

FROM THE FOUNDER OF THE #VIKISEWS BRAND

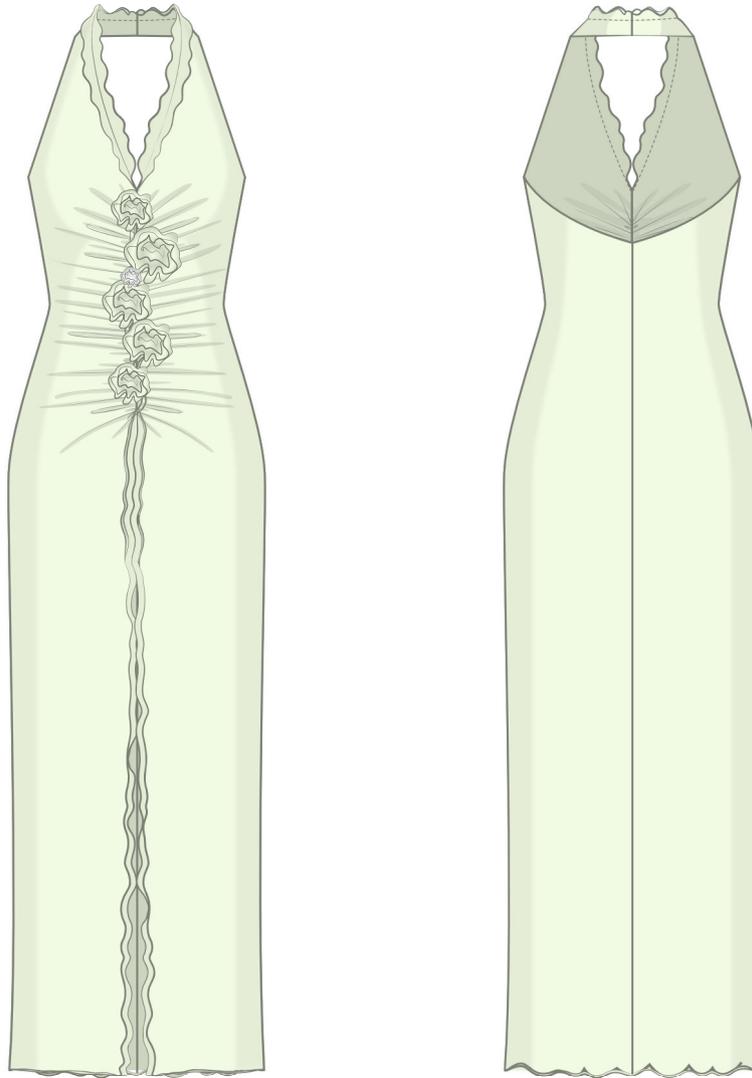


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ULVINE PATTERN DESCRIPTION

Ulvine is a close-fitting halter design dress with an open upper back and a deep V-neckline featuring a single grown-on strap. The dress features a center back seam and a partially gathered, exposed center front seam with a slit. The dress is self-lined. At the slit and bottom edges, the lining is not attached to the dress. The neckline, center front, and bottom edges are finished with an overlocker rolled hem. The gathered part of the center front seam is enhanced with decorative flowers made from the main fabric. Ulvine is ankle-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease (estimated)	Waistline ease	Hipline ease
cm	-2.2 – (-4)	-1.2 – 2.5	-1.5 – (-3.6)
inches	- 7/8 – (-1 5/8)	-1/2 – 1	-5/8 – (-1 3/8)

GARMENT LENGTH

Height, cm	Back length from waist down, cm	Height, ft	Back length from waist down, in
1 (154–160)	96–94.2	1 (5'1"–5'3")	37 3/4–37 1/8
2 (162–168)	99–97.2	2 (5'4"–5'6")	39–38 1/4
3 (170–176)	102–100.2	3 (5'7"–5'9")	40 1/8–39 1/2
4 (178–184)	105–103.2	4 (5'10"–6'1")	41 3/8–40 5/8

SUGGESTED FABRIC

To sew this dress, choose soft, medium-weight, medium-stretch or high-stretch knit fabrics made of natural fibers, artificial fibers, blends, or synthetics. The stretch factor should be at least 1.4.

