

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



TIANA PATTERN DESCRIPTION

Tiana is a straight-cut, loose-fitting dress. The front of the dress is shaped with bust darts. The back features shoulder darts and a center seam. The round neckline has a button and button loop closure at the back. The shirt sleeves are loose fitting and above-elbow length. Tiana is above-ankle length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	24.8–25.5	44.8–45.8	22.7	11.5–12.6
inches	9 3/4–10	17 5/8–18	8 7/8	4 1/2–5

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	124.1–125.9	40.2–44.7
2 (162–168)	128.1–129.9	41.2–45.7
3 (170–176)	132.1–133.9	42.2–46.7
4 (178–184)	136.1–137.9	43.2–47.7

Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	48 7/8–49 5/8	15 7/8–17 5/8
2 (5'4"–5'6")	50 3/8–51 1/8	16 1/4–18
3 (5'7"–5'9")	52–52 3/4	16 5/8–18 3/8
4 (5'10"–6'1")	53 5/8–54 1/4	17–18 3/4

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, pliable, soft, non- or low-stretch
- the fiber content can include natural fibers (silk, cotton, linen), artificial fibers (viscose), blends (silk + polyester, silk + viscose, linen + viscose, cotton + viscose, etc.), and synthetics (polyester)
- the following fabrics are recommended: silk, satin, linen, crepe, challis

The dress in the photo is made of silk. The fabric is medium weight, pliable, soft, and non-stretch. The fiber content is 100% polyester. The fabric weight is 175 g/m².

2. Interfacing, 35–40 g/m², 140 cm (55") wide, for all heights:

Size	34–44	46–52
meters	0.15	0.2
yards	1/8	1/4

3. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 1 m (1 1/8 yd)

4. One button, 1–1.2 cm (3/8–1/2") in diameter

5. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)

PATTERN PIECES LIST

1. From main fabric:

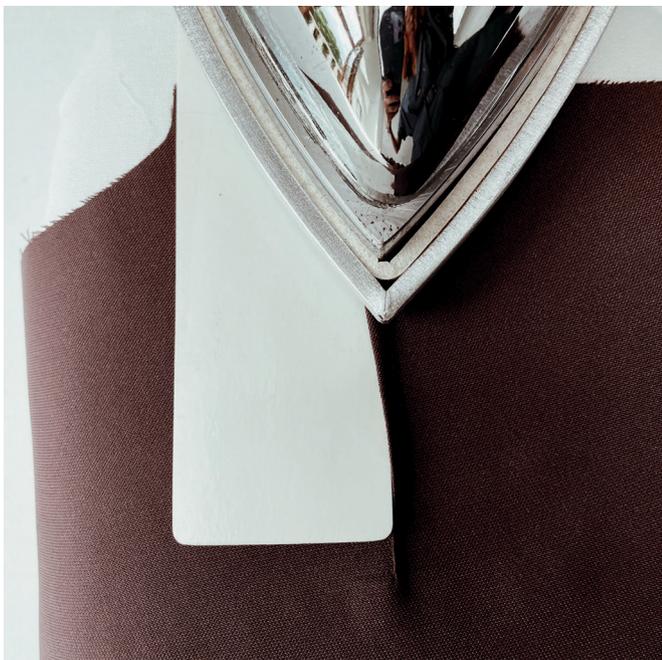
- front — cut 1 on fold
- back — cut 2
- sleeve — cut 2
- front neck facing — cut 1 on fold
- back neck facing — cut 2
- rouleau loop — cut 1

2. From interfacing:

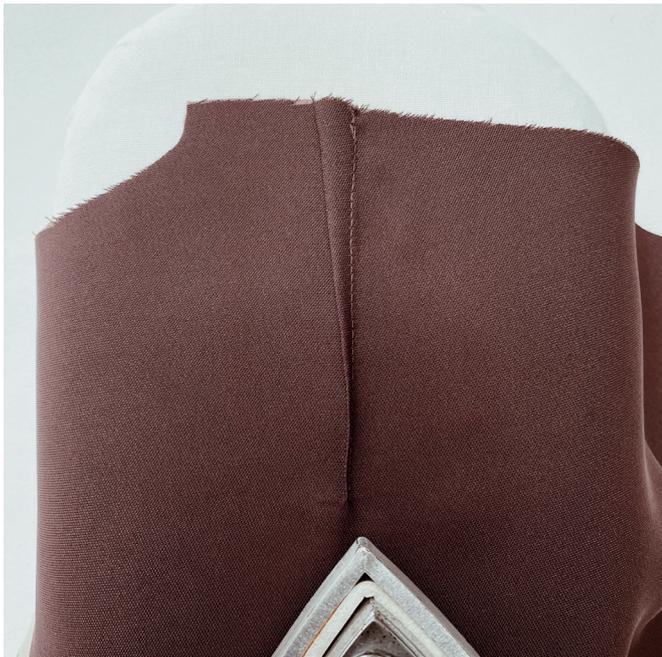
- front neck facing — cut 1 on fold
- back neck facing — cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

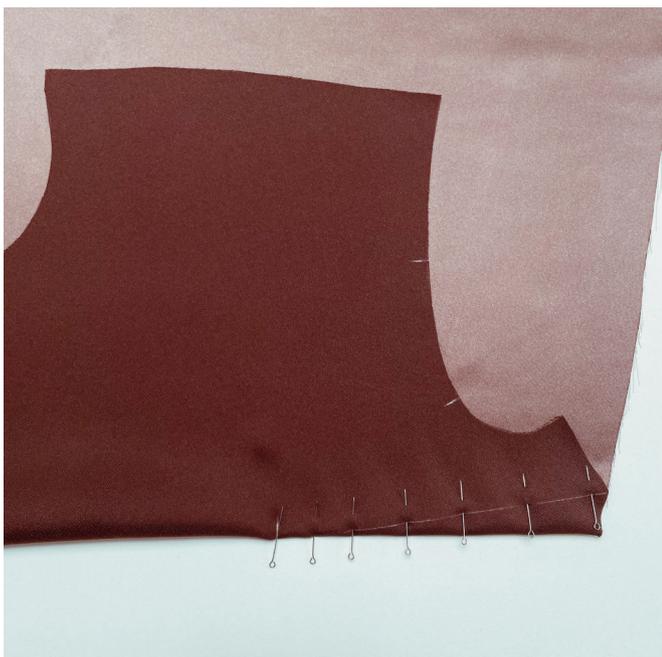
Additionally, cut two interfacing strips, 2 cm (3/4") wide, to reinforce the keyhole opening section of the center back seam allowances. The interfacing strips should be cut on the cross grain (perpendicular to the selvedge).



Press the darts towards the center back.
To prevent imprints when pressing, slip a piece of thick paper between the seam allowance and the main garment piece.



Press and steam the darts, shrink out the fullness at the dart points on a tailor's ham.



Match the bust dart legs on the wrong side of the front piece, pin and machine-stitch, backstitching at the side edge.

Tie the thread tails at the dart point into a knot and hide them inside the dart bulk using a needle.