

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## AMAYA PATTERN DESCRIPTION

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Amaya is a loose-fitting, straight-cut blouse with a grown-on hood. It is fitted with bust darts on the front and shoulder darts on the back. The blouse features long, set-in, drop-shoulder shirt sleeves and a double-breasted closure. The left front fastens with an inner tie. The right front fastens with sew-on snaps. The removable tie belt is secured with belt loops at the side seams. Amaya is below-hip length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	23.4–23.6	43.6–43.7	18.3	5.6–6.9
inches	9 1/4	17 1/8–17 1/4	7 1/4	2 1/4–2 3/4

## GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	71.5	74–78.1
2 (162–168)	74.5	76–80.1
3 (170–176)	77.5	78–82.1
4 (178–184)	80.5	80–84.1

Height, ft	Back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	28 1/8	29 1/8–30 3/4
2 (5'4"–5'6")	29 3/8	29 7/8–31 1/2
3 (5'7"–5'9")	30 1/2	30 3/4–32 3/8
4 (5'10"–6'1")	31 3/4	31 1/2–33 1/8

## SUGGESTED FABRIC

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To sew this blouse, choose medium-weight, pliable, soft, low-stretch or non-stretch blouse and dress-weight fabrics made of natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: natural or artificial silk, crepe, cupro.

**Attention!** We do not recommend stretchy knit fabrics.

The blouse in the photo is made of artificial silk. The fabric is medium weight, pliable, and low-stretch. The fiber content is 100% polyester. The fabric weight is 230 g/m<sup>2</sup>.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34	36	38-40	42	44	46-48	50-52
1 (154-160)	1.95	1.95	2	2.1	2.4	2.45	2.45
2 (162-168)	2	2.05	2.05	2.1	2.45	2.5	2.55
3 (170-176)	2.1	2.1	2.1	2.1	2.55	2.6	2.6
4 (178-184)	2.15	2.15	2.15	2.2	2.6	2.65	2.7

Main fabric, 150 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34	36	38-42	44	46	48	50-52
1 (154-160)	1.95	1.95	2	2	2	2.15	2.4
2 (162-168)	2	2.05	2.05	2.05	2.05	2.2	2.45
3 (170-176)	2.1	2.1	2.1	2.1	2.15	2.2	2.5
4 (178-184)	2.1	2.1	2.15	2.2	2.2	2.2	2.55

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34	36-40	42	44	46-48	50-52
1 (5'1"-5'3")	2 1/8	2 1/8	2 1/4	2 5/8	2 5/8	2 5/8
2 (5'4"-5'6")	2 1/8	2 1/4	2 1/4	2 5/8	2 3/4	2 3/4
3 (5'7"-5'9")	2 1/4	2 1/4	2 1/4	2 3/4	2 7/8	2 7/8
4 (5'10"-6'1")	2 3/8	2 3/8	2 3/8	2 7/8	2 7/8	3

Main fabric, 59" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34	36	38-44	46	48	50-52
1 (5'1"-5'3")	2 1/8	2 1/8	2 1/8	2 1/8	2 3/8	2 5/8
2 (5'4"-5'6")	2 1/8	2 1/4	2 1/4	2 1/4	2 3/8	2 5/8
3 (5'7"-5'9")	2 1/4	2 1/4	2 1/4	2 3/8	2 3/8	2 3/4
4 (5'10"-6'1")	2 1/4	2 1/4	2 3/8	2 3/8	2 3/8	2 3/4

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

2. Lightweight interfacing, knit or woven, 140 cm (55") wide, for all sizes in all heights — 0.02 m (3/4")
3. One sew-on snap, 0.7–1 cm (1/4–3/8") in diameter
4. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- loop turner

## PATTERN PIECES LIST

### 1. From main fabric:

- front — cut 2
- back — cut 1 on fold
- sleeve — cut 2
- tie belt — cut 1
- inner tie — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

### Cut the following from interfacing:

- two 2×2 cm (3/4×3/4") square pieces to interface the clipped section of the grown-on hood on the front pieces

## SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 3 cm (1 1/8")
- sleeve hem allowance — 3 cm (1 1/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Place the front pieces wrong sides together and align the hood edges. Match the notches and pin.



Machine-stitch at 5 mm (just under 1/4") from the edge, backstitching at the beginning and end of the seam.

Press the seam flat.



Trim the seam allowances down to 3 mm (1/8").