

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

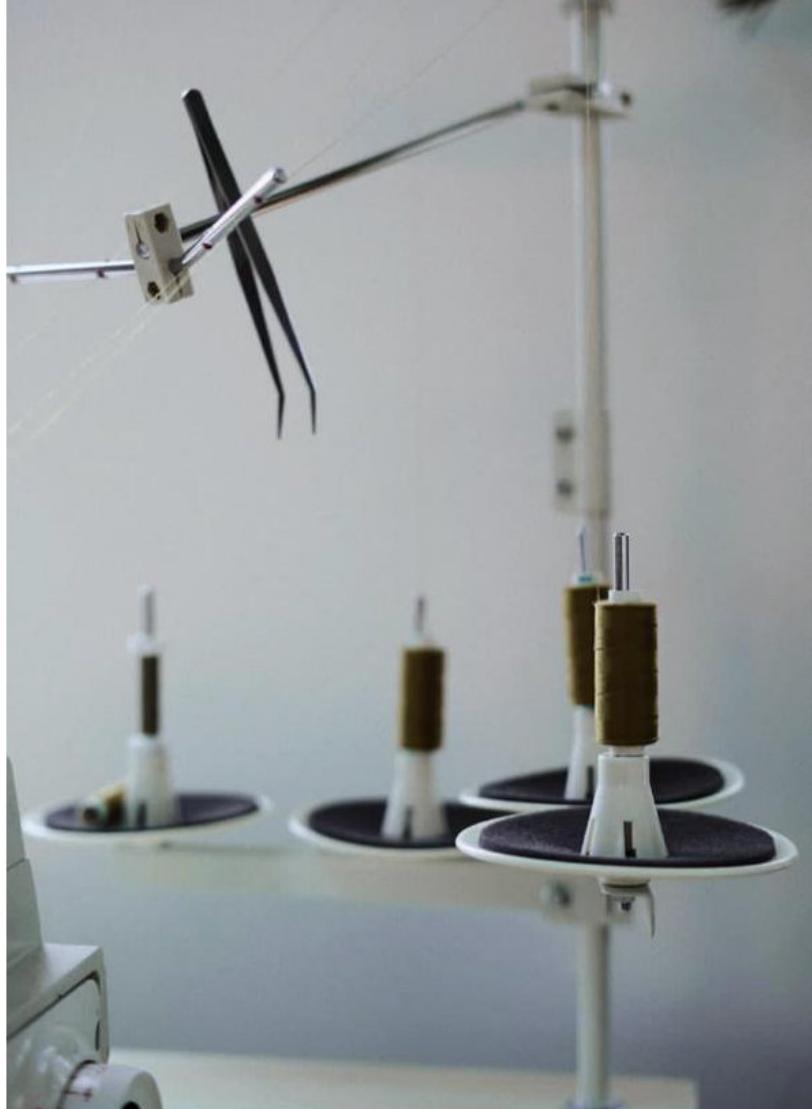
If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## ATHENA PATTERN DESCRIPTION

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Athena is a close-fitting, fully lined dress with a waist seam and adjustable, detachable straps. The corset-style bodice features princess seams and bust cups supported with underwires. The princess seams on the front and back are reinforced with rigilene boning. The front bodice features an asymmetric, ruched overlay. The wrap-style front skirt is made up of two asymmetric pieces. The left front skirt is ruched at the hips. The dress features off-the-shoulder, airy, draped sleeves and fastens with a hook-and-eye closure and an invisible zipper in the center back seam. Athena is floor length. The dress comes with a detachable full skirt that is gathered at the waist and features a train. The skirt has a waistband and fastens with a hook-and-eye closure.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease
cm	1.1–2.6	1.3–4.6	4
inches	3/8–1	1/2–1 3/4	1 5/8

# GARMENT LENGTH

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Height, cm	Garment length from waist down (dress), cm	Garment length from waist down (detachable skirt), cm
1 (154–160)	115	166
2 (162–168)	119	170
3 (170–176)	123	174
4 (178–184)	127	178

Height, ft	Garment length from waist down (dress), in	Garment length from waist down (detachable skirt), in
1 (5'1"–5'3")	45 1/4	65 3/8
2 (5'4"–5'6")	46 7/8	66 7/8
3 (5'7"–5'9")	48 3/8	68 1/2
4 (5'10"–6'1")	50	70 1/8

# SUGGESTED FABRIC

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To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, pliable, soft, non-stretch
- the fiber content can include natural fibers (silk), artificial fibers (viscose), blends (silk + polyester, silk + viscose, etc.), and synthetics (polyester)
- the following fabrics are recommended: glitter mesh, corset mesh.

**Attention!** We do not recommend stretchy knits, stretch mesh, and stretch lace fabrics.

As the main fabric, we recommend using medium weight, soft, low-stretch or non-stretch glitter mesh. For the corset, use medium weight, soft, non-stretch corset mesh. Choose fabrics made of synthetic fibers (polyester).

