

FROM THE FOUNDER OF THE #VIKISEWS BRAND

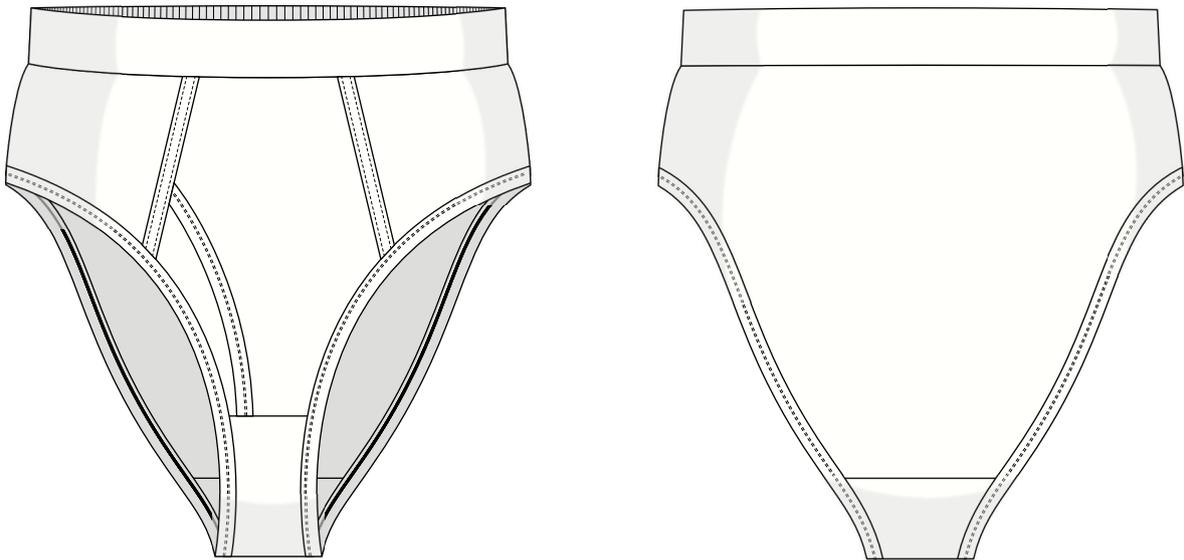


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



SAORI PATTERN DESCRIPTION

Saori is a pair of briefs with a fly and two front seams. The upper edge of the waistband sits at the natural waistline. The waistband is made of elastic. The edges are finished with binding made of the main fabric.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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SUGGESTED FABRIC

To sew this pair of briefs, choose soft, stretchy, medium-weight or lightweight knit fabrics. The fiber content can include natural fibers or blends.

The following fabrics are recommended: lingerie rib knits, jersey knits. The stretch factor must not be less than 2.0.

Attention! We recommend using only stretchy fabrics for this pair of briefs.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section and stretch the fabric. Divide the measurement you get by 10.

As an additional material for the gusset, choose medium-weight and medium-stretch knits. We recommend using fabrics made of 100% natural fibers, such as jersey.

The briefs in the photo are made of thin lingerie rib knit fabric. The fabric is soft, medium weight, with good stretch. The fiber content is 95% cotton and 5% spandex. The fabric weight is 210 g/m².

The waistband is made of elastic.

The additional material is 100% cotton. The fabric weight is 120 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 110–120 cm wide, with a directional print/nap, in meters:

Height, cm	Size			
	34–36	38–40	42	44–52
1 (154–160)	0.4	0.4	0.45	0.5
2 (162–168)	0.4	0.4	0.45	0.5
3 (170–176)	0.4	0.45	0.45	0.5
4 (178–184)	0.4	0.45	0.45	0.5

Main fabric, 43–47" wide, with a directional print/nap, in yards:

Height, ft	Size		
	34–36	38–40	42–52
1 (5'1"–5'3")	3/8	3/8	1/2
2 (5'4"–5'6")	3/8	3/8	1/2
3 (5'7"–5'9")	3/8	1/2	1/2
4 (5'10"–6'1")	3/8	1/2	1/2

4. Elastic, 4 cm (1 5/8") wide, including seam allowances, for all heights:

Size	34	36	38	40	42	44	46	48	50	52
cm	57.8	61.5	65.2	69	72.7	76.4	80.1	83.8	87.6	91.3
inches	22 3/4	24 1/4	25 5/8	27 1/8	28 5/8	30 1/8	31 1/2	33	34 1/2	36

5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker / 3 spools for the coverstitch machine)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.*

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- back — cut 1 on fold
- gusset — cut 1
- front seam binding — cut 2
- fly binding — cut 2
- leg opening binding — cut 2
- waistband — cut 1

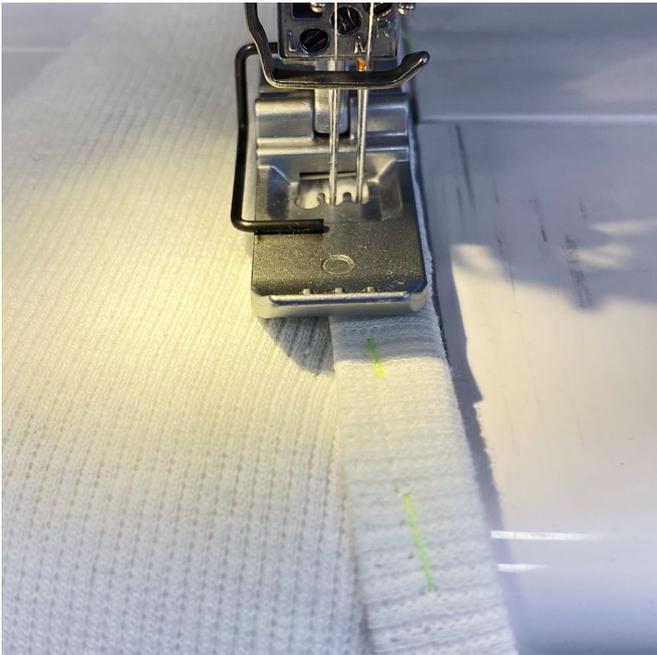
***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

2. From additional fabric:

- gusset — cut 1



Fold the fly binding over its seam allowance on the front piece. Hand-baste the binding in place.



Working from the right side of the front piece, stitch the fly binding on the coverstitch machine at 1 cm (3/8") from the fold.

Press the seam.

Important! If you don't have a coverstitch machine, you can use a stretch twin needle on a regular sewing machine.



At the end of the seam, tie the thread tails into a knot on the wrong side and hide them between the fabric layers using a latch hook or a large-eye needle.

Remove the basting stitches.