

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## KIANA PATTERN DESCRIPTION

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Kiana is a loose-fitting, straight-cut dress with a shaped underbust seam and a gathered skirt. The dress features a deep V-neckline overlapped at the center front. The back bodice has a center seam. The long grown-on sleeves are gathered with elastic at the bottom. Kiana is below-ankle length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	11.6	37.5	98.7–128.9	10.9–18.1
inches	4 5/8	14 3/4	38 7/8–50 3/4	4 1/4–7 1/8

# GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	126	68–72.5
2 (162–168)	130	70.3–74
3 (170–176)	134	72.3–76
4 (178–184)	138	74.3–78

Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	49 5/8	26 3/4–28 1/2
2 (5'4"–5'6")	51 1/8	27 5/8–29 1/8
3 (5'7"–5'9")	52 3/4	28 1/2–29 7/8
4 (5'10"–6'1")	54 3/8	29 1/4–30 3/4

# SUGGESTED FABRIC

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To sew this dress, choose dress-weight fabrics with the following properties:

- medium-weight, pliable, opaque, without elastane
- the fiber content can include natural fibers (cotton, nettle, linen), blends (cotton + polyester, etc.), and synthetics (polyester)
- the following fabrics are recommended: linen, heavyweight cotton, gauze, nettle.

**Attention!** We do not recommend thin, sheer fabrics and materials with high elastane content.

The dress in the photos is made of 100% linen. The fabric is medium-weight, structured, and without stretch. The fabric weight is 230 g/m<sup>2</sup>.

# PATTERN PIECES LIST

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## 1. From main fabric:

- front bodice – cut 2
- back bodice – cut 2
- front skirt – cut 1 on fold
- back skirt – cut 1 on fold
- front neck facing – cut 2
- back neck facing – cut 1 on fold.

## 2. From interfacing:

- front neck facing – cut 2
- back neck facing – cut 1 on fold.

Additionally, cut two 1.5 cm (5/8") wide interfacing strips to reinforce the neckline seam allowances on the front bodice. The interfacing strips should be cut on the straight grain (parallel to the selvedge).

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

# SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

- garment hem allowance – 3 cm (1 1/8")
- all other edges – 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Press the seam flat.



Press the seam allowances open.



Place the front and back bodice right sides together. Align the upper edges of the grown-on sleeve, matching the notches. Pin and machine-stitch, backstitching at the beginning and end of the seam.