The following fabrics are recommended: sweater knits, knits, ribbed knits.

Attention! We recommend using only soft stretchy fabrics for this dress.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section and stretch the fabric. Divide the measurement you get by 10.

The dress in the photo is made of soft knit fabric. The fabric is soft, stretchy, opaque, and does not crease easily. The fiber content is 96% cotton and 4% elastane. The fabric weight is 170 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1.1. Main fabric, 140 cm wide, with a directional print/nap, 150–250 g/m², in meters:

Height, cm	Size								
	34	36	38	40	42–44	46	48	50	52
1 (154–160)	2.45	2.5	2.5	2.55	2.6	2.65	2.65	3.65	3.65
2 (162–168)	2.55	2.55	2.6	2.6	2.7	2.7	2.75	3.75	3.8
3 (170–176)	2.6	2.65	2.65	2.65	2.75	2.8	2.8	3.85	3.9
4 (178–184)	2.7	2.7	2.75	2.75	2.85	2.9	2.9	3.95	4

Main fabric, 55" wide, with a directional print/nap, 150–250 g/m², in yards:

Height, ft	Size				
	34	36	38–40	42–48	50–52
1 (5'1"–5'3")	2 5/8	2 3/4	2 3/4	2 7/8	4
2 (5'4"–5'6")	2 3/4	2 3/4	2 7/8	3	4 1/8
3 (5'7"–5'9")	2 7/8	2 7/8	2 7/8	3	4 1/4
4 (5'10"–6'1")	3	3	3	3 1/8	4 3/8

1.2. Main fabric, 180 cm wide, with a directional print/nap, 150–250 g/m², in meters:

Height, cm	Size								
	34	36	38–40	42	44	46	48	50	52
1 (154–160)	2.3	2.3	2.35	2.35	2.4	2.45	2.6	2.6	2.6
2 (162–168)	2.35	2.4	2.45	2.45	2.5	2.55	2.65	2.65	2.7
3 (170–176)	2.45	2.45	2.5	2.55	2.6	2.65	2.7	2.75	2.75
4 (178–184)	2.5	2.5	2.55	2.65	2.7	2.7	2.8	2.8	2.85

Main fabric, 71" wide, with a directional print/nap, 150–250 g/m², in yards:

Height, ft	Size					
	34–36	38–40	42	44–46	48–50	52
1 (5'1"–5'3")	2 1/2	2 5/8	2 5/8	2 5/8	2 7/8	2 7/8
2 (5'4"–5'6")	2 5/8	2 5/8	2 5/8	2 3/4	2 7/8	3
3 (5'7"–5'9")	2 5/8	2 3/4	2 3/4	2 7/8	3	3
4 (5'10"–6'1")	2 3/4	2 3/4	2 7/8	3	3	3 1/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Clear elastic, 0.7–1 cm (1/4–3/8") wide — 2–2.45 m (2 1/8–2 5/8 yd)
3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)
4. Contrasting thread for the rolled hem — 3 spools for the overlocker

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- one-sided foot for the sewing machine
- stitch-in-the-ditch foot for the sewing machine (optional)

PATTERN PIECES LIST

From main fabric:

- front — cut 2
- back — cut 2
- front lining — cut 2
- back lining — cut 2
- flower template 1 — cut 1
- flower template 2 — cut 1
- flower template 3 — cut 2
- flower template 4 — cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

