

FROM THE FOUNDER OF THE #VIKISEWS BRAND

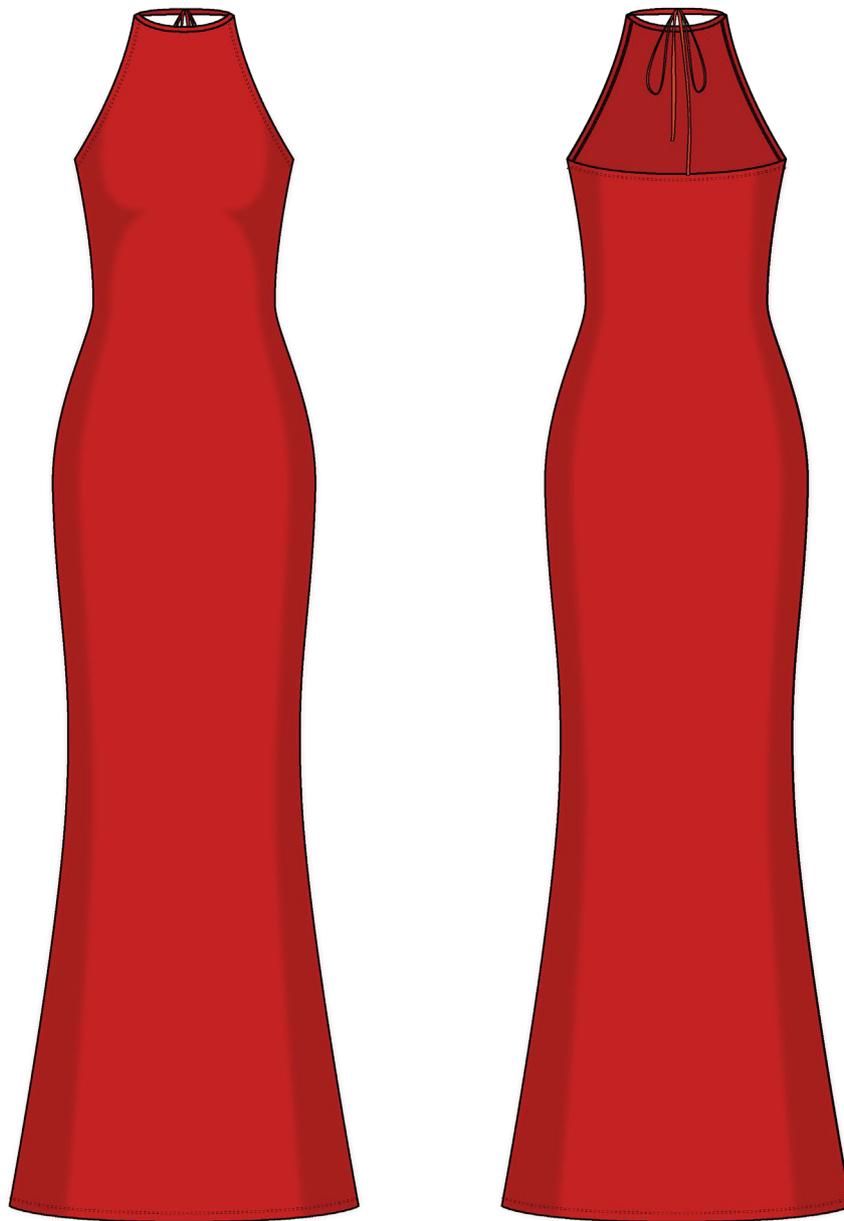


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



DONNA PATTERN DESCRIPTION

Donna is a close-fitting dress with an accentuated waist and a slight flare at the bottom. It features a high round neckline at the front and a deep cutout with neckties at the back. The dress is ankle-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease
cm	-1 to -2	-1.4 to -9.4	0.4 to -11.9
inches	-3/8 to -3/4	-1/2 to -3 3/4	1/8 to -4 5/8

GARMENT LENGTH

Height, cm	Back length, cm	Height, ft	Back length, in
1 (154–160)	109	1 (5'1"–5'3")	42 7/8
2 (162–168)	112	2 (5'4"–5'6")	44 1/8
3 (170–176)	115	3 (5'7"–5'9")	45 1/4
4 (178–184)	118	4 (5'10"–6'1")	46 1/2

SUGGESTED FABRIC

To sew this dress, choose soft, medium-weight, stretchy knit fabrics made of natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: knits, rib knits, lightweight double knits. The stretch factor should be 1.5–1.8.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The dress in the photo is made of lightweight double knits. The fabric is medium weight, soft, and stretchy. The fiber content is 95% polyester and 5% elastane. The fabric weight is 240 g/m². The stretch factor is 1.5.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size		
	34	36-50	52
1 (154-160)	1.8	2.9	2.95
2 (162-168)	1.95	2.95	3
3 (170-176)	2.15	3.05	3.05
4 (178-184)	2.3	3.1	3.15

