

FROM THE FOUNDER OF THE #VIKISEWS BRAND

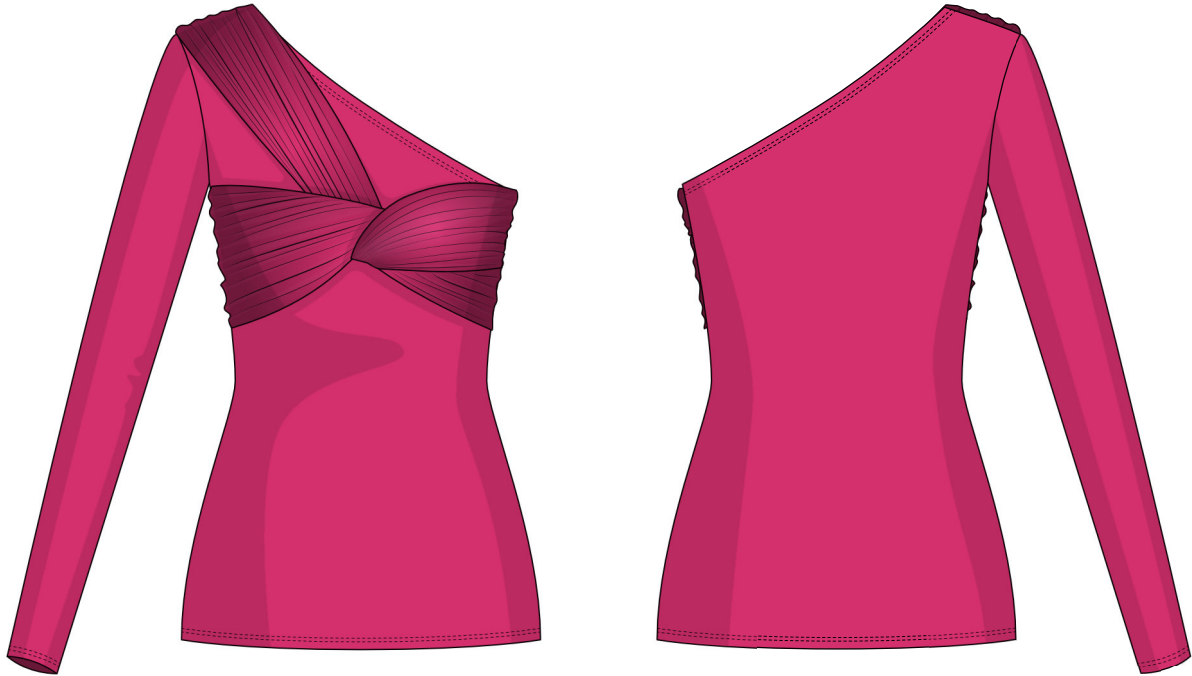


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



MINDY PATTERN DESCRIPTION

Mindy is a close-fitting, asymmetrical top. The front of the top features two draped overlay pieces that cross over the bust. One overlay piece is secured along the side seams, while the other is attached at the side and shoulder seams. The neckline is asymmetrical, with an open shoulder on one side. The garment has a single sleeve on the right side. The set-in sleeve is long and close-fitting. Mindy is hip-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	-12.6 – (-12.7)	-0.1	-8.4	-0.5
inches	-5	-1/16	-3 1/4	-1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length from waist down (estimated), cm	Sleeve length, cm
1 (154–160)	20.3	57.5
2 (162–168)	22.3	59.5
3 (170–176)	24.3	61.5
4 (178–184)	26.3	63.5

Height, ft	Center back length from waist down (estimated), in	Sleeve length, in
1 (5'1"–5'3")	8	22 5/8
2 (5'4"–5'6")	8 3/4	23 3/8
3 (5'7"–5'9")	9 5/8	24 1/4
4 (5'10"–6'1")	10 3/8	25

SUGGESTED FABRIC

To sew this top, choose knit fabrics with the following properties:

- soft, breathable, medium-stretch (stretch factor 1.3–1.5), medium-weight
- the fiber content should include elastane or spandex and can also include natural fibers (silk, cotton), artificial fibers (viscose), blends (silk + polyester, cotton + polyester, etc.), and synthetics (polyester, polyamide)
- the following fabrics are recommended: knits, microfiber jersey.

Attention! We recommend using only stretchy fabrics for this top.

You can determine the stretch factor of the fabric yourself. To do so, mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The top in the photos is made of a thin knit fabric. The fabric is medium-weight, soft, and medium-stretch. The fiber content is 95% polyester + 5% spandex. The fabric weight is 330 g/m².

TOOLS AND EQUIPMENT

- sewing machine to make gathering stitches on the overlay pieces
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem, sleeve hem, and neckline. If you don't have a coverstitch machine, you can replace it with a twin needle on any regular sewing machine that can do a zigzag stitch.

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.*

PATTERN PIECES LIST

From main fabric:

- front – cut 1
- back – cut 1
- sleeve – cut 1
- horizontal overlay – cut 1
- vertical overlay – cut 1.

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem – 2 cm (3/4")
- sleeve hem – 2 cm (3/4")
- neckline – 1.5 cm (5/8")
- all other edges – 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Turn the vertical overlay piece right side out.
Press from the right side, positioning the seam on the very edge.



Hand-baste the short edges of the vertical overlay piece, joining the two layers together.
Using the corresponding pattern markings as a guide, machine-stitch two rows of gathering stitches: at 5 mm (just under 1/4") and at 8 mm (just under 3/8") from the edge. Use a 4 mm stitch length.



Place the vertical overlay piece onto the right side of the front piece so that the seam on the overlay is facing the armhole.
Gather the shoulder edge of the vertical overlay piece so that it fits between the neckline and armhole seam lines. Pin and baste the overlay to the front piece by hand.