

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



SADIE PATTERN DESCRIPTION

Sadie is a close-fitting long sleeve top with an underbust seam. The upper part of the front is made up of the top front and front sleeve pieces. The top front is folded over the front sleeves assembled at the neck to create a twist effect and beautiful curved cutouts. The top features a V-shaped back neck and long raglan sleeves. It is fitted with bust darts on the top front piece and waist darts on the front and back pieces. Sadie is above-hip length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease (estimated)	Waistline ease	Upper arm ease
cm	0	-0.7–1.4	1–2
inches	0	-1/4–1/2	3/8–3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length from waist down (estimated), cm	Sleeve length including shoulder width, cm
1 (154–160)	15.1–17	73.7–75.9
2 (162–168)	17.1–18.9	75.7–77.9
3 (170–176)	19.1–20.9	77.8–79.9
4 (178–184)	21.1–22.9	79.8–81.8

Height, ft	Back length from waist down (estimated), in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	6–6 3/4	29–29 7/8
2 (5'4"–5'6")	6 3/4–7 1/2	29 3/4–30 5/8
3 (5'7"–5'9")	7 1/2–8 1/4	30 5/8–31 1/2
4 (5'10"–6'1")	8 1/4–9	31 3/8–32 1/4

SUGGESTED FABRIC

To sew this garment, choose knit fabrics with the following properties:

- medium weight, soft, low-stretch
- the fiber content can include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: double knits, sweater knits.

Attention! We recommend using only stretchy fabrics for this garment.

The garment in the photos is made of double knit. The fabric is medium weight, soft, and with a medium stretch. The fiber content is 95% polyester and 5% spandex. The fabric weight is 320 g/m².

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm).
- coverstitch or coverlock machine for finishing the garment hem. It can be replaced with a twin needle on a regular sewing machine that can do a zigzag stitch.
- latch hook. It can be replaced with a large-eye needle.

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:

- front sleeve — cut 2
- back sleeve — cut 2
- top front — cut 2
- front — cut 1 on fold
- back — cut 2.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- sleeve hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Baste clear elastic along the underbust seam allowance on the wrong side of the front piece.

After basting the clear elastic, compare the underbust seam edge to the corresponding paper pattern piece to make sure it's the correct length.



Match up the dart legs on the wrong side of the top front piece. Pin. Machine-stitch the darts, backstitching at the underbust edge only.



Tie the thread tails at the dart point into a knot and hide them inside the dart bulk using a needle.