

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## PATTERN DESCRIPTION

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Eleonora is a loose-fitting dress with a straight silhouette featuring a triple-stitch decorative topstitching. The front bust darts have been transferred to the shoulder seams. The dress has a classic notched collar with a collar stand. The back features a yoke and a decorative button tab, while the front features flapped patch pockets with a pleat. Short dolman sleeves are finished with cuffs embellished with button epaulets. The detachable belt with a buckle is attached to the dress with belt loops in the side seams. The dress fastens with buttons and buttonholes at the center front. Eleonora is above-the-ankle length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	21.7–23.7	42.6–44.7	18–20	12–14
inches	8 1/2–9 3/8	16 3/4–17 5/8	7 1/8–7 7/8	4 3/4–5 1/2

# GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	113.9–115.7	30.8–34.5
2 (162–168)	117.9–119.7	30.8–34.5
3 (170–176)	121.9–123.7	30.8–34.5
4 (178–184)	125.9–127.7	30.8–34.5

Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	44 7/8–45 1/2	12 1/8–13 5/8
2 (5'4"–5'6")	46 3/8–47 1/8	12 1/8–13 5/8
3 (5'7"–5'9")	48–48 3/4	12 1/8–13 5/8
4 (5'10"–6'1")	49 5/8–50 1/4	12 1/8–13 5/8

# SUGGESTED FABRIC

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To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, drapery, soft, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (cotton, linen), artificial fibers (viscose, tencel), blends (cotton + viscose, linen + viscose etc.)
- the following fabrics are recommended: cotton gabardine, denim, linen, satin

**Attention!** We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of medium-weight cotton. This fabric is medium-weight, structured, non-stretch. The fiber content is 100% cotton.

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine
- stitch-in-the-ditch foot for the sewing machine (optional)
- one-sided foot for the sewing machine to attach the buckle

# PATTERN PIECES LIST

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## 1. From main fabric:

- front — cut 2
- back — cut 1 on fold
- back yoke — cut 1 on fold
- undercollar — cut 1 on fold
- upper collar — cut 1 on fold
- collar stand — cut 2
- upper cuff — cut 2
- undercuff — cut 2
- back neck facing — cut 1 on fold
- pocket — cut 2
- flap — cut 4
- epaulet — cut 4
- tab — cut 2
- belt — cut 1
- belt loop — cut 1 (2 pieces)
- front facing — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

## 2. From interfacing:

- upper collar — cut 1 on fold
- collar stand — cut 2
- back neck facing — cut 1 on fold
- flap — cut 2
- epaulet — cut 2
- tab — cut 1
- belt — cut 1
- front facing — cut 2

# SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

- hem allowance — 3.5 cm (1 3/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Trim the seam allowance at the corners, stopping 2 mm short of the seam.



Turn the flap right side out, pushing out the corners.

Press the flap seams flat from both sides.



Place the pairs of the epaulet pieces right sides together and pin.

Place the tab pieces right sides together and pin.