

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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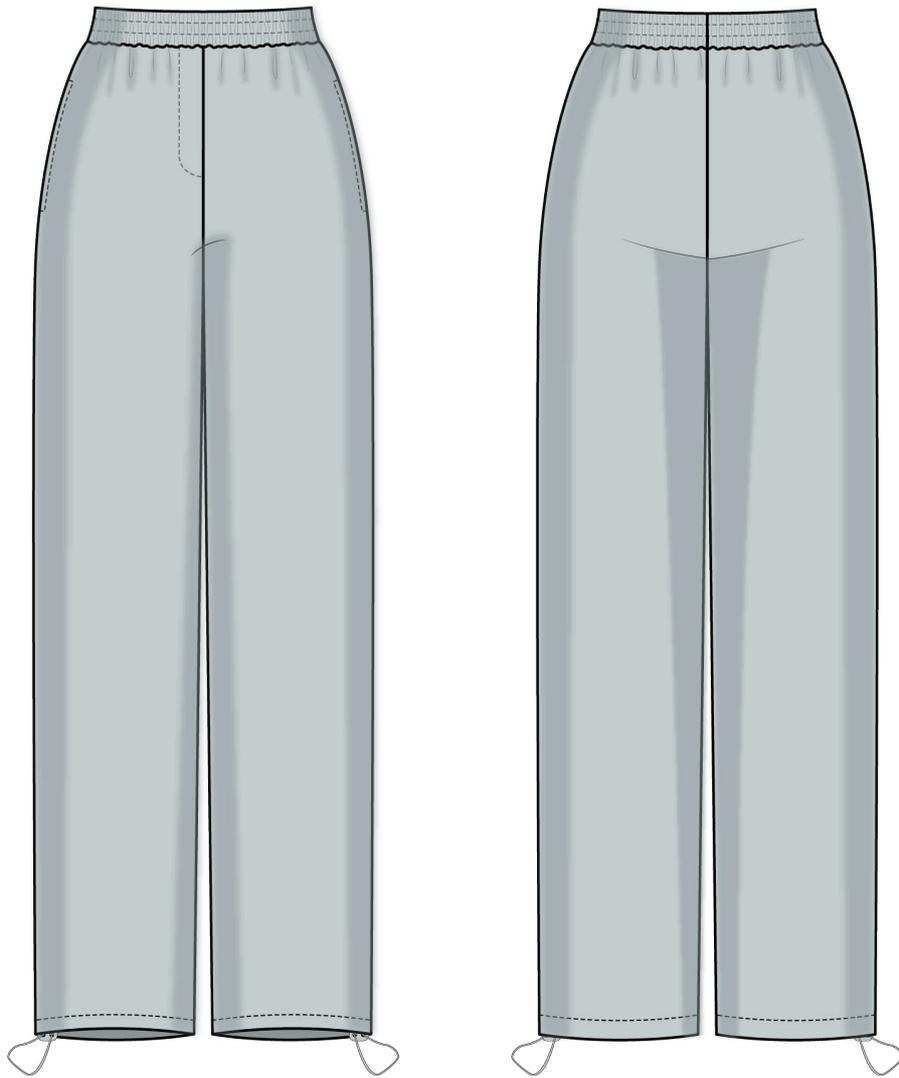


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## OBARA PATTERN DESCRIPTION

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Obara is a pair of semi-fitted pants with a straight silhouette. The pants are insulated and fully lined. The upper edge of the grown-on elasticated waistband sits below the natural waistline and is decorated with topstitching. The side seams have pockets in them. An elastic cord with a stopper is threaded through the casing at the garment hem. The pants are below-the-ankle length.