# PATTERN PIECES LIST

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## 1. From main fabric:

- top cup — cut 2
- center cup — cut 2
- side cup — cut 2
- center front bodice — cut 1 on fold
- mid front bodice — cut 2
- side front bodice — cut 2
- center back bodice — cut 2
- mid back bodice — cut 2
- side back bodice — cut 2
- front bodice overlay — cut 1
- strap — cut 2
- right back skirt — cut 1
- left back skirt — cut 1
- right front skirt — cut 1
- left front skirt — cut 1
- sleeve — cut 2
- front detachable skirt — cut 2
- back detachable skirt — cut 2
- waistband — cut 1

## 2. From 2nd layer fabric (corset mesh):

- top cup — cut 2
- center cup — cut 2
- side cup — cut 2
- center front bodice — cut 1 on fold
- mid front bodice — cut 2
- side front bodice — cut 2
- center back bodice — cut 2
- mid back bodice — cut 2
- side back bodice — cut 2

## 3. From lining fabric:

- center front bodice — cut 1 on fold
- mid front bodice — cut 2
- side front bodice — cut 2
- center back bodice — cut 2
- mid back bodice — cut 2
- side back bodice — cut 2
- right back skirt — cut 1
- left back skirt — cut 1
- right front skirt — cut 1
- left front skirt — cut 1
- front detachable skirt — cut 2
- back detachable skirt — cut 2
- underwire casing — cut 2
- tab — cut 2
- cup seam binding — cut 2
- back top edge binding — cut 2

## 4. From bra foam:

- top cup — cut 2
- center cup — cut 2
- side cup — cut 2

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

**IMPORTANT!** Due to large dimensions of the front and back detachable skirt pieces, the pattern includes only a part of each piece. The missing part should be drafted additionally.

# SEAM ALLOWANCES

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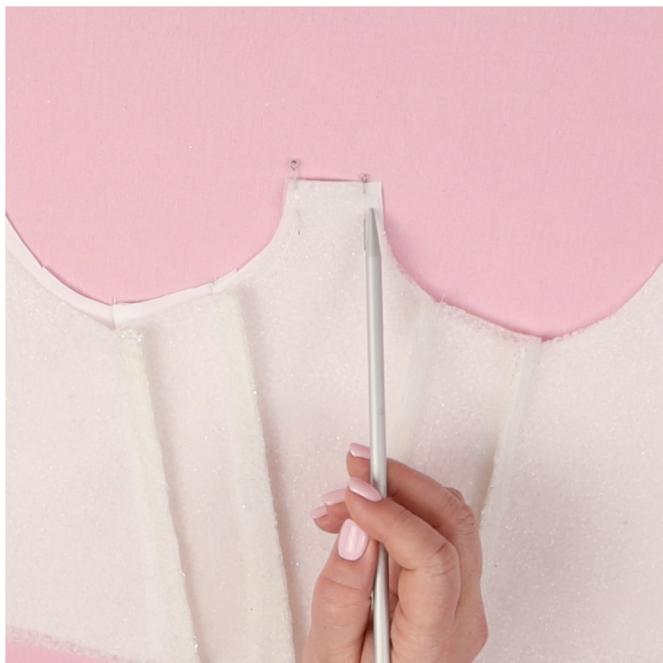
All pattern pieces include seam allowances as follows:

- center back seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

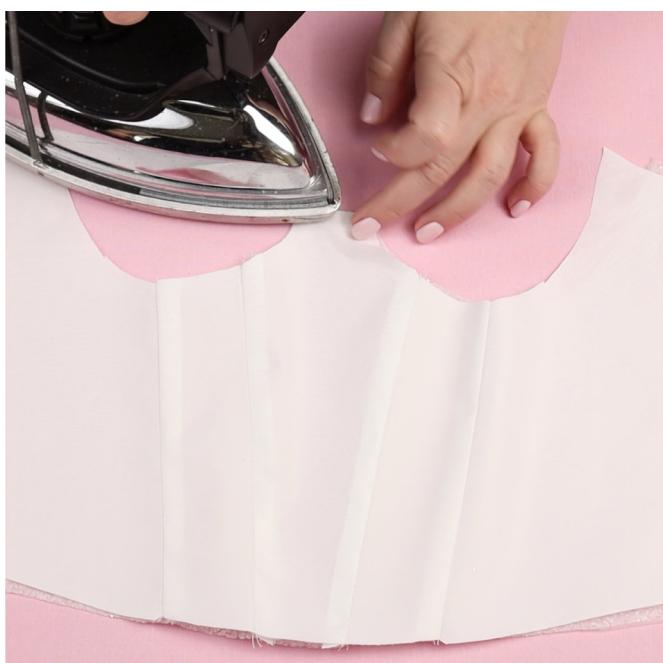
Take this into account when laying out pattern pieces on the fabric.



Press the seam allowances open and then press them towards the center.



Place the assembled front bodice and front bodice lining pieces right sides together. Match the top edges of the tower part, pin and machine-stitch with backstitches.



Press the seam flat. Press the seam allowances open and then press them towards the lining.  
Fold the lining over to the wrong side of the main piece and press, forming a 1-2 mm roll towards the lining.