

FROM THE FOUNDER OF THE #VIKISEWS BRAND

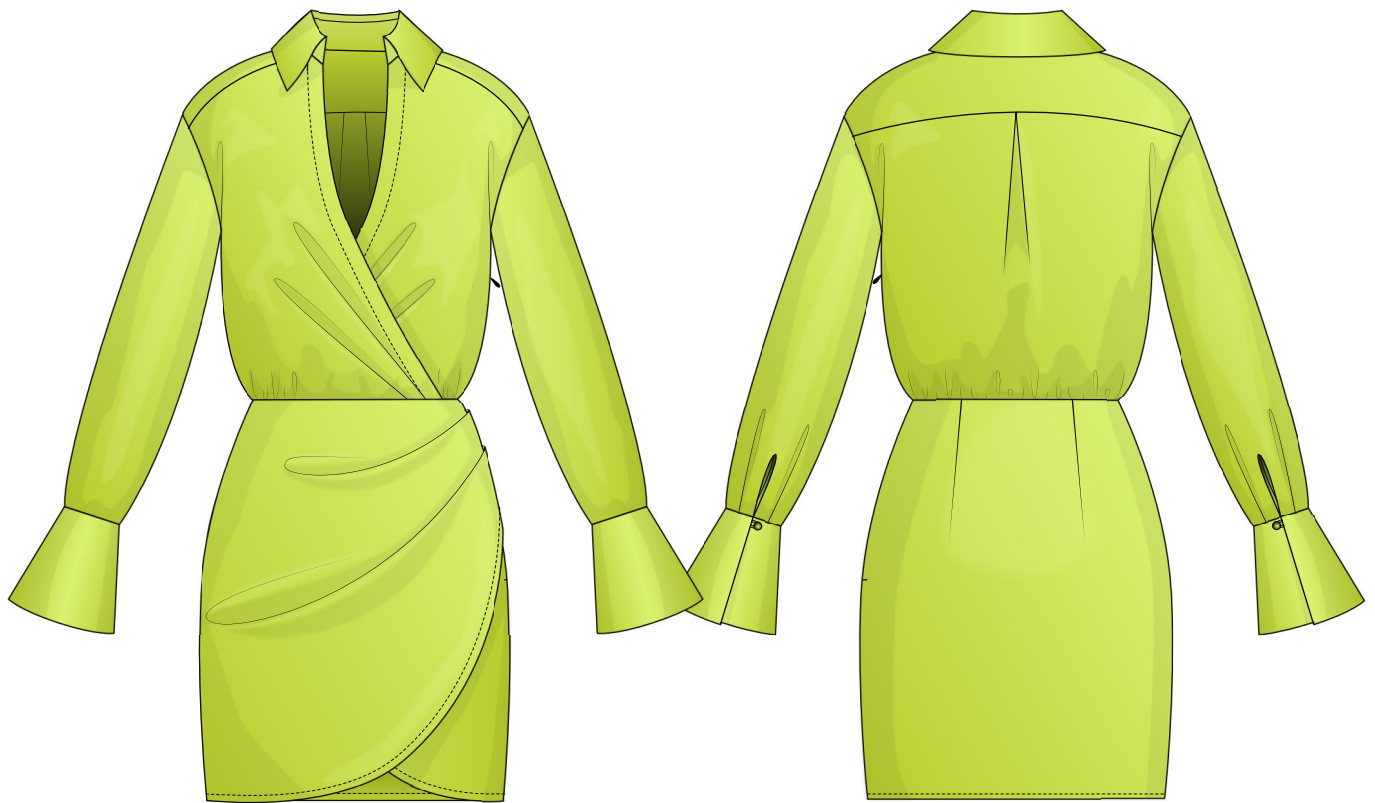


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



SYLVIE PATTERN DESCRIPTION

Sylvie is a semi-fitted dress with a fitted waist. The dress features a waistline seam, faux wrap front and waist pleats. There is a double layer yoke at the back with the shoulder seam shifted toward the front. The bodice is gathered at the front and back waist. The front skirt consists of two overlapping parts and features pleats in the left-hand side seam. The dress has a foldover collar with a collar stand, a deep V-neckline, and a slightly extended shoulder line. The set-in sleeves are long and semi-fitted. The bottom of the sleeve features pleats and a bias-bound slit. The sleeves are finished with cuffs with a button and loop closure. The dress closes with an invisible zipper in the left-hand side seam. The dress is above-knee length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	24.7–25.7	2.5	6	4.5–6
inches	9 3/4–10 1/8	1	2 3/8	1 3/4–2 3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length from waist down, cm	Sleeve length including shoulder width and cuff, cm
1 (154-160)	46.5	68.6-71
2 (162-168)	49.5	70.6-73
3 (170-176)	52.5	72.5-74.9
4 (178-184)	55.5	74.5-76.9