## IMPORTANT

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

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|        | Waistline ease | Hipline ease  |
|--------|----------------|---------------|
| cm     | 29.7           | 14 – 15.5     |
| inches | 1 1/4          | 5 1/2 – 6 1/8 |

# GARMENT LENGTH, SLEEVE LENGTH

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| Height, cm  | Side seam length including waistband, cm | Finished hem width, cm |
|-------------|--|------------------------|
| 1 (154–160) | 107.2 – 110.3                            | 24.9 – 34.1            |
| 2 (162–168) | 111.5 – 114.6                            | 24.9 – 34.1            |
| 3 (170–176) | 115.8 – 118.9                            | 24.9 – 34.1            |
| 4 (178–184) | 120.1 – 123.2                            | 24.9 – 34.1            |

| Height, ft     | Center back length from waist down, in | Finished hem width, cm |
|----------------|--|------------------------|
| 1 (5'1"–5'3")  | 42 1/4–43 3/8                          | 9 3/4–13 3/8           |
| 2 (5'4"–5'6")  | 43 7/8–45 1/8                          | 9 3/4–13 3/8           |
| 3 (5'7"–5'9")  | 45 5/8–46 3/4                          | 9 3/4–13 3/8           |
| 4 (5'10"–6'1") | 47 1/4–48 1/2                          | 9 3/4–13 3/8           |

# SUGGESTED FABRICS

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To sew these pants, choose heavyweight or medium weight, non-stretch or low-stretch, hygroscopic, water-repellent, wind-resistant outerwear and raincoat fabrics made of natural fibers (cotton), artificial fibers (viscose), blended fibers (cotton + polyester, viscose + polyester, etc.), or synthetic fibers (polyester, polyester + elastane).

The following fabrics are recommended: raincoat fabrics, outerwear fabrics, dewspo, taslan, taffeta, oxford, and membrane fabrics.

For the lining, use lining fabrics made of artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), or synthetics (polyester, polyester + elastane).

For insulation, we recommend Juli-Tex Thermo and Thinsulate with a fabric weight of 50–100 g/m<sup>2</sup>. These insulators are thin, warm, and windproof, providing thermal protection without adding bulk.

The trousers in the photo are made of outerwear fabric. The fabric is medium weight and low-stretch. The fiber content is 100% polyester. The fabric weight is 280 g/m<sup>2</sup>. The lining is made of 100% viscose. The insulation is Juli-Tex Thermo with a fabric weight of 100 g/m<sup>2</sup>.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

| Height, cm  | Size  |      |      |      |      |      |      |       |
|-------------|-------|------|------|------|------|------|------|-------|
|             | 34-36 | 38   | 40   | 42   | 44   | 46   | 48   | 50-52 |
| 1 (154-160) | 1.65  | 2.05 | 2.05 | 2.05 | 2.1  | 2.15 | 2.3  | 2.4   |
| 2 (162-168) | 1.7   | 2.1  | 2.15 | 2.15 | 2.2  | 2.25 | 2.35 | 2.45  |
| 3 (170-176) | 1.75  | 2.2  | 2.2  | 2.25 | 2.25 | 2.3  | 2.45 | 2.55  |
| 4 (178-184) | 1.8   | 2.3  | 2.3  | 2.3  | 2.35 | 2.4  | 2.55 | 2.65  |

Main fabric, 55" wide, with a directional print/nap, in yards:

| Height, ft     | Size            |                 |                 |                 |                 |                 |                 |                 |
|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
|                | 34-36           | 38              | 40              | 42              | 44              | 46              | 48              | 50-52           |
| 1 (5'1"-5'3")  | 1 $\frac{3}{4}$ | 2 $\frac{1}{4}$ | 2 $\frac{1}{4}$ | 2 $\frac{1}{4}$ | 2 $\frac{1}{4}$ | 2 $\frac{3}{8}$ | 2 $\frac{1}{2}$ | 2 $\frac{5}{8}$ |
| 2 (5'4"-5'6")  | 1 $\frac{7}{8}$ | 2 $\frac{1}{4}$ | 2 $\frac{3}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{1}{2}$ | 2 $\frac{5}{8}$ | 2 $\frac{5}{8}$ |
| 3 (5'7"-5'9")  | 1 $\frac{7}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{1}{2}$ | 2 $\frac{1}{2}$ | 2 $\frac{1}{2}$ | 2 $\frac{5}{8}$ | 2 $\frac{3}{4}$ |
| 4 (5'10"-6'1") | 2               | 2 $\frac{1}{2}$ | 2 $\frac{1}{2}$ | 2 $\frac{1}{2}$ | 2 $\frac{5}{8}$ | 2 $\frac{5}{8}$ | 2 $\frac{3}{4}$ | 2 $\frac{7}{8}$ |

