

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## EVGENIA PATTERN DESCRIPTION

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Evgenia is a close-fitting dress with an elasticated waist seam and a voluminous, cone flare skirt. The bodice closes with buttons and buttonholes at the center front. The long set-in sleeves feature pleats at the bottom and a slit finished with bias binding. The applied cuffs close with a button and buttonhole. The dress has a turned-down, notched collar and a long detachable tie belt. Evgenia is above-ankle length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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	Bust ease	Waistline ease (estimated)	Hipline ease (estimated)	Upper arm ease
cm	13.3–13.4	38.5–45.6	62.7–74.1	9.2–5.5
inches	5 1/4	15 1/8–18	24 5/8–29 1/8	3 5/8–2 1/8

# GARMENT LENGTH, SLEEVE LENGTH

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Height, cm	Back length from waist down, cm	Sleeve length including cuff, cm
1 (154–160)	85	56.4–58.1
2 (162–168)	88	58.3–60
3 (170–176)	91	60.2–61.9
4 (178–184)	94	62.1–63.8

Height, ft	Back length from waist down, in	Sleeve length including cuff, in
1 (5'1"–5'3")	33 1/2	22 1/4–22 7/8
2 (5'4"–5'6")	34 5/8	23–23 5/8
3 (5'7"–5'9")	35 7/8	23 3/4–24 3/8
4 (5'10"–6'1")	37	24 1/2–25 1/8

# SUGGESTED FABRIC

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To sew this dress, choose medium-weight, soft, non-stretch or low-stretch, opaque dress-weight fabrics made of natural, artificial, synthetic fibers, or blends.

The following fabrics are recommended: satin, dress-weight viscose, modal, natural or artificial silk.

Fabrics with a blended fiber content are recommended, as they are less prone to wrinkling, generally more resistant to wear and tear, and more durable.

**Attention!** We do not recommend stretchy knit fabrics.

The dress in the photo is made of lightweight satin. The fabric is medium weight, soft, and non-stretch.

The fiber content is 55% polyester and 45% rayon. The fabric weight is 150 g/m<sup>2</sup>.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	3.2	3.25	3.3	3.35	3.45	3.5	3.6	3.65	3.7	3.75
2 (162–168)	3.3	3.3	3.4	3.4	3.5	3.55	3.7	3.8	3.85	3.95
3 (170–176)	3.35	3.4	3.5	3.5	3.6	3.7	3.95	4	4.1	4.15
4 (178–184)	3.45	3.5	3.55	3.7	3.75	3.85	4.1	4.15	4.25	4.3

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	3 1/2	3 1/2	3 5/8	3 5/8	3 3/4	3 7/8	3 7/8	4	4	4 1/8
2 (5'4"–5'6")	3 5/8	3 5/8	3 3/4	3 3/4	3 7/8	3 7/8	4	4 1/8	4 1/4	4 3/8
3 (5'7"–5'9")	3 5/8	3 3/4	3 7/8	3 7/8	3 7/8	4	4 3/8	4 3/8	4 1/2	4 1/2
4 (5'10"–6'1")	3 3/4	3 7/8	3 7/8	4	4 1/8	4 1/4	4 1/2	4 1/2	4 5/8	4 3/4

2. Lightweight interfacing, knit or woven, 140 cm wide, 30 g/m<sup>2</sup>, in meters:

Height, cm	Size			
	34–38	40–42	44–48	50–52
1 (154–160)	0.95	1	1.05	1.1
2 (162–168)	0.95	1	1.05	1.1
3 (170–176)	0.95	1	1.05	1.1
4 (178–184)	0.95	1	1.05	1.1

Lightweight interfacing, knit or woven, 55" wide, 30 g/m<sup>2</sup>, in yards:

Height, ft	Size			
	34–38	40–42	44–48	50–52
1 (5'1"–5'3")	1	1 1/8	1 1/8	1 1/4
2 (5'4"–5'6")	1	1 1/8	1 1/8	1 1/4
3 (5'7"–5'9")	1	1 1/8	1 1/8	1 1/4
4 (5'10"–6'1")	1	1 1/8	1 1/8	1 1/4

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

3. Elastic, 1 cm (3/8") wide — 53–80 cm (20 7/8–31 1/2"), depending on the size. The exact elastic length is specified on the pattern.
4. Seven buttons, 1–1.2 cm (3/8–1/2") in diameter.
5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

## TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine
- stitch-in-the-ditch foot for the sewing machine (optional)

