

FROM THE FOUNDER OF THE #VIKISEWS BRAND

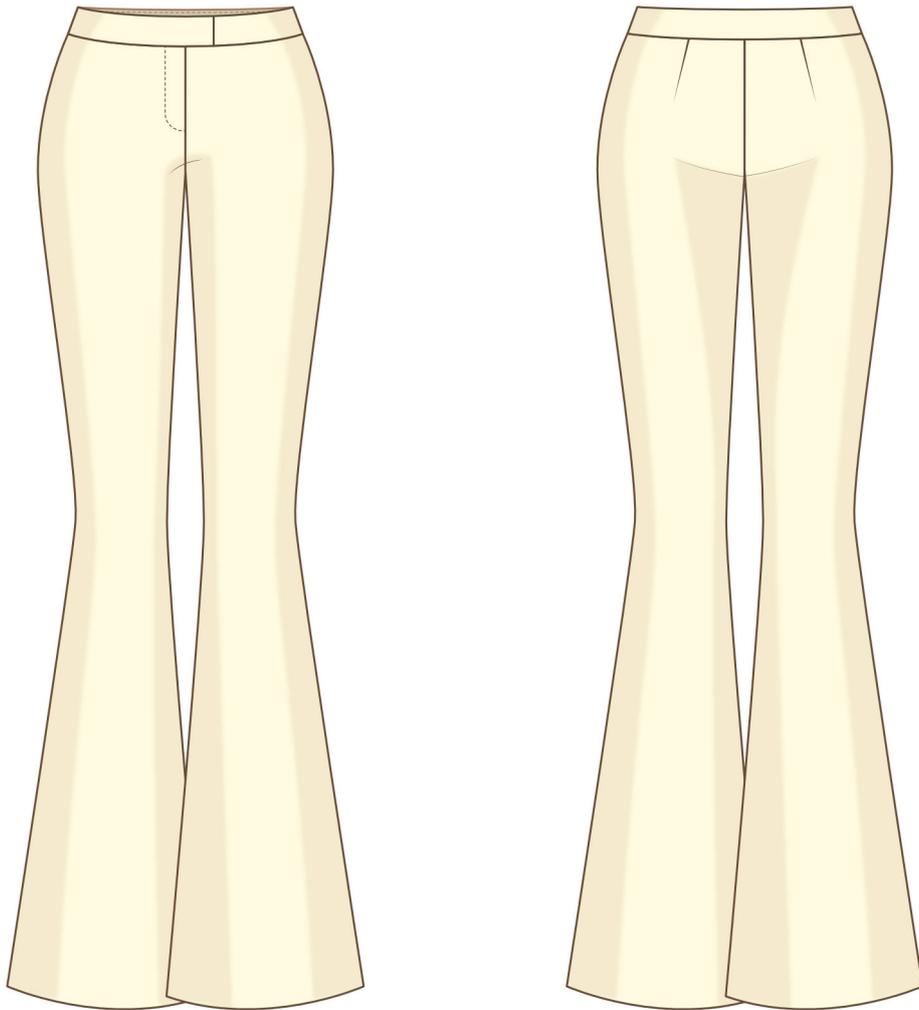


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



DAMARIS PATTERN DESCRIPTION

Damaris is a pair of close-fitting trousers flaring out from the knee down. The back is fitted with waist darts. The applied waistband closes with trouser hooks and an inner button and buttonhole. The trousers have a fly front zipper closure and are available in mid-calf length and floor-length versions.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	4.8–10.6	-1.7 to -1
inches	1 $\frac{7}{8}$ –4 $\frac{1}{8}$	- $\frac{5}{8}$ to - $\frac{3}{8}$

GARMENT LENGTH, HEM WIDTH

Height, cm	Garment length including waistband long version, cm	Finished hem width long version, cm
1 (154–160)	102.7–105.5	29.5–36.8
2 (162–168)	106.6–109.4	29.5–36.8
3 (170–176)	110.6–113.3	29.5–36.8
4 (178–184)	114.5–117.3	29.5–36.8

