

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



YANINA PATTERN DESCRIPTION

Yanina is a close-fitting dress with a waist seam. The wrap-style corset bodice of the dress features a ruched overlay. The asymmetric front skirt of the dress is ruched at the left hip. The dress has a low heart-shaped neckline. The long set-in sleeves are puffy at the top and tapered towards the bottom. The sleeve cap is finished with an elastic casing and shaped with a tulle sleeve head. The bodice is lined with the main fabric. Lining fabric can be used as an option. The dress closes with an invisible zipper in the center back seam. Yanina is above-ankle length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	0	1.5–3.3	3.3–3.6	12.4–14.6
inches	0	5/8–1 1/4	1 1/4–1 3/8	4 7/8–5 3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length from waist down, cm	Sleeve length including part of shoulder (estimated), cm
1 (154–160)	82.5–84.5	67.2–68.4
2 (162–168)	85.5–87.5	69.2–70.2
3 (170–176)	88.5–90.5	71.3–72
4 (178–184)	91.5–93.5	73.3–73.8

Height, ft	Garment length from waist down, in	Sleeve length including part of shoulder (estimated), in
1 (5'1"–5'3")	32 1/2–33 1/4	26 1/2–26 7/8
2 (5'4"–5'6")	33 5/8–34 1/2	27 1/4–27 5/8
3 (5'7"–5'9")	34 7/8–35 5/8	28 1/8–28 3/8
4 (5'10"–6'1")	36–36 3/4	28 7/8–29

SUGGESTED FABRIC

To sew this dress, choose medium-weight, non-stretch or low-stretch, dress-weight or suiting fabrics made of natural, artificial, synthetic fibers, or blends.

The following fabrics are recommended: satin, dress-weight viscose, sateen, natural or artificial silk.

Attention! We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend lining fabrics made of natural, artificial, synthetic fibers, or blends.

IMPORTANT! The weight of the lining fabric should be up to 150 g/m². If the weight of your main fabric is up to 150 g/m², it can be used as the lining fabric.

7. One invisible zipper, 50 cm (19 5/8") long, for all sizes in all heights.

8. Elastic, 2 cm wide, in cm:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	22	22	22.5	22.5	23	23.5	24.5	26	27	28
2 (162–168)	22.5	23	23	23.5	24	24.5	25.5	26.5	27.5	28.5
3 (170–176)	23.5	24	24	24	24.5	25	26	27	28	29
4 (178–184)	24	24	24.5	25	25	26	27	28	29	30

Elastic, 3/4" wide, in inches:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	8 5/8	8 5/8	8 7/8	8 7/8	9	9 1/4	9 5/8	10 1/4	10 5/8	11
2 (5'4"–5'6")	8 7/8	9	9	9 1/4	9 1/2	9 5/8	10	10 3/8	10 7/8	11 1/4
3 (5'7"–5'9")	9 1/4	9 1/2	9 1/2	9 1/2	9 5/8	9 7/8	10 1/4	10 5/8	11	11 3/8
4 (5'10"–6'1")	9 1/2	9 1/2	9 5/8	9 7/8	9 7/8	10 1/4	10 5/8	11	11 3/8	11 3/4

IMPORTANT! The exact elastic length is specified on the pattern.

9. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- one-sided foot for the sewing machine to attach the zipper
- elastic threader (may be replaced with a safety pin)
- dress form.



Place the assembled front bodice lining and back bodice lining pieces right sides together, align the side edges, match the notches.

Stitch on the sewing machine, backstitching at the beginning and end of the seam.

Press the seams flat.



Press the seam allowances towards the back bodice lining.



Important! Check whether the edges on the front and back overlay pieces are prone to fraying. If it is the case, we recommend finishing their edges on the overlocker.

Sew two parallel rows of gathering stitches along the side and armhole edges of the front bodice overlay pieces, at 7 mm (just over 1/4") and 1.5 cm (5/8") from the edge. Use a 4 mm stitch length. Leave long thread tails at both ends of the seam.