

FROM THE FOUNDER OF THE #VIKISEWS BRAND

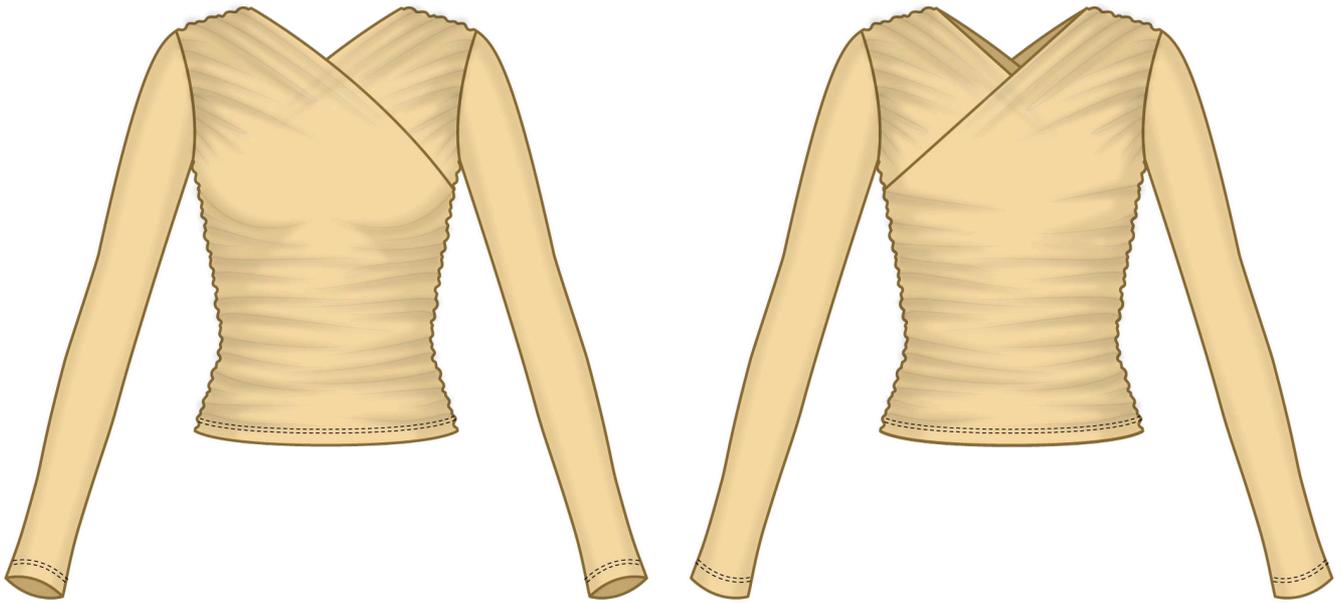


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



KEISHA PATTERN DESCRIPTION

Keisha is close-fitting long sleeve top with gathers at the shoulder and side seams. The long-sleeve top has a wrap design at the front and back, a deep V-neckline, and long, set-in, semi-fitted sleeves. Keisha is below-waist length.



IMPORTANT

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Upper arm ease
cm	-25.9 to -13.3	-10.5 to -4.4	-1.5
inches	-10 ¼ to -5 ¼	4 ½ to -1 ¾	- 5/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length from waist down, cm	Sleeve length, cm
1 (154–160)	15.5 –12	59.3 –61
2 (162–168)	17.5 –14	61.3 –63
3 (170–176)	19.6 –16	63.3 –64.8
4 (178–184)	21.6 –18	65.3 –67

Height, ft	Center back length from waist down, in	Sleeve length, in
1 (5'1"–5'3")	6 ⅛–4 ¾	23 ¾–24
2 (5'4"–5'6")	6 ⅞–5 ½	24 ⅛–24 ¾
3 (5'7"–5'9")	7 ¾–6 ¼	24 ⅞–25 ½
4 (5'10"–6'1")	8 ½–7 ½	25 ¾–26 ¾

SUGGESTED FABRICS

To sew this long sleeve top, choose knit fabrics with the following properties:

- soft, breathable, stretchy or with medium stretch (stretch factor 1.5–2.5), medium weight.

The fiber content should include elastane and can also include natural, artificial, blended, and synthetic fibers.

The following fabrics are recommended: modal, microfiber, knit fabrics, sweater knits.

Attention! We recommend using only stretchy fabrics for this long-sleeve top.

You can determine the fabric's stretch factor yourself: mark a 10 cm (4") section across the width, stretch it, and divide the stretched length by 10 to get the stretch factor.

The long sleeve top in the photo is made of lightweight knit fabric. The fabric is medium weight, soft, and stretchy. The fiber content is 95% viscose + 5% elastane. The fabric weight is 220 g/m². The stretch factor is 2.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34-36	38	40-42	44	46	48	50-52
1 (154-160)	1.55	1.55	1.6	1.6	1.75	1.85	2.25
2 (162-168)	1.6	1.6	1.65	1.65	1.8	1.9	2.35
3 (170-176)	1.65	1.7	1.7	1.75	1.85	2.1	2.45
4 (178-184)	1.7	1.75	1.8	1.85	1.9	2.2	2.5

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size						
	34-36	38	40-42	44	46	48	50-52
1 (5'1"-5'3")	1 $\frac{3}{4}$	1 $\frac{3}{4}$	1 $\frac{3}{4}$	1 $\frac{3}{4}$	1 $\frac{7}{8}$	2	2 $\frac{1}{2}$
2 (5'4"-5'6")	1 $\frac{3}{4}$	1 $\frac{3}{4}$	1 $\frac{3}{4}$	1 $\frac{3}{4}$	2	2 $\frac{1}{8}$	2 $\frac{5}{8}$
3 (5'7"-5'9")	1 $\frac{3}{4}$	1 $\frac{7}{8}$	1 $\frac{7}{8}$	1 $\frac{7}{8}$	2	2 $\frac{1}{4}$	2 $\frac{5}{8}$
4 (5'10"-6'1")	1 $\frac{7}{8}$	1 $\frac{7}{8}$	2	2	2 $\frac{1}{8}$	2 $\frac{3}{8}$	2 $\frac{3}{4}$

