

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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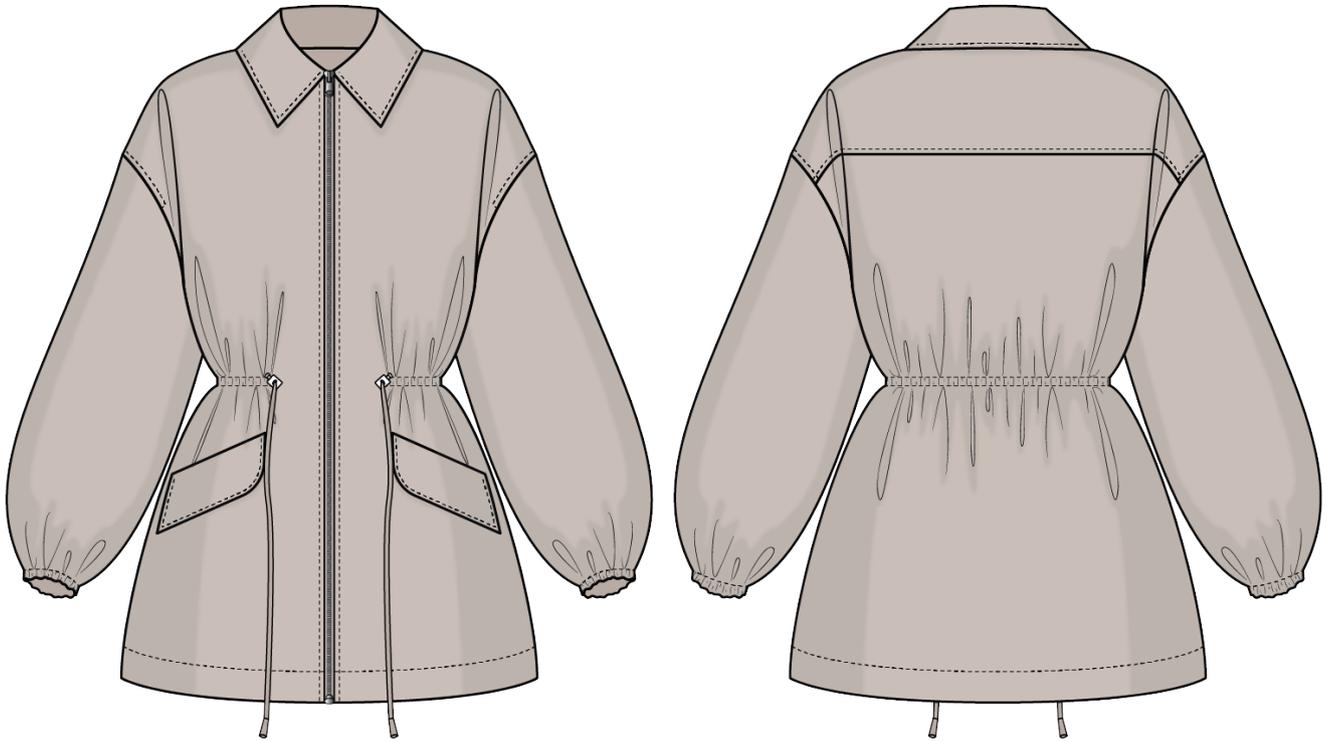


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## LAENA PATTERN DESCRIPTION

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Laena is a loose-fitting, straight-cut, fully lined jacket with flap pockets on the front and a yoke on the back. The casing sewn on along the waistline has a drawstring cord with stoppers threaded through it. The garment features an extended shoulder line, voluminous shirt sleeves with an elasticated hem, and a turn-down collar with a separate collar stand. The jacket closes with a separating zipper at the center front. All seams are topstitched. Laena is above-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	50	70	43	22
inches	19 5/8	27 1/2	16 7/8	8 5/8

# GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	78	74.5–76
2 (162–168)	80	76.5–78
3 (170–176)	83	78.5–80
4 (178–184)	86	80.5–82

Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	30 3/4	29 3/8–29 7/8
2 (5'4"–5'6")	31 1/2	30 1/8–30 3/4
3 (5'7"–5'9")	32 5/8	30 7/8–31 1/2
4 (5'10"–6'1")	33 7/8	31 3/4–32 1/4

# SUGGESTED FABRIC

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To sew this jacket, choose outerwear fabrics with the following properties: medium weight, soft, non-stretch. The fiber content can include natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: outerwear fabrics, gabardine, denim.

