

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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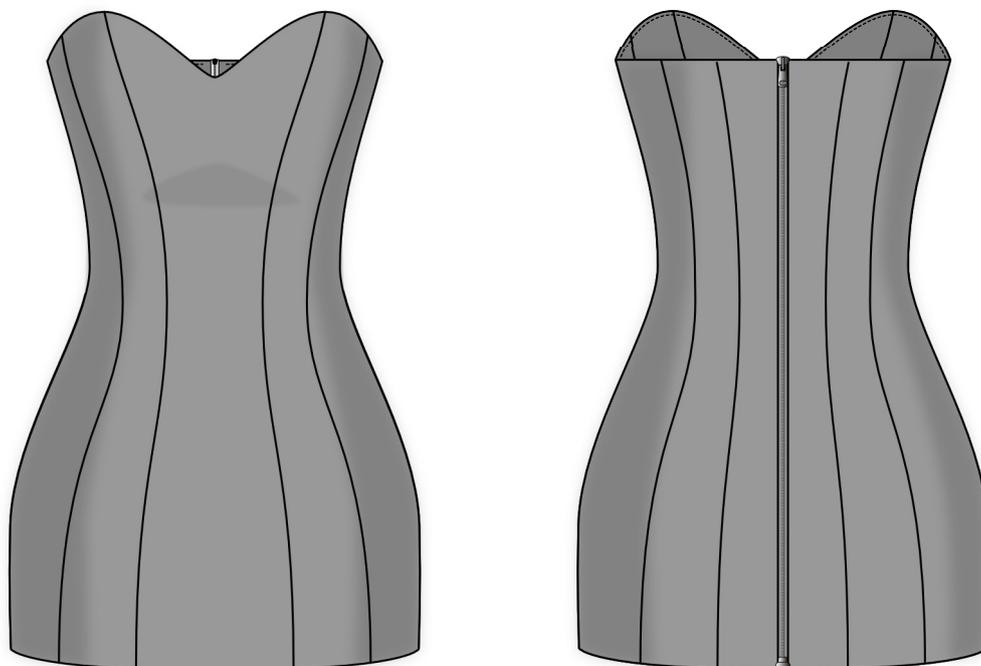


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## LOTTA PATTERN DESCRIPTION

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Lotta is a strapless bustier top fitted at the bust and waist and semi-fitted at the hips. It is lined and features a deep sweetheart neckline. The garment is shaped with front and back princess seams and reinforced with boning stitched along the princess seams, side seams, and hemline. The lower part of the lining also features two horizontal boning channels for extra support and structure. The top closes with a separating zipper in the center back seam. Lotta is below-hip length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease
cm	-0.3 – (-0.7)	0.3	16.1–17.1
inches	-1/8 – (-1/4)	1/8	6 3/8–6 3/4

## GARMENT LENGTH

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Height, cm	Center back length from waist down, cm	Height, ft	Center back length from waist down, in
1 (154–160)	28.2–30.5	1 (5'1"–5'3")	11 1/8–12
2 (162–168)	31.2–33.5	2 (5'4"–5'6")	12 1/4–13 1/4
3 (170–176)	34.2–36.5	3 (5'7"–5'9")	13 1/2–14 3/8
4 (178–184)	37.2–39.5	4 (5'10"–6'1")	14 5/8–15 1/2

## SUGGESTED FABRIC

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To sew this garment, choose dress-weight or suiting fabrics with the following properties: heavyweight or medium-weight, structured, non-stretch, opaque, made of natural, artificial, synthetic fibers, or blends.

Recommended fabric: velvet.

**Attention!** We do not recommend stretchy knit fabrics or lightweight sheer fabrics (chiffon, organza, stretch lace).

The garment in the photos is made of velvet. The fabric is heavyweight, structured, without stretch. The fiber content is 100% polyester. The fabric weight is 260 g/m<sup>2</sup>.