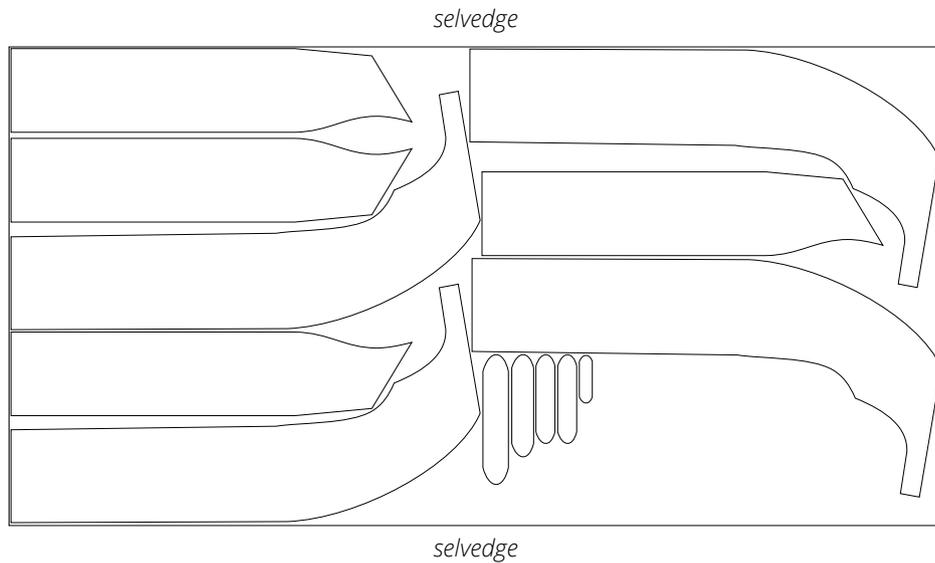
All pattern pieces include seam allowances as follows:

- neckline and center front edges — 2 cm (3/4")
- all other edges — 1 cm (3/8")

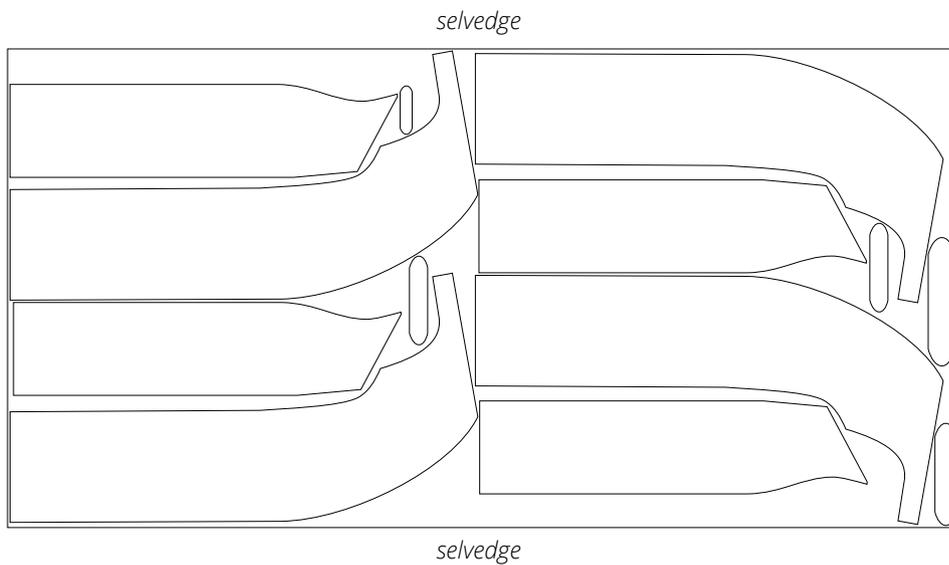
Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

