

FROM THE FOUNDER OF VIKISEWS®



In 2016, when I was creating my first patterns and instructions, I simply wanted to solve the difficulties I had faced myself at the start of my sewing journey. I missed stylish patterns with a good fit and clear sewing instructions. Step by step, this is how Vikisews came about — a brand that helps people who sew beautiful, up-to-date clothes with their own hands.



Every one of our instructions is the result of careful teamwork. We hope they help your hobby grow — and perhaps even turn it into your life's work. Enjoy the process and create a thoughtful, stylish wardrobe.

If you have any questions, email us at info@vikisews.com



LAWEN PATTERN DESCRIPTION

Lawen is a close-fitting long sleeve top. The right shoulder seam features a pleat and gathers, and the left side seam features a pleat and gathers as well. The neckline is finished with a grown-on facing. The long set-in sleeves are close-fitting and gathered at the seam. Lawen is below-waist length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Bust ease (estimated)	Waistline ease	Hipline ease (at the hem)	Upper arm ease
cm	-5.6 to 4.6	-8.2 to -1.9	-17.6 to -11.4	-3.4 to -2
inches	-2 1/4 to 1 3/4	-3 1/4 to -3/4	-6 7/8 to -4 1/2	-1 3/8 to -3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length from waist down, cm	Sleeve length, cm
1 (154–160)	18.4–19.4	51.7–53.4
2 (162–168)	20.4–21.4	53.7–55.4
3 (170–176)	22.5–23.4	55.7–57.2
4 (178–184)	24.5–25.5	57.7–59.4

Height, ft	Center back length from waist down, in	Sleeve length, in
1 (5'1"–5'3")	7 1/4–7 5/8	20 3/8–21
2 (5'4"–5'6")	8–8 3/8	21 1/8–21 3/4
3 (5'7"–5'9")	8 7/8–9 1/4	21 7/8–22 1/2
4 (5'10"–6'1")	9 5/8–10	22 3/4–23 3/8

SUGGESTED FABRIC

To sew this long sleeve top, choose soft, stretchy and high-stretch knit fabrics (2.0–3.0 stretch factor) made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: modal, microfiber jersey, knits, sweater knits, and viscose knits.

Attention! We recommend using only stretchy fabrics for this long sleeve top.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The long sleeve top in the photo is made of lightweight sweater knit. The fiber content is 95% wool + 5% elastane. The fabric weight is 120 g/m². The stretch factor is 2.0.

FABRIC AND NOTIONS REQUIREMENTS

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	34	36	38	40	42-52
1 (154-160)	0.8	0.8	1.2	1.25	1.3
2 (162-168)	0.8	0.95	1.25	1.3	1.35
3 (170-176)	0.85	1.15	1.3	1.35	1.4
4 (178-184)	0.9	1.3	1.35	1.4	1.45

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size				
	34	36	38	40	42-52
1 (5'1"-5'3")	7/8	7/8	1 1/4	1 3/8	1 3/8
2 (5'4"-5'6")	7/8	1	1 3/8	1 3/8	1 1/2
3 (5'7"-5'9")	7/8	1 1/4	1 3/8	1 1/2	1 1/2
4 (5'10"-6'1")	1	1 3/8	1 1/2	1 1/2	1 5/8

2. Main fabric, 160 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34	36-42	44	46	48	50	52
1 (154-160)	0.8	0.8	0.85	1.2	1.2	1.25	1.3
2 (162-168)	0.8	0.85	0.95	1.2	1.25	1.3	1.35
3 (170-176)	0.85	0.85	1	1.25	1.3	1.35	1.4
4 (178-184)	0.9	0.9	1	1.3	1.35	1.4	1.45

Main fabric, 63" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34-42	44	46	48	50	52
1 (5'1"-5'3")	7/8	7/8	1 1/4	1 1/4	1 3/8	1 3/8
2 (5'4"-5'6")	7/8	1	1 1/4	1 3/8	1 3/8	1 1/2
3 (5'7"-5'9")	7/8	1 1/8	1 3/8	1 3/8	1 1/2	1 1/2
4 (5'10"-6'1")	1	1 1/8	1 3/8	1 1/2	1 1/2	1 5/8

3. Main fabric, 180 cm wide, with a directional print/nap, in meters:

Height, cm	Size					
	34	36-42	44	46-48	50	52
1 (154-160)	0.8	0.8	0.8	0.85	0.85	0.85
2 (162-168)	0.8	0.85	0.85	0.85	0.9	0.9
3 (170-176)	0.85	0.85	0.9	0.9	0.9	0.95
4 (178-184)	0.9	0.9	0.9	0.95	0.95	1

Main fabric, 71" wide, with a directional print/nap, in yards:

