

FROM THE FOUNDER OF THE #VIKISEWS BRAND

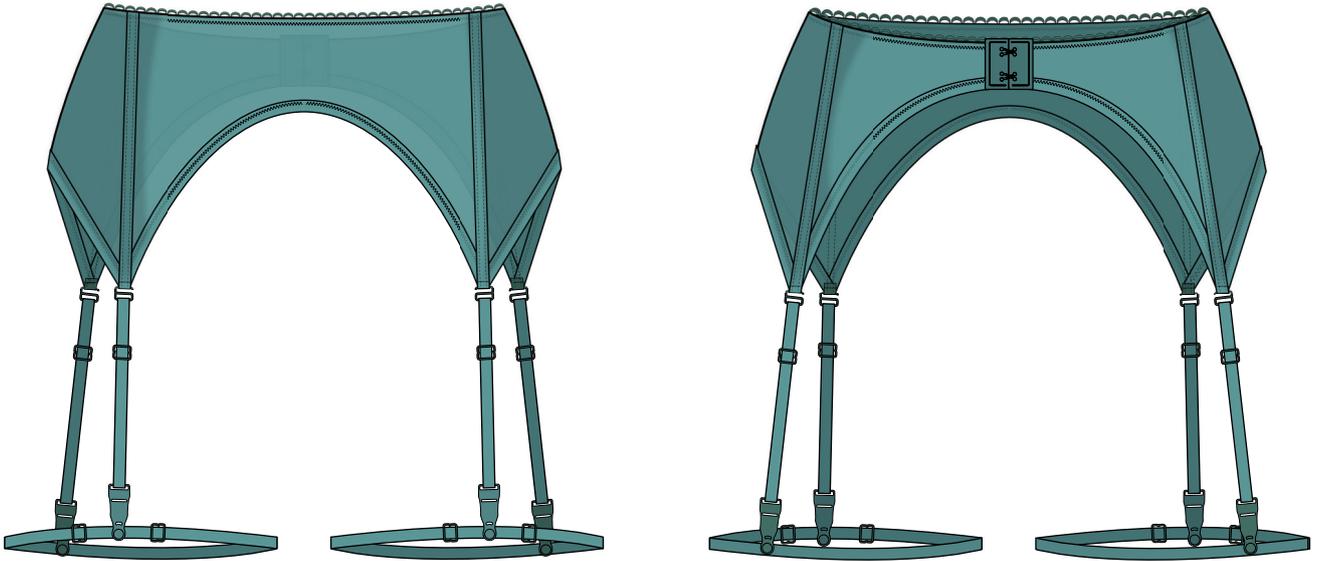


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



SHIN PATTERN DESCRIPTION

Shin is a garter belt made of stretch mesh, featuring suspender straps and garters, and sitting at the natural waist line. The top edge of the garter belt is finished with picot-edge lingerie elastic. The curved bottom edges are finished with fold-over elastic binding. The garter belt fastens with a hook-and-eye closure.



IMPORTANT!

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SUGGESTED FABRIC

To sew this garter belt, choose knit fabrics with the following properties:

- soft, stretchy (1.2–1.5 stretch factor), medium-weight
- the following fabrics are recommended: lingerie jersey fabrics, stretch lace, stretch mesh.

Attention! We recommend using only stretchy fabrics for this garter belt.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The garment in the photo is made of stretch mesh. The fabric is soft and stretchy. The fiber content is 93% polyamide and 7% elastane. The fabric weight is 80 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm (55") wide, with a directional print/nap, for all sizes in all heights — 0.2 m (1/4 yd)

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

2. Picot-edge lingerie elastic for finishing the top edge, 7 mm (just over 1/4") wide, for all heights:

Size	XS	S	M	L	XL
cm	49.5	55.9	62.3	68.7	75
inches	19 1/2	22	24 1/2	27	29 1/2

3. Fold-over elastic (binding) for finishing the bottom edges, 1.5 cm (5/8") wide, for all heights:

Size	XS	S	M	L	XL
cm	73.5	77.7	82.6	87.1	91.7
inches	28 7/8	30 5/8	32 1/2	34 1/4	36 1/8

