

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) - we are always there to help.



## SYBIL PATTERN DESCRIPTION

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Sybil is a single-breasted trench coat with a loose fit, a straight silhouette and a partial lining. The turn-down collar and the cuffs are made out of ribbing. The collar features a collar stand. The front has yokes at the top. The front and the back feature a horizontal design line below the waist. The trench coat has a central concealed placket and fastens with buttons. The shaped flap at the right top of the button placket has an extra buttonhole for the button on the left front. The left front features a patch pocket on the top and each of the front pieces has a big patch pocket below the horizontal design line. The central back seam has a high vent at the bottom. The long one-seam shirt sleeve is loose-fitted at the armscye and tapers towards the bottom. The sleeve bottom features a cuff made of ribbing. A horizontal tab at the sleeve bottom is stitched into the sleeve seam, pulled through the strap made by the second vertical sleeve tab and buttoned. The vertical sleeve tab goes along the outer side of the sleeve from the cuff seam to the shoulder seam and is buttoned next to the shoulder. The vertical tab is attached to the sleeve with three decorative topstitching lines. The trench coat is cinched in at the waist with a tie belt which passes through belt loops at the side seams. The pockets, yokes, design line, front edges, concealed button placket, sleeve tabs, belt loops, belt, and garment hem feature decorative topstitching lines. The garment is below-mid-calf length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	23.5	48.5	28	18.5-22.5
inches	9 1/4	19 1/8	11	7 1/4 - 8 7/8

# GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Garment length at center back, cm	Sleeve length including shoulder width and cuff, cm
1 (154-160)	117.5	73.5-74.1
2 (162-168)	121.5	76.1-76.5
3 (170-176)	125.5	77.9-78.3
4 (178-184)	129.5	80.1-80.5

Height, ft	Garment length at center back, in	Sleeve length including shoulder width and cuff, in
1 (5'1" - 5'3")	46 1/4	28 7/8 - 29 1/8
2 (5'4" - 5'6")	47 7/8	30 - 30 1/8
3 (5'7" - 5'9")	49 3/8	30 5/8 - 30 7/8
4 (5'10" - 6'1")	51	31 1/2 - 31 3/4

# RECOMMENDED FABRICS

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To sew the Sybil trench coat, choose raincoat or outerwear fabrics with the following properties:

- Medium weight, breathable, soft, non-stretch or with very little stretch, wind-proof and water-resistant
- The fiber content can include natural fibers (wool, silk, cotton), artificial (viscose), blends (wool + polyester, cotton + PET, etc.), and synthetic (polyester, PET + polyester)
- The following fabrics are recommended: cotton gabardine (including water-repellent types), blended raincoat fabrics

**Attention!** We do not recommend stretchy knit materials, loose and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend artificial fibers (viscose), blends (viscose + elastane, viscose + polyester) or synthetic (polyester, polyester + elastane).

For the collar and cuffs we recommend using ribbed knit fabrics.

- 5. Heavy muslin for shoulder pads, 140cm (55") wide, for all sizes in all heights — 0.3m (11 3/4")
- 6. Polyester batting for shoulder pads, 140cm (55") wide, for all sizes in all heights — 0.3m (11 3/4")
- 7. 10 buttons, 2-2.5cm (3/4" - 1") in diameter
- 8. Matching thread, 2 spools
- 9. Matching thread for decorative topstitching (for example, Madeira №35), 2 spools

## TOOLS AND EQUIPMENT

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- Sewing machine for construction
- Buttonhole foot for your sewing machine
- Stitch-in-the-ditch foot for your sewing machine (optional)
- Bias tape maker (optional)

## PATTERN PIECES LIST

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### 1. From main fabric:

- Top front - cut 2
- Bottom front - cut 2
- Top back - cut 2
- Bottom back - cut 2
- Sleeve - cut 2
- Front yoke - cut 2
- Front flap - cut 2
- Left front facing - cut 1
- Right front facing - cut 1
- Collar stand - cut 2
- Top pocket - cut 1
- Bottom pocket - cut 2
- Back neck facing - cut 1 on fold
- Vertical sleeve tab - cut 4
- Horizontal sleeve tab - cut 4
- Belt - cut 1 on fold
- Belt loop - cut 1

### 2. From additional fabric (ribbing):

- Upper collar - cut 1 on fold
- Undercollar - cut 1 on fold
- Cuff - cut 2

### 3. From lining fabric:

- Front lining - cut 2
- Back lining - cut 2
- Sleeve lining - cut 2
- Button placket (with larger seam allowances) - cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

### 4. From interfacing:

- Right front facing - cut 1
- Left front facing - cut 1
- Front yoke - cut 2
- Front flap - cut 1
- Upper collar - cut 1 on fold
- Undercollar - cut 1 on fold
- Belt - cut 1 on fold
- Horizontal sleeve tab - cut 2
- Vertical sleeve tab - cut 2
- Collar stand — cut 1 on fold
- Back neck facing - cut 1 on fold

### 5. From heavy muslin:

- Shoulder pad 1 – cut 4
- Shoulder pad 5 – cut 2

### 6. From polyester batting:

- Shoulder pad 1 – cut 4
- Shoulder pad 2 – cut 2
- Shoulder pad 3 – cut 2
- Shoulder pad 4 – cut 2



Press the seam flat. Press the seam allowances to the yoke.



On the top pocket piece, turn a 1cm (3/8") seam allowance at the top edge of the pocket to the wrong side and press. Fold the top edge of the grown-on facing along the foldline to the right side. Pin the folded top edge at the sides, baste and stitch. Backstitch at the beginning and end.

Press the seams flat.



Turn the grown-on facing right side out, push out the corners.

Press the top edge of the pocket.

Turn the seam allowances by 1cm (3/8") to the wrong side all along the perimeter and press.