

FROM THE FOUNDER OF THE #VIKISEWS BRAND

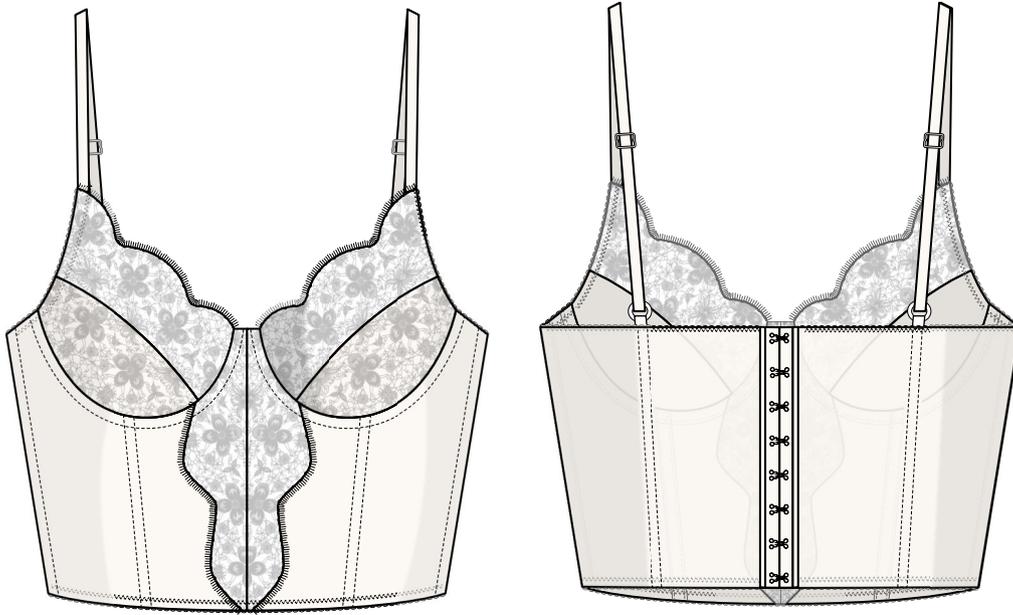


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

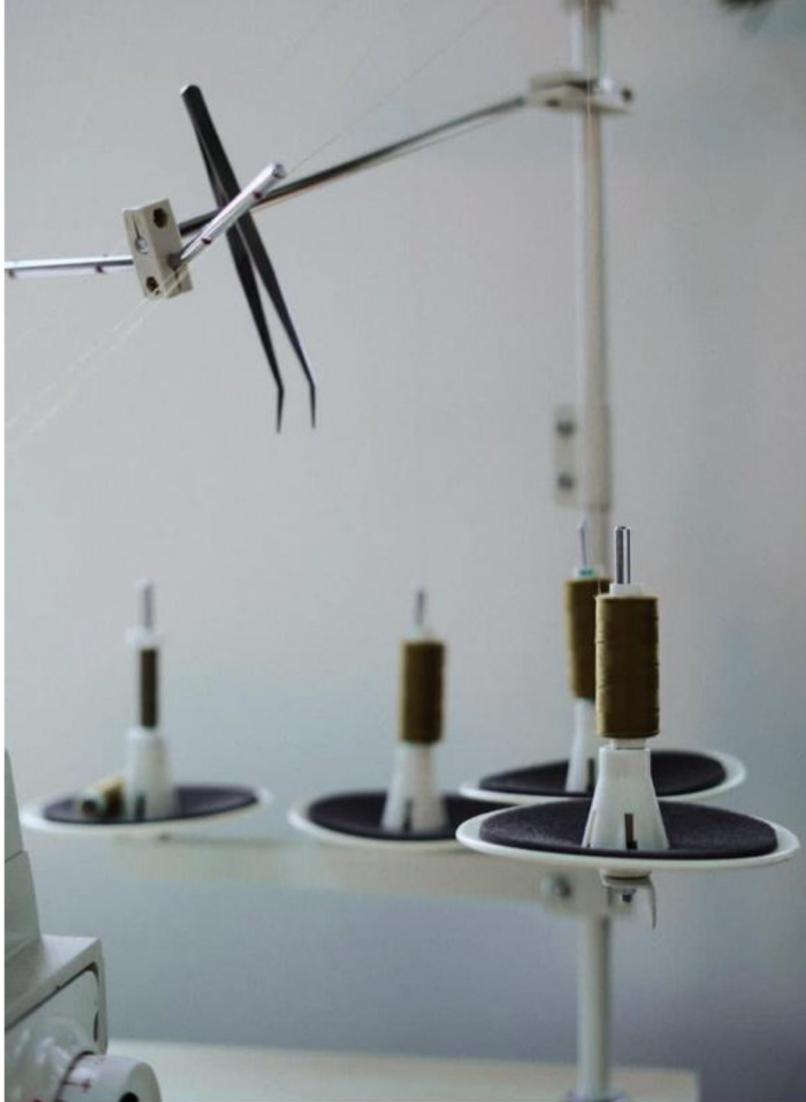
And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ASAMI PATTERN DESCRIPTION