**Attention!** We do not recommend stretchy jersey fabrics, loop-textured fabrics, and thick, bulky fabrics (coating).

For the lining, we recommend lining fabrics made of artificial fibers, synthetic fibers, or blends.

The jacket in the photo is made of outerwear fabric. The fabric is medium weight, structured, and non-stretch. The fiber content is a blend of 75% cotton and 25% polyester. The fabric weight is 200 g/m<sup>2</sup>.

The fiber content of the lining is 100% viscose. The fabric weight is 100 g/m<sup>2</sup>.

# FABRIC AND NOTIONS REQUIREMENTS

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1. Main fabric, 150 cm wide, with a directional print/nap, in meters:

Height, cm	Size			
	XS-S	M	L	XL
1 (154-160)	1.85	2.25	2.3	2.3
2 (162-168)	1.9	2.35	2.35	2.4
3 (170-176)	1.95	2.45	2.5	2.5
4 (178-184)	2	2.5	2.55	2.55

Main fabric, 59" wide, with a directional print/nap, in yards:

Height, ft	Size			
	XS-S	M	L	XL
1 (5'1"-5'3")	2	2 1/2	2 1/2	2 1/2
2 (5'4"-5'6")	2 1/8	2 5/8	2 5/8	2 5/8
3 (5'7"-5'9")	2 1/8	2 5/8	2 3/4	2 3/4
4 (5'10"-6'1")	2 1/8	2 3/4	2 3/4	2 3/4

2. Lining fabric, 150 cm wide, with a directional print, in meters:

Height, cm	Size		
	XS-M	L	XL
1 (154-160)	1.4	1.55	1.9
2 (162-168)	1.45	1.55	1.9
3 (170-176)	1.45	1.6	2
4 (178-184)	1.5	1.65	2.1

Lining fabric, 59" wide, with a directional print, in yards:

Height, ft	Size		
	XS-M	L	XL
1 (5'1"-5'3")	1 1/2	1 3/4	2 1/8
2 (5'4"-5'6")	1 5/8	1 3/4	2 1/8
3 (5'7"-5'9")	1 5/8	1 3/4	2 1/8
4 (5'10"-6'1")	1 5/8	1 3/4	2 1/4

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 1 m (1 1/8 yd).
4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 3 m (3 1/4 yd).
5. One separating zipper, 71.5–82 cm (28 1/8–32 1/4") long, depending on the size and height.
6. Elastic, 2 cm (3/4") wide — 55 cm (21 5/8") for both sleeves, depending on the size. The exact elastic length is specified on the pattern.
7. Two grommets, 5 mm (1/4") in diameter.
8. Drawstring cord for the waistline casing, 2 m (2 1/8 yd) long, for all sizes in all heights.
9. Two cord stoppers.
10. Two cord end caps.
11. Matching thread — 2 spools.
12. Matching topstitching thread — 2 spools.

## TOOLS AND EQUIPMENT

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- sewing machine for construction
- stitch-in-the-ditch foot for the sewing machine (optional)
- one-sided foot for the sewing machine to attach the zipper
- elastic threader (may be replaced with a safety pin)
- grommet press tool with a set of molds, hole puncher

# PATTERN PIECES LIST

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## 1. From main fabric:

- front — cut 2
- back — cut 1 on fold
- back yoke — cut 1 on fold
- sleeve — cut 2
- undercollar — cut 1 on fold
- upper collar — cut 1 on fold
- collar stand — cut 2
- bottom flap — cut 2
- top flap — cut 2
- pocket facing — cut 2
- welt — cut 2
- casing — cut 1 on fold
- front facing — cut 2
- back neck facing — cut 1 on fold
- back hem facing — cut 1 on fold
- front hem facing — cut 2.

## Additionally,

- cut two 2.5 × 2.5 cm (3/4 × 3/4") square pieces of the main fabric to reinforce the grommet area on the front pieces.

## 2. From lining fabric:

- front lining — cut 2
- back lining — cut 1 on fold
- sleeve lining — cut 2
- pocket bottom lining — cut 2
- pocket top lining — cut 2.

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

## 3. From interfacing:

- front facing — cut 2
- back neck facing — cut 1 on fold
- back hem facing — cut 1 on fold
- front hem facing — cut 2
- upper collar — cut 1 on fold
- collar stand — cut 2
- welt — cut 2.

## Also, cut the following pieces from interfacing:

- two strips (width and length according to the pattern) to interface the pocket area on the front pieces.

