

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## MILEY PATTERN DESCRIPTION

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Miley is a close-fitting bodysuit with an asymmetric neckline and a shaped cutout on the left shoulder. The set-in sleeves are extra-long, flared at the bottom, and feature thumbholes. The leg openings of the bodysuit are elasticated. Miley has a snap tape closure.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Upper arm ease
cm	-13.6 — -19.6	-7.2 — -9.6	-1.5
inches	-5 3/8 — -7 3/4	-2 7/8 — -3 3/4	-5/8

# SLEEVE LENGTH

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Height, cm	Sleeve length, cm	Height, ft	Sleeve length, in
1 (154–160)	67	1 (5'1"–5'3")	26 3/8
2 (162–168)	69	2 (5'4"–5'6")	27 1/8
3 (170–176)	71	3 (5'7"–5'9")	28
4 (178–184)	73	4 (5'10"–6'1")	28 3/4

# SUGGESTED FABRIC

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To sew this bodysuit, choose knit fabrics with the following properties:

- soft, stretchy, medium weight, highly elastic (with a stretch factor not less than 100%)
- the fiber content should include elastane or spandex and can also include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester)
- the following fabrics are recommended: sweater knits, rib knits.

**Attention!** We recommend using only elastic fabrics for this bodysuit.

As an additional fabric for the gusset, choose knit fabrics with the same stretch factor as the main fabric but more lightweight.

The bodysuit in the photo is made of sweater knit. The fabric is medium weight, soft, and with a high stretch factor. The fiber content is a blend of 10% viscose, 80% acrylic, and 10% spandex. The fabric weight is 200 g/m<sup>2</sup>. The gusset is made of lightweight jersey fabric.

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment and sleeve hems, the neckline, as well as the edges of the shaped cutout. It can be replaced with a twin needle on a regular sewing machine that can do a zigzag stitch
- one-sided foot
- latch hook. It can be replaced with a large-eye needle.

**IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.

## PATTERN PIECES LIST

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### 1. From main fabric:

- front — cut 1
- back — cut 1
- sleeve — cut 2
- gusset — cut 1.

### 2. From lining fabric:

- gusset — cut 1.

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## SEAM ALLOWANCES

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All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out pattern pieces on the fabric.

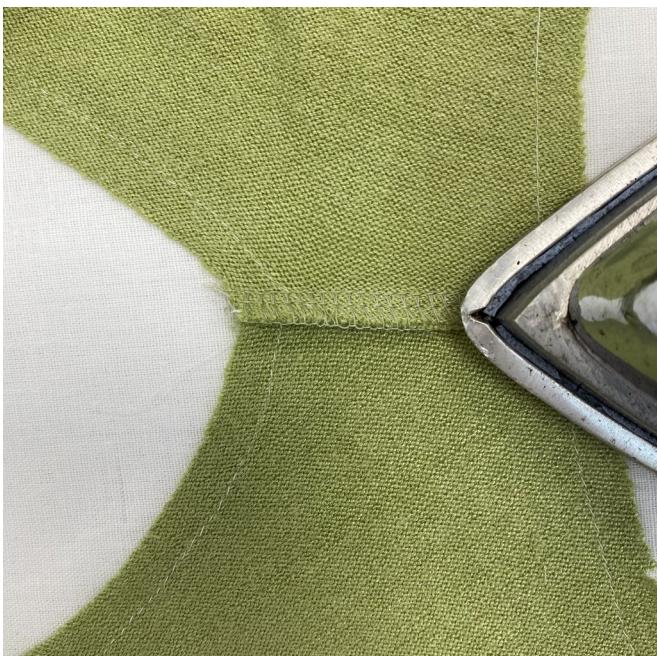


Place the front and back pieces right sides together, align the shoulder edges. Pin. With the back piece facing up, stitch the shoulder seams on the overlocker.

Use a 4-thread overlocker for this step as well as for the following similar steps. You can replace the overlocker with a stretch or zigzag stitch on your sewing machine.



Press the seam flat.



Press the seam allowances towards the front.