2. Main fabric, 150 cm wide, with a directional print/nap, in meters:

| Height, cm  | Size  |      |       |      |      |      |      |
|-------------|-------|------|-------|------|------|------|------|
|             | 34-38 | 40   | 42-44 | 46   | 48   | 50   | 52   |
| 1 (154-160) | 1.65  | 1.7  | 2.05  | 2.05 | 2.1  | 2.15 | 2.25 |
| 2 (162-168) | 1.7   | 1.75 | 2.15  | 2.15 | 2.2  | 2.2  | 2.3  |
| 3 (170-176) | 1.75  | 1.8  | 2.2   | 2.25 | 2.25 | 2.3  | 2.4  |
| 4 (178-184) | 1.8   | 1.85 | 2.3   | 2.3  | 2.35 | 2.4  | 2.5  |

Main fabric, 59" wide, with a directional print/nap, in yards:

| Height, ft     | Size            |                 |                 |                 |                 |                 |                 |
|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
|                | 34-38           | 40              | 42-44           | 46              | 48              | 50              | 52              |
| 1 (5'1"-5'3")  | 1 $\frac{3}{4}$ | 1 $\frac{7}{8}$ | 2 $\frac{1}{4}$ | 2 $\frac{1}{4}$ | 2 $\frac{1}{4}$ | 2 $\frac{3}{8}$ | 2 $\frac{1}{2}$ |
| 2 (5'4"-5'6")  | 1 $\frac{7}{8}$ | 1 $\frac{7}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{3}{8}$ | 2 $\frac{1}{2}$ |
| 3 (5'7"-5'9")  | 1 $\frac{7}{8}$ | 2               | 2 $\frac{3}{8}$ | 2 $\frac{1}{2}$ | 2 $\frac{1}{2}$ | 2 $\frac{1}{2}$ | 2 $\frac{5}{8}$ |
| 4 (5'10"-6'1") | 2               | 2               | 2 $\frac{1}{2}$ | 2 $\frac{1}{2}$ | 2 $\frac{5}{8}$ | 2 $\frac{5}{8}$ | 2 $\frac{3}{4}$ |

3. Lining fabric, 140 cm wide, with a directional print/nap, in meters:

| Height, cm  | Size |       |      |      |       |      |      |       |
|-------------|------|-------|------|------|-------|------|------|-------|
|             | 34   | 36-38 | 40   | 42   | 44    | 46   | 48   | 50-52 |
| 1 (154-160) | 1.4  | 1.85  | 1.85 | 1.85 | 1.9   | 1.9  | 2.15 | 2.2   |
| 2 (162-168) | 1.45 | 1.95  | 1.95 | 1.95 | 2     | 2    | 2.2  | 2.25  |
| 3 (170-176) | 1.5  | 2     | 2.05 | 2.05 | 2.1   | 2.1  | 2.3  | 2.35  |
| 4 (178-184) | 1.55 | 2.1   | 2.1  | 2.1  | 2.155 | 2.15 | 2.4  | 2.45  |

Lining fabric, 55" wide, with a directional print/nap, in yards:

| Height, ft     | Size |       |     |     |     |     |     |       |
|----------------|------|-------|-----|-----|-----|-----|-----|-------|
|                | 34   | 36-38 | 40  | 42  | 44  | 46  | 48  | 50-52 |
| 1 (5'1"-5'3")  | 1 ½  | 2     | 2   | 2 ⅛ | 2 ⅛ | 2 ⅛ | 2 ¾ | 2 ¾   |
| 2 (5'4"-5'6")  | 1 ⅝  | 2 ⅛   | 2 ⅛ | 2 ⅛ | 2 ⅛ | 2 ¼ | 2 ¾ | 2 ½   |
| 3 (5'7"-5'9")  | 1 ⅝  | 2 ⅛   | 2 ¼ | 2 ¼ | 2 ¼ | 2 ¾ | 2 ½ | 2 ⅝   |
| 4 (5'10"-6'1") | 1 ¾  | 2 ¼   | 2 ¼ | 2 ¾ | 2 ¾ | 2 ½ | 2 ⅝ | 2 ⅝   |

