

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



CARPE PATTERN DESCRIPTION

Carpe is a semi-fitted, fully lined jacket with a straight silhouette. The front is made up of the top, center, and side pieces, while the back includes the top and bottom parts. The front features inseam pockets in the princess seams. The stand collar is decorated with binding. The jacket fastens with a separating zipper at the center front. The long raglan sleeves are hacked into the front and back yokes attached to other sleeve pieces with extra seams. Below the elbow, there is a decorative sleeve insert. The sleeves are finished with grown-on elastic cuffs. The front princess seams, shoulder seams, and yoke seams that transition into extra sleeve seams feature piping and topstitching. The grown-on elastic waistband and cuffs are decorated with three rows of topstitching. The jacket is below-waist length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Upper arm ease
cm	27.3–32.5	44.7–49	19.8–22.7
inches	10 3/4–12 3/4	17 5/8–19 1/4	7 3/4–8 7/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including shoulder width and cuff, cm
1 (154–160)	49.3–49.8	71.8–75.4
2 (162–168)	50.3–50.8	74–77.6
3 (170–176)	51.3–51.8	76–79.7
4 (178–184)	52.3–52.8	78.1–81.7

Height, ft	Back length, in	Sleeve length including shoulder width and cuff, in
1 (5'1"–5'3")	19 3/8–19 5/8	28 1/4–29 5/8
2 (5'4"–5'6")	19 3/4–20	29 1/8–30 1/2
3 (5'7"–5'9")	20 1/4–20 3/8	29 7/8–31 3/8
4 (5'10"–6'1")	20 5/8–20 3/4	30 3/4–32 1/8

SUGGESTED FABRIC

To sew this jacket, choose medium-weight, non-stretch or low-stretch fabrics made of natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: outerwear fabrics, dewspo, taslan, membrane fabrics.

Attention! We do not recommend using stretchy knit fabrics.

For the lining, choose lining fabrics made of artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), or synthetics (polyester, polyester + elastane).

The jacket in the photo is made of outerwear fabric. The fabric is medium weight and has very little stretch. The fiber content is 100% polyester. The fabric weight is 280 g/m².

The lining fabric is mesh lining, 100% polyester. The fabric weight is 115 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	XS	S	M	L	XL
1 (154–160)	1.6	1.65	1.7	1.9	2
2 (162–168)	1.65	1.7	1.75	1.95	2
3 (170–176)	1.7	1.75	1.75	2	2.05
4 (178–184)	1.75	1.8	1.8	2	2.1

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size				
	XS	S	M	L	XL
1 (5'1"–5'3")	1 3/4	1 3/4	1 7/8	2 1/8	2 1/8
2 (5'4"–5'6")	1 3/4	1 7/8	1 7/8	2 1/8	2 1/8
3 (5'7"–5'9")	1 7/8	1 7/8	1 7/8	2 1/8	2 1/4
4 (5'10"–6'1")	1 7/8	2	2	2 1/8	2 1/4

Main fabric, 150 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	XS	S	M	L	XL
1 (154–160)	1.5	1.5	1.65	1.7	1.75
2 (162–168)	1.5	1.5	1.7	1.7	1.75
3 (170–176)	1.55	1.55	1.75	1.75	1.8
4 (178–184)	1.55	1.6	1.75	1.8	1.8

Main fabric, 59" wide, with a directional print/nap, in yards:

Height, ft	Size			
	XS-S	M	L	XL
1 (5'1"–5'3")	1 5/8	1 3/4	1 7/8	1 7/8
2 (5'4"–5'6")	1 5/8	1 7/8	1 7/8	1 7/8
3 (5'7"–5'9")	1 3/4	1 7/8	1 7/8	2
4 (5'10"–6'1")	1 3/4	1 7/8	2	2

