

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) - we are always there to help.



## MARYAM PATTERN DESCRIPTION

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Maryam is a semi-fitted wrap dress with an accentuated waist. The front features bust darts transferred to the side seams. On the back bodice, the shoulder darts have been transferred to the neckline. The bodice has gathering along the waistline. The V-shaped neckline features a classic stand collar. Maryam has long, two-piece sleeves. The dress fastens with sew-on snap buttons, placed at the waistline. The wide, detachable belt fastens with narrow ties. Maryam is below-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

Bust ease, cm	Waistline ease, cm	Hipline ease, cm	Upper arm ease, cm
14.3-15.3	4.5	5-5.8	5.2-5.7

## GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment center back length, cm	Sleeve length including shoulder width, cm
1 (154-160)	76	70.6-73.3
2 (162-168)	79	72.6-75.2
3 (170-176)	82	74.5-77.2
4 (178-184)	85	76.6-79.1

## SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- light to medium weight, with good drape, breathable, soft, non-stretch or with little stretch, opaque
- the fabric content can include natural (wool, silk, cotton, linen), artificial (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.), and synthetic fibers (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight viscose, dress-weight silk, dress-weight wool, lightweight suiting fabric, cupro, modal.

**Attention!** We do not recommend very stretchy knit materials (jersey fabric) and lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress on the photo is made in dress-weight viscose. This fabric is medium weight, soft, non-stretch, and has good drape. The fiber content is 100% viscose.

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- serger for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- edge stitching foot for the sewing machine (optional)

## PATTERN PIECES LIST

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*IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.*

### 1. From main fabric:

- right front bodice – cut 1
- left front bodice – cut 1
- right front skirt – cut 1
- left front skirt – cut 1
- back bodice – cut 1 on fold
- back skirt – cut 1 on fold
- top sleeve – cut 2
- bottom sleeve – cut 2
- collar – cut 2
- collar stand – cut 2
- belt – cut 2
- tie belt – cut 2
- right front skirt facing – cut 1
- left front skirt facing – cut 1
- right front bodice facing – cut 1
- left front bodice facing – cut 1

### 2. From interfacing:

- collar – cut 2
- collar stand – cut 2
- belt – cut 2
- right front bodice facing – cut 1
- left front bodice facing – cut 1
- right front skirt facing – cut 1
- left front skirt facing – cut 1

## SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

- garment hem allowance – 3 cm
- sleeve hem allowance – 3 cm
- all other seams – 1 cm

Take this into account when laying out pattern pieces on the fabric.





Press the bust darts upwards.



Using the steam setting on the iron, and a tailor's ham or clapper, shrink out the ease at the dart point. Let it cool down.



Machine the darts on the front and left front skirt, as well as on the back skirt. Press the waist darts flat, then press them toward the center. Using the steam setting on the iron and a clapper, shrink out the ease at the dart point. Let it cool down.