

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



VELMA PATTERN DESCRIPTION

Velma is a close-fitting midi dress. It is shaped with front and back princess seams and a center back seam. The princess seams feature decorative topstitching. The dress closes with a separating center front zipper. It has long two-piece raglan sleeves, a round neckline, and a turn-down collar.



IMPORTANT!

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	0.1–0.8	0–1.5	0–1.5	4.4–4.7
inches	0–3/8	0–5/8	0–5/8	1 3/4–1 7/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	122.1	71.2–72.2
2 (162–168)	126.1	73.4–74.6
3 (170–176)	130.1	75.3–76.4
4 (178–184)	134.1	77.3–78.5

Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	48 1/8	28–28 3/8
2 (5'4"–5'6")	49 5/8	28 7/8–29 3/8
3 (5'7"–5'9")	51 1/4	29 5/8–30 1/8
4 (5'10"–6'1")	52 3/4	30 3/8–30 7/8

SUGGESTED FABRIC

To sew this dress, choose knit fabrics with the following properties:

- soft, medium-weight, pliable, low-stretch, with medium elasticity
- the fiber content should include elastane or spandex and can also include natural fibers (cotton, wool), artificial fibers (viscose), blends (wool + cotton, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester)
- the following fabrics are recommended: double knits.

Attention! We recommend using only stretchy fabrics for this dress.

The dress in the photos is made of double knit. The fabric is medium-weight, soft, and low-stretch. The fiber content is 95% polyester and 5% spandex. The fabric weight is 350 g/m².

The interfacing weight is 30 g/m².

PATTERN PIECES LIST

1. From main fabric:

- center front – cut 2
- side front – cut 2
- middle front – cut 2
- center back – cut 2
- side back – cut 2
- front facing – cut 2
- upper collar – cut 1
- undercollar – cut 1
- front sleeve – cut 2
- back sleeve – cut 2.

2. From interfacing:

- upper collar – cut 1
- undercollar – cut 1
- front facing – cut 2.

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

Additionally, cut two interfacing strips, 2 cm (3/4") wide, to reinforce the zipper seam allowances on the center front pieces. The interfacing strips should be cut on the cross grain.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- hem allowances on the front and back sleeve, center and side front, center and side back, front facing pieces – 2 cm (3/4")
- center edges on the center front pieces – 1.5 cm (5/8")
- all other edges – 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Finish the seam allowances on a 4-thread overlocker, keeping the side front facing up. Press the seam.



Working from the right side, topstitch at 2 mm from the seam without backstitching to secure the seam allowances to the middle front piece. Use topstitching thread and a stitch-in-the-ditch foot. The recommended stitch length is 3.5 mm.



Place the center front and side front pieces right sides together. Align the princess seam edges, match the notches and pin. Stitch on the sewing machine, backstitching at the beginning and end of the seam.