4. Insulation Juli-Tex Thermo (Thinsulate), 150 cm wide, in meters:

| Height, cm  | Size |      |      |      |      |      |      |      |      |      |
|-------------|------|------|------|------|------|------|------|------|------|------|
|             | 34   | 36   | 38   | 40   | 42   | 44   | 46   | 48   | 50   | 52   |
| 1 (154-160) | 1.15 | 1.15 | 1.25 | 1.5  | 1.9  | 1.9  | 1.9  | 1.95 | 2    | 2.1  |
| 2 (162-168) | 1.15 | 1.2  | 1.3  | 1.55 | 1.95 | 1.95 | 2    | 2    | 2.05 | 2.2  |
| 3 (170-176) | 1.2  | 1.25 | 1.35 | 1.6  | 2.05 | 2.05 | 2.05 | 2.1  | 2.15 | 2.25 |
| 4 (178-184) | 1.25 | 1.3  | 1.4  | 1.7  | 2.1  | 2.15 | 2.15 | 2.15 | 2.2  | 2.35 |

Insulation Juli-Tex Thermo (Thinsulate), 59" wide, in yards:

| Height, ft     | Size |     |     |     |     |     |     |     |     |     |
|----------------|------|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|                | 34   | 36  | 38  | 40  | 42  | 44  | 46  | 48  | 50  | 52  |
| 1 (5'1"-5'3")  | 1 ¼  | 1 ¼ | 1 ⅜ | 1 ⅝ | 2 ⅛ | 2 ⅛ | 2 ⅛ | 2 ⅛ | 2 ⅛ | 2 ¼ |
| 2 (5'4"-5'6")  | 1 ¼  | 1 ¼ | 1 ⅜ | 1 ¾ | 2 ⅛ | 2 ⅛ | 2 ⅛ | 2 ⅛ | 2 ¼ | 2 ¾ |
| 3 (5'7"-5'9")  | 1 ¼  | 1 ⅜ | 1 ½ | 1 ¾ | 2 ¼ | 2 ¼ | 2 ¼ | 2 ¼ | 2 ¾ | 2 ½ |
| 4 (5'10"-6'1") | 1 ⅜  | 1 ⅜ | 1 ½ | 1 ⅞ | 2 ¼ | 2 ¾ | 2 ¾ | 2 ¾ | 2 ¾ | 2 ⅝ |

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

5. Elastic, 4 cm (1 5/8") wide — 75–95 cm (29 1/2–37 3/8"), depending on size. The exact elastic length is specified in the pattern.
6. Elastic round cord (including seam allowances), 3 mm (1/8") in diameter — 1.55–1.9 m (1 3/4–2 1/8 yd), depending on size.
7. Two cord stoppers with two openings for elastic cord
8. Four metal grommets, 5 mm (3/16") in diameter.
9. Matching thread — 1 spool for the sewing machine.
10. Topstitching thread matching the fabric (e.g., Madeira No. 35) — 1 spool.

## TOOLS AND EQUIPMENT

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- sewing machine for construction
- stitch-in-the-ditch foot for the sewing machine (optional)
- press tool and molds for installing grommets, hole puncher

## PATTERN PIECES LIST

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### 1. From main fabric:

- front leg — cut 2
- back leg — cut 2
- waistband — cut 1
- pocket lining — cut 4
- elastic holder — cut 1 (2 pcs.)

### 2. From lining:

- front leg lining — cut 2
- back leg lining — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

### 3. From insulation (Thinsulate):

- front leg — cut 2
- back leg — cut 2

# SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

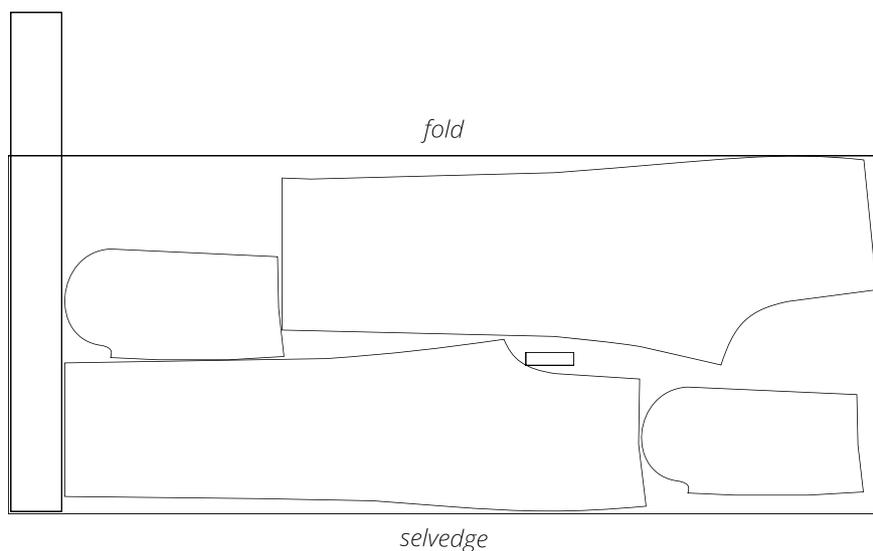
- garment hem allowance — 4 cm (1 5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

