

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



JELA PATTERN DESCRIPTION

Jela is a close-fitting midi dress. It has a round neckline at the front and a deep cutout with neckties at the back. The neckline and cutout are finished with binding made from the main fabric. The dress has long, close-fitting, set-in sleeves slightly flared at the bottom.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	(-5.2) – (-4.2)	0.9 – 1	(-2.4) – (-0.2)	(-1) – 0.8
inches	(-2) – (-1 5/8)	3/8	(-1) – (-1/8)	(-3/8) – 3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length from waist down, cm	Sleeve length, cm
1 (154–160)	100.4–96.7	61.5–63.8
2 (162–168)	103.4–99.7	63.4–65.7
3 (170–176)	106.1–102.8	65.3–67.6
4 (178–184)	109.1–105.8	67.2–69.5

Height, ft	Back length from waist down, in	Sleeve length, in
1 (5'1"–5'3")	39 1/2–38 1/8	24 1/4–25 1/8
2 (5'4"–5'6")	40 3/4–39 1/4	25–25 7/8
3 (5'7"–5'9")	41 3/4–40 1/2	25 3/4–26 5/8
4 (5'10"–6'1")	43–41 5/8	26 1/2–27 3/8

SUGGESTED FABRIC

To sew this dress, choose soft, medium-weight, medium-stretch or high-stretch knit fabrics made of natural fibers, artificial fibers, blends, or synthetics.

Recommended fabrics: sweater knits, rib knits, knits. The stretch factor should be at least 1.5.

Attention! We recommend using only stretchy fabrics for this dress.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The dress in the photos is made of an openwork knit fabric. The fabric is medium weight, soft, very stretchy. The fiber content is 50% cotton, 40% viscose, 10% polyester. The fabric weight is 185 g/m². The stretch factor is 1.7.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size								
	34	36-38	40	42	44	46	48	50	52
1 (154-160)	2.1	2.1	2.15	2.25	2.25	2.25	2.4	2.9	2.9
2 (162-168)	2.15	2.2	2.2	2.3	2.3	2.35	2.5	2.95	3
3 (170-176)	2.25	2.25	2.25	2.35	2.4	2.4	2.55	3.05	3.05
4 (178-184)	2.3	2.3	2.3	2.45	2.45	2.45	2.6	3.15	3.15

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34-38	40	42-44	46	48	50-52
1 (5'1"-5'3")	2 1/4	2 3/8	2 1/2	2 1/2	2 5/8	3 1/8
2 (5'4"-5'6")	2 3/8	2 3/8	2 1/2	2 5/8	2 3/4	3 1/4
3 (5'7"-5'9")	2 1/2	2 1/2	2 5/8	2 5/8	2 3/4	3 3/8
4 (5'10"-6'1")	2 1/2	2 1/2	2 5/8	2 5/8	2 7/8	3 1/2

2. Clear elastic, 6 mm wide, in meters:

Height, cm	Size								
	34	36	38	40	42	44	46	48	50-52
1 (154-160)	1.7	1.7	1.7	1.75	1.75	1.75	1.8	1.8	1.85
2 (162-168)	1.7	1.75	1.75	1.8	1.8	1.8	1.85	1.85	1.9
3 (170-176)	1.75	1.8	1.8	1.8	1.85	1.85	1.85	1.9	1.9
4 (178-184)	1.8	1.8	1.85	1.85	1.85	1.9	1.9	1.9	1.95

Clear elastic, 1/4" wide, in yards:

Height, ft	Size						
	34	36-38	40-42	44	46	48	50-52
1 (5'1"-5'3")	1 7/8	1 7/8	1 7/8	1 7/8	2	2	2
2 (5'4"-5'6")	1 7/8	1 7/8	2	2	2	2	2 1/8
3 (5'7"-5'9")	1 7/8	2	2	2	2	2 1/8	2 1/8
4 (5'10"-6'1")	2	2	2	2 1/8	2 1/8	2 1/8	2 1/8

3. Matching thread – 5 spools (1 spool for the sewing machine + 4 spools for the overlocker / 3 spools for the coverstitch machine).

