

FROM THE FOUNDER OF THE #VIKISEWS BRAND

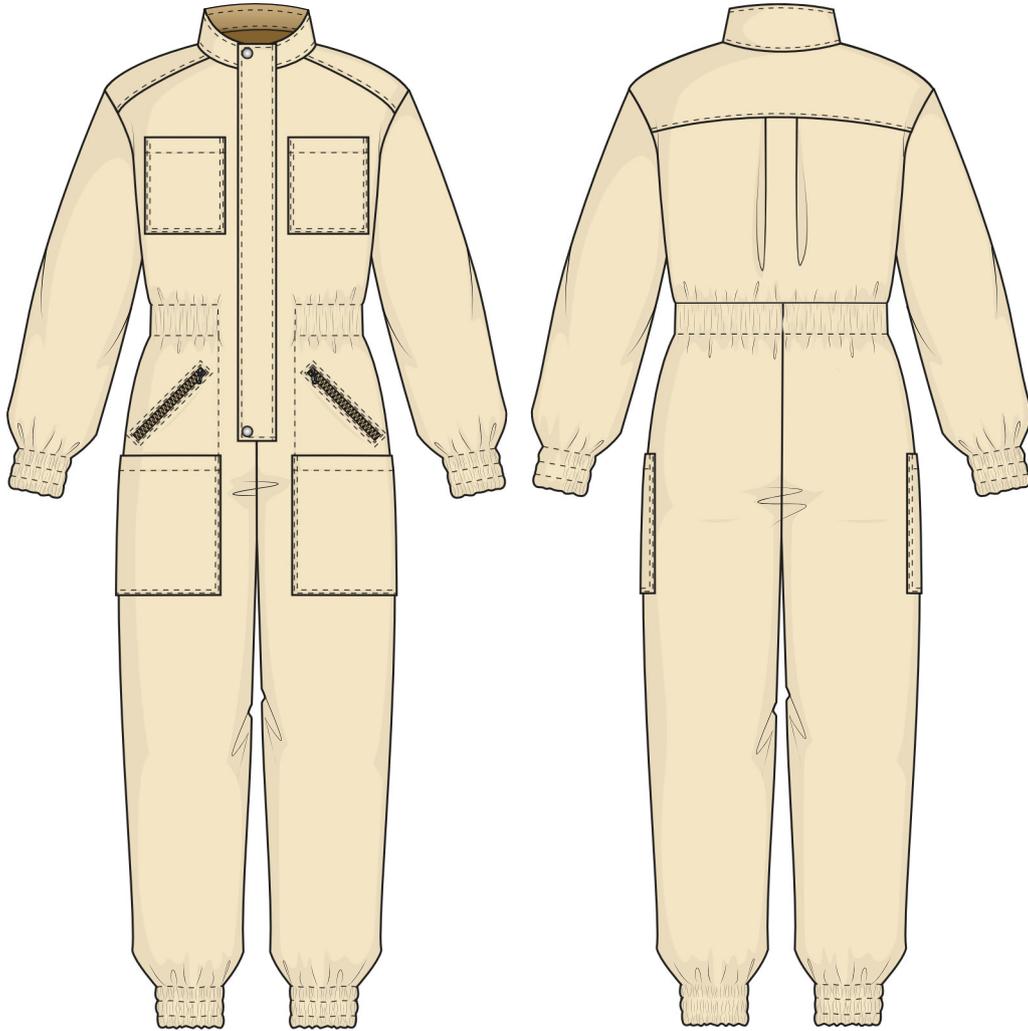


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



IRENE PATTERN DESCRIPTION

Irene is a semi-fitted jumpsuit with a cinched waist. The front features patch pockets located at the bustline and hipline, as well as welt zipper pockets. The front and back feature yoke details, the back also has a box pleat below the yoke, and a waist seam. This jumpsuit has a wide casing with elastic at the waistline across the back and the front. Irene has a stand collar, and fastens with a center front zipper concealed with a placket. The placket closes with two set-in snap fasteners. Irene has a long set-in sleeve and the bottom of the sleeve and pants has three elastic casings. All the pockets, the placket, and the stand collar have decorative topstitching. Irene is ankle length.

