

FROM THE FOUNDER OF THE #VIKISEWS BRAND

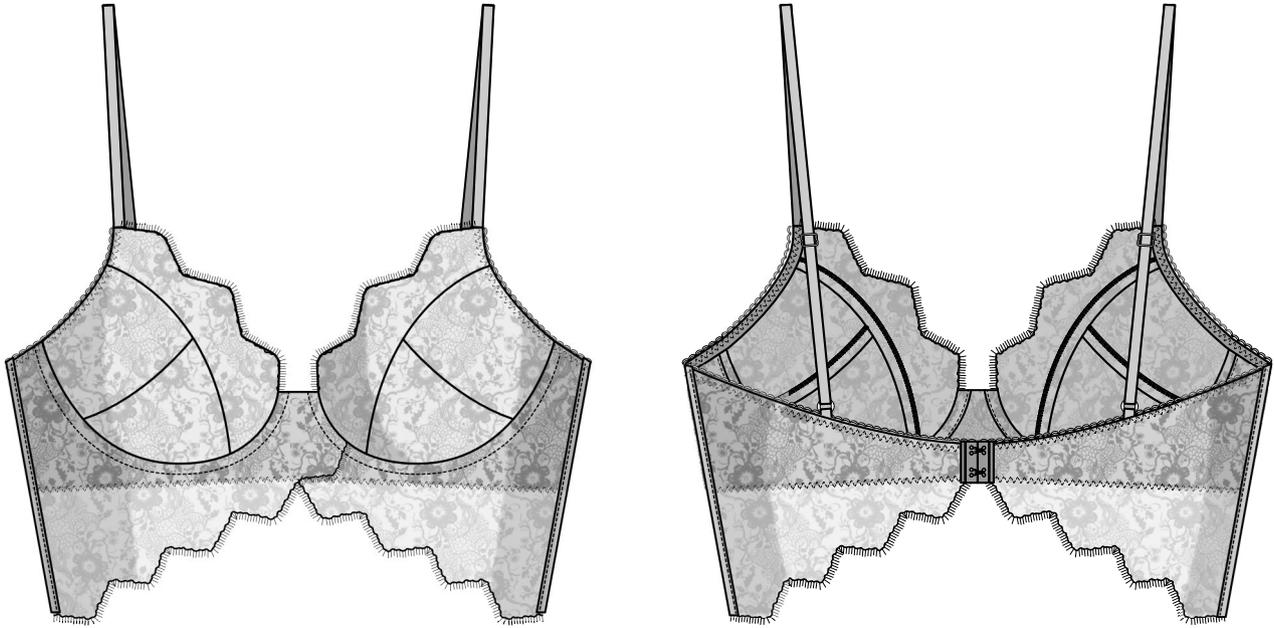


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ANIKA PATTERN DESCRIPTION

Anika is an underwire bra with short plunge (type 18) underwires and adjustable straps made of bra strap elastic. The cups feature t-shaped seams and are trimmed with scalloped lace along the top edge. The band has side seams and is reinforced with boning at the sides. The front band lace pieces overlap at the center front. The band is lined with corset mesh at the front and fastens with a hook-and-eye closure at the back. All edges are finished with picot-edge band elastic.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

SUGGESTED FABRIC

To sew this bra, choose lace fabrics with the following properties:

- soft, stretchy (1.2–1.5 stretch factor), medium weight

The following fabrics are recommended: lace, allover lace fabrics, embroidered mesh, guipure lace. The fabric should have a scalloped edge.

For the band lining, we recommend corset mesh.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The bra in the photo is made of stretch mesh. The fabric is soft and stretchy. The fiber content is 93% polyamide and 7% elastane. The fabric weight is 80 g/m².

The front band lining is made of corset mesh. The fabric is non-stretch. The fiber content is 100% polyamide. The fabric weight is 45 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 25 cm wide, without accounting for pattern repeat, in meters:

EU band size	Cup size			
	A	B	C	D
65	0.65	0.7	0.75	0.75
70	0.75	0.8	0.8	0.8
75	0.8	0.85	0.85	0.85
80	0.85	0.9	0.9	0.9
85		0.95	0.95	1.05
90		1	1.1	1.1
95		1.1	1.15	1.2
100		1.15	1.2	1.3

Main fabric, 10" wide, without accounting for pattern repeat, in yards:

UK/US band size	Cup size			
	A	B	C	D
30	3/4	3/4	7/8	7/8
32	7/8	7/8	7/8	7/8
34	7/8	7/8	7/8	7/8
36	7/8	1	1	1
38		1	1	1 1/8
40		1 1/8	1 1/4	1 1/4
42		1 1/4	1 1/4	1 1/4
44		1 1/4	1 1/4	1 3/8

