

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

---



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## AGNESSA PATTERN DESCRIPTION

---

Agnessa is a close-fitting dress with a waist seam and adjustable spaghetti straps. This lingerie-inspired corset dress features bust cups made of bra foam. The silhouette is shaped with front and back princess seams. The skirt is cut on the bias. The dress is finished with a free-hanging lining and fastens with an invisible zipper in the center back seam. Agnessa is above-ankle length.



## IMPORTANT!

---

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

---

	Bust ease	Waistline ease	Hipline ease
cm	3.2–3.6	1.3–2.1	5.9–6
inches	1 1/4–1 3/8	1/2–7/8	2 3/8

# GARMENT LENGTH

---

Height, cm	Back length from waist down, cm	Height, ft	Back length from waist down, in
1 (154–160)	87.2	1 (5'1"–5'3")	34 3/8
2 (162–168)	90.2	2 (5'4"–5'6")	35 1/2
3 (170–176)	93.2	3 (5'7"–5'9")	36 3/4
4 (178–184)	96.3	4 (5'10"–6'1")	37 7/8

# SUGGESTED FABRIC

---

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, pliable, soft, non-stretch
- the fiber content can include natural fibers (silk), artificial fibers (viscose), blends (silk + polyester, silk + viscose) and synthetics (polyester)
- the following fabrics are recommended: satin, crepe, crepe de chine, silk.

For the lining, we recommend lining fabrics made of natural fibers (silk), artificial fibers (viscose), blends (viscose + polyester) and synthetics (polyester).

The dress in the photo is made of silk. The fabric is medium weight, pliable, soft, and non-stretch. The fiber content is 100% silk. The fabric weight is 50 g/m<sup>2</sup>.

The lining is 100% silk. The fabric weight is 50 g/m<sup>2</sup>.

# PATTERN PIECES LIST

---

## 1. From main fabric:

- center front bodice\* — cut 1 on fold
- mid front bodice\* — cut 2
- side front bodice\* — cut 2
- center back bodice\* — cut 2
- side back bodice\* — cut 2
- center cup\* — cut 2
- side cup\* — cut 2
- top cup\* — cut 2
- front skirt — cut 1
- back skirt — cut 2
- strap + strap ring holder — cut 2.

**Important!** Interface (block fuse) a big enough piece of the main fabric prior to cutting the pieces marked with an asterisk (\*). Interface in two steps: first, the grainline of the interfacing should follow the grainline of the main fabric, and then interface the main fabric following the crosswise grain.

## 2. From lining fabric:

- center front bodice — cut 1 on fold
- mid front bodice — cut 2
- side front bodice — cut 2
- center back bodice — cut 2
- side back bodice — cut 2
- center cup lining — cut 2
- side cup lining — cut 2
- top cup lining — cut 2
- front skirt — cut 1
- back skirt — cut 2.

## 3. From interfacing:

- center front bodice — cut 2 on fold
- mid front bodice — cut 4
- side front bodice — cut 4
- center back bodice — cut 4
- side back bodice — cut 4
- center cup — cut 4
- side cup — cut 4
- top cup — cut 4.

Additionally, cut two interfacing strips, 2 cm (3/4") wide, to reinforce the zipper section of the center seam allowances on the back skirt pieces. The interfacing strips should be cut on the cross grain (perpendicular to the selvedge).

## 4. From bra foam:

- center cup — cut 2
- side cup — cut 2
- top cup — cut 2.

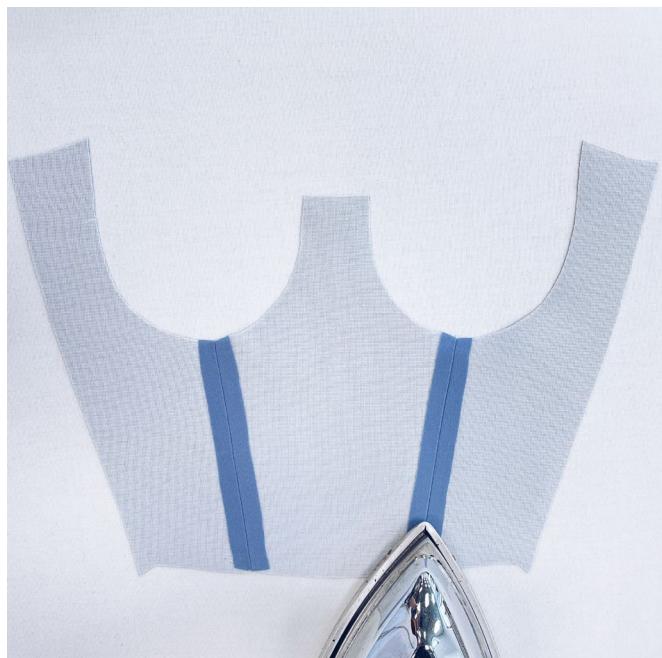
The foam cup pieces are the last to be cut. Before cutting them, trim:

- the bottom seam allowance off the top cup pattern piece
- the top and side seam allowances off the center cup and side cup pattern pieces.

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.



Press the seams flat.



Press the seam allowances open.



Place the assembled front and side front bodice pieces right sides together, align the edges, match the notches and pin. Machine-stitch, backstitching at the beginning and end of the seams.