Height, ft	Garment length including waistband long version, in	Finished hem width long version, in
1 (5'1"–5'3")	40 $\frac{3}{8}$ –41 $\frac{1}{2}$	11 $\frac{5}{8}$ –14 $\frac{1}{2}$
2 (5'4"–5'6")	42–43 $\frac{1}{8}$	11 $\frac{5}{8}$ –14 $\frac{1}{2}$
3 (5'7"–5'9")	43 $\frac{1}{2}$ –44 $\frac{5}{8}$	11 $\frac{5}{8}$ –14 $\frac{1}{2}$
4 (5'10"–6'1")	45 $\frac{1}{8}$ –46 $\frac{1}{8}$	11 $\frac{5}{8}$ –14 $\frac{1}{2}$

Height, cm	Garment length including waistband short version, cm	Finished hem width short version, cm
1 (154–160)	81.3–81.9	22.9–29.3
2 (162–168)	83.6–84.3	22.9–29.3
3 (170–176)	86–86.6	22.9–29.3
4 (178–184)	88.3–88.9	22.9–29.3

Height, ft	Garment length including waistband short version, in	Finished hem width short version, in
1 (5'1"–5'3")	32–32 $\frac{1}{4}$	9–11 $\frac{1}{2}$
2 (5'4"–5'6")	32 $\frac{7}{8}$ –33 $\frac{1}{4}$	9–11 $\frac{1}{2}$
3 (5'7"–5'9")	33 $\frac{7}{8}$ –34 $\frac{1}{8}$	9–11 $\frac{1}{2}$
4 (5'10"–6'1")	34 $\frac{3}{4}$ –35	9–11 $\frac{1}{2}$

SUGGESTED FABRIC

To sew these trousers, choose medium-weight, pliable, soft, low-stretch suiting fabrics made of natural, artificial, blended, or synthetic fibers.

Recommended fabric: denim, jersey, and stretch suiting.

Attention! We do not recommend stiff non-stretch fabrics (such as dry suiting) or lightweight sheer fabrics (such as chiffon or organza).

The trousers in the photo are made of suiting fabric. The material is medium-weight, pliable, soft, and low-stretch. The fiber content is 75% polyester + 19% viscose + 6% elastane. Fabric weight is 330 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric (for the long version), 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size								
	34-36	38	40	42	44	46	48	50	52
1 (154-160)	1.15	1.2	1.2	1.25	1.9	1.9	1.9	1.95	2.05
2 (162-168)	1.2	1.2	1.25	1.3	1.95	1.95	2	2.05	2.15
3 (170-176)	1.25	1.25	1.3	1.3	2	2.05	2.05	2.15	2.25
4 (178-184)	1.3	1.3	1.35	1.35	2.1	2.1	2.15	2.2	2.3

Main fabric (for the long version), 55" wide, with a directional print/nap, in yards:

Height, ft	Size								
	34-36	38	40	42	44	46	48	50	52
1 (5'1"-5'3")	1 ¼	1 ¼	1 ¼	1 ⅜	2 ⅛	2 ⅛	2 ⅛	2 ⅛	2 ¼
2 (5'4"-5'6")	1 ¼	1 ¼	1 ⅜	1 ⅜	2 ⅛	2 ⅛	2 ⅛	2 ¼	2 ⅜
3 (5'7"-5'9")	1 ⅜	1 ⅜	1 ⅜	1 ⅜	2 ⅛	2 ¼	2 ¼	2 ⅜	2 ½
4 (5'10"-6'1")	1 ⅜	1 ⅜	1 ½	1 ½	2 ¼	2 ¼	2 ⅜	2 ⅜	2 ½

2. Main fabric (for the short version), 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	34-40	42	44	46-50	52
1 (154-160)	0.95	1	1	1.4	1.5
2 (162-168)	1	1.1	1.1	1.45	1.5
3 (170-176)	1	1.1	1.1	1.5	1.6
4 (178-184)	1.05	1.1	1.2	1.55	1.6

Main fabric (for the short version), 55" wide, with a directional print/nap, in yards:

Height, ft	Size				
	34-40	42	44	46-50	52
1 (5'1"-5'3")	1	1 1/8	1 1/8	1 1/2	1 5/8
2 (5'4"-5'6")	1 1/8	1 1/8	1 1/8	1 5/8	1 5/8
3 (5'7"-5'9")	1 1/8	1 1/8	1 1/4	1 5/8	1 3/4
4 (5'10"-6'1")	1 1/8	1 1/4	1 1/4	1 3/4	1 3/4