2. Clear elastic, 0.7 cm wide, in centimeters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154-160)	94	93	92	91	90	89	88	87	86	85
2 (162-168)	99	98	97	96	95	94	93	92	91	90
3 (170-176)	104	103	102	101	100	99	99	98	97	96
4 (178-184)	109	108	107	106	105	105	104	103	102	101

Clear elastic, 1/4" wide, in inches:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"-5'3")	37	36 $\frac{5}{8}$	36 $\frac{1}{4}$	35 $\frac{7}{8}$	35 $\frac{3}{8}$	35	34 $\frac{5}{8}$	34 $\frac{1}{4}$	33 $\frac{7}{8}$	33 $\frac{1}{2}$
2 (5'4"-5'6")	39	38 $\frac{5}{8}$	38 $\frac{1}{4}$	37 $\frac{3}{4}$	37 $\frac{3}{8}$	37	36 $\frac{5}{8}$	36 $\frac{1}{4}$	35 $\frac{7}{8}$	35 $\frac{3}{8}$
3 (5'7"-5'9")	41	40 $\frac{1}{2}$	40 $\frac{1}{8}$	39 $\frac{3}{4}$	39 $\frac{3}{8}$	39	39	38 $\frac{5}{8}$	38 $\frac{1}{4}$	37 $\frac{3}{4}$
4 (5'10"-6'1")	42 $\frac{7}{8}$	42 $\frac{1}{2}$	42 $\frac{1}{8}$	41 $\frac{3}{4}$	41 $\frac{3}{8}$	41 $\frac{3}{8}$	41	40 $\frac{1}{2}$	40 $\frac{1}{8}$	39 $\frac{3}{4}$

3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker / 3 spools for the coverstitch machine)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for joining and finishing seam allowances. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, the hem can be finished with a twin needle on any regular sewing machine that can do a zigzag stitch

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles that part the threads of the knit fabric without piercing them as you sew.*

PATTERN PIECES LIST

From main fabric:

- outer front — cut 1
- inner front — cut 1
- outer back — cut 1
- inner back — cut 1
- sleeve — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

***IMPORTANT!** The pattern pieces that have the "face" inscription on them should be placed with the blank side onto the right side of fabric when cutting.*

SEAM ALLOWANCES

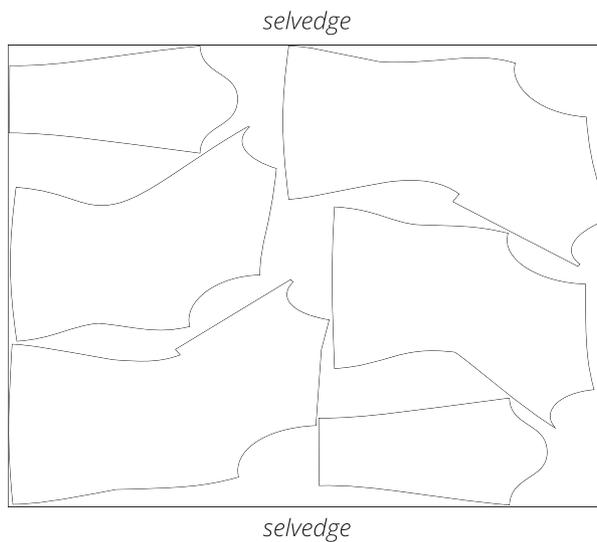
All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- sleeve hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

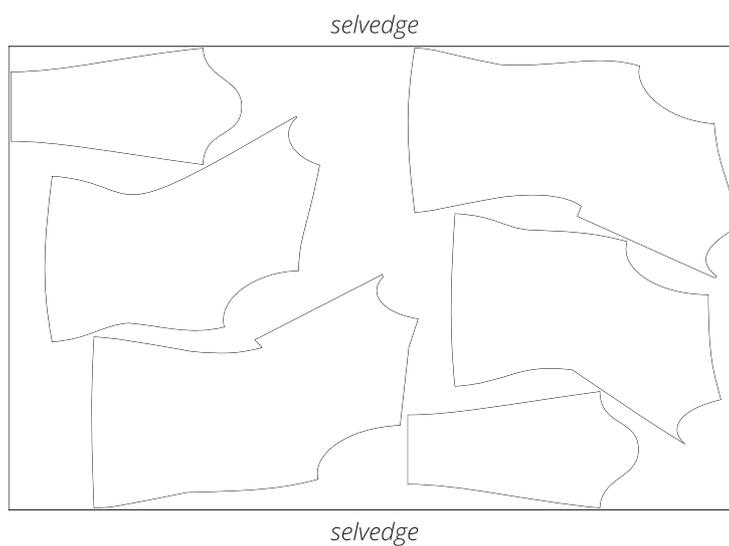
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 34–44 in all heights



Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 46–48 in all heights



Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 50–52 in all heights



READY? LET'S GET SEWING!



On the outer and inner front pieces, pull on both bobbin (lower) threads simultaneously to gather the bust section to the length specified on the pattern.



Lay the inner front piece right side up on the table.

Place the outer front piece wrong side down to the right side of the inner front piece.



On the outer front piece, fold the grown-on facing to the wrong side along the foldline.