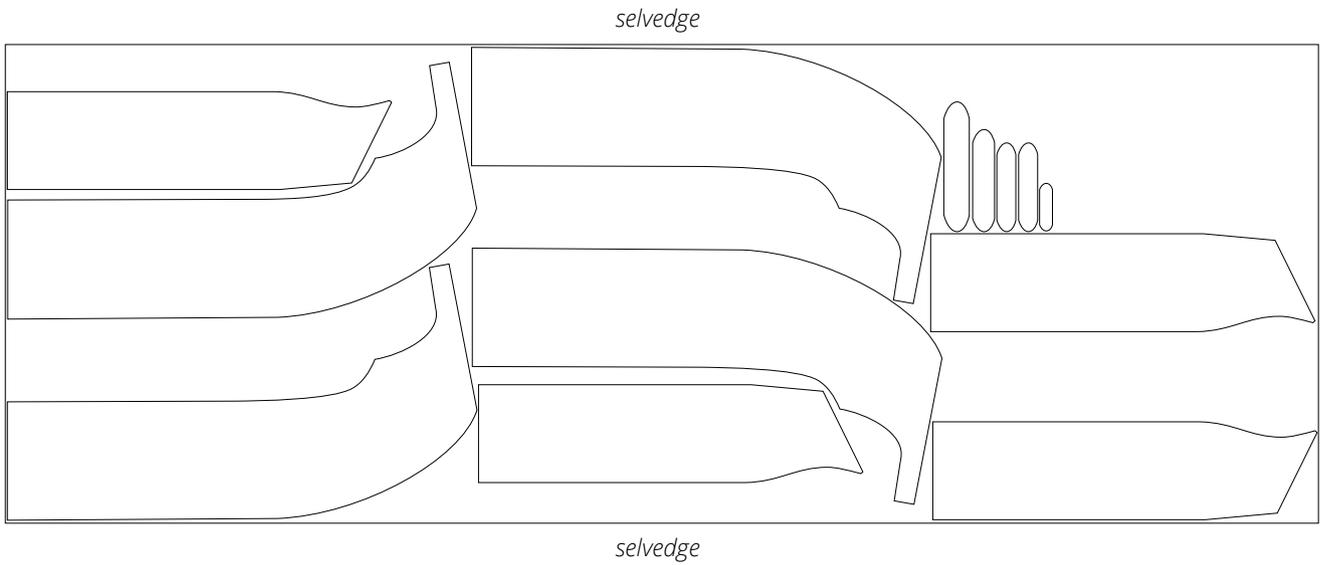
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 34-40 in all heights



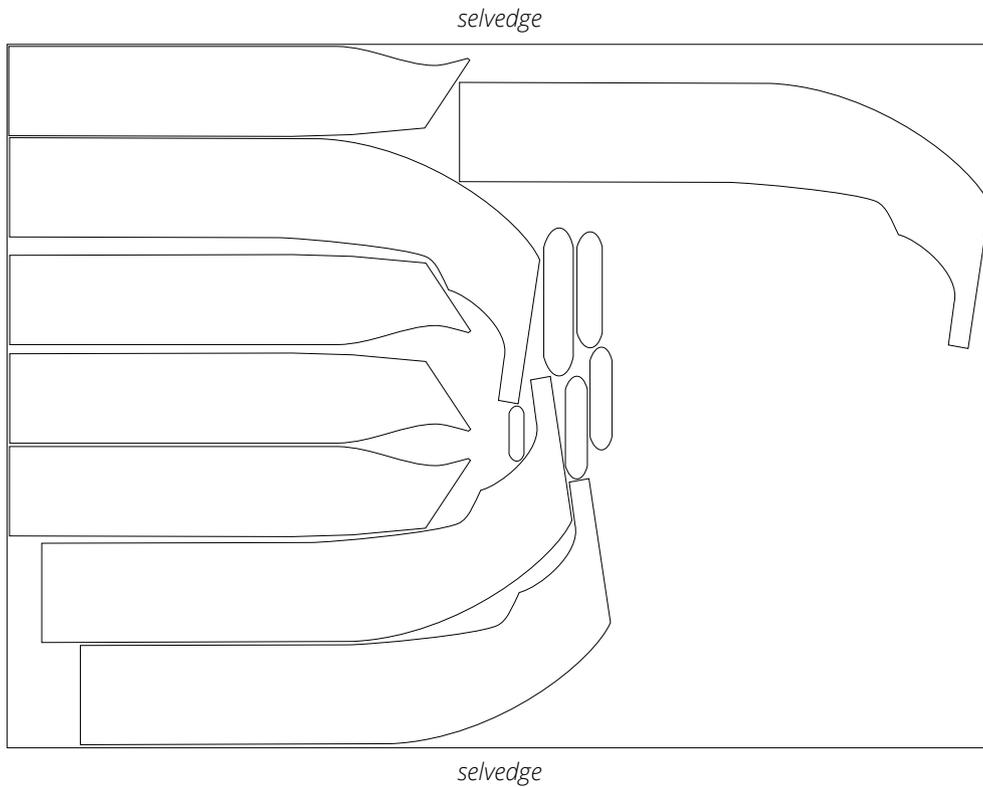
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 42-48 in all heights



