

FROM THE FOUNDER OF VIKISEWS®

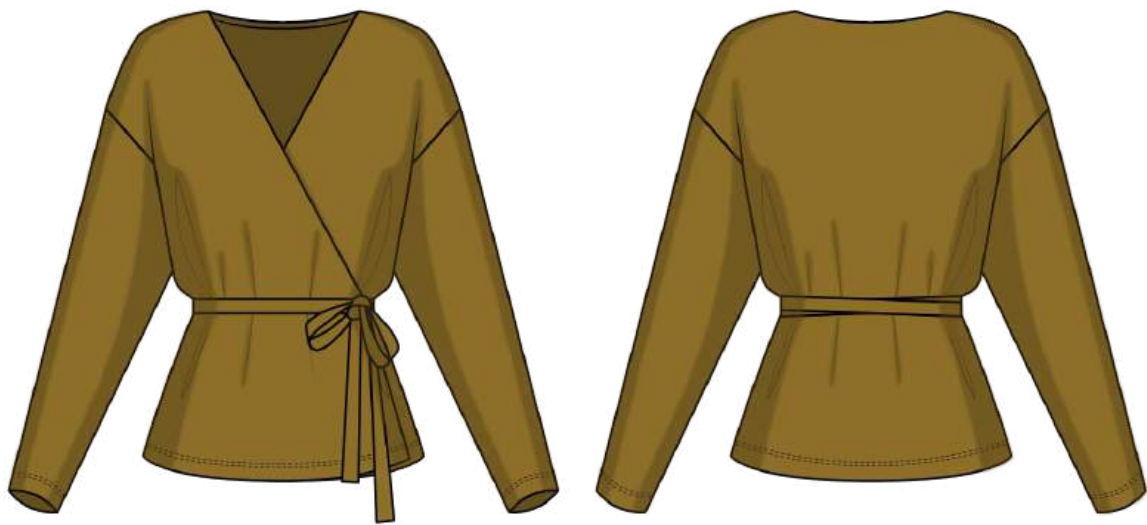


In 2016, when I was creating my first patterns and instructions, I simply wanted to solve the difficulties I had faced myself at the start of my sewing journey. I missed stylish patterns with a good fit and clear sewing instructions. Step by step, this is how Vikisews came about — a brand that helps people who sew beautiful, up-to-date clothes with their own hands.



Every one of our instructions is the result of careful teamwork. We hope they help your hobby grow — and perhaps even turn it into your life's work. Enjoy the process and create a thoughtful, stylish wardrobe.

If you have any questions, email us at info@vikisews.com



NEILA PATTERN DESCRIPTION

Neila is a semi-fitted cardigan with a straight silhouette. The front wraps over and fastens with long tie belts around the waist. The neckline is a deep V-neck, and the shoulder line is dropped. The long set-in sleeves are semi-fitted at the top and close-fitting at the bottom. Neila is hip-length.



PLEASE READ BEFORE USE

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	10.7–6	27.7–23.1	1.2 to -3.5	20.7–15.9
inches	4 1/4–2 3/8	10 7/8–9 1/8	1/2 to -1 3/8	8 1/8–6 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	54.5–60.9	62–70.1
2 (162–168)	57.5–63.9	63.9–72
3 (170–176)	60.5–66.9	65.8–73.9
4 (178–184)	63.5–69.9	67.7–75.8

Height, ft	Center back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	21 1/2–24	24 3/8–27 5/8
2 (5'4"–5'6")	22 5/8–25 1/8	25 1/8–28 3/8
3 (5'7"–5'9")	23 7/8–26 3/8	25 7/8–29 1/8
4 (5'10"–6'1")	25–27 1/2	26 5/8–29 7/8

SUGGESTED FABRIC

To sew this cardigan, choose pliable, soft, medium-weight knit fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: fine-gauge knits, wide rib knits, and sweater knits.

Attention! We recommend using only stretchy fabrics with a stretch factor of 1.2–1.5 for this cardigan.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The cardigan in the photo is made of lightweight sweater knit. The fiber content is 95% wool + 5% cotton. The fabric weight is 180 g/m². The stretch factor is 1.5.