# CUTTING LAYOUT

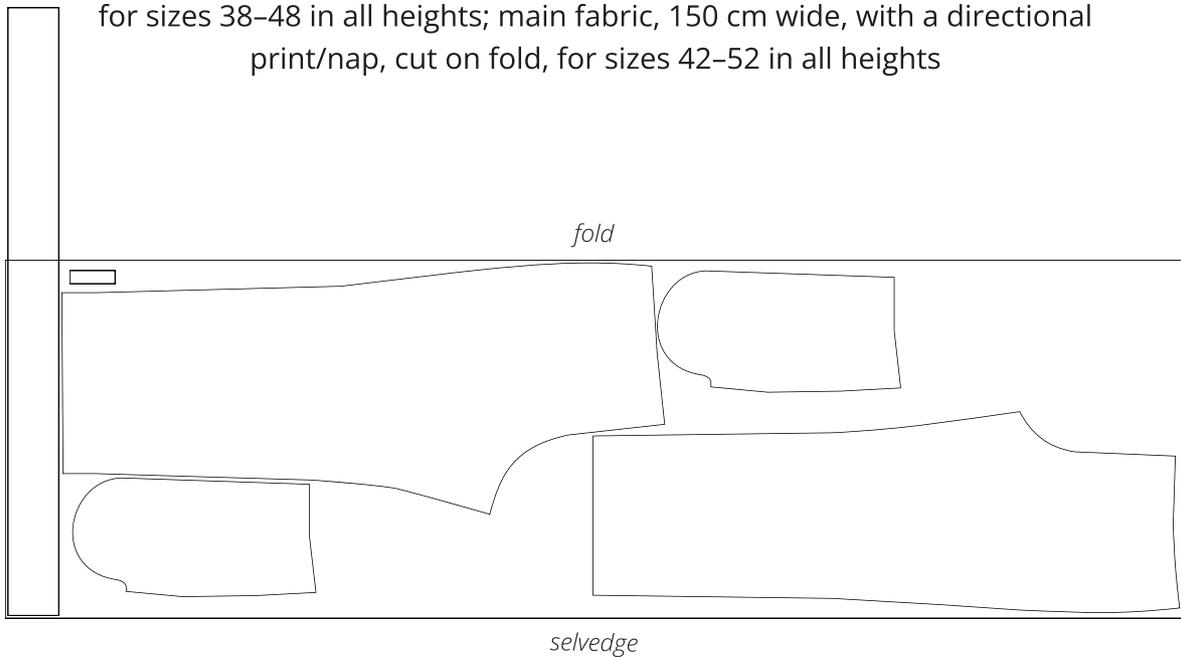
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Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34–36 in all heights; main fabric, 150 cm wide, with a directional print/nap, cut on fold, for sizes 34–40 in all heights



