

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



BAELA PATTERN DESCRIPTION

Baela is a close-fitting dress with a waist seam. The wrap-style front bodice is gathered at the waist and features pleats at the shoulder seams. The back bodice is shaped with waist and shoulder darts. The wrap front skirt is asymmetrical and gathered at the side seam. The back skirt features waist darts. The neckline is V-shaped and low. The long set-in sleeves are puffy at the top and tapered towards the bottom. The sleeve cap is gathered and shaped with a tulle sleeve head, while the shoulders are supported with shoulder pads. The dress closes with an invisible zipper in the center back seam. The dress hem is asymmetrical. Baela is above-ankle length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	7.3–14.8	1.7–3	2.5–4	11.8–12.2
inches	2 7/8–5 7/8	5/8–1 1/8	1–1 5/8	4 5/8–4 3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length from waist down, cm	Sleeve length, cm
1 (154–160)	84.5	63–64
2 (162–168)	87.5	65–66
3 (170–176)	90.5	67–68
4 (178–184)	93.5	69–70

Height, ft	Garment length from waist down, in	Sleeve length, in
1 (5'1"–5'3")	33 1/4	24 3/4–25 1/4
2 (5'4"–5'6")	34 1/2	25 5/8–26
3 (5'7"–5'9")	35 5/8	26 3/8–26 3/4
4 (5'10"–6'1")	36 3/4	27 1/8–27 1/2

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties: medium weight, non-stretch or low-stretch. The fiber content can include natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: satin, dress-weight viscose, sateen, natural or artificial silk.

Attention! We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of dress-weight fabric. The fabric is medium weight and non-stretch. The fiber content is 100% polyester. The fabric weight is 200 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34	36	38-40	42-44	46	48	50-52
1 (154-160)	1.9	1.9	2	2.35	2.4	2.5	2.5
2 (162-168)	1.95	2	2.05	2.45	2.5	2.6	2.6
3 (170-176)	2	2.05	2.1	2.5	2.55	2.65	2.7
4 (178-184)	2.05	2.1	2.15	2.6	2.6	2.7	2.7

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size						
	34	36	38-40	42-44	46	48	50-52
1 (5'1"-5'3")	2 1/8	2 1/8	2 1/8	2 5/8	2 5/8	2 3/4	2 3/4
2 (5'4"-5'6")	2 1/8	2 1/8	2 1/4	2 5/8	2 3/4	2 7/8	2 7/8
3 (5'7"-5'9")	2 1/8	2 1/4	2 1/4	2 3/4	2 3/4	2 7/8	3
4 (5'10"-6'1")	2 1/4	2 1/4	2 3/8	2 7/8	2 7/8	3	3

2. Additional fabric (tulle), 150 cm (59") wide, for all sizes in all heights — 0.15 m (1/8 yd)

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Lightweight interfacing, knit or woven, 140 cm (55") wide, for all sizes in all heights — 0.5 m (1/2 yd)

4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 2.7 m (3 yd)

5. One invisible zipper, 55 cm (21 5/8") long, for all sizes in all heights

6. One pair of shoulder pads

7. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- invisible zipper foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- front bodice — cut 2
- back bodice — cut 2
- sleeve — cut 2
- right front skirt — cut 1
- left front skirt — cut 1
- back skirt — cut 2
- front neck facing — cut 2
- back neck facing — cut 2

2. From additional fabric (tulle):

- sleeve head — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

3. From interfacing:

- front neck facing — cut 2
- back neck facing — cut 2

***IMPORTANT!** The pattern pieces that have the "face" inscription on them should be placed with the blank side onto the right side of fabric when cutting.*