2. Additional fabric, 140–150 cm (55–59") wide, for all sizes in all heights — 0.15 m (1/8 yd)

3. Lining fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	XS	S	M	L	XL
1 (154–160)	1.1	1.15	1.15	1.2	1.2
2 (162–168)	1.15	1.15	1.2	1.25	1.25
3 (170–176)	1.2	1.2	1.2	1.25	1.3
4 (178–184)	1.2	1.25	1.25	1.3	1.3

Lining fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size		
	XS	S-M	L-XL
1 (5'1"–5'3")	1 1/4	1 1/4	1 1/4
2 (5'4"–5'6")	1 1/4	1 1/4	1 3/8
3 (5'7"–5'9")	1 1/4	1 1/4	1 3/8
4 (5'10"–6'1")	1 1/4	1 3/8	1 3/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Lightweight interfacing, knit or woven, 140 cm wide, in meters:

Height, cm	Size		
	XS	S-M	L-XL
1 (154–160)	0.5	0.55	0.55
2 (162–168)	0.55	0.55	0.55
3 (170–176)	0.55	0.55	0.6
4 (178–184)	0.55	0.55	0.6

Lightweight interfacing, knit or woven, 55" wide, in yards:

Height, ft	Size	
	XS	S-XL
1 (5'1"–5'3")	1/2	5/8
2 (5'4"–5'6")	5/8	5/8
3 (5'7"–5'9")	5/8	5/8
4 (5'10"–6'1")	5/8	5/8

5. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 1.5 m (1 5/8 yd)

6. One separating zipper Nos. 3.5–4, 55 cm (21 5/8") long, for all sizes in all heights

7. Two zipper top stoppers for adjusting the zipper length (if needed)

8. Elastic, 5 cm wide, for all heights (including seam allowances), cm:

Size	XS	S	M	L	XL
Waistband elastic length	65	73	81	89	97
Cuff elastic length (cut into 2 equal pieces)	44.5	45	46	47	48
Total	109.5	118	127	136	145

Elastic, 2" wide, for all heights (including seam allowances), inches:

Size	XS	S	M	L	XL
Waistband elastic length	25 5/8	28 3/4	31 7/8	35	38 1/4
Cuff elastic length (cut into 2 equal pieces)	17 1/2	17 3/4	18 1/8	18 1/2	18 7/8
Total	43 1/8	46 1/2	50	53 1/2	57 1/8

9. Decorative satin piping, 1.2 cm (1/2") wide, for all sizes in all heights — 5.5 m (6 yd)

10. Matching thread for the main, additional, and lining fabrics — 1 spool each (if the fabric colors are different)

TOOLS AND EQUIPMENT

- sewing machine for construction
- stitch-in-the-ditch foot for the sewing machine (optional)
- one-sided zipper foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- top front — cut 2
- center front — cut 2
- side front — cut 2
- top back — cut 1 on fold
- back — cut 1 on fold
- front sleeve — cut 2
- back sleeve — cut 2
- bottom sleeve — cut 2
- outer collar — cut 1 on fold
- inner collar — cut 1 on fold
- front facing — cut 2
- back neck facing — cut 1 on fold
- pocket top lining — cut 2
- pocket bottom lining — cut 2
- hanging loop — cut 1

2. From additional fabric:

- middle sleeve — cut 2
- outer collar binding — cut 1 on fold

3. From lining fabric:

- front lining — cut 2
- back lining — cut 1 on fold
- front sleeve lining — cut 2
- back sleeve lining — cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

4. From interfacing:

- outer collar — cut 1 on fold
- inner collar — cut 1 on fold
- outer collar binding — cut 1 on fold
- front facing — cut 2
- back neck facing — cut 1 on fold

SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out pattern pieces on the fabric.



Place the pocket bottom lining and center front pieces right sides together, aligning them at the princess seam edge. Match the pocket opening notches and pin.



Machine-stitch the pocket lining at 1 cm (3/8") from the edge, as close to the piping as possible. Backstitch at the beginning and end of the seam.

Press the seam flat.



Press the seam allowances towards the pocket bottom lining.