

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



NETTIE PATTERN DESCRIPTION

Nettie is a close-fitting high neck sweater. It has a two-layer stand-up collar and extra-long set-in sleeves that flare out towards the bottom. Nettie is below-hip length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	-6	3.5	-5	-1
inches	-2 3/8	1 3/8	-2	-3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length, cm
------------	-----------------	-------------------

1 (154–160)	59.6–61.4	64
2 (162–168)	61.2–63	66
3 (170–176)	62.6–64.4	68
4 (178–184)	64.1–65.9	70

Height, ft	Back length, in	Sleeve length, in
------------	-----------------	-------------------

1 (5'1"–5'3")	23 1/2–24 1/8	25 1/4
2 (5'4"–5'6")	24 1/8–24 3/4	26
3 (5'7"–5'9")	24 5/8–25 3/8	26 3/4
4 (5'10"–6'1")	25 1/4–26	27 1/2

SUGGESTED FABRIC

To sew this high neck sweater, choose knit fabrics with the following properties:

- soft, stretchy, elastic, medium weight
- the fiber content should include elastane and spandex and can also include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester)
- the following fabrics are recommended: sweater knits, rib knits, jersey fabrics

Attention! We recommend using only stretchy fabrics for this high neck sweater.

The garment in the photo is made of sweater knit. The fabric is medium weight, soft, and stretchy. The fiber content is 95% cotton and 5% spandex.

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Clear elastic, 0.8 cm (just under 3/8") wide — 30 cm (3/8 yd)
3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:

- front — cut 1 on fold
- back — cut 1 on fold
- sleeve — cut 2
- collar — cut 1 on fold

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- sleeve hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Baste clear elastic along the seam allowance on the front piece to prevent the shoulder seams from stretching out.

After you have basted clear elastic, compare the length of the shoulder edge to the corresponding paper pattern piece.



With the back piece facing up, stitch the shoulder seams together with clear elastic on the overlocker.

Use a 4-thread overlocker for this step, as well as for all similar steps throughout the instructions. You can replace the overlocker with a stretch or zigzag stitch on your sewing machine.

Press the seam flat. Press the seam allowances towards the front piece.



Using a 4 mm stitch length on the sewing machine, staystitch the armscyes at 8 mm (just under 3/8") from the edge.

Lay the front and back pieces out and match the shoulder seams with the corresponding paper pattern pieces. Compare the shape of the armscye to the paper pattern pieces to make sure it is not distorted. If necessary, pull on the staystitching threads to adjust the length of the armscye.