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Lightweight interfacing, knit or woven, 140 cm wide, for all sizes and heights — 0.25 m (1/4 yd).
4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1 cm (3/8") wide — 1.2 m (1 1/4 yd).
5. One pants zipper, 25 cm (10") long, for all sizes and heights.
6. Two pairs of metal pants hooks and bars.
7. One button, 0.7-1 cm (1/4-3/8") in diameter.
8. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine
- one-sided foot for the sewing machine to attach the zipper

PATTERN PIECES LIST

1. From main fabric:

- Front leg — cut 2
- Back leg — cut 2
- Left front waistband — cut 2
- Right front waistband — cut 2
- Back waistband — cut 2
- Fly shield — cut 1

2. From interfacing:

- Left front waistband — cut 2
- Right front waistband — cut 2
- Back waistband — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

Additionally, cut the following from interfacing:

- A strip to interface the fly shield piece (length according to the pattern).
- A strip to interface the fly extension on the right front leg piece (length according to the pattern).

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

SEAM ALLOWANCES

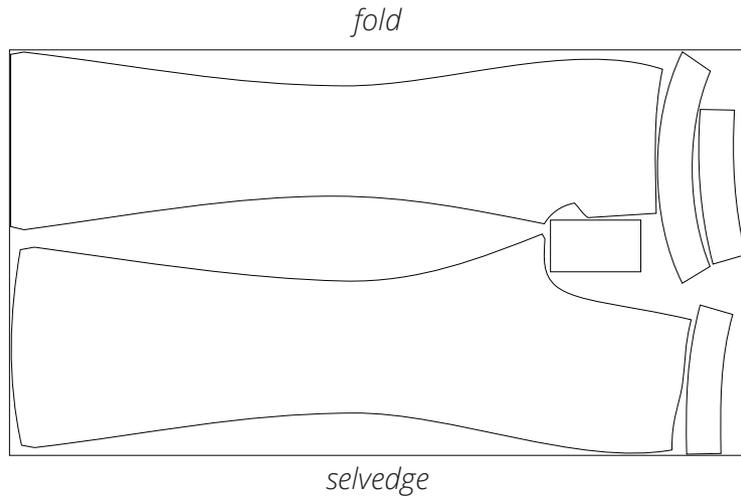
All pattern pieces include seam allowances as follows:

- garment hem allowance — 2.5 cm (1")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

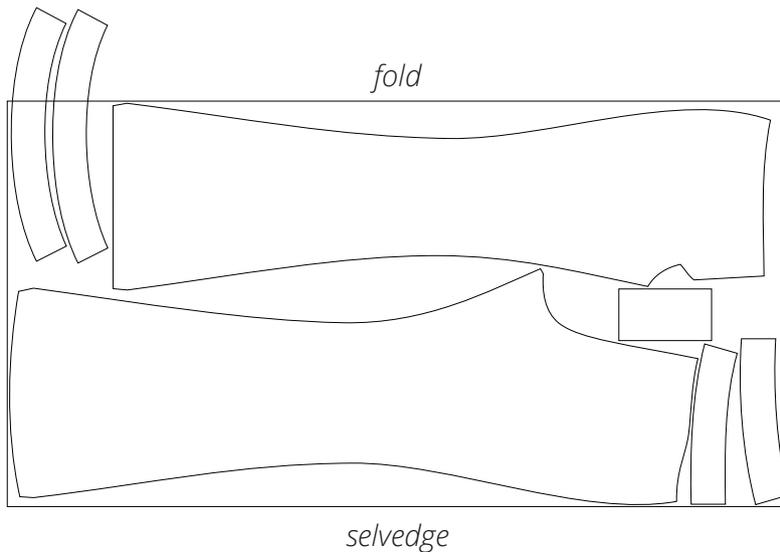
CUTTING LAYOUT

Main fabric (for the long version), 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34–40 in all heights.



