

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

---



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## MARILYN PATTERN DESCRIPTION

---

Marilyn is a close-fitting dress with an accentuated waist and a waist seam. The skirt and the sleeves are cut on the bias. The front bodice is fitted with bust and waist darts. The back bodice has a shaped cutout and features an open back at the waist level. The round neckline has an opening at the back with a button and button loop closure. The dress has long, set-in bell sleeves. There is an invisible zipper in the center back seam of the skirt. The bodice of the dress is lined. Marilyn is above-knee length.



## IMPORTANT!

---

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease (estimated)	Waistline ease	Hipline ease	Upper arm ease
cm	0.2–1.5	0.9–1.3	11.3–15.8	8.9–10.3
inches	1/8–5/8	3/8–1/2	4 1/2–6 1/4	3 1/2–4

# GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length from waist down, cm	Sleeve length, cm
1 (154–160)	40	55.8–59.9
2 (162–168)	43	58–62.4
3 (170–176)	46	60.1–64.2
4 (178–184)	49	62–66.3

Height, ft	Back length from waist down, in	Sleeve length, in
1 (5'1"–5'3")	15 3/4	22–23 5/8
2 (5'4"–5'6")	16 7/8	22 7/8–24 5/8
3 (5'7"–5'9")	18 1/8	23 5/8–25 1/4
4 (5'10"–6'1")	19 1/4	24 3/8–26 1/8

# SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, pliable, soft, non-stretch
- the fiber content can include natural fibers (silk), artificial fibers (viscose), blends (silk + polyester, silk + viscose, etc.), and synthetics (polyester)
- the following fabrics are recommended: satin, crepe, silk.

**Attention!** We do not recommend heavyweight, structured fabrics (jacquard) and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend fabrics made of natural fibers (silk), artificial fibers (viscose), blends (viscose + polyester), and synthetics (polyester).

The dress in the photo is made of artificial silk. The fabric is medium weight, pliable, soft, and non-stretch. The fiber content is 100% viscose. The fabric weight is 150 g/m<sup>2</sup>.

The lining is 100% viscose. The fabric weight is 70 g/m<sup>2</sup>.

# PATTERN PIECES LIST

---

## 1. From main fabric:

- front bodice — cut 1
- front skirt — cut 1
- back bodice — cut 2
- back skirt — cut 2
- sleeve — cut 2
- back skirt facing — cut 2
- button loop — cut 1.

## 2. From lining fabric:

- front bodice — cut 1
- back bodice — cut 2.

## 3. From interfacing:

- back skirt facing — cut 2.

Additionally, cut two interfacing strips, 2 cm (3/4") wide, to reinforce the zipper section of the center seam allowances on the back skirt pieces. The interfacing strips should be cut on the cross grain (perpendicular to the selvedge).

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

# SEAM ALLOWANCES

---

All pattern pieces include seam allowances as follows:

- center seam allowance on the back skirt piece — 1.5 cm (5/8")
- all other edges — 1 cm (3/8").

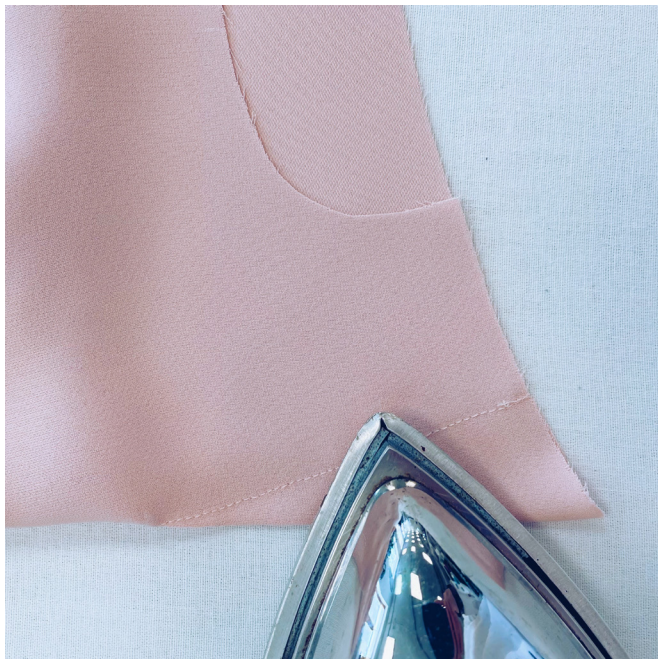
Take this into account when laying out pattern pieces on the fabric.



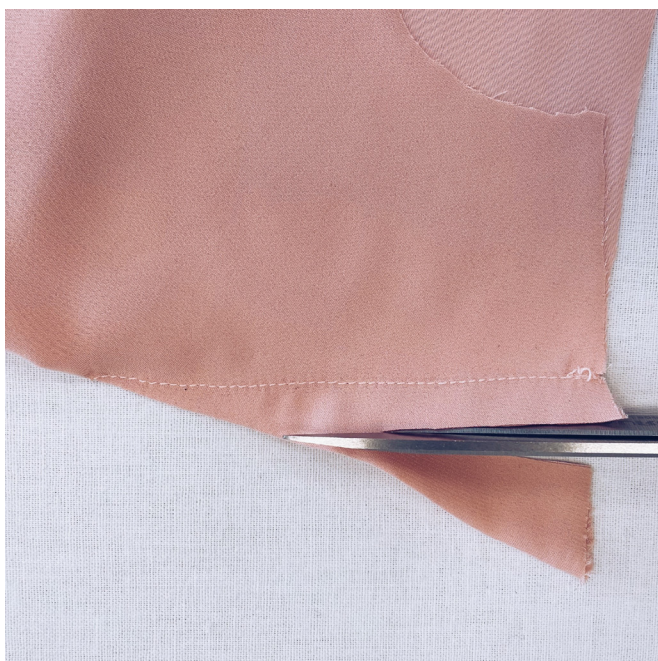


Stitch the darts on the sewing machine, backstitching at the edge only.

Tie the thread tails at the dart point into knots and hide them inside the dart bulk using a needle.



Press the dart flat.



Trim the bust dart seam allowance.

To do so, mark a line at 1 cm (3/8") from the dart seam, toward the fold.

Trim the extra dart width.