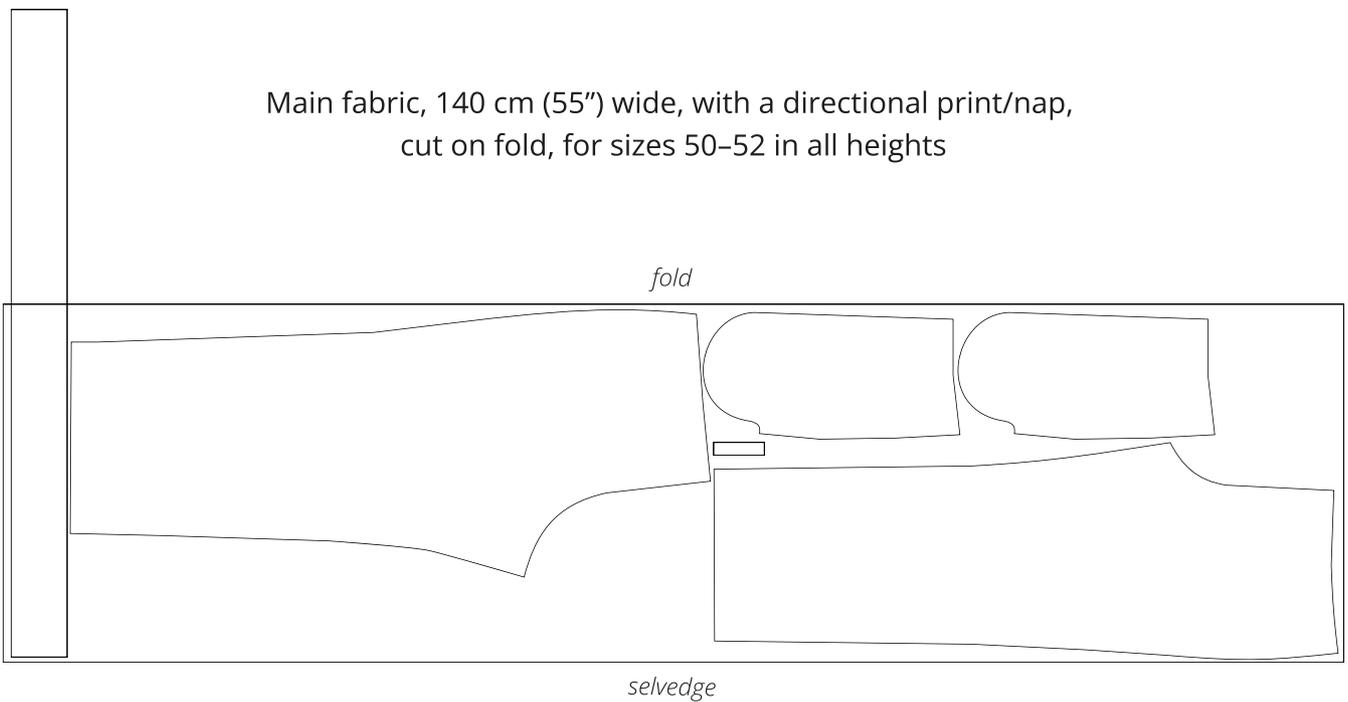
**Important!** The waistband piece is cut on a single layer out of leftover fabric as a single piece. The elastic holder piece is cut on a single layer.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 38-48 in all heights; main fabric, 150 cm wide, with a directional print/nap, cut on fold, for sizes 42-52 in all heights



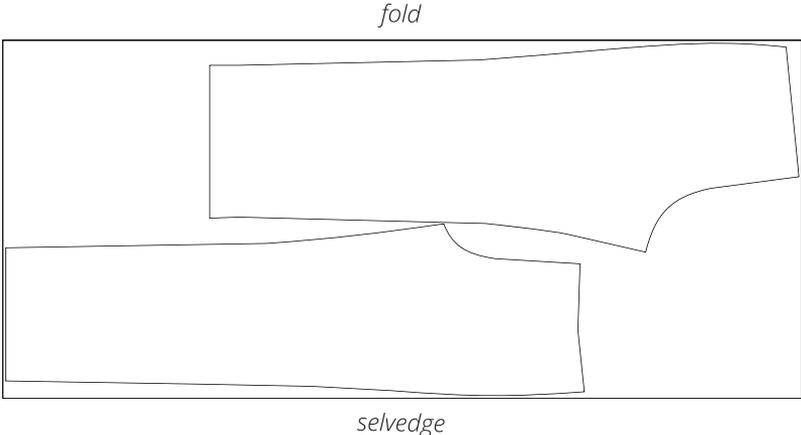
**Important!** The waistband piece is cut on a single layer out of leftover the fabric as a single piece. The elastic holder piece is cut on a single layer.

