# FROM THE FOUNDER OF THE #VIKISEWS BRAND

Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.

# ASNA PATTERN DESCRIPTION

Asna is a pair of close-fitting stirrup leggings with a grown-on elastic waistband. They feature a shaped hem on both the front and back legs. The leggings are ankle-length.

# IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

| | Waistline ease | Hipline ease |
|---|---|---|
| cm | -4.7 – (-3.8) | -8.1– (-7.4) |
| inches | -1 7/8 – (-1 1/2) | -3 1/4 – (-2 7/8) |

# GARMENT LENGTH

| Height, cm | Side seam length from waist down, cm | Finished hem width, cm |
|---|---|---|
| 1 (154–160) | 92.7–95 | 9.7–13.3 |
| 2 (162–168) | 96.7–99 | 9.7–13.3 |
| 3 (170–176) | 100.7–103 | 9.7–13.3 |
| 4 (178–184) | 104.7–107 | 9.7–13.3 |

| Height, ft | Side seam length from waist down, in | Finished hem width, in |
|---|---|---|
| 1 (5′1″–5′3″) | 36 1/2–37 3/8 | 3 7/8–5 1/4 |
| 2 (5′4″–5′6″) | 38 1/8–39 | 3 7/8–5 1/4 |
| 3 (5′7″–5′9″) | 39 5/8–40 1/2 | 3 7/8–5 1/4 |
| 4 (5′10″–6′1″) | 41 1/4–42 1/8 | 3 7/8–5 1/4 |

# SUGGESTED FABRIC

To sew these leggings, choose knit fabrics with the following properties:

- medium weight, medium stretch (1.6–1.8 stretch factor)
- the fiber content should include elastane or spandex and can also include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester)
- the following fabrics are recommended: double knits.

**Attention!** We recommend using only stretchy fabrics for this garment.

The leggings in the photos are made of double knit. The fabric is medium weight, pliable, and medium stretch. The fiber content is 95% polyester and 5% spandex. The fabric weight is 350 g/m$^2$.

# TOOLS AND EQUIPMENT

• sewing machine for construction
• overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm).
• coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch.

***IMPORTANT!*** *We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.*

# PATTERN PIECES LIST

1. From main fabric:
• back leg — cut 2
• front leg — cut 2.

2. Additional piece for measuring the stirrup elastic length:
• stirrup elastic template.

***IMPORTANT!*** *Don't forget to transfer all pattern markings and notches onto the fabric.*

# SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.
Take this into account when laying out pattern pieces on the fabric.

Turn one of the legs right side out, keep the other leg wrong side out. Insert one leg into the other right sides together, align the crotch seam edges, and then pin, matching the notches and inseams.

Stitch on the overlocker, starting on the right front leg piece. Press the seam. In the lower part of the seam, press the seam allowances flat.

In the upper part of the seam, press the seam allowances toward the left leg.