

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



LIZA PATTERN DESCRIPTION

Liza is a voluminous straight-cut blouse. The front and back of the blouse has yokes that finish with a pintuck at their bottom edge. The center sections of the front and back feature gathers peeking out from underneath the yoke. The blouse has wide plackets at the center front which fasten with buttons and button rouleau loops. The blouse has a Mandarin collar and long, three-piece, set-in sleeves. There are gathers along the top part of the sleeve cap, as well as along the bottom edge of the sleeve. The sleeves have pintucks along the front and elbow seams. These pintucks align with those on the front and back yokes. The elbow seam on the sleeve finishes with a vent. The bottom edge of the sleeve features wide cuffs with a button and button rouleau loop fastening. Liza is hip-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	38.2–48.7	53.7–63.5	16.9–27.1	32–37.3
inches	15–19 1/8	21 1/8–25	6 5/8–10 5/8	12 5/8–14 5/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length including shoulder and cuff width, cm
1 (154–160)	65.7–67.5	73.8–75.6
2 (162–168)	68.7–70.5	75.6–78.4
3 (170–176)	71.7–73.5	77.9–79.5
4 (178–184)	74.7–76.5	79.5–81.1

Height, ft	Garment length at center back, in	Sleeve length including shoulder and cuff width, in
1 (5'1"–5'3")	25 7/8–26 5/8	29–29 3/4
2 (5'4"–5'6")	27–27 3/4	29 3/4–30 7/8
3 (5'7"–5'9")	28 1/4–28 7/8	30 5/8–31 1/4
4 (5'10"–6'1")	29 3/8–30 1/8	31 1/4–31 7/8

SUGGESTED FABRIC

To sew this blouse, choose blouse-weight fabrics with the following properties:

- lightweight, pliable, soft, non-stretch or with very little stretch, sheer or semi-sheer
- the fiber content can include natural fibers (silk, cotton), artificial fibers (viscose), blends (cotton + silk, viscose + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: gauze, textured viscose, silk, artificial silk, chiffon, batiste, organza.

Attention! We do not recommend heavyweight, thick fabrics (heavyweight linen, denim), as well as knit fabrics.

The blouse in the photo is made of textured viscose. The fabric is lightweight, pliable, soft, and stretchy. The fiber content is a blend of viscose (85%) and organic cotton (15%).

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- front yoke — cut 2
- front yoke lining — cut 2
- right-hand side placket — cut 2
- left-hand side placket — cut 2
- rouleau loop — cut 2
- back — cut 1 on fold
- back yoke — cut 1 on fold
- back yoke lining — cut 1 on fold
- back sleeve — cut 2
- center sleeve — cut 2
- front sleeve — cut 2
- cuff — cut 4
- collar stand — cut 2.

2. From interfacing:

- cuff — cut 4
- right-hand side placket — cut 2
- left-hand side placket — cut 2
- collar stand — 2 pieces.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- front-yoke-to-front seam allowance — 2 cm (3/4")
- back-yoke-to-back seam allowance — 2 cm (3/4")
- front and back sleeve seam allowance — 2 cm (3/4")
- garment hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Distribute the gathers evenly.



Press along the seam allowance.



Join the top edges of the front and back pieces right sides together with the corresponding bottom edges of the front and back yokes. Pin.

Using a 2.5 mm stitch length and a 1 cm (3/8") seam allowance, machine-stitch backstitching at the beginning and end of the seam.

Using a 4 mm stitch length and a 2 cm (3/4") seam allowance, machine-stitch an auxiliary stitching line. Do not backstitch. The auxiliary stitching line is temporary and helps to press the pintucks more easily. Hand-baste instead if the fabric is prone to be marked by needles. Use a fine needle and silk thread.