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 50-52 in all heights

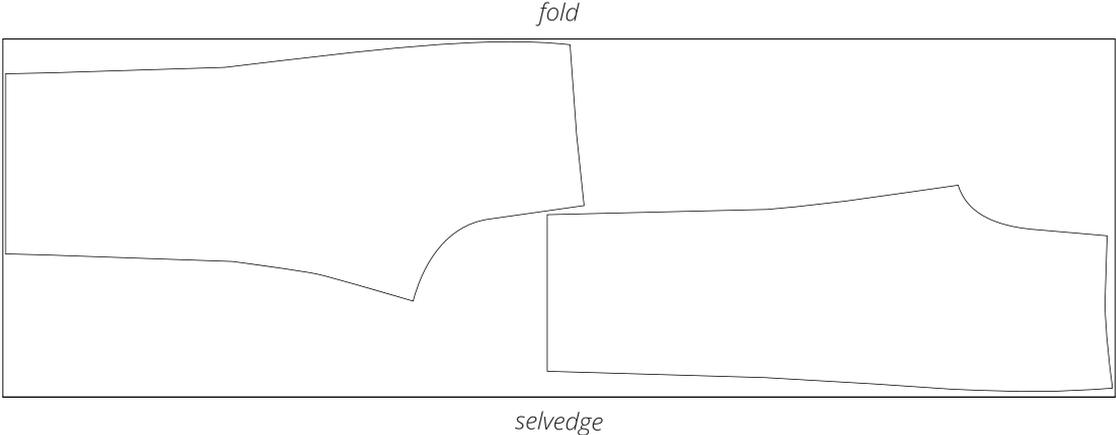


**Important!** The waistband piece is cut on a single layer out of leftover fabric as a single piece. The elastic holder piece is cut on a single layer.

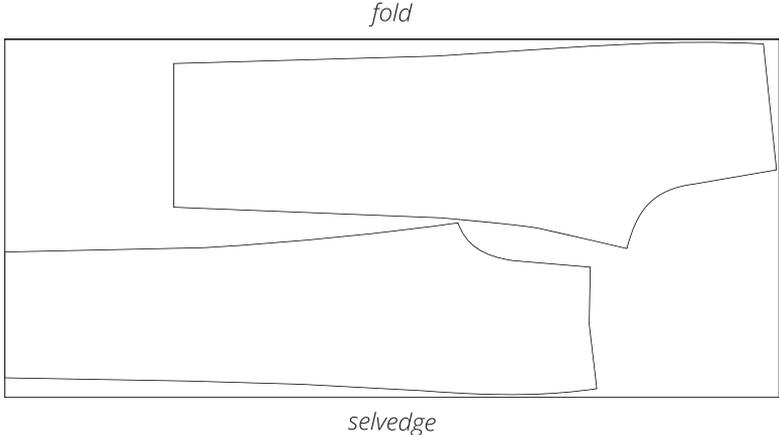
Additional fabric (insulation), 150 cm wide,  
cut on fold, for sizes 34–40 in all heights



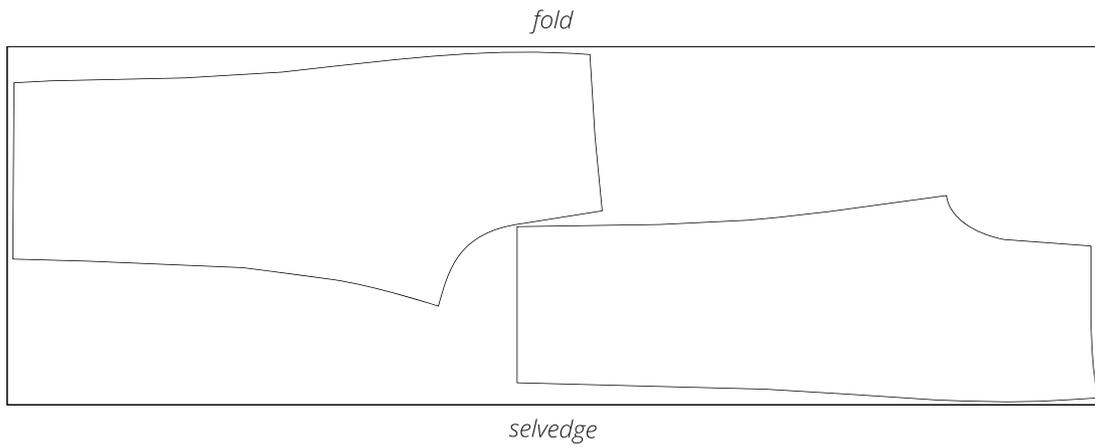
Additional fabric (insulation), 150 cm wide,  
cut on fold, for sizes 42–52 in all heights



