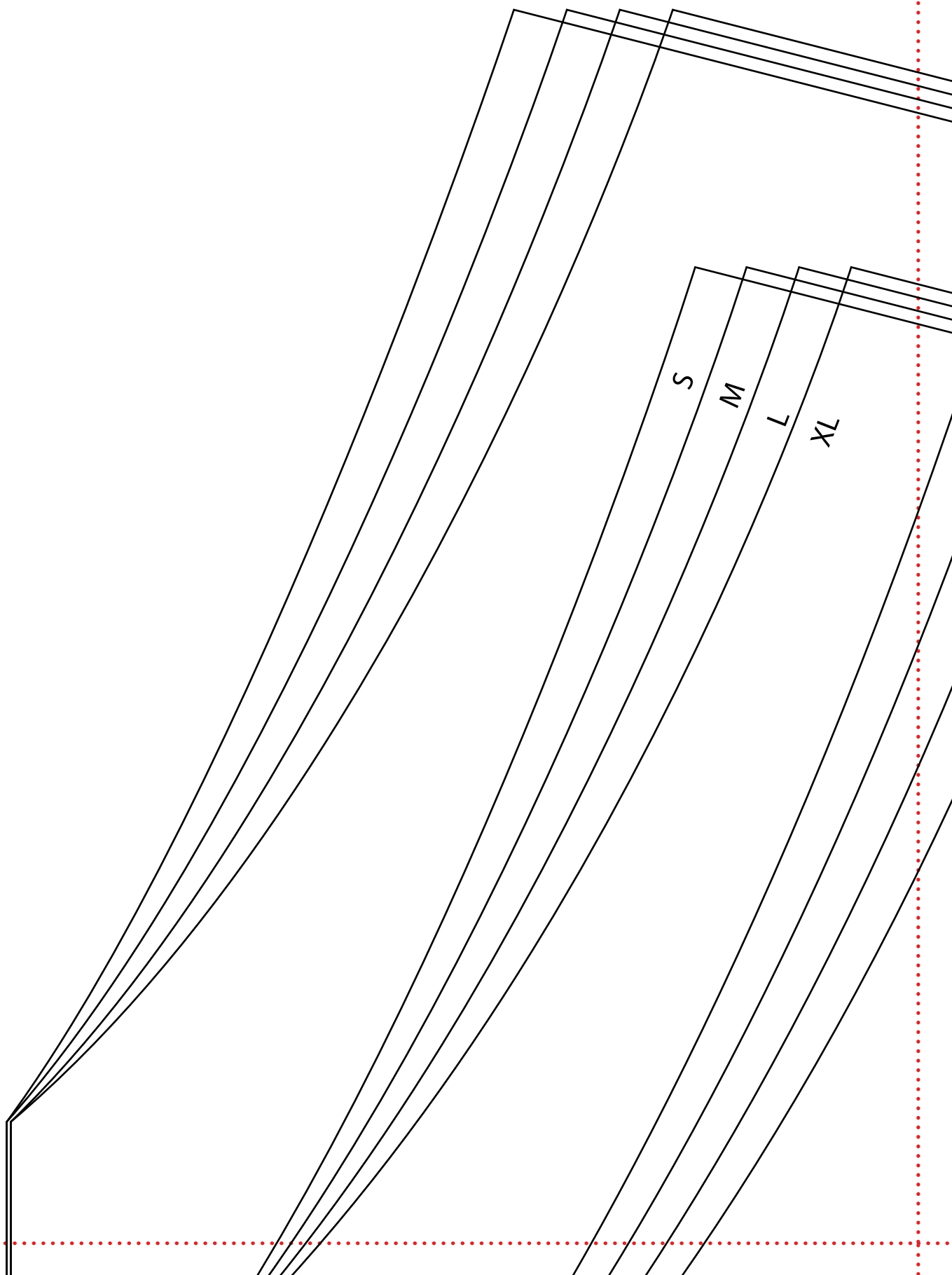
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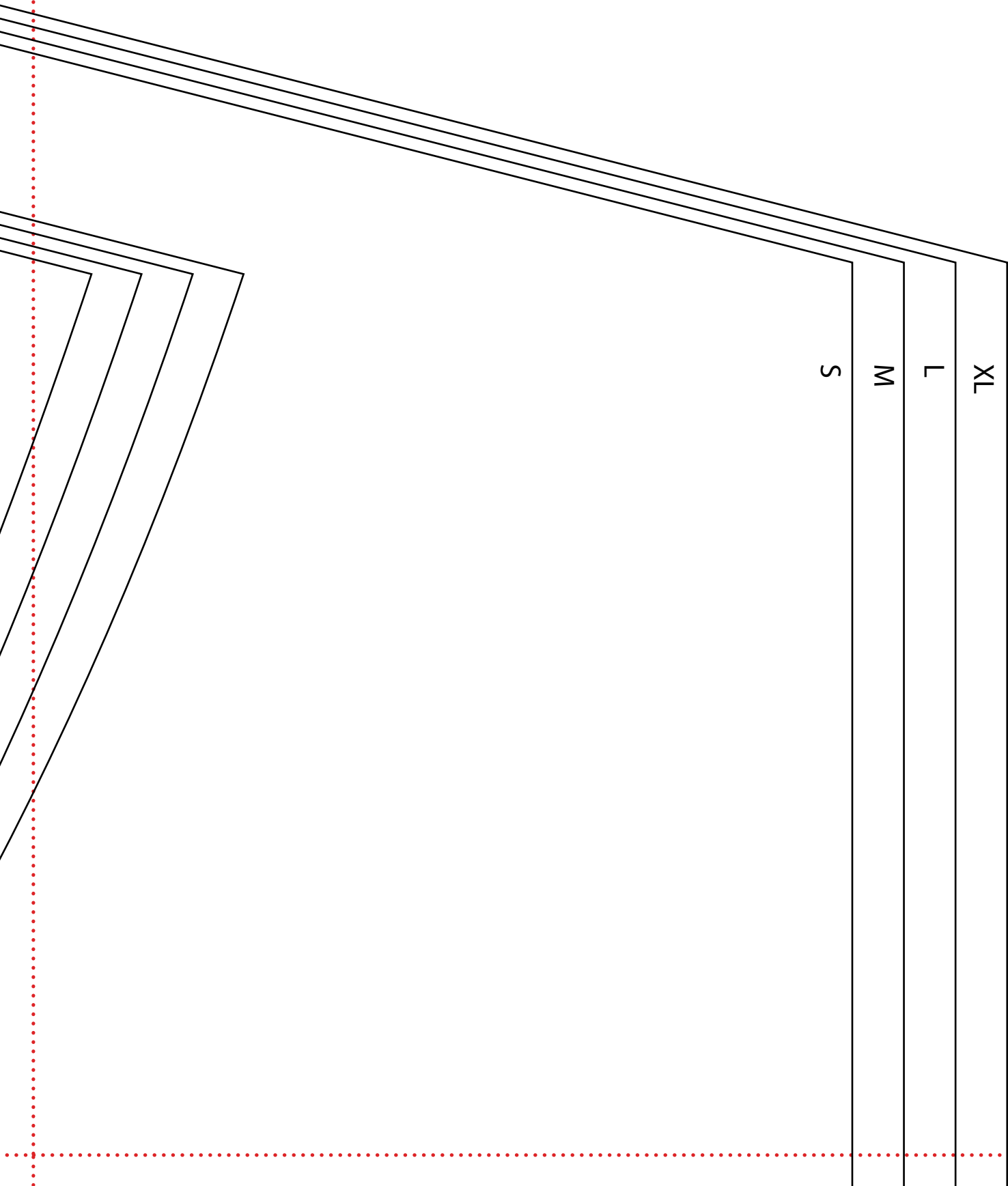
1b



1c



1d



2a

Antero Shell

BACK

Cut 1 on fold



Fold

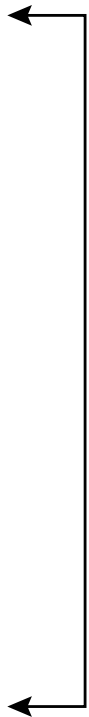
2b

2c

Antero Shell
FRONT FACING
Cut 1 on fold



Fold



Fold

2d

Antero Shell

FRONT

Cut 1 on fold

3a

3b

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3c

3d

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