

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## ROSALYN PATTERN DESCRIPTION

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Rosalyn is a close-fitting dress with an accentuated waist. The dress features a waist seam and a shaped underbust seam. The upper edge of the front bodice is gathered with tie straps threaded through casings. The straps crisscross at the front and are tied at the back of the neck. The neckline is deep, wide, square-shaped, and has a center slit that reaches the underbust seam. The dress is shaped with front princess seams and darts on the back bodice and back skirt. There is an invisible zipper in the top part of the center back seam and a slit at the bottom. The set-in sleeves are long and gathered at the cap and hem. The sleeve hems are elasticated. Rosalyn is midi length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	4–5.1	3.8–4.7	5	59.1–72.8
inches	1 5/8–2	1 1/2–1 7/8	2	23 1/4–28 5/8

# GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length from waist down, cm	Sleeve length cm
1 (154–160)	82	57–58.4
2 (162–168)	85	59–60.4
3 (170–176)	88	61–62.4
4 (178–184)	91	63.1–64.4
Height, ft	Garment length from waist down, in	Sleeve length in
1 (5'1"–5'3")	32 1/4	22 1/2–23
2 (5'4"–5'6")	33 1/2	23 1/4–23 3/4
3 (5'7"–5'9")	34 5/8	24–24 5/8
4 (5'10"–6'1")	35 7/8	24 7/8–25 3/8

# SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- moderately lightweight, pliable, soft, non-stretch or low-stretch, opaque
- the fiber content can include natural fibers (silk, cotton, linen), artificial fibers (viscose), blends (viscose + silk, viscose + polyester, cotton + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight silk, dress-weight denim, silk velvet, modal, dress-weight viscose.

**Attention!** We do not recommend heavyweight, structured fabrics without drape (heavyweight cotton), as well as thin sheer fabrics (chiffon, organza).

The garment in the photos is made of dress-weight viscose. The fabric is medium weight, pliable, soft, and non-stretch. The fiber content is a blend of viscose and polyester.

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- edgestitch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine
- elastic threader (can be replaced with a safety pin)
- loop turner.

## PATTERN PIECES LIST

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### 1. From main fabric:

- center front midriff – cut 1 on fold
- side front midriff – cut 2
- center front bodice – cut 2
- side front bodice – cut 2
- top front bodice – cut 4
- front casing – cut 2
- casing tie – cut 2
- back bodice – cut 2
- back neck facing – cut 2
- back skirt – cut 2
- slit reinforcement – cut 1
- front skirt – cut 1 on fold
- sleeve – cut 2.

### 2. From interfacing:

- back neck facing – cut 2
- top front bodice – cut 4.

Also from interfacing, cut two 2 cm (3/4") wide strips to interface the center seam allowances on the following pieces:

- back bodice – 2 pieces
- back skirt – 2 pieces.

Cut two 2 cm (3/4") wide strips to interface the slit section of the center seam allowances on the back skirt pieces:

- 2 pieces.

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.





Following the markings transferred from the pattern, pin the darts on the wrong side of the pieces. Machine-stitch, starting from the base of the dart and continuing towards the dart point. Backstitch at the beginning of the seam only. At the tip of the dart, tie the thread ends into knots and hide them between the dart layers using a hand sewing needle.



Align the center seam edges of the two back skirt pieces, pin. Stitch on the sewing machine. Use a 4 mm stitch length when stitching the zipper section, backstitch at the end of the section and then continue stitching with a 2.5 mm stitch length till you reach the beginning of the slit. Backstitch again and continue stitching with a 4 mm stitch length. The 4 mm stitching line in the zipper and slit sections is temporary. It will help you press the seam allowances neatly and will be removed later.

Press the seam flat and then press the seam allowances open.



Press the darts flat.