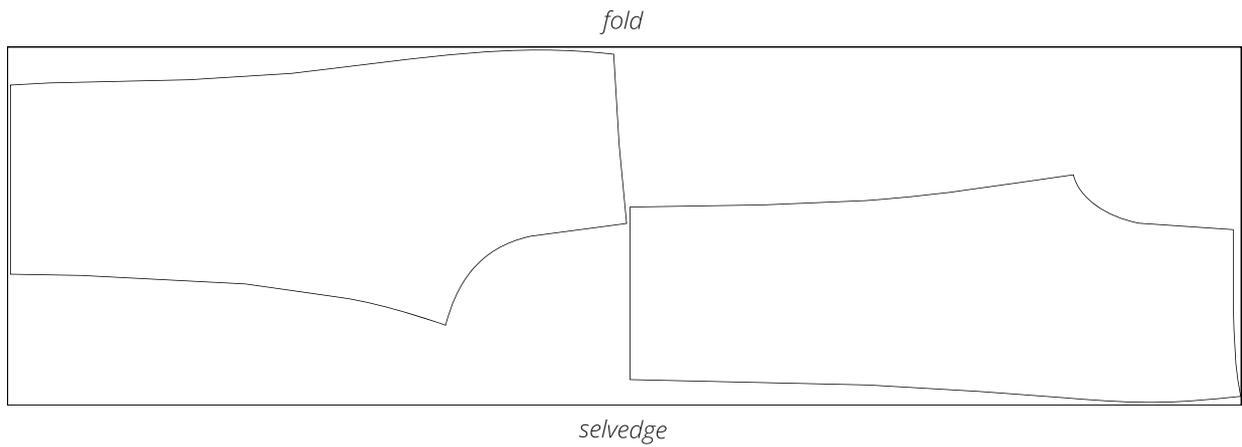
Lining fabric, 140 cm (55") wide, with a directional print,  
cut on fold, for size 34 in all heights



Lining fabric, 140 cm (55") wide, with a directional print,  
cut on fold, for sizes 36–48 in all heights

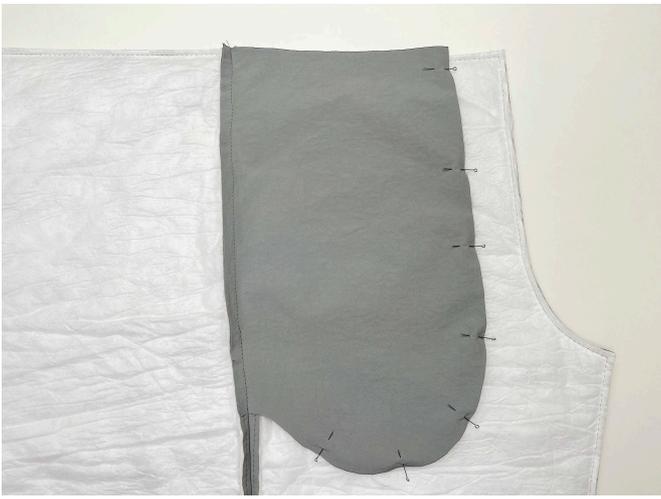


Lining fabric, 140 cm (55") wide, with a directional print,  
cut on fold, for sizes 50–52 in all heights



**READY? LET'S GET SEWING!**

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Place the pocket lining pieces right sides together, align the edges, and pin.



Machine-stitch, with the pocket bottom lining piece facing up. Start stitching at the side seam. Backstitch at the beginning and end of the seam.



Working from the right side of the front leg, sew bartacks at the beginning and end of the pocket opening.

Stitch back and forth 3 times (stitch-on-stitch) perpendicular to the pocket opening.

The bartack should be 5-7 mm (about 1/4") long.



Secure the side seam allowances to the insulation with diagonal hand stitches.