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

# SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

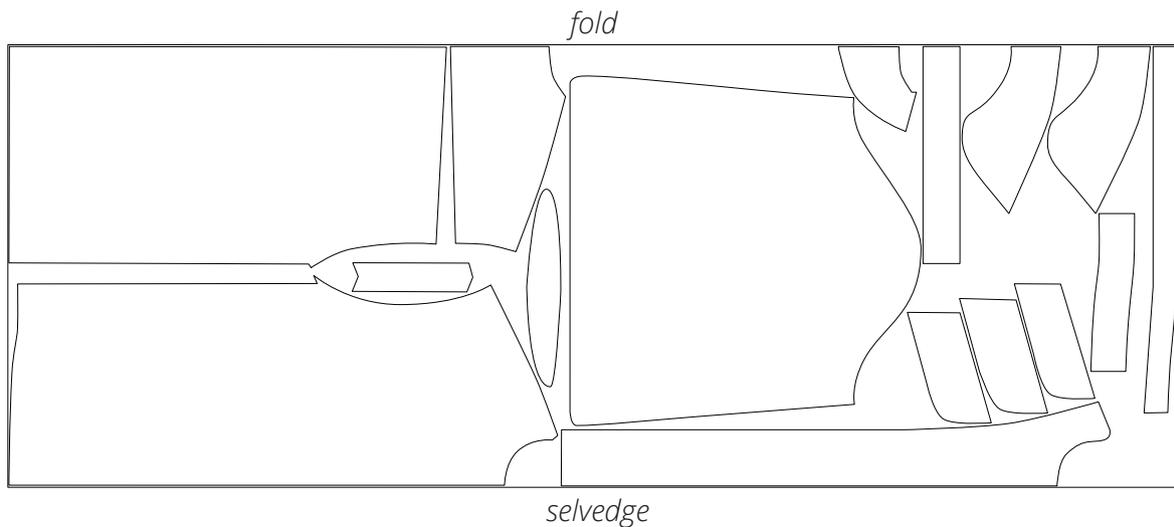
- sleeve hem allowance — 4 cm (1 5/8")
- pocket lining curved edges — 1.5 cm (5/8")
- all other edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.