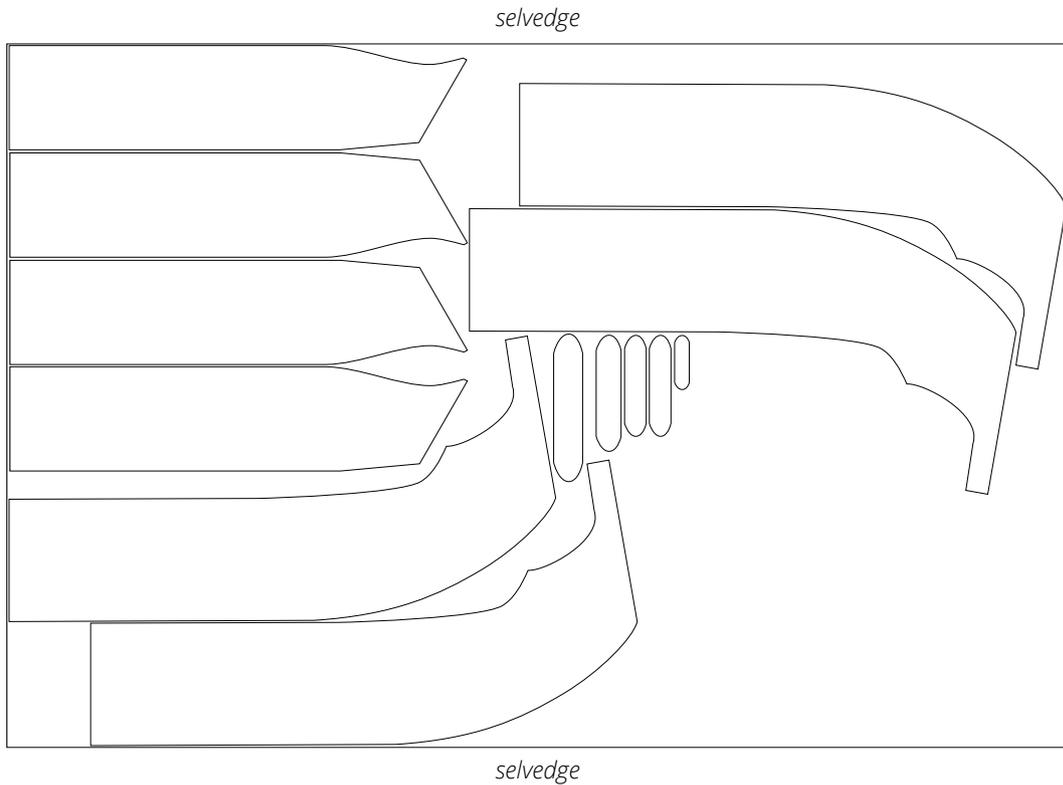
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 50-52 in all heights



