

SAM

(for girls)



3-14 years
HEIGHT 98-158 cm
(38.5"-62.25")

DIFFICULTY



SUITABLE FOR BEGINNERS

IMPORTANT!

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SAM

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PATTERN DESCRIPTION

Sam is a pair of straight, loose-fitting pants. The upper edge of the applied waistband sits at the natural waistline. The waistband is gathered with elastic and features two rows of topstitching that form a casing. Twill tape is threaded through the casing through stitched buttonholes. The pants feature two side seam pockets and two patch pockets at the knee level. The rectangular patch pockets have diagonal pocket openings. The pants are ankle-length and have elasticated hems.



TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	7.4-8.1	10.5-13.3
inches	2 7/8-3 1/4	4 1/8-5 1/4

GARMENT LENGTH

Height, cm	Side seam length including waistband, cm
98	59.3
104	63.9
110	68.6
116	73.1
122	77.7
128	82.5
134	87
140	91.3
146	95.5
152	99.8 - 100
158	104

Height, in	Side seam length including waistband, in
38.5	23 3/8
41	25 1/8
43.25	27
45.5	28 3/4
48	30 5/8
50.5	32 1/2
52.75	34 1/4
55	36
57.5	37 5/8
60	39 1/4-39 3/8
62.25	41

	Size 26	Size 28	Size 30	Size 32	Size 34	Size 36	Size 38	Size 40
Elastic length, cm	46	49	52	55	58	61	64	67
Elastic length, in	18 1/8	19 1/4	20 1/2	21 5/8	22 7/8	24	25 1/4	26 3/8

SUGGESTED FABRIC

To sew this garment, choose knit fabrics with the following properties:

- soft, breathable, non-stretch or low-stretch, medium-weight
- the fabric content can include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: thick French terry, sweatshirt fleece, ponte di roma.

Attention! We do not recommend lightweight sheer fabrics (chiffon, organza, stretch lace).

The garment in the photos is made from sweatshirt fleece. The fabric is medium-weight, soft, low-stretch. The fiber content is cotton + polyester.

IMPORTANT!

When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight knit interfacing, 140cm (55") wide, for all sizes and heights - 5cm (2"). Straight grain fusible tape, 1cm (3/8") wide - 0.5–1m (1/2–1 1/8yd).
3. Elastic, 4cm (1 5/8") wide, 65cm–1m (3/4–1 1/8yd) long depending on the size and height. The length is indicated on the pattern.
4. Twill tape - 0.9–1.3m (1–1 3/8yd) depending on the size.
5. Matching thread - 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- buttonhole foot for the sewing machine
- overlocker for construction and finishing seam allowances. This can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3mm, stitch length 2.5mm)
- bodkin/elastic threader (can be replaced with a safety pin).

Important! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.

PATTERN PIECES LIST

1. From main fabric:

- front leg - cut 2
- back leg - cut 2
- pocket bag - cut 4
- pocket - cut 2
- waistband - cut 1 on fold.

IMPORTANT!

Don't forget to transfer all the notches from the pattern to your fabric.

2. From interfacing:

- grown-on facings on the patch pockets are interfaced with strips of interfacing 3.5cm (1 3/8") wide and as long as the interfaced edge (measure on the pattern). The strips should be cut on the straight grain (parallel to the selvedge)
- pocket opening areas of the side seams can be interfaced with premade straight grain fusible tape, 1cm (3/8") wide
- button placement on the waistband is interfaced with a rectangle of interfacing. Measure the size of the interfaced area on the pattern.

SEAM ALLOWANCES

Pattern pieces include the following seam allowances:

- grown-on facing of the patch pocket - 3.5cm (1 3/8")
- garment hem - 6cm (2 3/8")
- all other edges - 1cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Working from the right side, understitch the pocket seam allowance to the pocket bag, 2mm away from the seam. Backstitch at both ends of the seam. Press.



Trim the side seam allowance down to 2mm between the notches, as shown in the photo.



Turn the pocket bag over to the wrong side, rolling the seam toward the pocket bag by 1-2mm. Baste to secure the pocket opening edge, straighten out the corners of the clipped seam allowance. Press flat.

The photo shows how the front leg pieces should look from the wrong side.



Using blind hand stitches, secure the pocket bags to the front leg pieces along the pocket opening (between the notches).