TOTAL EASE ALLOWANCE

| | Chest ease | Waistline ease | Hipline ease | Upper arm ease |
|--------|-------------|----------------|--------------|----------------|
| cm | 24.1–24.6 | 21.7–27.7 | 12.7–12.8 | 11.5 |
| inches | 9 1/2–9 5/8 | 8 1/2–10 7/8 | 5 | 4 1/2 |

GARMENT LENGTH, SLEEVE LENGTH

| Height, cm | Length at side seam from waist down, cm (diff. for each size) | Sleeve length including shoulder width, cm |
|------------|---|--|
| 98 | 58.2 | 42.3–42.9 |
| 104 | 62.7 | 44.8–45.3 |
| 110 | 67.2 | 47.8–48.3 |
| 116 | 71.7 | 53.3–53.8 |
| 122 | 76.2 | 56.3–56.8 |
| 128 | 81.6 | 58.8–59.4 |
| 134 | 86 | 61.5–62.1 |
| 140 | 90.4 | 64.2–64.8 |
| 146 | 94.8 | 66.9–67.5 |
| 152 | 100.5 | 69.7–70.5 |
| 158 | 104.6 | 72.6–73 |

| Height, ft | Length at side seam from waist down, cm (diff. for each size) | Sleeve length including shoulder width, cm |
|------------|---|--|
| 38.5 | 22 7/8 | 16 5/8 – 16 7/8 |
| 41 | 24 5/8 | 17 5/8 – 17 7/8 |
| 43.25 | 26 1/2 | 18 7/8 – 19 |
| 45.5 | 28 1/4 | 21 – 21 1/8 |
| 48 | 30 | 22 1/8 – 22 3/8 |
| 50.5 | 32 1/8 | 23 1/8 – 23 3/8 |
| 52.75 | 33 7/8 | 24 1/4 – 24 1/2 |
| 55 | 35 5/8 | 25 1/4 – 25 1/2 |
| 57.5 | 37 3/8 | 26 3/8 – 26 5/8 |
| 60 | 39 5/8 | 27 1/2 – 27 3/4 |
| 62.25 | 41 1/8 | 28 5/8 – 28 3/4 |

FINISHED ELASTIC LENGTH AT BOTTOM OF SLEEVE

| | Size | | | | | | | |
|--------|-------|------|-------|-------|-------|------|-------|-------|
| | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
| cm | 14.7 | 15.2 | 15.7 | 16.2 | 17.2 | 17.7 | 18.2 | 18.7 |
| inches | 5 3/4 | 6 | 6 1/8 | 6 3/8 | 6 3/4 | 7 | 7 1/8 | 7 3/8 |

FINISHED ELASTIC LENGTH AT BOTTOM OF PANT

| | Size | | | | | | | |
|--------|-------|-------|-------|-------|-------|-------|-------|--------|
| | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
| cm | 18.7 | 19.6 | 20.5 | 21.4 | 22.6 | 23.6 | 24.6 | 26.2 |
| inches | 7 3/8 | 7 3/4 | 8 1/8 | 8 3/8 | 8 7/8 | 9 1/4 | 9 5/8 | 10 3/8 |

SUGGESTED FABRIC

To sew this jumpsuit, choose woven fabrics with the following properties:

- Medium weight, soft, stretchy
- The fiber content can include natural fibers (wool, cotton), blends (wool + polyester, cotton + polyester + elastane, etc.), and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: corduroy, denim

Attention! The fabric must contain elastane.

The jumpsuit in the photo is made of denim. This fabric is medium weight, soft and stretchy. The fiber content is a blend of cotton and elastane.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140cm wide, for a directional print/nap, in meters

| Height, cm | Size | | | | | | | |
|------------|------|------|------|-----|------|------|------|------|
| | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
| 98 | 1.3 | 1.3 | - | - | - | - | - | - |
| 104 | 1.4 | 1.4 | - | - | - | - | - | - |
| 110 | - | 1.45 | 1.45 | - | - | - | - | - |
| 116 | - | 1.5 | 1.5 | - | - | - | - | - |
| 122 | - | - | 1.6 | 1.6 | - | - | - | - |
| 128 | - | - | 1.8 | 1.8 | 1.8 | - | - | - |
| 134 | - | - | - | 1.9 | 1.9 | 1.9 | - | - |
| 140 | - | - | - | - | 1.95 | 1.95 | 1.95 | - |
| 146 | - | - | - | - | - | 2.05 | 2.05 | 2.1 |
| 152 | - | - | - | - | - | 2.15 | 2.15 | 2.25 |
| 158 | - | - | - | - | - | - | 2.2 | 2.3 |

Main fabric, 55" wide, for a directional print/nap, in yards

| Height, ft | Size | | | | | | | |
|------------|-------|-------|-------|-------|-------|-------|-------|-------|
| | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
| 38.5 | 1 3/8 | 1 3/8 | - | - | - | - | - | - |
| 41 | 1 1/2 | 1 1/2 | - | - | - | - | - | - |
| 43.25 | - | 1 5/8 | 1 5/8 | - | - | - | - | - |
| 45.5 | - | 1 5/8 | 1 5/8 | - | - | - | - | - |
| 48 | - | - | 1 3/4 | 1 3/4 | - | - | - | - |
| 50.5 | - | - | 2 | 2 | 2 | - | - | - |
| 52.75 | - | - | - | 2 1/8 | 2 1/8 | 2 1/8 | - | - |
| 55 | - | - | - | - | 2 1/8 | 2 1/8 | 2 1/8 | - |
| 57.5 | - | - | - | - | - | 2 1/4 | 2 1/4 | 2 1/4 |
| 60 | - | - | - | - | - | 2 3/8 | 2 3/8 | 2 1/2 |
| 62.25 | - | - | - | - | - | - | 2 3/8 | 2 1/2 |

