

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



FRANCOISE PATTERN DESCRIPTION

Francoise is a semi-fitted dress with a straight silhouette and a round neckline. It features drop shoulders and elbow-length set-in sleeves. The front of the dress has bust darts and functional patch pockets with buttons while the back is fitted with shoulder darts and a center seam. The dress is finished with a free-hanging lining and fastens with an invisible zipper in the center back seam. The center front, sleeve hems and pocket hems are decorated with Chanel trim. Francoise is above-knee length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	13.8–16.1	35.3–36.1	9.6–11.3	9.5
inches	5 3/8–6 3/8	13 7/8–14 1/4	3 3/4–4 1/2	3 3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length including shoulder width, cm
1 (154–160)	81.1–83.2	52.8–55.4
2 (162–168)	82.1–84.1	54.8–57.4
3 (170–176)	89.1–91.1	56.8–59.4
4 (178–184)	93–95.1	58.8–61.4

Height, ft	Garment length at center back, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	31 7/8–32 3/4	20 3/4–21 3/4
2 (5'4"–5'6")	32 3/8–33 1/8	21 5/8–22 5/8
3 (5'7"–5'9")	35 1/8–35 7/8	22 3/8–23 3/8
4 (5'10"–6'1")	36 5/8–37 1/2	23 1/8–24 1/8

SUGGESTED FABRIC

To sew this dress, choose suiting fabrics with the following properties:

- medium weight, structured, non-stretch, opaque
- the fiber content can include natural fibers (wool), artificial fibers (viscose), blends (wool + silk, wool + polyester, etc.), and synthetics (polyester)
- the following fabrics are recommended: dress-weight wool, tweed, coating fabrics.

Attention! We do not recommend stretchy fabrics, soft, lightweight fabrics, or heavyweight wool fabrics.

For the lining, choose lining fabrics made of artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), or synthetics (polyester, polyester + elastane).

The dress in the photo is made of tweed. The fabric is medium weight, pliable, structured and non-stretch. The fiber content is 70% viscose and 30% cotton. The fabric weight is 460 g/m².

The lining is 100% viscose. The fabric weight is 50 g/m².

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine
- stitch-in-the-ditch foot for the sewing machine (optional)
- invisible zipper foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- front — cut 1 on fold
- back — cut 2
- sleeve — cut 2
- front neck facing — cut 1 on fold
- back neck facing — cut 2
- upper patch pocket — cut 2
- lower patch pocket — cut 2.

2. From lining fabric:

- front lining — cut 1 on fold
- back lining — cut 2
- sleeve lining — cut 2
- upper patch pocket lining — cut 2
- lower patch pocket lining — cut 2.

3. From interfacing:

- front — cut 1 on fold
- back — cut 2
- sleeve — cut 2
- front neck facing — cut 1 on fold
- back neck facing — cut 2
- upper patch pocket — cut 2
- lower patch pocket — cut 2.

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

All pattern pieces include the seam allowances as follows:

- sleeve hem allowance — 4 cm (1 5/8")
- garment hem allowance — 4 cm (1 5/8")
- zipper section of the center back seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Press the darts flat.



Trim the dart seam allowances down to 1 cm (3/8").



Overlock the seam allowance, with the dart underside facing up.

Press the seam. Press and steam the dart. Press the dart upwards, shrink out the fullness at the dart point.