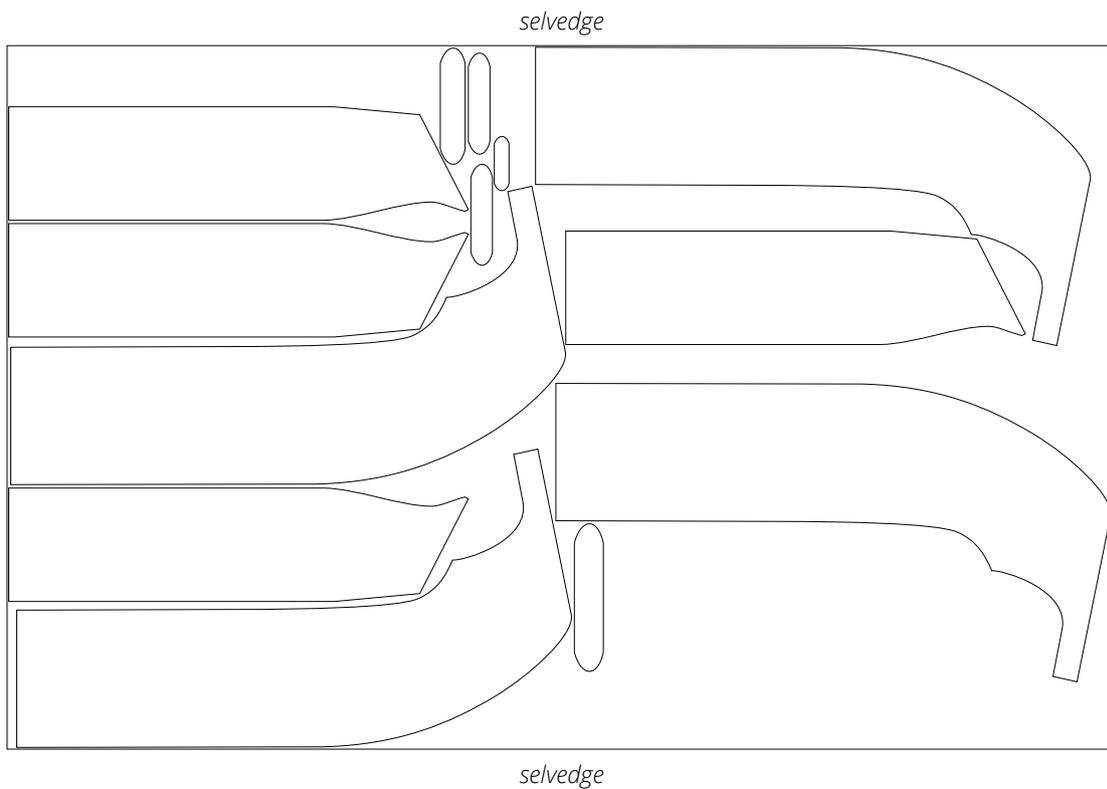
Main fabric, 180 cm (71") wide, with a directional print/nap, cut on a single layer,
for sizes 34-36 in all heights



Main fabric, 180 cm (71") wide, with a directional print/nap, cut on a single layer,
for sizes 38–46 in all heights



Main fabric, 180 cm (71") wide, with a directional print/nap, cut on a single layer,
for sizes 48–52 in all heights



READY? LET'S GET SEWING!



Press the center seam allowances of the garment back towards the left back piece. Press the center seam allowances of the back lining towards the right back lining piece.



Place the assembled back right sides together with the front pieces.

Place the assembled back lining right sides together with the front lining pieces.

Align the side edges, match the notches, and pin. Stitch on the overlocker. When stitching the side seams on the outer garment, keep the back facing up.

When stitching the side seams on the lining, keep the front lining facing up.



Press the side seam allowances of the outer garment towards the front.

Press the side seam allowances of the lining towards the back.