The lining is a blend of polyester (55%) and viscose (45%). The fabric weight is 100 g/m<sup>2</sup>.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size					
	34	36	38	40-44	46	48-52
1 (154-160)	0.75	0.8	1.05	1.1	1.1	1.1
2 (162-168)	0.8	0.85	1.15	1.15	1.15	1.2
3 (170-176)	0.9	0.95	1.2	1.25	1.25	1.25
4 (178-184)	1	1.05	1.3	1.3	1.35	1.35

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size			
	34-36	38	40-44	46-52
1 (5'1"-5'3")	7/8	1 1/8	1 1/4	1 1/4
2 (5'4"-5'6")	7/8	1 1/4	1 1/4	1 1/4
3 (5'7"-5'9")	1	1 1/4	1 3/8	1 3/8
4 (5'10"-6'1")	1 1/8	1 3/8	1 3/8	1 1/2

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size								
	34-36	38	40	42	44	46	48	50	52
1 (154-160)	0.9	1	1	1.05	1.05	1.1	1.25	1.3	1.35
2 (162-168)	1	1.05	1.1	1.1	1.15	1.2	1.3	1.35	1.4
3 (170-176)	1.1	1.15	1.15	1.2	1.25	1.3	1.35	1.4	1.45
4 (178-184)	1.2	1.25	1.25	1.3	1.35	1.35	1.4	1.45	1.5

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size								
	34-36	38	40-42	44	46	48	50	52	
1 (5'1"-5'3")	1	1 1/8	1 1/8	1 1/8	1 1/4	1 3/8	1 3/8	1 1/2	
2 (5'4"-5'6")	1 1/8	1 1/8	1 1/4	1 1/4	1 1/4	1 3/8	1 1/2	1 1/2	
3 (5'7"-5'9")	1 1/4	1 1/4	1 1/4	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	
4 (5'10"-6'1")	1 1/4	1 3/8	1 3/8	1 1/2	1 1/2	1 1/2	1 5/8	1 5/8	

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Interfacing, knit or woven, 140 cm wide, in meters:

Height, cm	Size					
	34	36	38	40-44	46	48-52
1 (154-160)	0.75	0.8	1.05	1.1	1.1	1.1
2 (162-168)	0.8	0.85	1.15	1.15	1.15	1.2
3 (170-176)	0.9	0.95	1.2	1.25	1.25	1.25
4 (178-184)	1	1.05	1.3	1.3	1.35	1.35

Interfacing, knit or woven, 55" wide, in yards:

Height, ft	Size			
	34-36	38	40-44	46-52
1 (5'1"-5'3")	7/8	1 1/8	1 1/4	1 1/4
2 (5'4"-5'6")	7/8	1 1/4	1 1/4	1 1/4
3 (5'7"-5'9")	1	1 1/4	1 3/8	1 3/8
4 (5'10"-6'1")	1 1/8	1 3/8	1 3/8	1 1/2

4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide – 2.5 m (2 3/4 yd).

5. One separating zipper, Nos. 3.5-4, for all sizes:

Height, cm	Zipper length, cm	Height, ft	Zipper length, in
1 (154-160)	50	1 (5'1"-5'3")	19 5/8
2 (162-168)	55	2 (5'4"-5'6")	21 5/8
3 (170-176)	60	3 (5'7"-5'9")	23 5/8
4 (178-184)	60	4 (5'10"-6'1")	23 5/8

6. Rigilene boning, 1 cm wide, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	7.8	8	8.1	8.3	8.5	8.6	8.8	8.9	9.1	9.3
2 (162–168)	8.2	8.3	8.4	8.7	8.8	9	9.2	9.3	9.5	9.6
3 (170–176)	8.5	8.7	8.9	9	9.2	9.4	9.5	9.7	9.9	10
4 (178–184)	8.9	9.1	9.3	9.4	9.6	9.8	9.9	10.1	10.2	10.4