SEAM ALLOWANCES

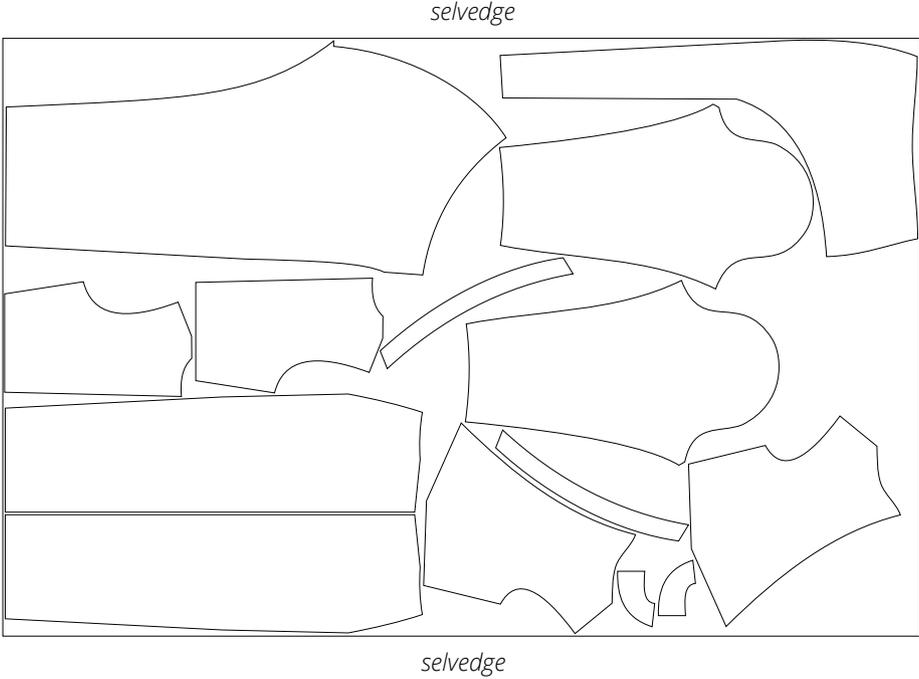
All pattern pieces include seam allowances as follows:

- sleeve hem allowance — 2 cm (3/4")
- center back seam allowance on the bodice and skirt — 1.5 cm (5/8")

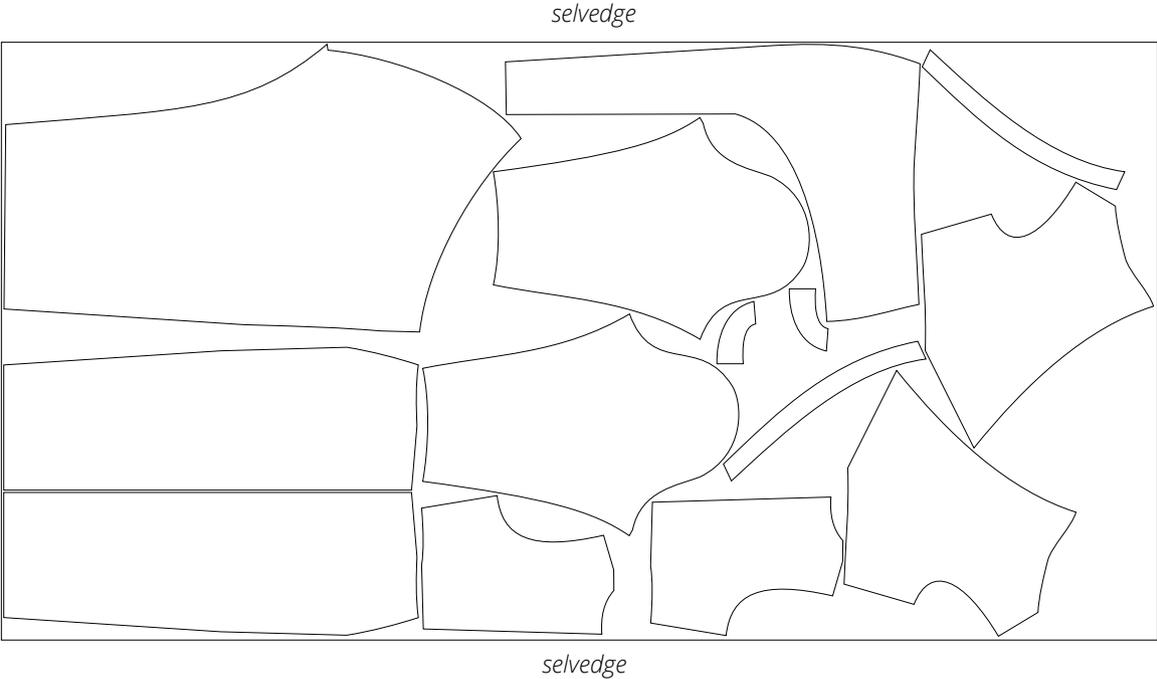
Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes 34-40 in all heights



Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes 42-52 in all heights





On the back bodice pieces, press the waist and shoulder darts towards the center edge.



Match the notches to form the shoulder pleat on the front bodice piece, directing the pleat towards the center front.



On the front bodice piece, sew two rows of gathering stitches along the bottom edge, in between the notches: at 5 mm (just under 1/4") and 9 mm (just under 3/8") from the edge. Use a 4 mm stitch length. Leave long thread tails at both ends of each seam.

Pull on the two lower (bobbin) threads simultaneously to gather the edge to the length indicated on the pattern piece.