

FROM THE FOUNDER OF THE #VIKISEWS BRAND

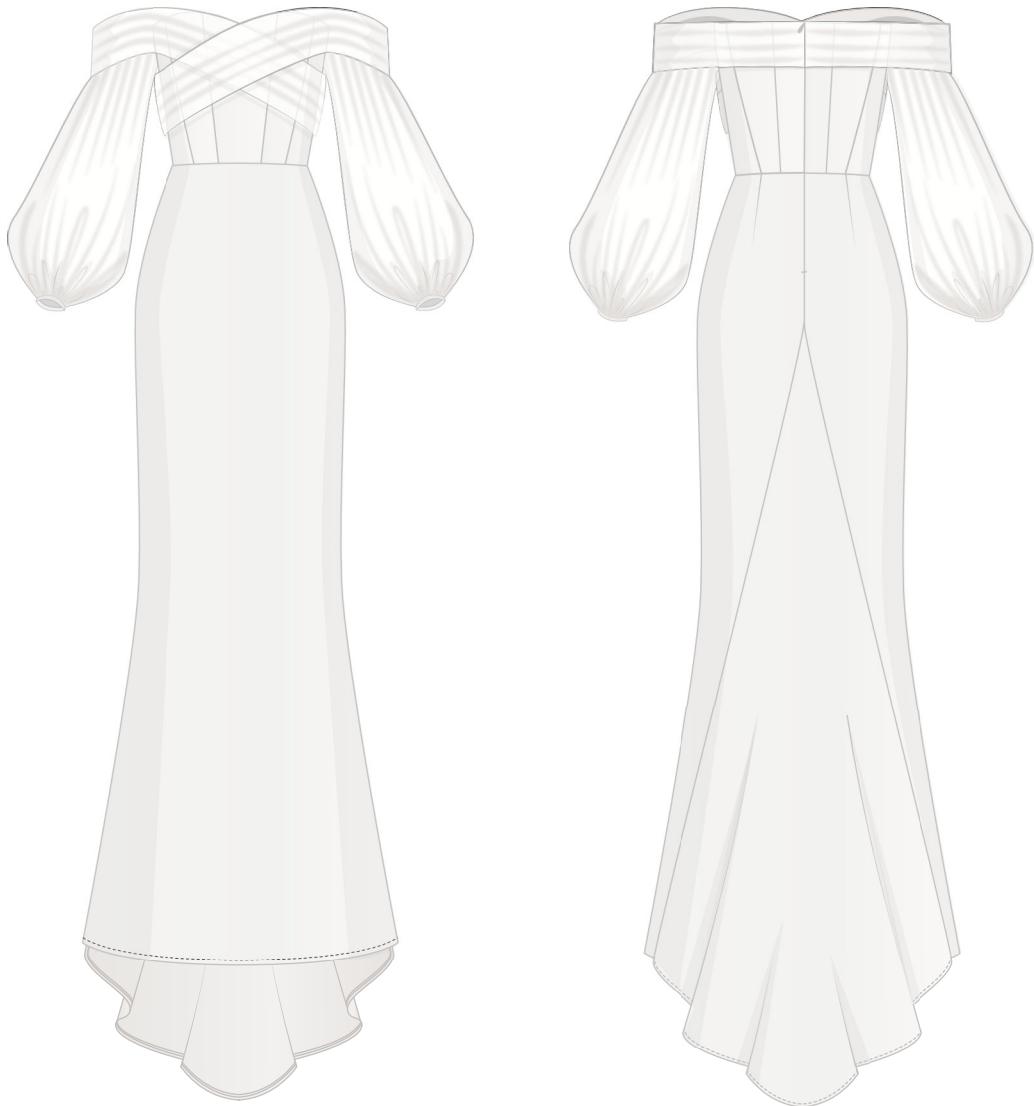


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



JOSEPHINE PATTERN DESCRIPTION

Josephine is a close-fitting, lined evening dress with an accentuated waist. It has a waist seam and a corset-style bodice shaped with princess seams. All the bodice seams are reinforced with boning. The dress has a low sweetheart neckline decorated with a draped, pleated overlay. The two parts of the overlay crisscross at the bust and extend to the back. The set-in sleeves are long and voluminous. They are gathered at the sleeve cap and hem and finished with bias binding. There are waist darts on the back skirt and a center back seam with an invisible zipper. The skirt is bias-cut and flares toward the bottom. The dress is floor-length at the front with a long train at the back.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	1.7–1.9	1.5–1.7	5.8	52.3–54.3
inches	5/8–3/4	5/8	2 1/4	20 5/8–21 3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length from waist down including train, cm	Center front length from waist down, cm	Sleeve length including binding and strap width (estimated), cm
1 (154–160)	155.7	115.9	61–61.5
2 (162–168)	159.7	119.9	62.2–62.9
3 (170–176)	163.7	123.9	63.9–64.5
4 (178–184)	167.7	127.9	65.3–66.1
Height, ft	Center back length from waist down including train, in	Center front length from waist down, in	Sleeve length including binding and strap width (estimated), in
1 (5'1"–5'3")	61 1/4	45 5/8	24–24 1/4
2 (5'4"–5'6")	62 7/8	47 1/4	24 1/2–24 3/4
3 (5'7"–5'9")	64 1/2	48 3/4	25 1/8–25 3/8
4 (5'10"–6'1")	66	50 3/8	25 3/4–26

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- light to medium weight, pliable, soft, non-stretch or low-stretch, opaque
- the fiber content can include natural fibers (silk, cotton), artificial fibers (viscose), blends (viscose + silk, viscose + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: natural silk, artificial silk, crepe back satin.

Attention! We do not recommend stretchy knit materials or structured fabrics.