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size		
	34	36-50	52
1 (5'1"-5'3")	2	3 1/8	3 1/4
2 (5'4"-5'6")	2 1/8	3 1/4	3 1/4
3 (5'7"-5'9")	2 3/8	3 3/8	3 3/8
4 (5'10"-6'1")	2 1/2	3 3/8	3 1/2

Main fabric, 150 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	34	36	38	40-50	52
1 (154-160)	1.55	1.75	1.85	2.9	2.95
2 (162-168)	1.7	1.85	2.05	2.95	3
3 (170-176)	1.85	2	2.2	3.05	3.05
4 (178-184)	2	2.15	2.7	3.1	3.15

Main fabric, 59" wide, with a directional print/nap, in yards:

Height, ft	Size				
	34	36	38	40-50	52
1 (5'1"-5'3")	1 3/4	1 7/8	2	3 1/8	3 1/4
2 (5'4"-5'6")	1 7/8	2	2 1/4	3 1/4	3 1/4
3 (5'7"-5'9")	2	2 1/8	2 3/8	3 3/8	3 3/8
4 (5'10"-6'1")	2 1/8	2 3/8	3	3 3/8	3 1/2

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Clear elastic, 1 cm (3/8") wide, for all heights:

Size	34	36	38	40	42	44	46	48	50	52
meters	1.15	1.2	1.25	1.3	1.35	1.4	1.45	1.5	1.6	1.65
yards	1 1/4	1 1/4	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	1 5/8	1 3/4	1 3/4

3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker / 3 spools for the coverstitch machine)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the bottom edge of the garment. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch
- loop turner

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.*

PATTERN PIECES LIST

From main fabric:

- front — cut 1 on fold
- back — cut 1 on fold
- neck binding — cut 1

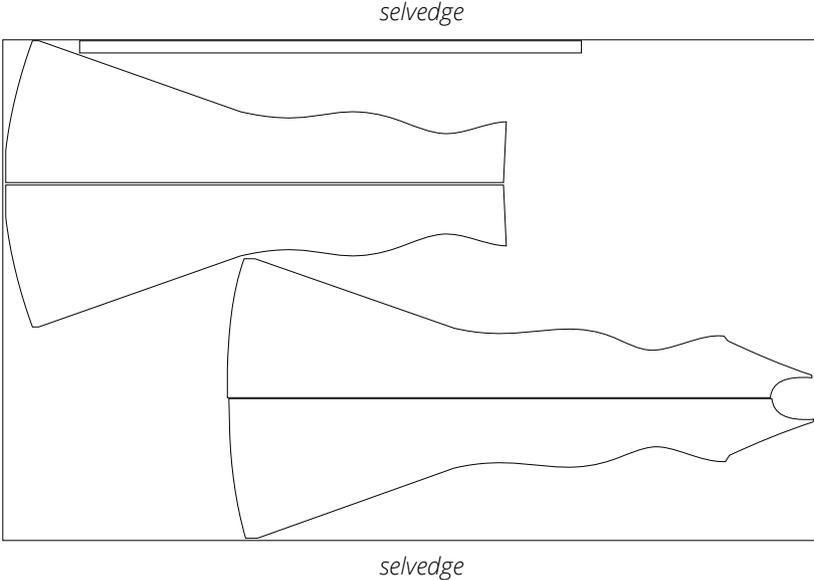
***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

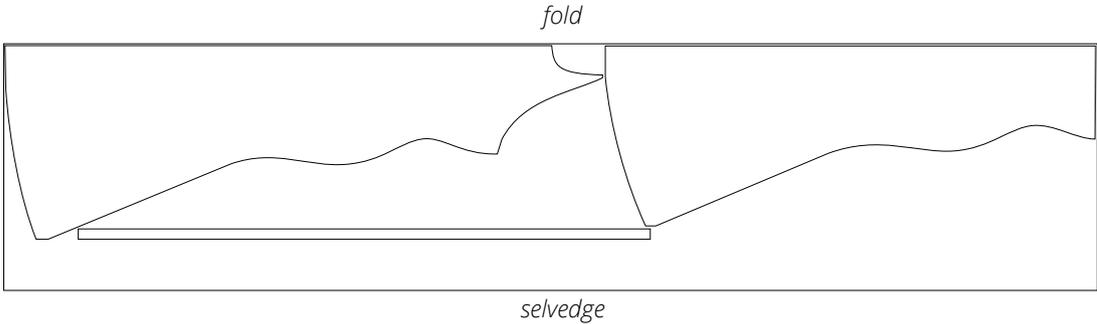
All pattern pieces include 1 cm (3/8") seam allowances.
Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer, for size 34 in all heights