Height, ft	Garment length from waist down, in	Sleeve length including shoulder width and cuff, in
1 (5'1" - 5'3")	18 1/4	27–28
2 (5'4" - 5'6")	19 1/2	27 3/4–28 3/4
3 (5'4" - 5'6")	20 5/8	28 1/2–29 1/2
4 (5'10" - 6'1")	21 7/8	29 3/8–30 1/4

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium-weight, pliable, breathable, soft, non-stretch or low-stretch, opaque
- the fiber content can include natural fibers (silk, cotton), artificial fibers (viscose), blends (silk + cotton, silk + viscose, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: crepe, silk, artificial silk, satin, silk velvet.

Attention! We do not recommend stretchy knit materials (jersey fabrics) or lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photos is made from satin. The fabric is medium-weight, soft, low-stretch. The fiber content is polyester + elastane.

2. Interfacing, 140cm (55") wide, for all heights:

Size	34-40	42-52
Meters	0.4	0.5
Yards	3/8	1/2

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. One invisible zipper, 35cm (14") long for all sizes and heights

4. Stitch-reinforced fusible bias tape - 0,8m (7/8 yd)

5. Straight grain fusible tape, 1cm (3/8") wide - 2m (2 1/8 yd)

6. Two buttons, 0,7-1cm (1/4-3/8") in diameter

7. Matching thread - 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing seam allowances. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- edgestitch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine.

PATTERN PIECES LIST

1. From main fabric:

- front bodice - cut 2
- right front skirt - cut 1
- left front skirt - cut 1
- back bodice - cut 1 on fold
- back skirt - cut 1 on fold
- back yoke - cut 2
- sleeve - cut 2
- collar - cut 2
- collar stand - cut 2
- cuff - cut 4
- placket - cut 2
- rouleau loops - cut 1 (makes 2 loops)
- sleeve placket binding - cut 2

IMPORTANT! Don't forget to transfer all the notches from the pattern to your fabric.

2. From interfacing:

- collar - cut 2
- collar stand - cut 2
- cuff - cut 4
- placket - cut 2

SEAM ALLOWANCES

Pattern pieces include 1cm (3/8") seam allowances.

Take this into account when laying out pattern pieces on the fabric.

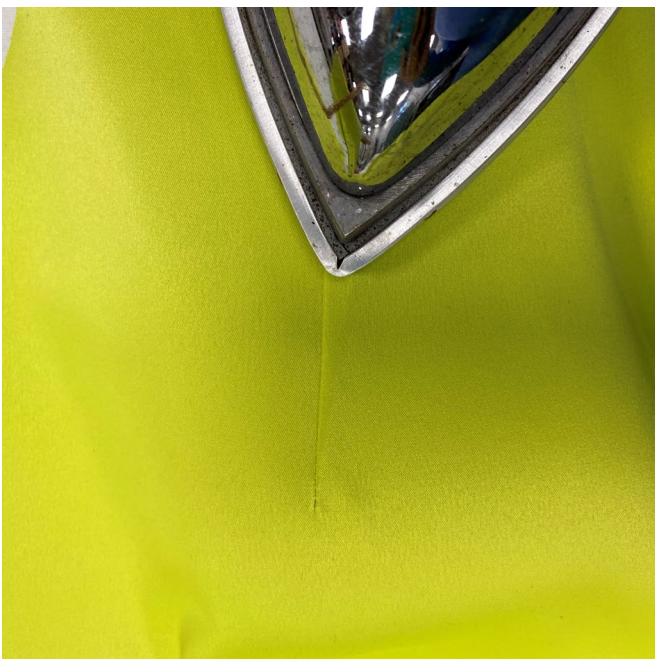


Pin the darts on the wrong side of the back skirt and left front skirt pieces.



Machine-stitch the darts, backstitch at the upper edge only (at the base of the dart), press the seams flat.

At the tip of the dart, tie the thread ends into knots and hide them between fabric layers using a needle.



Steam press the darts, shrink out the fullness at the dart point on a tailor's ham or a tailor's board.

Press the darts towards the center.