We recommend using the same fabric for the lining as for the skirt. This is very important for bias-cut garments. Even the slightest difference in the properties of the outer fabric and lining can cause distortion in the final garment.

As an additional fabric for the overlay, we recommend using lightweight, sheer, stretchy fabrics, such as tulle.

PATTERN PIECES LIST

1. From main fabric:

- center front bodice – cut 1 on fold
- mid front bodice – cut 2
- side front bodice – cut 2
- side back bodice – cut 2
- mid back bodice – cut 2
- center back bodice – cut 2
- front skirt – cut 1 on fold
- back skirt – cut 2
- train – cut 1 on fold
- sleeve binding – cut 2
- strap – cut 4.

2. From lining fabric:

- center front bodice – cut 1 on fold
- mid front bodice – cut 2
- side front bodice – cut 2
- side back bodice – cut 2
- mid back bodice – cut 2
- center back bodice – cut 2
- front skirt – cut 1 on fold
- back skirt – cut 2
- train – cut 1 on fold.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

3. From additional fabric:

- overlay – cut 4
- sleeve – cut 4.

4. From interfacing:

- center front bodice – cut 1 on fold
- mid front bodice – cut 2
- side front bodice – cut 2
- side back bodice – cut 2
- mid back bodice – cut 2
- center back bodice – cut 2.

Also from interfacing, cut two 2 cm (3/4") wide strips to interface the center back seam allowances. The interfacing strips should be cut on the straight grain (parallel to the selvedge).

SEAM ALLOWANCES

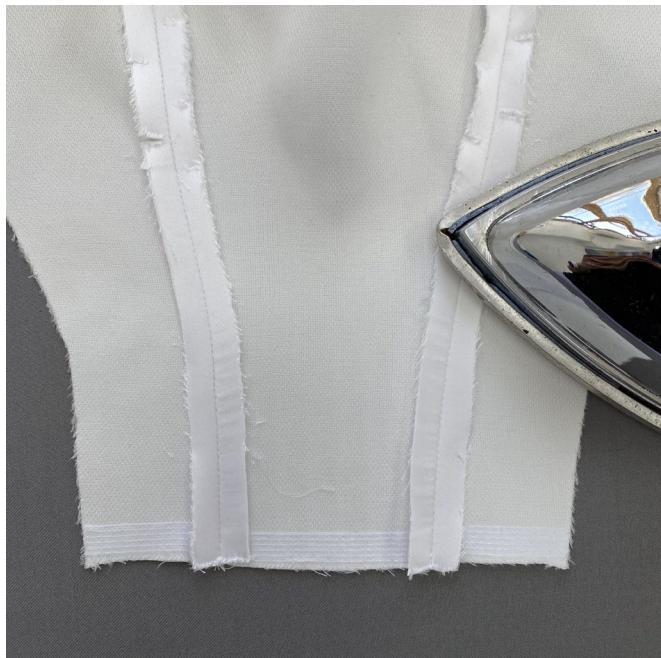
All pattern pieces include seam allowances as follows:

- bodice center back seam – 1.5 cm (5/8")
- skirt center back seam – 1.5 cm (5/8")
- all other edges – 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Press the seam allowances open.



Shrink out the fullness under the bust.



Place the mid front bodice and side front bodice pieces right sides together, align the princess seam edges. Match the notches and pin. Stitch on the sewing machine, backstitching at the beginning and end of the seam.