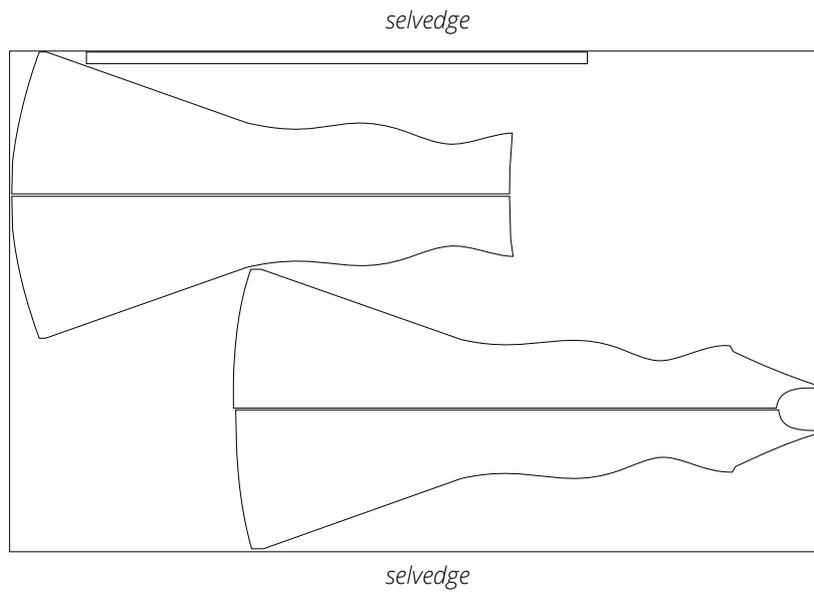


Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 36-52 in all heights

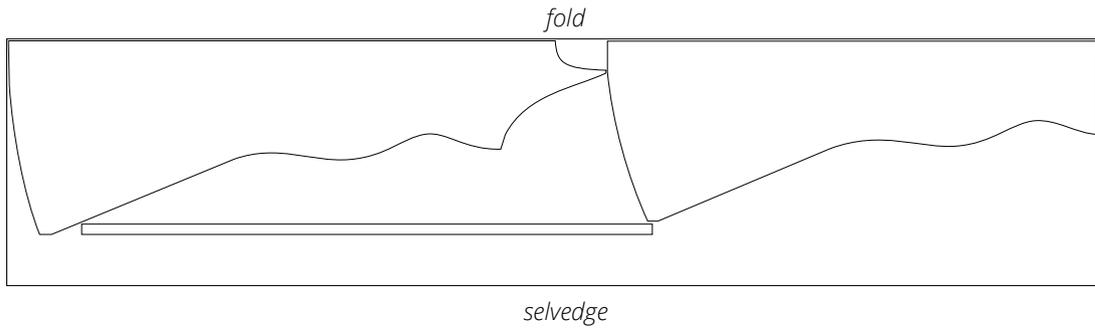


Attention! Cut only one neck binding piece.

Main fabric, 150 cm (59") wide, with a directional print/nap,
cut on a single layer, for sizes 34-38 in all heights



Main fabric, 150 cm (59") wide, with a directional print/nap,
cut on fold, for sizes 40-52 in all heights

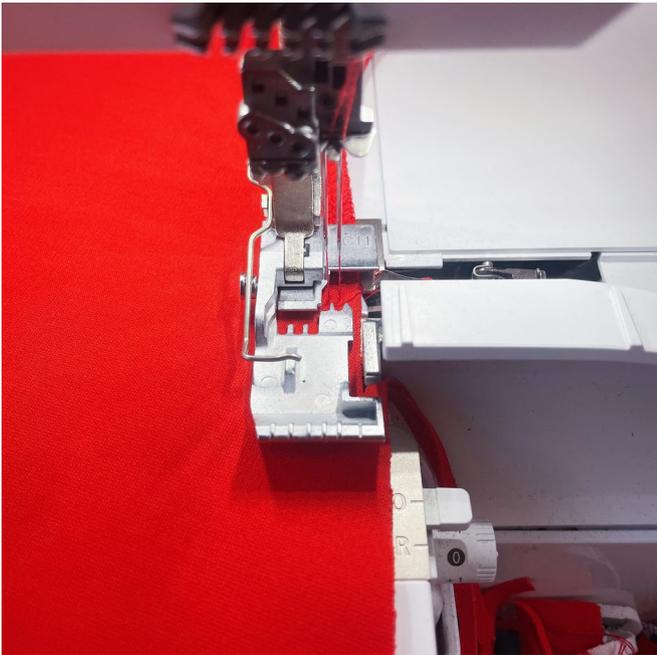


Attention! Cut only one neck binding piece.

READY? LET'S GET SEWING!



Place the front and back pieces right sides together and align the side edges. Match the notches and pin.



Stitch on the overlocker, with the front piece facing up.

Use a 4-thread overlocker for this step, as well as for the following similar steps. You can replace the overlocker with a stretch or zigzag stitch on your sewing machine.

Important! All pattern pieces include 1 cm (3/8") seam allowances. The overlocker stitch width is 7 mm (just over 1/4"), so 3 mm (1/8") need to be trimmed off. You can either trim the seam allowances beforehand or let the overlocker cut off the extra fabric while stitching.



Press the seam flat.

Remove the gathering stitches carefully from the side edges of the front to ensure the seam remains slightly stretchy.