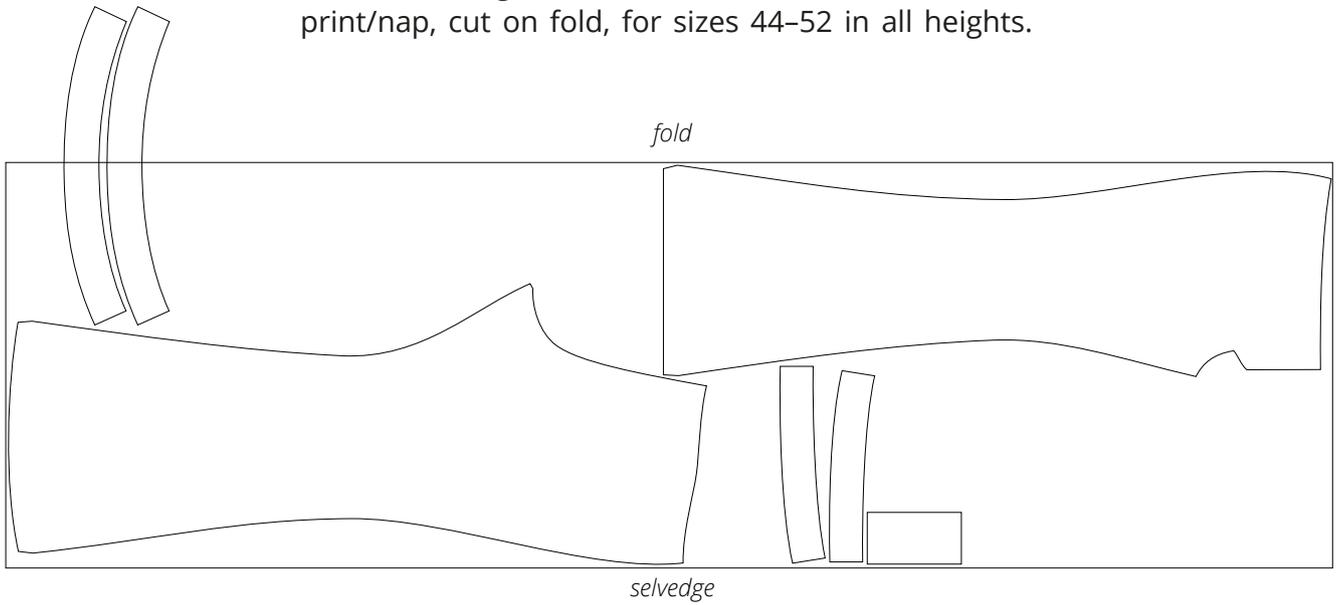
Attention! Cut only one fly shield piece.

Main fabric (for the long version), 140 cm (55") wide, with a directional print/nap, cut on fold, for size 42 in all heights.



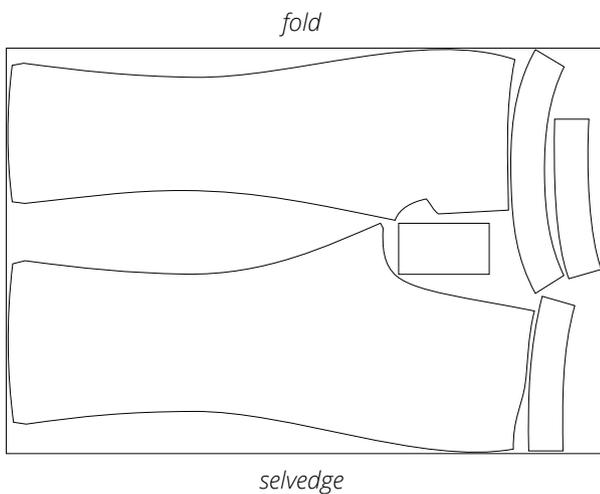
Attention! Cut only one fly shield piece. Cut the back waistband pieces on a single layer out of the leftover fabric.

Main fabric (for the long version), 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 44-52 in all heights.



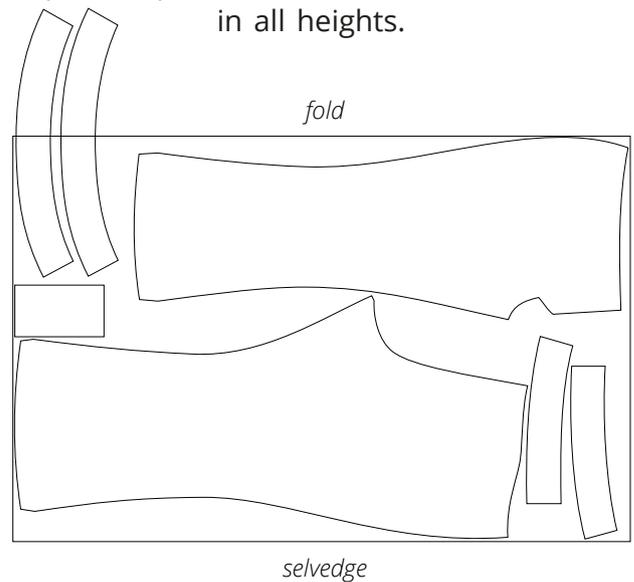
Attention! Cut only one fly shield piece. Cut the back waistband pieces on a single layer out of the leftover fabric.