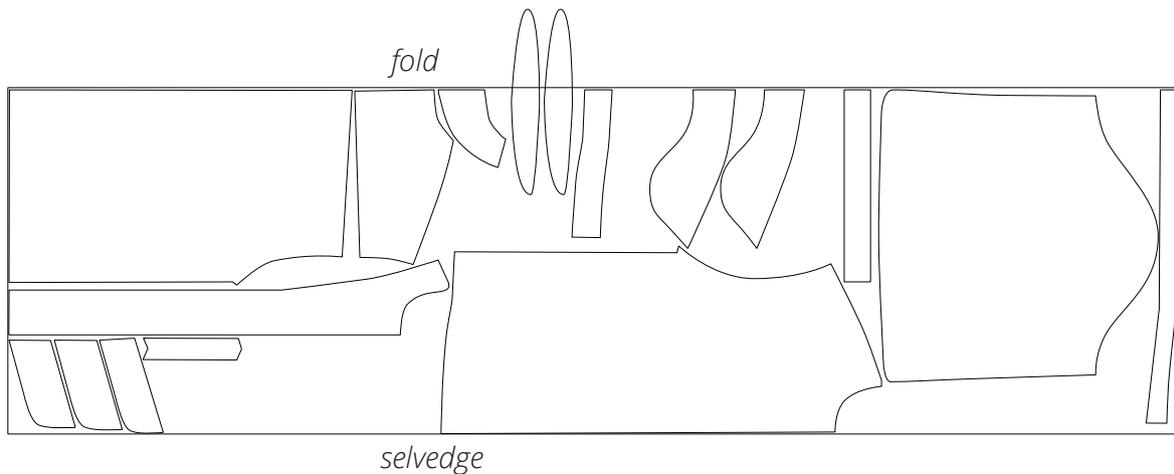
# CUTTING LAYOUT

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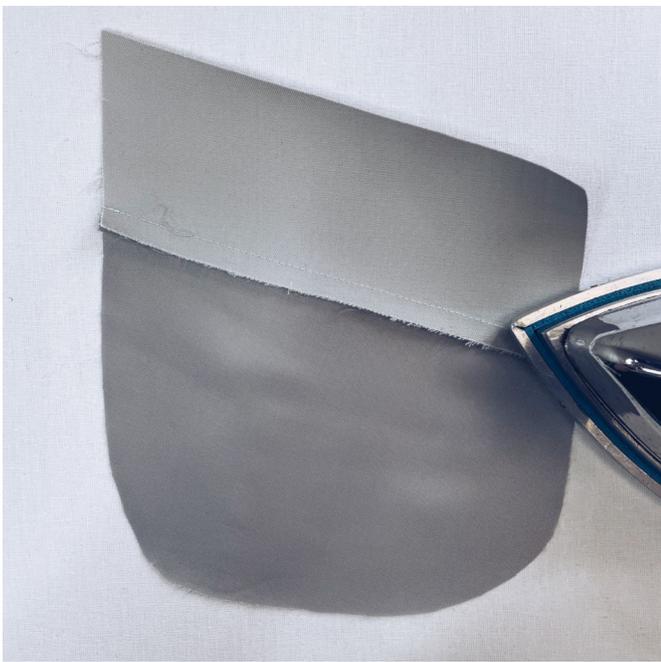
Main fabric, 150 cm (59") wide, with a directional print/nap,  
cut on fold, for sizes XS-S in all heights



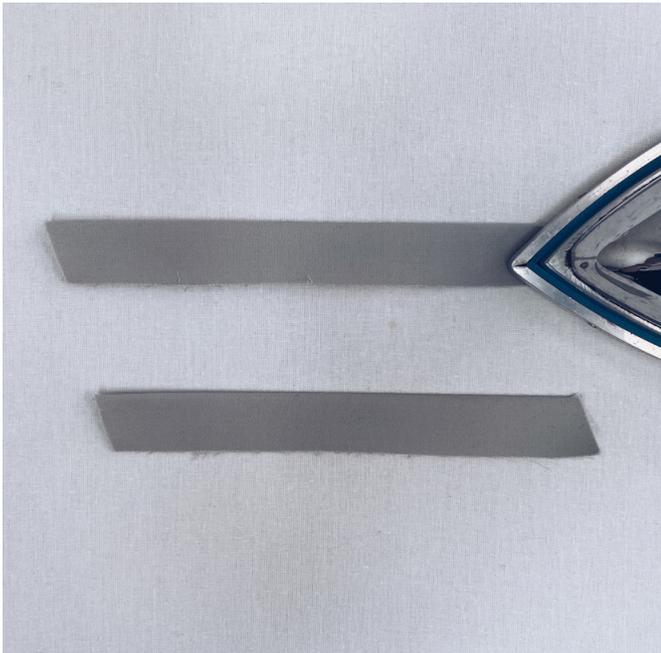
Main fabric, 150 cm (59") wide, with a directional print/nap,  
cut on fold, for sizes M-XL in all heights



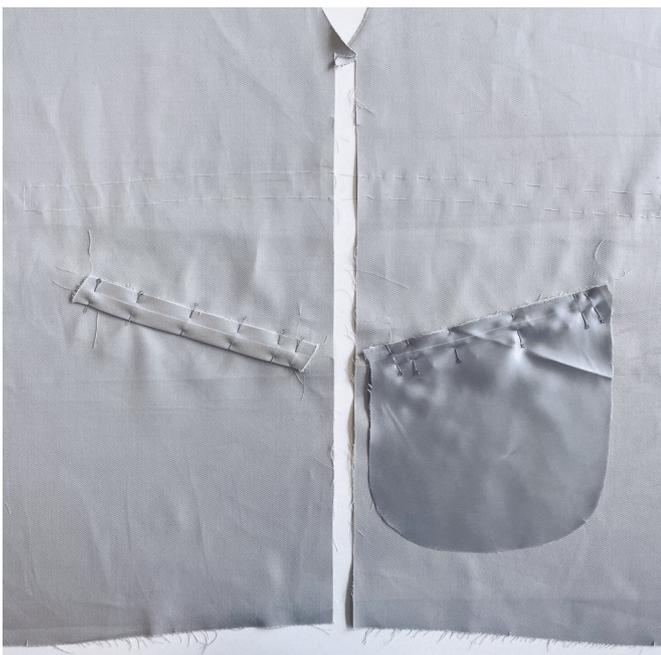
**Attention!** Cut the collar stand pieces on a single layer out of leftover fabric.



Press the seam allowances towards the pocket top lining.



Fold the welt piece in half lengthwise, wrong sides together, and press.



Place the welt piece right sides together with the front piece, the pressed fold of the welt facing downwards. Mark the seam allowance on the welt. Align the marked line with the lower line of the pocket opening. Pin as shown in the photo of the left-hand front piece.

Place the right side of the pocket bottom lining onto the welt. Align the top edges and pin. Mark the top edge seam allowance on the pocket bottom lining piece and hand-baste the welt and lining to the front piece.