2. Corset mesh, 150 cm wide, cut in one direction, in meters:

EU band size	Cup size			
	A	B	C	D
65	0.1	0.1	0.1	0.15
70	0.1	0.1	0.15	0.15
75	0.1	0.1	0.15	0.15
80	0.1	0.15	0.15	0.15
85		0.15	0.15	0.15
90		0.15	0.15	0.15
95		0.15	0.15	0.15
100		0.15	0.15	0.15

Corset mesh, 59" wide, cut in one direction, in yards:

UK/US band size	Cup size			
	A	B	C	D
30	1/8	1/8	1/8	1/4
32	1/8	1/8	1/4	1/4
34	1/8	1/8	1/4	1/4
36	1/8	1/4	1/4	1/4
38		1/4	1/4	1/4
40		1/4	1/4	1/4
42		1/4	1/4	1/4
44		1/4	1/4	1/4

3. Picot-edge band elastic, 1 cm wide, in centimeters*:

EU band size	Cup size			
	A	B	C	D
65	98	98	98	98
70	105	105	106	105
75	113	113	113	112
80	121	121	120	120
85		128	128	129
90		136	136	137
95		144	145	145
100		153	153	153

Picot-edge band elastic, 3/8" wide, in inches*:

UK/US band size	Cup size			
	A	B	C	D
30	38 5/8	38 5/8	38 5/8	38 5/8
32	41 3/8	41 3/8	41 3/4	41 3/8
34	44 1/2	44 1/2	44 1/2	44 1/8
36	47 5/8	47 5/8	47 1/4	47 1/4
38		50 3/8	50 3/8	50 3/4
40		53 1/2	53 1/2	53 7/8
42		56 3/4	57 1/8	57 1/8
44		60 1/4	60 1/4	60 1/4

*The exact elastic length is indicated on the pattern.

4. Channeling tape, 1 cm wide, in centimeters*:

Channeling tape, 3/8" wide, in inches*:

EU band size	Cup size			
	A	B	C	D
65	69	72	75	77
70	72	75	78	81
75	75	78	81	85
80	78	81	85	87
85		85	87	90
90		88	90	93
95		91	93	96
100		93	97	100

UK/US band size	Cup size			
	A	B	C	D
30	27 1/8	28 3/8	29 1/2	30 3/8
32	28 3/8	29 1/2	30 3/4	31 7/8
34	29 1/2	30 3/4	31 7/8	33 1/2
36	30 3/4	31 7/8	33 1/2	34 1/4
38		33 1/2	34 1/4	35 3/8
40		34 5/8	35 3/8	36 5/8
42		35 7/8	36 5/8	37 3/4
44		36 5/8	38 1/4	39 3/8

*The exact length is indicated on the pattern.

IMPORTANT! When purchasing fabric and elastic, please account for shrinkage and buy 5% more than required.

5. Synthetic whalebone, 4 mm wide, in centimeters*:

Synthetic whalebone, 1/8" wide, in inches*:

EU band size	Cup size			
	A	B	C	D
65	25	25	25	25
70	25	26	26	26
75	26	27	27	27
80	27	27	27	28
85		28	28	29
90		28	29	30
95		29	30	30
100		30	31	31

UK/US band size	Cup size			
	A	B	C	D
30	9 7/8	9 7/8	9 7/8	9 7/8
32	9 7/8	10 1/4	10 1/4	10 1/4
34	10 1/4	10 5/8	10 5/8	10 5/8
36	10 5/8	10 5/8	10 5/8	11
38		11	11	11 3/8
40		11	11 3/8	11 3/4
42		11 3/8	11 3/4	11 3/4
44		11 3/4	12 1/4	12 1/4

*The exact length is indicated on the pattern.

6. Two strap slide adjusters, 1 cm (3/8") wide

7. Two strap rings, 1 cm (3/8") in diameter

8. Strap elastic, 1 cm (3/8") wide — 1.1 m (1 1/4 yd)

9. One pair of bra underwires (in the size indicated on the pattern)

10. One bra hook-and-eye closure, 2.8 cm (1 1/8") wide

11. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- one-sided foot for the sewing machine
- latch hook or large-eye needle
- tailor's corset ham or bust ham

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics and elastic (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.*

PATTERN PIECES LIST

1. From main fabric

- front band — cut 2
- back band — cut 2
- top cup — cut 2
- center cup — cut 2
- side cup — cut 2

2. From corset mesh:

- front band lining — cut 1

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- back closure seam allowance — 5 mm (1/4")
- all other edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Unpick the end of the overlocker seam. Using a latch hook or a large-eye needle, pull the thread tails through the overlocker seam. Cut the thread ends.



Press the seam flat. Press the seam allowance towards the back band piece.



Overlap the front band pieces at the center front according to the pattern markings and secure them with hand stitches around the perimeter of the overlap area.