Main fabric (for the short version), 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34-40 in all heights.



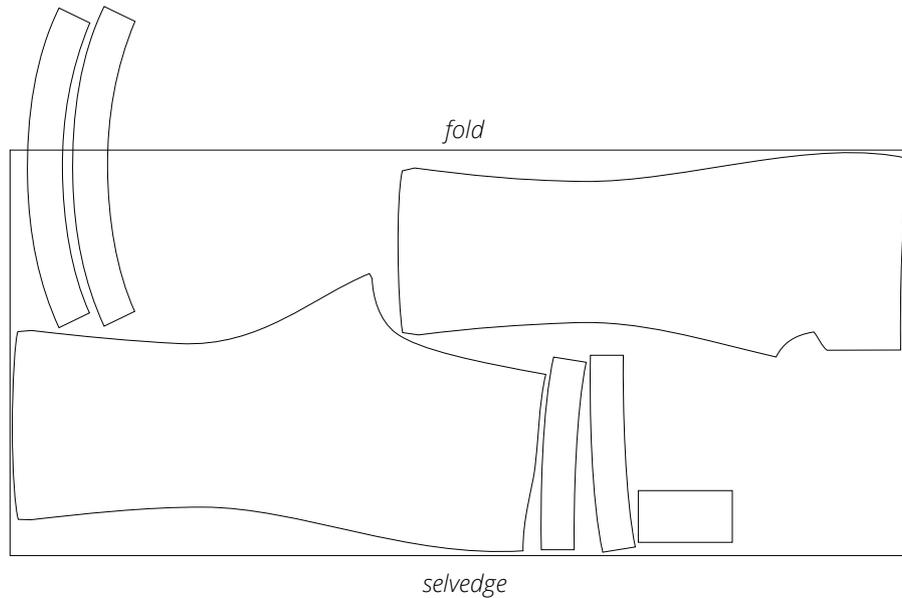
Attention! Cut only one fly shield piece.

Main fabric (for the short version), 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 42-44 in all heights.



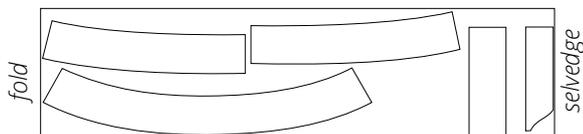
Attention! Cut only one fly shield piece. Cut the back waistband pieces on a single layer out of the leftover fabric.

Main fabric (for the short version), 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 46-52 in all heights.



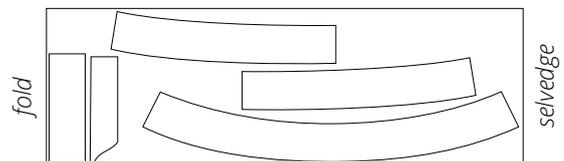
Attention! Cut only one fly shield piece. Cut the back waistband pieces on a single layer out of the leftover fabric.

Interfacing, 140 cm (55") wide, cut on fold, for sizes 34-46 in all heights.



Attention! Cut one each of the fly shield and fly extension pieces.

Interfacing, 140 cm (55") wide, cut on fold, for sizes 48-52 in all heights.



Attention! Cut one each of the fly shield and fly extension pieces.

READY? LET'S GET SEWING!



Stretch the inseam edge 1.5 cm (5/8") upward, starting 15 cm (6") from the crotch point.



Fold each back leg piece in half, right sides together. Shrink out the fullness in the area under the seat by ironing it with a circular motion. In the photo, the upper piece has been pressed, while the lower one has not yet been pressed.



Place the front and back leg pieces right sides together. Align the side and inseam edges, match the notches, and pin.



Machine-stitch, backstitching at the beginning and end of the seam. Overlock the seam allowances, with the front leg piece facing up. Press the seams.