Asami is a bustier with underwire bust support. It features shortened underwires (Type 2) suitable for mid-coverage bras. The two-piece bust cups have horizontal seams and are trimmed with scalloped lace along the top edge. The bottom part of the cups is padded with bra foam. The bustier has adjustable straps made of bra strap elastic and a hook-and-eye closure. The widened band has a center front seam and boning channels at the sides, and is lined with corset mesh on the front. All edges are finished with picot-edge band elastic.



IMPORTANT!

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SUGGESTED FABRIC

To sew this bustier, choose knit or lace fabrics with the following properties:

- soft, stretchy (1.2–1.5 stretch factor), medium weight.

For the band, we recommend using stretch mesh, microfiber jersey, lingerie satin.

For the cups and band front insert, we recommend lace trim, allover lace fabrics, embroidered mesh, guipure lace (the fabric should have a scalloped edge).

For the band lining, we recommend corset mesh.

For the bottom cups, we recommend bra foam.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The bustier in the photo is made of stretch mesh and stretch lace trim. The fabrics are soft and stretchy. The fiber content of stretch mesh is 93% polyamide + 7% elastane. The fabric weight is 80 g/m². The fiber content of lace is 95% nylon + 5% spandex. The fabric weight is 90 g/m².

The foam cups are made of 3 mm (1/8") thick double-faced bra foam. The material is soft and non-stretch. The fiber content is a blend: 100% polyester (top layer), 100% polyurethane foam (middle layer), 100% cotton (bottom layer). The bra foam weight is 320 g/m².

The band lining is made of corset mesh. The fabric is non-stretch. The fiber content is synthetic: 100% polyamide. The fabric weight is 45 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1.1. Main fabric (stretch mesh), 160 cm wide, with a directional print, in meters:

Height, cm	EU size							
	65 A-D	70 A-D	75 A-D	80 A-D	85 B-D	90 B-D	95 B-D	100 B-D
1–2 (154–168)	0.2	0.2	0.2	0.2	0.2	0.2	0.25	0.25
3–4 (170–184)	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25

Main fabric (stretch mesh), 63" wide, with a directional print, in yards:

Height, ft	UK/US size							
	30 A-D	32 A-D	34 A-D	36 A-D	38 B-D	40 B-D	42 B-D	44 B-D
1–2 (5'1"–5'6")	1/4	1/4	1/4	1/4	1/4	1/4	3/8	3/8
3–4 (5'7"–6'1")	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8

1.2. Main fabric (lace), 22 cm wide, not accounting for pattern repeat, in meters:

EU band size/ height, cm	Cup size			
	A	B	C	D
65/1-2 (154-168)	0.65	0.65	0.7	0.7
65/3-4 (170-184)	0.65	0.7	0.7	0.7
70/1-2 (154-168)	0.65	0.7	0.7	0.7
70/3-4 (170-184)	0.7	0.75	0.75	0.75
75/1-2 (154-168)	0.7	0.7	0.75	0.75
75/3-4 (170-184)	0.7	0.75	0.75	0.8
80/1-2 (154-168)	0.7	0.75	0.75	0.75
80/3-4 (170-184)	0.75	0.8	0.8	0.8
85/1-2 (154-168)		0.75	0.75	0.8
85/3-4 (170-184)		0.8	0.8	0.8
90/1-2 (154-168)		0.8	0.8	0.8
90/3-4 (170-184)		0.8	0.8	0.8
95/1-2 (154-168)		0.85	0.85	0.85
95/3-4 (170-184)		0.85	0.85	0.85
100/1-2 (154-168)		0.85	0.85	1.05
100/3-4 (170-184)		0.85	0.85	1.1