## PATTERN PIECES LIST

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### 1. From main fabric:

- front bodice— cut 2
- back bodice— cut 1 on fold
- sleeve — cut 2
- upper collar — cut 1
- undercollar — cut 1
- cuff — cut 2
- front facing — cut 2
- front skirt — cut 1 on fold
- back skirt — cut 1 on fold
- sleeve placket binding — cut 2
- tie belt — cut 1

### 2. From interfacing:

- upper collar — cut 1
- undercollar — cut 1
- front facing — cut 2
- cuff — cut 2
- tie belt — cut 1

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

# SEAM ALLOWANCES

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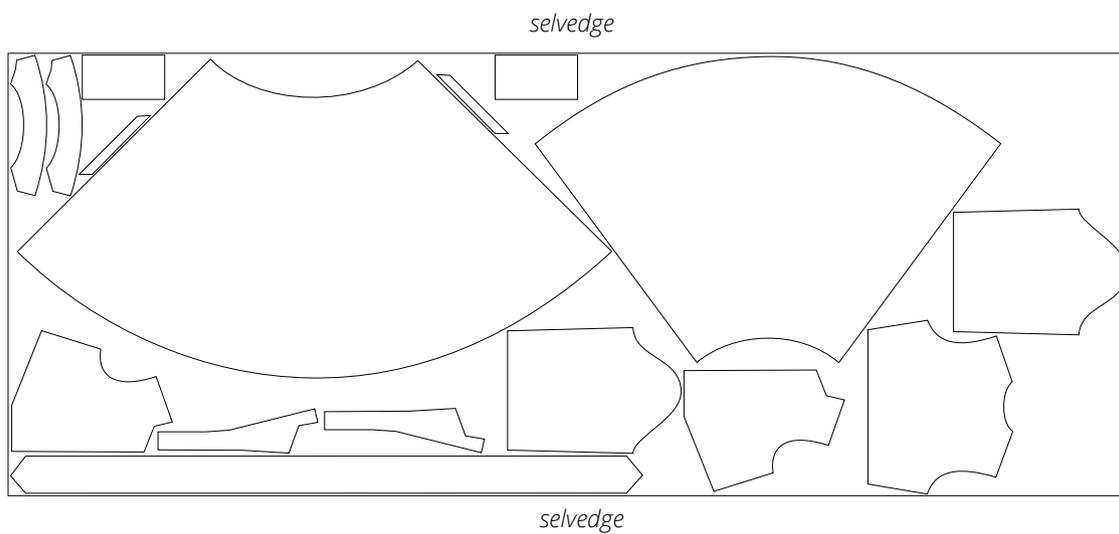
All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out the pattern pieces on the fabric.