FABRIC AND NOTIONS REQUIREMENTS

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.15	1.2	1.25	1.3	1.35	1.7	1.7	1.75	1.75	1.8
2 (162–168)	1.2	1.25	1.3	1.35	1.4	1.75	1.8	1.8	1.85	1.9
3 (170–176)	1.25	1.25	1.3	1.35	1.4	1.85	1.85	1.8	1.95	1.95
4 (178–184)	1.3	1.3	1.35	1.4	1.45	1.9	1.95	2	2	2.05

Main fabric, 55" wide, with a directional print/nap, in yards:

	Size								
Height, ft	34	36	38	40	42	44	46–48	50	52
1 (5'1"–5'3")	1 1/4	1 1/4	1 3/8	1 3/8	1 1/2	1 7/8	1 7/8	1 7/8	2
2 (5'4"–5'6")	1 1/4	1 3/8	1 3/8	1 1/2	1 1/2	1 7/8	2	2	2 1/8
3 (5'7"–5'9")	1 3/8	1 3/8	1 3/8	1 1/2	1 1/2	2	2	2 1/8	2 1/8
4 (5'10"–6'1")	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	2 1/8	2 1/8	2 1/8	2 1/4

2. Main fabric, 160 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.1	1.15	1.15	1.2	1.2	1.2	1.35	1.4	1.45	1.55
2 (162–168)	1.15	1.15	1.2	1.25	1.25	1.25	1.35	1.4	1.5	1.55
3 (170–176)	1.2	1.25	1.25	1.3	1.3	1.35	1.4	1.45	1.55	1.6
4 (178–184)	1.25	1.25	1.3	1.3	1.35	1.4	1.5	1.55	1.6	1.65

Main fabric, 63" wide, with a directional print/nap, in yards:

Height, ft	Size								
	34	36–38	40	42	44	46	48	50	52
1 (5'1"–5'3")	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4	1 1/2	1 1/2	1 5/8	1 3/4
2 (5'4"–5'6")	1 1/4	1 1/4	1 3/8	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	1 3/4
3 (5'7"–5'9")	1 1/4	1 3/8	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	1 3/4	1 3/4
4 (5'10"–6'1")	1 3/8	1 3/8	1 3/8	1 1/2	1 1/2	1 5/8	1 3/4	1 3/4	1 3/4

3. Main fabric, 180 cm wide, with a directional print/nap, in meters:

Height, cm	Size		
	34–38	40–46	48–52
1 (154–160)	1.1	1.15	1.2
2 (162–168)	1.15	1.2	1.25
3 (170–176)	1.2	1.25	1.3
4 (178–184)	1.25	1.3	1.35

Main fabric, 71" wide, with a directional print/nap, in yards:

Height, ft	Size		
	34–38	40–46	48–52
1 (5'1"–5'3")	1 1/4	1 1/4	1 1/4
2 (5'4"–5'6")	1 1/4	1 1/4	1 3/8
3 (5'7"–5'9")	1 1/4	1 3/8	1 3/8
4 (5'10"–6'1")	1 3/8	1 3/8	1 1/2

4. Clear elastic, 5 mm (1/4") wide — 1.3–1.4 m (1 3/8–1 1/2 yd)

5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch machine or coverlock for finishing the garment hem. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These have a ballpoint needle tip that parts the knit loops without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- back — cut 1 on fold
- sleeve — cut 2
- tie belt — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