Main fabric (lace), 9" wide, not accounting for pattern repeat, in yards:

UK/US band size/ height, ft	Cup size			
	A	B	C	D
30/1-2 (5'1"-5'6")	3/4	3/4	3/4	3/4
30/3-4 (5'7"-6'1")	3/4	3/4	3/4	3/4
32/1-2 (5'1"-5'6")	3/4	3/4	3/4	3/4
32/3-4 (5'7"-6'1")	3/4	7/8	7/8	7/8
34/1-2 (5'1"-5'6")	3/4	3/4	7/8	7/8
34/3-4 (5'7"-6'1")	3/4	7/8	7/8	7/8
36/1-2 (5'1"-5'6")	3/4	7/8	7/8	7/8
36/3-4 (5'7"-6'1")	7/8	7/8	7/8	7/8
38/1-2 (5'1"-5'6")		7/8	7/8	7/8
38/3-4 (5'7"-6'1")		7/8	7/8	7/8
40/1-2 (5'1"-5'6")		7/8	7/8	7/8
40/3-4 (5'7"-6'1")		7/8	7/8	7/8
42/1-2 (5'1"-5'6")		7/8	7/8	7/8
42/3-4 (5'7"-6'1")		7/8	7/8	7/8
44/1-2 (5'1"-5'6")		7/8	7/8	1 1/8
44/3-4 (5'7"-6'1")		7/8	7/8	1 1/4

2. Bra foam, 140 cm wide, cut in one direction, for all heights, in meters:

EU band size	Cup size			
	A	B	C	D
65	0.1	0.1	0.1	0.1
70	0.1	0.1	0.1	0.1
75	0.1	0.1	0.1	0.15
80	0.1	0.1	0.15	0.15
85		0.15	0.15	0.15
90		0.15	0.15	0.15
95		0.15	0.15	0.15
100		0.15	0.15	0.15

Bra foam, 55" wide, cut in one direction, for all heights, in yards:

UK/US band size	Cup size			
	A	B	C	D
30	1/8	1/8	1/8	1/8
32	1/8	1/8	1/8	1/8
34	1/8	1/8	1/8	1/4
36	1/8	1/8	1/4	1/4
38		1/4	1/4	1/4
40		1/4	1/4	1/4
42		1/4	1/4	1/4
44		1/4	1/4	1/4

3. Corset mesh, 150 cm wide, cut in one direction, in meters:

Height, cm	EU size							
	65 A-D	70 A-D	75 A-D	80 A-D	85 B-D	90 B-D	95 B-D	100 B-D
1-2 (154-168)	0.2	0.2	0.2	0.2	0.2	0.2	0.25	0.25
3-4 (170-184)	0.25	0.25	0.25	0.25	0.25	0.25	0.25	0.25

Corset mesh, 59" wide, cut in one direction, in yards:

Height, ft	UK/US size							
	30 A-D	32 A-D	34 A-D	36 A-D	38 B-D	40 B-D	42 B-D	44 B-D
1-2 (5'1"-5'6")	1/4	1/4	1/4	1/4	1/4	1/4	3/8	3/8
3-4 (5'7"-6'1")	3/8	3/8	3/8	3/8	3/8	3/8	3/8	3/8

4. Picot-edge band elastic, 1 cm wide, for all heights, in centimeters*:

EU band size	Cup size			
	A	B	C	D
65	85	85	85	85
70	90	90	90	95
75	100	100	100	100
80	105	105	110	110
85		115	115	120
90		125	125	125
95		130	135	135
100		140	140	140

Picot-edge band elastic, 3/8" wide, for all heights, in inches*:

UK/US band size	Cup size			
	A	B	C	D
30	33 1/2	33 1/2	33 1/2	33 1/2
32	35 3/8	35 3/8	35 3/8	37 3/8
34	39 3/8	39 3/8	39 3/8	39 3/8
36	41 3/8	41 3/8	43 1/4	43 1/4
38		45 1/4	45 1/4	47 1/4
40		49 1/4	49 1/4	49 1/4
42		51 1/8	53 1/8	53 1/8
44		55 1/8	55 1/8	55 1/8

*The exact elastic length is indicated on the pattern.

