

FROM THE FOUNDER OF THE #VIKISEWS BRAND

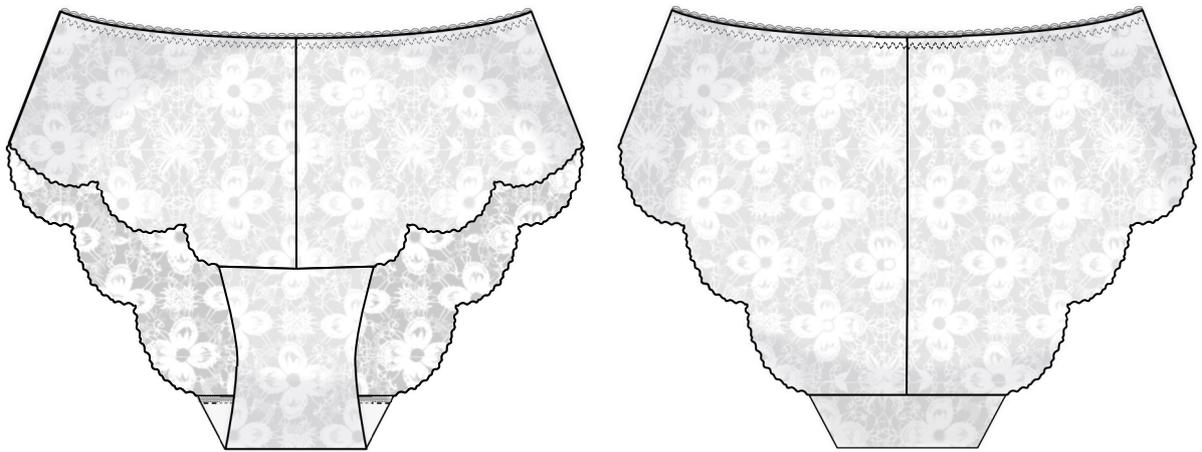


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ELSIE PATTERN DESCRIPTION

Elsie is a pair of mid-rise briefs with front and back center seams. The top edge of the briefs is finished with picot lingerie elastic.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

SUGGESTED FABRIC

To sew these briefs, choose knit fabrics with the following properties:

- soft, stretchy (stretch factor 1.5), medium weight
- the following fabrics are recommended: lace, allover lace fabrics, embroidered mesh, guipure lace.

The fabric should have a scalloped edge.

Attention! We recommend using only stretchy fabrics for these briefs.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The briefs in the photo are made of stretch lace. The fabric is soft and stretchy. The fiber content is 93% polyamide and 7% elastane. The fabric weight is 80 g/m².

The additional material is 100% cotton. The fabric weight is 120 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 30 cm wide, without accounting for pattern repeat, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160) – 2 (162–168)	0.75	0.8	0.85	0.9	0.95	1	1.05	1.15	1.2	1.3
3 (170–176) – 4 (178–184)	0.8	0.85	0.9	0.95	1	1.05	1.15	1.2	1.25	1.3

Main fabric, 12" wide, without accounting for pattern repeat, in yards:

Height, ft	Size									
	34–36	38	40	42	44	46	48	50	52	
1 (5'1"–5'3") – 2 (5'4"–5'6")	7/8	7/8	1	1	1 1/8	1 1/8	1 1/4	1 1/4	1 3/8	
3 (5'7"–5'9") – 4 (5'10"–6'1")	7/8	1	1	1 1/8	1 1/8	1 1/4	1 1/4	1 3/8	1 3/8	

2. Additional fabric, 110–140 cm (43–55") wide, for all heights:

Size	34	36–52
meters	0.15	0.2
yards	1/8	1/4

IMPORTANT! When purchasing fabric and elastic, please account for shrinkage and buy 5% more than required.

3. Picot lingerie elastic for finishing the top edge, 7 mm wide, in centimeters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160) – 2 (162–168)	61	64	67.5	70.5	74	77	80.5	83.5	87	90
3 (170–176)– 4 (178–184)	60.4	63.6	67	70	73.5	76.5	80	83	86	89.5

Picot lingerie elastic for finishing the top edge, 1/4" wide, in inches:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3") – 2 (5'4"–5'6")	24	25 1/4	26 5/8	27 3/4	29 1/8	30 3/8	31 3/4	32 7/8	34 1/4	35 3/8
3 (5'7"–5'9") – 4 (5'10"–6'1")	23 3/4	25	26 3/8	27 1/2	28 7/8	30 1/8	31 1/2	32 5/8	33 7/8	35 1/4

4. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- latch hook or a large-eye needle

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- back — cut 2
- gusset — cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

2. From additional fabric:

- gusset — cut 1

SEAM ALLOWANCES

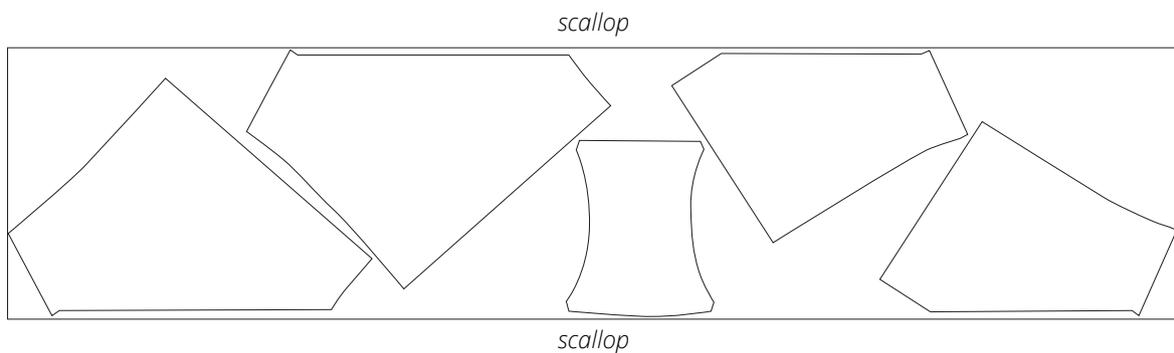
All pattern pieces include seam allowances as follows:

- all edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 30 cm (12") wide, cut on a single layer,
for all sizes in all heights



Additional fabric, 110–140 cm (43–55") wide,
cut on a single layer, for all sizes in all heights



READY? LET'S GET SEWING!



Place the gusset piece made of the main fabric right sides together with the front piece, align the bottom edges.

Place the gusset piece made of the jersey fabric right side down to the wrong side of the front piece, align the bottom edges.

Match the notches and pin. Stitch on the overlocker, trimming the seam allowances down to 5 mm (just under 1/4").



Press the seam flat.



Fold the gusset pieces downwards and press along the seam.