Rigilene boning, 3/8" wide, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	8 1/2	8 3/4	8 7/8	9 1/8	9 1/4	9 3/8	9 5/8	9 3/4	10	10 1/8
2 (5'4"–5'6")	9	9 1/8	9 1/8	9 1/2	9 5/8	9 7/8	10	10 1/8	10 3/8	10 1/2
3 (5'7"–5'9")	9 1/4	9 1/2	9 3/4	9 7/8	10	10 1/4	10 3/8	10 5/8	10 7/8	10 7/8
4 (5'10"–6'1")	9 3/4	10	10 1/8	10 1/4	10 1/2	10 3/4	10 7/8	11	11 1/8	11 3/8

7. Matching thread – 1 spool.

## TOOLS AND EQUIPMENT

- sewing machine for construction
- one-sided foot for the sewing machine to attach the zipper
- bias tape maker
- lighter or matches for melting the boning.

## PATTERN PIECES LIST

### 1. From main fabric:

- center front – cut 1 on fold
- middle front – cut 2
- side front – cut 2
- center back – cut 2
- middle back – cut 2
- side back – cut 2
- zipper placket – cut 1
- front facing – cut 1 on fold
- back facing – cut 2.

### 2. From lining fabric:

- center front lining – cut 1 on fold
- middle front lining – cut 2
- side front lining – cut 2
- center back lining – cut 2
- middle back lining – cut 2
- side back lining – cut 2
- top casing – cut 1
- bottom casing – cut 1.

### 3. From interfacing:

- center front – cut 1 on fold
- middle front – cut 2
- side front – cut 2
- center back – cut 2
- middle back – cut 2
- side back – cut 2
- zipper placket – cut 1
- front facing – cut 1 on fold
- back facing – cut 2.

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## SEAM ALLOWANCES

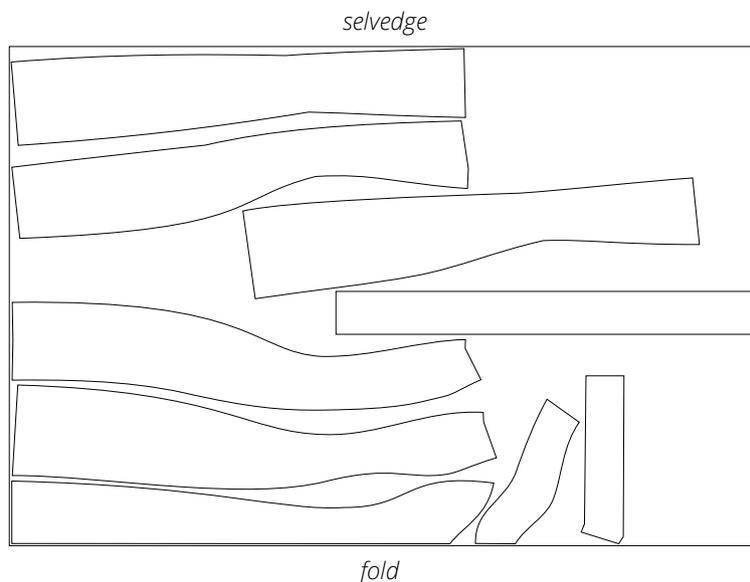
All pattern pieces include seam allowances as follows:

- hem allowance – 4 cm (1 5/8")
- center seam allowance on the center back – 1.5 cm (5/8")
- all other edges – 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.

## CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34–36 in all heights



**Attention!** Cut only one zipper placket piece.



Measure twice the width of the hem allowance and chalk-mark a guiding line for hemming on the wrong side of the garment, i.e.  $4 \text{ cm (1 5/8")} + 4 \text{ cm (1 5/8")} = 8 \text{ cm (3 1/4")}$ .



Fold the hem allowance to the wrong side, align the bottom edge with the marked line, and press.



Trim the princess seam allowances down to 5 mm (just under 1/4") below the hemline to reduce bulk, as shown in the photo.