IMPORTANT! When purchasing fabric and elastic, please account for shrinkage and buy 5% more than required.

5. Channeling tape, 1 cm wide, in centimeters*:

EU band size/ height, cm	Cup size			
	A	B	C	D
65/1-2 (154-168)	125	125	125	125
65/3-4 (170-184)	140	140	140	140
70/1-2 (154-168)	125	125	125	125
70/3-4 (170-184)	140	140	140	140
75/1-2 (154-168)	125	125	125	125
75/3-4 (170-184)	140	140	140	140
80/1-2 (154-168)	125	125	125	130
80/3-4 (170-184)	140	140	140	140
85/1-2 (154-168)		125	125	130
85/3-4 (170-184)		140	140	145
90/1-2 (154-168)		130	130	130
90/3-4 (170-184)		140	140	145
95/1-2 (154-168)		130	130	130
95/3-4 (170-184)		140	145	145
100/1-2 (154-168)		130	130	130
100/3-4 (170-184)		145	145	145

Channeling tape, 3/8" wide, in inches*:

UK/US band size/ height, ft	Cup size			
	A	B	C	D
30/1-2 (5'1"-5'6")	49 1/4	49 1/4	49 1/4	49 1/4
30/3-4 (5'7"-6'1")	55 1/8	55 1/8	55 1/8	55 1/8
32/1-2 (5'1"-5'6")	49 1/4	49 1/4	49 1/4	49 1/4
32/3-4 (5'7"-6'1")	55 1/8	55 1/8	55 1/8	55 1/8
34/1-2 (5'1"-5'6")	49 1/4	49 1/4	49 1/4	49 1/4
34/3-4 (5'7"-6'1")	55 1/8	55 1/8	55 1/8	55 1/8
36/1-2 (5'1"-5'6")	49 1/4	49 1/4	49 1/4	51 1/8
36/3-4 (5'7"-6'1")	55 1/8	55 1/8	55 1/8	55 1/8
38/1-2 (5'1"-5'6")		49 1/4	49 1/4	51 1/8
38/3-4 (5'7"-6'1")		55 1/8	55 1/8	57 1/8
40/1-2 (5'1"-5'6")		51 1/8	51 1/8	51 1/8
40/3-4 (5'7"-6'1")		55 1/8	55 1/8	57 1/8
42/1-2 (5'1"-5'6")		51 1/8	51 1/8	51 1/8
42/3-4 (5'7"-6'1")		55 1/8	57 1/8	57 1/8
44/1-2 (5'1"-5'6")		51 1/8	51 1/8	51 1/8
44/3-4 (5'7"-6'1")		57 1/8	57 1/8	57 1/8

*The exact length is indicated on the pattern.

6. Synthetic whalebone or spiral steel boning, 4 mm wide, in centimeters*:

EU band size/ height, cm	Cup size			
	A	B	C	D
65/1-2 (154-168)	70	70	65	65
65/3-4 (170-184)	85	85	80	80
70/1-2 (154-168)	70	70	65	65
70/3-4 (170-184)	85	80	80	75
75/1-2 (154-168)	70	65	65	60
75/3-4 (170-184)	80	80	80	75
80/1-2 (154-168)	65	65	60	60
80/3-4 (170-184)	80	80	75	75
85/1-2 (154-168)		60	60	60
85/3-4 (170-184)		75	75	75
90/1-2 (154-168)		60	60	60
90/3-4 (170-184)		75	75	70
95/1-2 (154-168)		60	60	55
95/3-4 (170-184)		75	70	70
100/1-2 (154-168)		60	55	55
100/3-4 (170-184)		70	70	70

Synthetic whalebone or spiral steel boning, 1/8" wide, in inches*:

UK/US band size/ height, ft	Cup size			
	A	B	C	D
30/1-2 (5'1"-5'6")	27 1/2	27 1/2	25 5/8	25 5/8
30/3-4 (5'7"-6'1")	33 1/2	33 1/2	31 1/2	31 1/2
32/1-2 (5'1"-5'6")	27 1/2	27 1/2	25 5/8	25 5/8
32/3-4 (5'7"-6'1")	33 1/2	31 1/2	31 1/2	29 1/2
34/1-2 (5'1"-5'6")	27 1/2	25 5/8	25 5/8	23 5/8
34/3-4 (5'7"-6'1")	31 1/2	31 1/2	31 1/2	29 1/2
36/1-2 (5'1"-5'6")	25 5/8	25 5/8	23 5/8	23 5/8
36/3-4 (5'7"-6'1")	31 1/2	31 1/2	29 1/2	29 1/2
38/1-2 (5'1"-5'6")		23 5/8	23 5/8	23 5/8
38/3-4 (5'7"-6'1")		29 1/2	29 1/2	29 1/2
40/1-2 (5'1"-5'6")		23 5/8	23 5/8	23 5/8
40/3-4 (5'7"-6'1")		29 1/2	29 1/2	27 1/2
42/1-2 (5'1"-5'6")		23 5/8	23 5/8	21 5/8
42/3-4 (5'7"-6'1")		29 1/2	27 1/2	27 1/2
44/1-2 (5'1"-5'6")		23 5/8	21 5/8	21 5/8
44/3-4 (5'7"-6'1")		27 1/2	27 1/2	27 1/2

*The exact length is indicated on the pattern.

7. Two strap slide adjusters, 1 cm (3/8") wide.
8. Two strap rings, 1 cm (3/8") in diameter.
9. Strap elastic, 1 cm (3/8") wide — 96 cm (37 3/4").
10. One pair of bra underwires (in the size indicated on the pattern).
11. Hook-and-eye tape — 16 cm (6 1/4"). The exact length is indicated on the pattern.
12. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- tailor's corset ham or bust ham
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- one-sided foot for the sewing machine

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics and elastic (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching without piercing them.*

PATTERN PIECES LIST

1. From main fabric (stretch mesh):
 - band — cut 2
2. From main fabric (lace):
 - top cup — cut 2
 - bottom cup — cut 2
 - band front insert — cut 2
3. From bra foam:
 - bottom cup — cut 2
4. From corset mesh:
 - front band lining — cut 1

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- back closure seam allowance — 5 mm (1/4")
- all other edges — 1 cm (3/8").

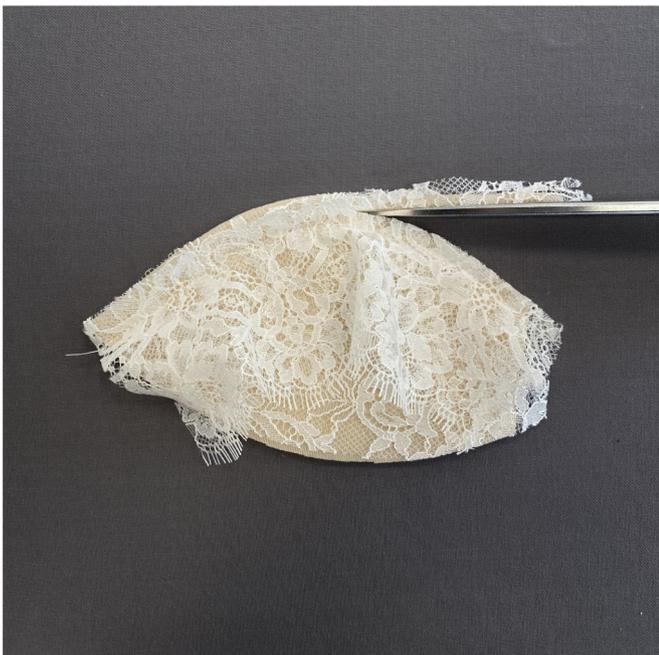
Take this into account when laying out the pattern pieces on the fabric.



Place the top and bottom cup pieces right sides together. Align and pin the horizontal seam edges, matching the notches.



Stitch on the sewing machine, backstitching at the beginning and end of the seam.



Trim the seam allowances so that they are as wide as the overlock stitch.