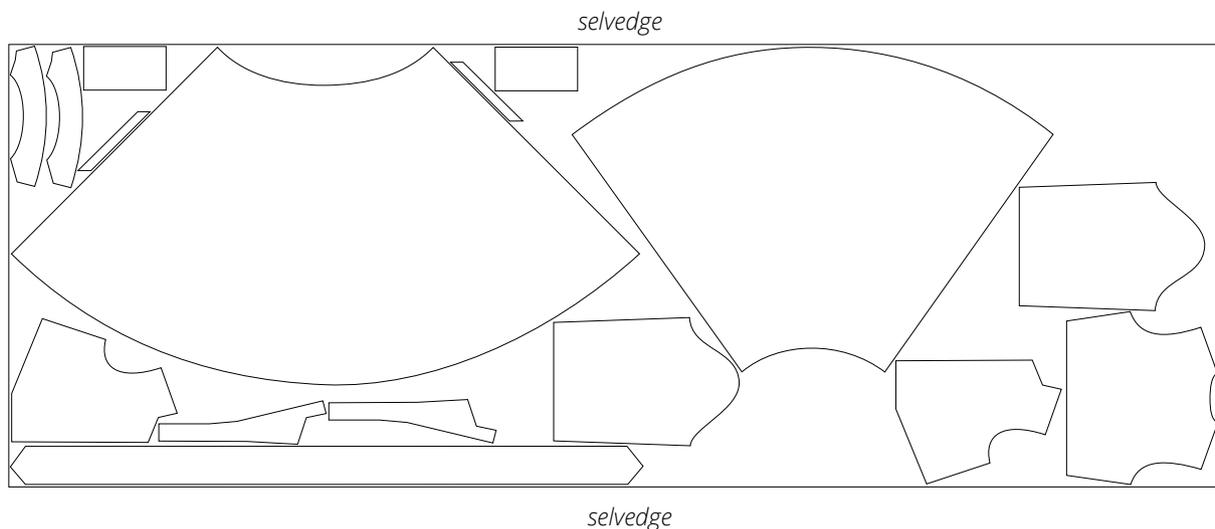
# CUTTING LAYOUT

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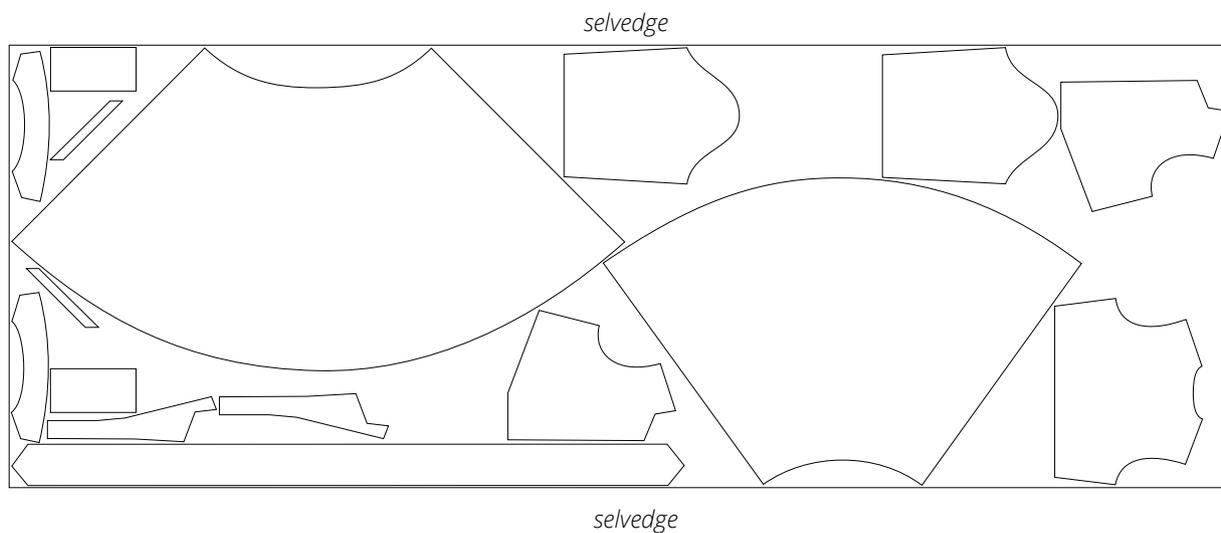
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,  
for sizes 34–38 in all heights and for sizes 40–42 in heights 1 and 2



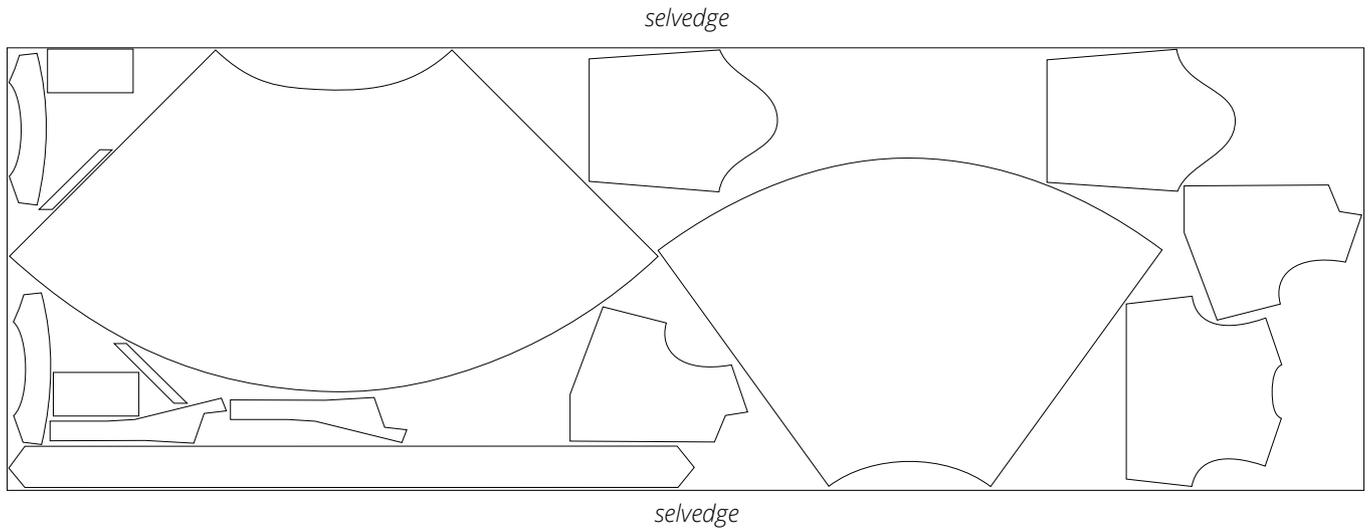
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,  
for sizes 40–44 in heights 3 and 4