Height, ft	Size			
	34-42	44-48	50	52
1 (5'1"-5'3")	7/8	7/8	7/8	7/8
2 (5'4"-5'6")	7/8	7/8	1	1
3 (5'7"-5'9")	7/8	1	1	1
4 (5'10"-6'1")	1	1	1	1 1/8

4. Clear elastic, 7 mm wide, in centimeters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	17.4	17.2	17.1	16.9	16.8	16.7	16.5	16.4	16.3	16.2
2 (162–168)	18	17.8	17.7	17.5	17.4	17.3	17.2	17	16.9	16.8
3 (170–176)	18.6	18.4	18.3	18.1	18	17.9	17.8	17.6	17.5	17.4
4 (178–184)	19.2	19	18.9	18.7	18.6	18.5	18.4	18.2	18.1	18

Clear elastic, 1/4" wide, in inches:

Height, ft	Size						
	34	36–38	40–42	44	46	48	50–52
1 (5'1"–5'3")	6 7/8	6 3/4	6 5/8	6 5/8	6 1/2	6 1/2	6 3/8
2 (5'4"–5'6")	7 1/8	7	6 7/8	6 3/4	6 3/4	6 3/4	6 5/8
3 (5'7"–5'9")	7 3/8	7 1/4	7 1/8	7	7	6 7/8	6 7/8
4 (5'10"–6'1")	7 1/2	7 1/2	7 3/8	7 1/4	7 1/4	7 1/8	7 1/8

5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker / 3 spools for the coverstitch machine)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem and sleeve hems. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These have a ballpoint needle tip that parts the knit loops without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:

- front — cut 1
- back — cut 1
- sleeve — cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

IMPORTANT! If the pattern pieces have the "face" inscription, these pieces should be cut on the right side of the fabric.

SEAM ALLOWANCES

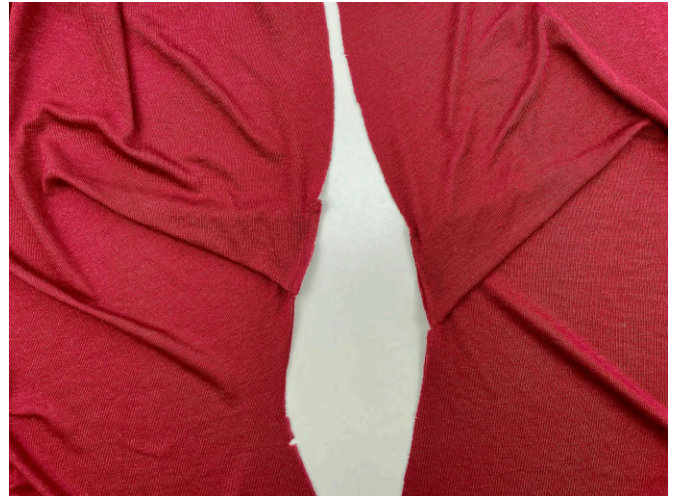
All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- sleeve hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

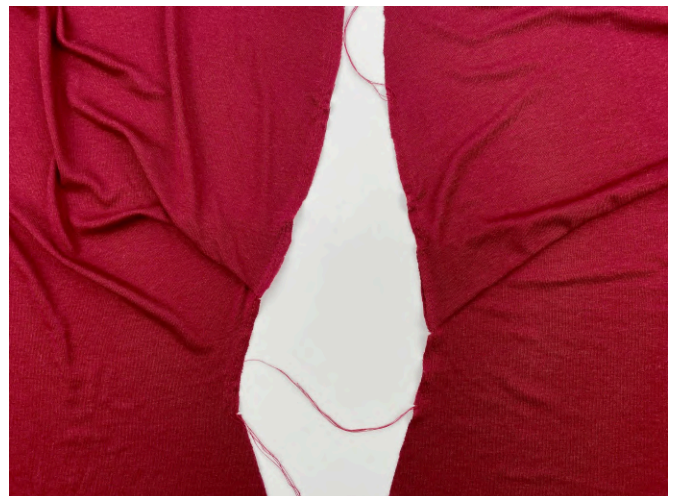
Take this into account when laying out the pattern pieces on the fabric.



1. On the front and back pieces, fold the knife pleats along the shoulder edges and the side edges at the waistline, following the notches and the direction indicated on the pattern. Pin.



2. Machine-stitch the pleats at 5 mm (just under 1/4") from the edges. Backstitch at the beginning and end of the seam.



3. On the front and back pieces, sew two rows of gathering stitches along the shoulder and side edges, within the sections indicated on the pattern. Machine-stitch at 4 mm (1/8") and 8 mm (just under 3/8") from the edges. Use a 5 mm stitch length. Do not backstitch.