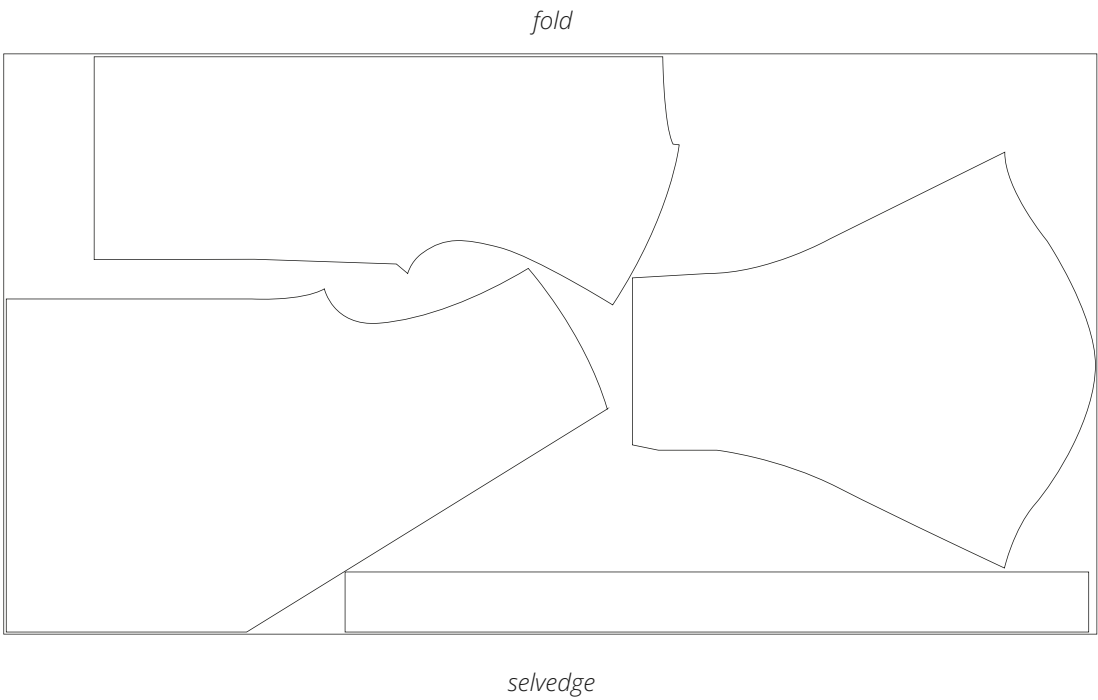
All pattern pieces include seam allowances as follows:

- garment hem and sleeve hem allowance — 3 cm (1 1/8")
- front and back neckline — 1.5 cm (5/8")
- front edge — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

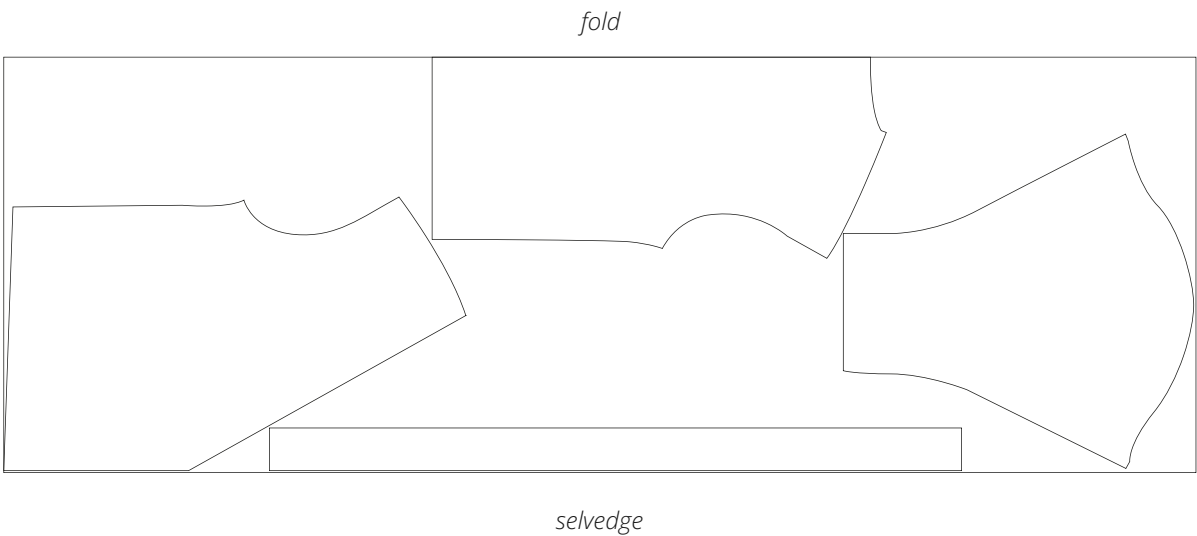
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for sizes 34–42 in all heights



Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for sizes 44–52 in all heights





1. Working on the wrong side of the front and back pieces, place the clear elastic along the neckline edge and pin. The elastic length is indicated on the pattern.

Important! The clear elastic should not extend onto the shoulder seam allowance or the front edge allowance.



2. On the front and back pieces, baste the clear elastic on with temporary hand stitches.

3. Machine-stitch it in place, backstitching at the beginning and end of the seam. Remove the basting stitches.



4. Place the front and back pieces right sides together. Align the shoulder edges and pin.