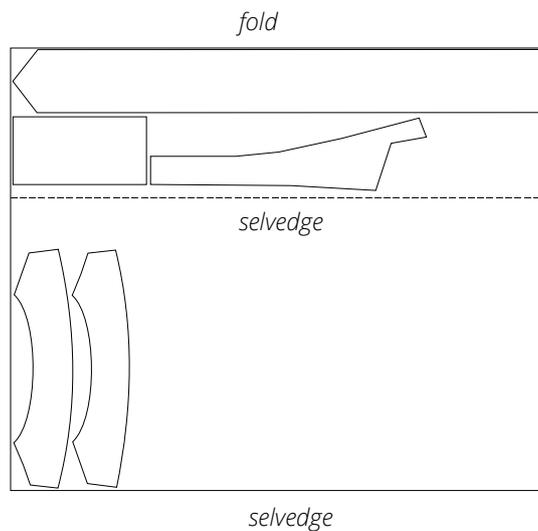
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,  
for sizes 46–50 in heights 1 and 2



Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for sizes 46–50 in heights 3 and 4; for size 52 in all heights.

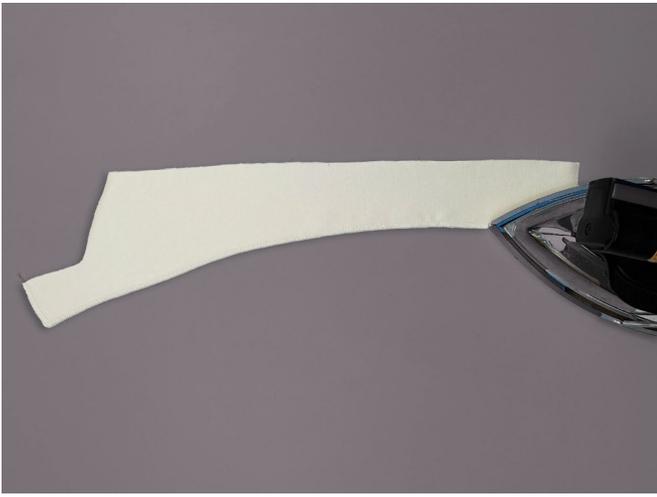


Interfacing, 140 cm (55") wide, cut on a partial fold, for all sizes in all heights.



**READY? LET'S GET SEWING!**

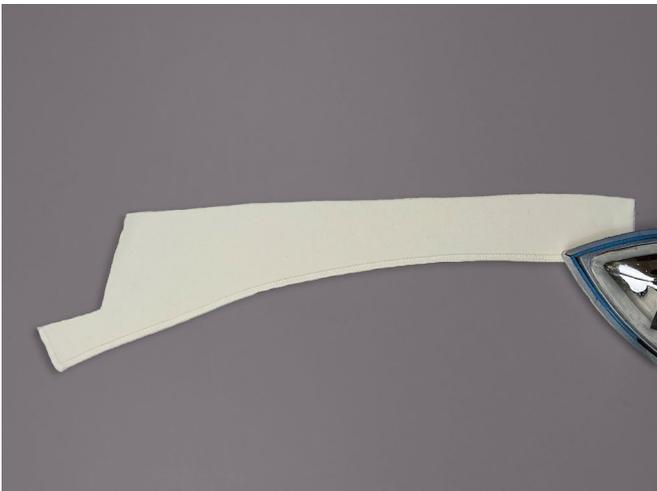
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Overlock the inner and shoulder edges on the front facing piece. When overlocking, keep the right side of the fabric facing up.



Fold the inner seam allowance of the front facing to the wrong side. Hand-baste if necessary. Stitch on the sewing machine at 2 mm from the fold.



Press the seam.



Place the front bodice and front facing pieces right sides together. Align the center front and lapel edges, match the notches, and pin.

Stitch on the sewing machine from the bottom edge to the lapel upper edge. Backstitch at the beginning and end of the seam.