4. Bra strap elastic for suspender straps, 1 cm (3/8") wide, for all heights:

Size	XS	S	M	L	XL
meters	1.62	1.64	1.66	1.68	1.7
yards	1 3/4	1 3/4	1 7/8	1 7/8	1 7/8

5. Bra strap elastic for garters, 1 cm (3/8") wide, for all heights:

Size	XS	S	M	L	XL
cm	121.6	129.2	136.8	144.4	149.4
inches	47 7/8	50 7/8	53 7/8	56 7/8	58 7/8

6. Eight strap slide adjusters, 1 cm (3/8") wide

7. Two strap rings, 1 cm (3/8") in diameter

8. Four bra hooks, 1 cm (3/8") wide

9. Four garter clips, 1 cm (3/8") wide

10. One bra hook-and-eye closure, 3 cm (1 1/8") wide

11. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker / coverstitch machine)

TOOLS AND EQUIPMENT

- sewing machine for construction
- one-sided foot for the sewing machine
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine. If you don't have a coverstitch machine, it may be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

PATTERN PIECES LIST

From main fabric:

- front — cut 1 on fold
- back — cut 2
- side — cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

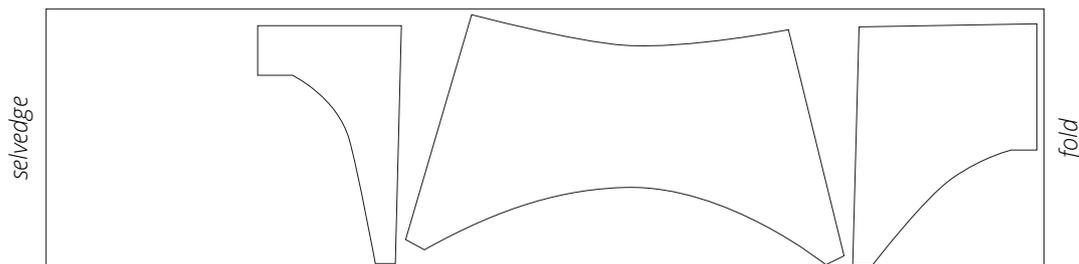
All pattern pieces include seam allowances as follows:

- top edge and all princess seam edges — 1 cm (3/8").

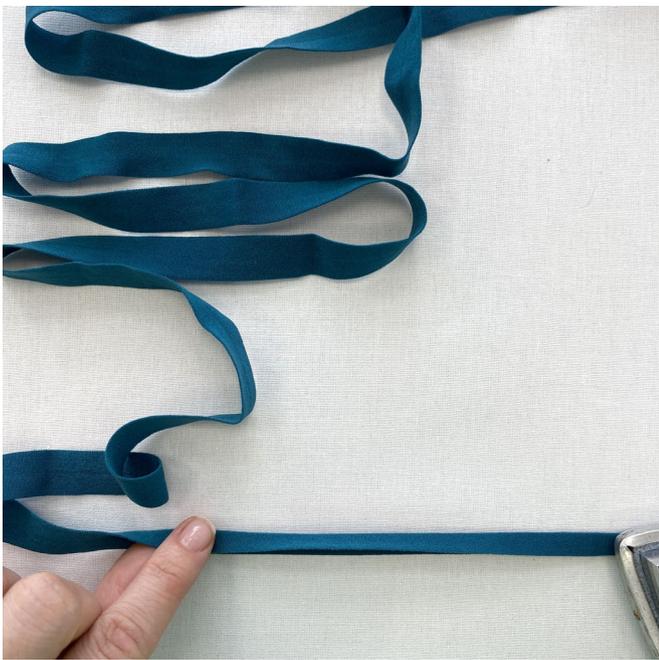
Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for all sizes in all heights



READY? LET'S GET SEWING!



Preshrink the fold-over elastic binding by pressing and steaming it.

Fold the elastic binding in half lengthwise and press along the foldline.



Finish the bottom edge of the garment with elastic binding.

To do so, place the binding along each section of the garment's bottom edge, aligning the raw edge with the center fold of the binding. Hand-baste in place.

Attention! The binding length required for each section is specified on the pattern.



Machine-stitch the binding using a narrow zigzag stitch. Backstitch at the beginning and end of the seam.