

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



LOURDES PATTERN DESCRIPTION

Lourdes is a close-fitting, lingerie-inspired dress with a boned corset bodice and separate bra cups. The dress is made of two types of fabric. The inner layer is made of mesh, while the overlay is made of tulle and is ruched along all edges. The faux plackets with grommets form the lace-up front. The ruched sleeves are long and narrow. The dress closes with an invisible zipper in the center back seam. Lourdes is below-knee length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	-1.9 – -4.1	-1.9 – -2.4	-4.6	1.7–1.8
inches	-3/4 – -1 5/8	-3/4 – -1	-1 3/4	5/8–3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length from waist down, cm	Sleeve length including part of shoulder (estimated), cm
1 (154–160)	62	69.9–70.4
2 (162–168)	65	71.9–72.4
3 (170–176)	68	73.8–74.2
4 (178–184)	71	75.8–76.2

Height, ft	Back length from waist down, in	Sleeve length including part of shoulder (estimated), in
1 (5'1"–5'3")	24 3/8	27 1/2–27 3/4
2 (5'4"–5'6")	25 5/8	28 1/4–28 1/2
3 (5'7"–5'9")	26 3/4	29–29 1/4
4 (5'10"–6'1")	28	29 7/8–30

SUGGESTED FABRIC

To sew this dress, choose knit fabrics with the following properties:

- medium-weight, pliable, soft, stretchy, sheer
- the fiber content can include artificial fibers (viscose), blends (viscose + polyester, etc.), and synthetics (nylon, polyester, polyester + elastane)
- the following fabrics are recommended: tulle, stretch mesh.

Attention! We do not recommend knit fabrics with a lot of stretch or non-stretch fabrics.

For the inner layer and lining, we recommend using medium-weight, soft, pliable mesh with small holes. Choose fabrics made of synthetic fibers (polyester + elastane).

For the casings, straps, and plackets, choose opaque, medium-weight, soft fabrics without stretch. You can use fabrics made of artificial fibers (viscose), blends (viscose + polyester, etc.), or synthetics (polyester).

The dress in the photos is made of two layers of tulle. The fabric is medium-weight, pliable, soft, stretchy, and sheer. The fiber content is 100% nylon.

11. Grommets, 5 mm (just under 1/4") in diameter:

- 64 for height 1 (all sizes)
- 68 for height 2 (all sizes)
- 70 for height 3 (all sizes)
- 72 for height 4 (all sizes).

12. Matching thread for the outer layer – 1 spool.

13. Matching thread for the inner layer – 1 spool.

TOOLS AND EQUIPMENT

- sewing machine for construction
- edgestitch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- press tool for installing grommets
- lighter or matches for melting the boning.

PATTERN PIECES LIST

1. From main fabric (outer tulle layer):

- front bodice overlay – cut 4
- front skirt overlay – cut 4
- back bodice overlay – cut 4
- back skirt overlay – cut 4
- sleeve – cut 4.

2. From main fabric (inner mesh layer):

- top cup – cut 4
- center cup – cut 4
- side cup – cut 4
- top cup lining – cut 2
- center cup lining – cut 2
- side cup lining – cut 2
- side front bodice – cut 2 + 2 for the lining
- center front bodice – cut 2 + 2 for the lining
- front skirt – cut 2 + 2 for the lining
- center back bodice – cut 2 + 2 for the lining
- mid back bodice – cut 2 + 2 for the lining
- side back bodice – cut 2 + 2 for the lining
- back skirt – cut 2 + 2 for the lining.

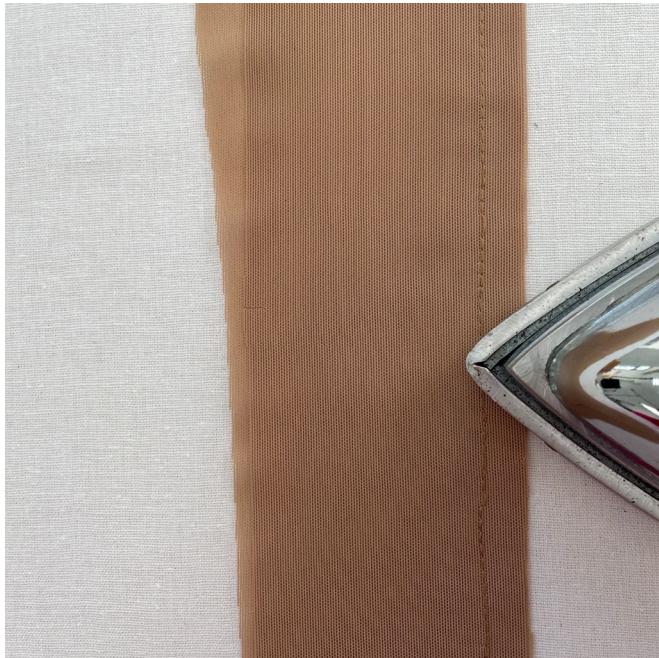
3. From additional fabric (satin):

- strap – cut 4
- placket – cut 2
- inner placket – cut 2
- center back casing – cut 2
- mid back casing – cut 2
- center front casing – cut 2
- bust cup casing – cut 2.

IMPORTANT! *Don't forget to transfer all pattern markings and notches onto the fabric.*

4. From interfacing:

- strap – cut 4
- placket – cut 2
- center back casing – cut 2
- mid back casing – cut 2
- center front casing – cut 2
- bust cup casing – cut 2.



Press the seam flat.



Press the seam allowances open.



Place the mid back bodice and side back bodice pieces wrong sides together, match the notches, align the edges, and pin. Stitch on the sewing machine, backstitching at the beginning and end of the seam.