

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



MELINDA PATTERN DESCRIPTION

Melinda is a fitted dress with a bias-cut skirt that flares out towards the bottom. The bust darts have been transferred into gathers along the front bodice shoulder seam. The gathers are created by sewing several rows of parallel stitch lines. Melinda features design lines on the front bodice starting at the bust area and going towards the waist area at the side seams. The waist darts have also been transferred into gathers on the back bodice and along the design lines of the front bodice. Melinda fastens with an invisible zip in the upper part of the centre back seam. The upper part of the centre front seam features a faux buttons and button loops fastening that finishes with an opening at the bottom of the centre seam. The dress has long set-in sleeves with flounces at the bottom. The second sleeve option is a short sleeve just above the elbow in length. It features an asymmetric design being slightly shorter at the front and flaring out towards the bottom. Melinda is a midi dress.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease (long sleeve)	Upper arm ease (short sleeve)
cm	8.9–12.3	10.4–11.5	20.8–23	4.4	19.5–22.6
inches	3 1/2–4 7/8	4 1/8–4 1/2	8 1/4–9	1 3/4	7 5/8–8 7/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Length at center back, cm	Sleeve length (short sleeve), cm	Sleeve length (long sleeve with a flounce), cm
1 (154–160)	112.5	39.3	60.8–62.3
2 (162–168)	115.5	39.3	62.8–64.3
3 (170–176)	118.5	39.3	64.7–66.2
4 (178–184)	121.5	39.3	66.8–68.2

Height, ft	Length at center back, in	Sleeve length (short sleeve), in	Sleeve length (long sleeve with a flounce), in
1 (5'1"–5'3")	44 1/4	15 1/2	23 7/8–24 1/2
2 (5'4"–5'6")	45 1/2	15 1/2	24 3/4–25 3/8
3 (5'7"–5'9")	46 5/8	15 1/2	25 1/2–26 1/8
4 (5'10"–6'1")	47 7/8	15 1/2	26 1/4–26 7/8

SUGGESTED FABRIC

To sew the dress, choose dress-weight fabrics with the following properties:

- lightweight, soft, with good drape, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (silk, cotton), artificial fibers (viscose), blends (cotton + silk, silk + polyester, cotton + viscose, etc.) and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight silk, crepe, crepe de chine, satin, velvet with a silk backing

Attention! We do not recommend stiff fabrics that hold their shape well (stiff cotton, denim, organza, broderie anglaise, lace).

The dress in the photo is made of silk of a blouse and dress weight. This fabric is lightweight, soft, has good drape and no stretch. The fiber content is 100% silk.

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

2. Lightweight knit or woven interfacing, 140 cm (55") wide for all sizes in all heights – 0.4 m (3/8 yd)
3. An invisible zipper, 60 cm (23 5/8") long for all sizes in all heights
4. Buttons (or self-cover buttons), 0.7–1 cm (1/4–3/8") in diameter – 17 pieces
5. Matching thread – 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- Stitch-in-the-ditch foot for the sewing machine (optional)
- Invisible zipper foot for the sewing machine
- A press die set to make fabric covered buttons

PATTERN PIECES LIST

1. From main fabric:

- Front — cut 2
- Back — cut 2
- Skirt — cut 2
- Sleeve — cut 2
- Sleeve flounce (for the long sleeve option) — cut 2
- Rouleau strap for button loops – cut 1
- Bias binding — cut 2

2. From interfacing:

- 2 strips of interfacing, 2 cm (3/4") wide, to interface the seam allowances of the centre back seam on the back piece
- 2 strips of interfacing, 2 cm (3/4") wide, to interface the seam allowances of the centre back seam in the invisible zipper insertion area on the skirt piece

The grainline should be parallel to the longer edge of the strip (parallel to the interfacing selvedge).

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*



Short sleeve construction is shown in the photo. Fold the sleeve piece right sides together, aligning the edges. Pin and sew on the machine, backstitching at the beginning and end of the seam.



Overlock the seam allowances of the side seams and shoulder seams of the back bodice, then the seam allowances of the sleeve seams and flounce seams from the back.

Press the seams flat.