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem and sleeve hems. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch.

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.*

PATTERN PIECES LIST

From main fabric:

- front – cut 1 on fold
- back – cut 1 on fold
- sleeve – cut 2
- back binding – cut 1
- neck binding – cut 1
- tie – cut 2.

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

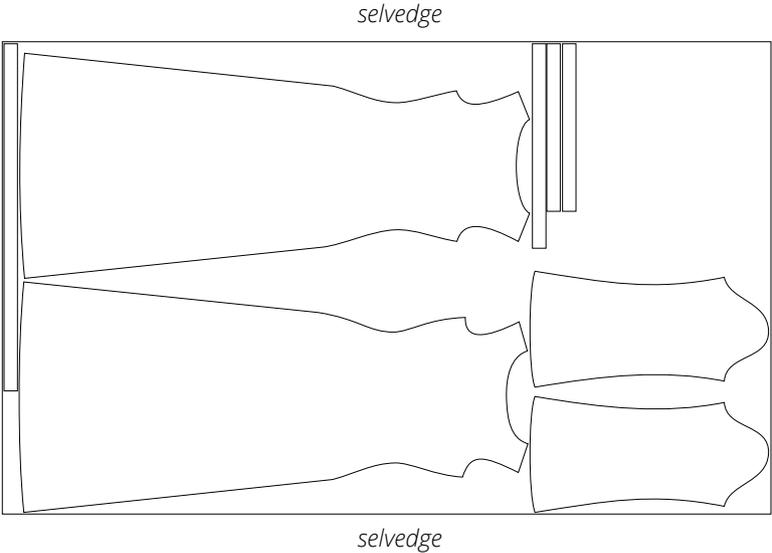
All pattern pieces include seam allowances as follows:

- garment front hem allowance – 2 cm (3/4")
- garment back hem allowance – 2 cm (3/4")
- sleeve hem allowance – 2 cm (3/4")
- all other edges – 1 cm (3/8").

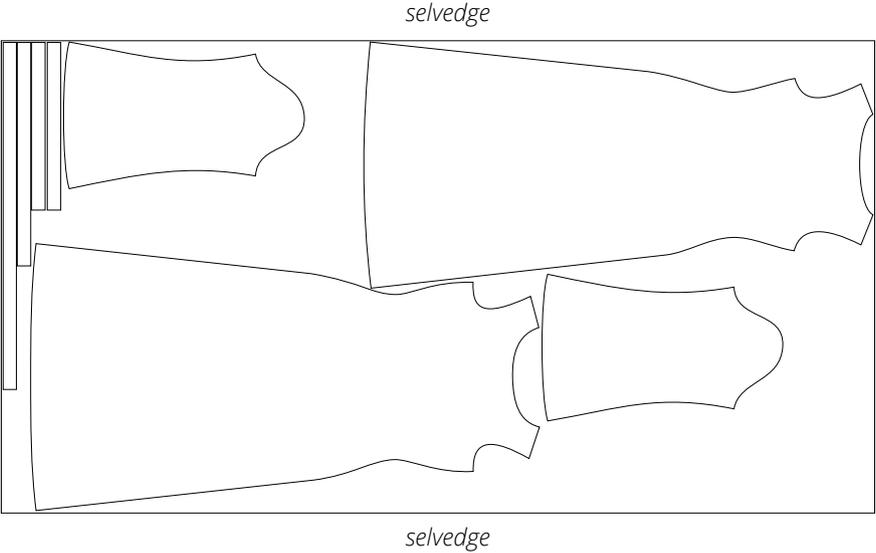
Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes 34-40 in all heights



Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes 42-48 in all heights





Stitch the side seams on the overlocker, keeping the front piece facing up.



Remove the basting stitches.
Press the seam flat.
Press the seam allowances toward the back.



Baste clear elastic to the wrong side of the front and back neckline seam allowances.