2. Lining fabric, 140cm wide, in meters:

| | Height, cm 98-104 | Height, cm 110-140 | Height, cm 146-158 |
|--------|-------------------|--------------------|--------------------|
| Meters | 0.2 | 0.25 | 0.3 |

Lining fabric, 55" wide, in yards:

| | Height, in 38.5"-41" | Height, in 43.25"-55" | Height, in 57.5"-62.25" |
|--------|----------------------|-----------------------|-------------------------|
| Meters | 1/4 | 1/4 | 3/8 |

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Woven fusible interfacing, 140cm wide, in meters:

| | Height, cm 98-110 | Height, cm 116-128 | Height, cm 134-146 | Height, cm 152-158 |
|--------|-------------------|--------------------|--------------------|--------------------|
| Meters | 0.4 | 0.45 | 0.5 | 0.55 |

Woven fusible interfacing, 55" wide, in yards:

| | Height, in 38.5"-43.25" | Height, in 45.5"-50.5" | Height, in 52.75"-57.5" | Height, in 60"-62.25" |
|--------|-------------------------|------------------------|-------------------------|-----------------------|
| Meters | 3/8 | 1/2 | 1/2 | 5/8 |

4. One zipper with metal teeth for the center front, two zippers with metal teeth for the pockets

| | Height, cm 98-110 | Height, cm 116-128 | Height, cm 134-146 | Height, cm 152-158 |
|--------------------------|-------------------|--------------------|--------------------|--------------------|
| Front zipper length, cm | 35 | 40 | 45 | 50 |
| Pocket zipper length, cm | 12 | 13 | 14 | 15 |

| | Height, in 38.5"–43.25" | Height, in 45.5"–50.5" | Height, in 52.75"–57.5" | Height, in 60"–62.25" |
|--------------------------|----------------------------|---------------------------|----------------------------|--------------------------|
| Front zipper length, in | 13 3/4 | 15 3/4 | 17 3/4 | 19 5/8 |
| Pocket zipper length, in | 4 3/4 | 5 1/8 | 5 1/2 | 7/8 |

5. Two set-in snaps 7mm (1/4") in diameter

6. Fusible tape interfacing, 1cm (3/8") wide (cut along the selvedge and stitched) - up to 1m (1 1/8 yards) depending on size

7. 4cm (1 5/8") wide elastic band

| Size | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
|--------|-----|------|------|------|-----|------|------|------|
| Meters | 0.4 | 0.42 | 0.45 | 0.47 | 0.5 | 0.52 | 0.55 | 0.57 |
| Yards | 3/8 | 1/2 | 1/2 | 1/2 | 1/2 | 5/8 | 5/8 | 5/8 |

8. 1cm (3/8") wide elastic band

| Size | 26 | 28 | 30 | 32 | 34 | 36 | 38 | 40 |
|--------|-------|-------|-------|-------|-----|-----|-------|-------|
| Meters | 2.4 | 2.45 | 2.5 | 2.6 | 2.8 | 2.8 | 2.9 | 3 |
| Yards | 2 5/8 | 2 5/8 | 2 3/4 | 2 7/8 | 3 | 3 | 3 1/8 | 3 1/4 |

9. Matching thread - 5 spools (1 spool for the sewing machine and 4 spools for the overlocker)

10. Matching topstitching thread - 1 spool

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Stitch-in-the-ditch foot for your sewing machine (optional)

PATTERN PIECES LIST

1. From main fabric:

- Front - cut 2
- Back leg - cut 2
- Back bodice - cut 1 on fold
- Front yoke - cut 2
- Back yoke - cut 1 on fold
- Sleeve - cut 2
- Collar stand - cut 2
- Placket - cut 1
- Channel - cut 1 on fold
- Top patch pocket - cut 2
- Bottom patch pocket - cut 2
- Right front facing - cut 1
- Left front facing - cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

2. From lining:

- Pocket lining - cut 2

3. From interfacing:

- Collar stand - cut 2
- Placket - cut 1
- Right front facing - cut 1
- Left front facing - cut 1

Additionally interface the following:

- Center front edges for the zipper (with a 2cm [3/4"] wide strip of interfacing cut along the selvedge)
- Top edges of top and bottom patch pockets (with a 2cm [3/4"] wide strip of interfacing cut along the selvedge)
- Front pocket openings (with a strip of interfacing cut along the selvedge, take length from pattern piece)

Also interface the top and bottom placket edges, and top and side

SEAM ALLOWANCES

All pattern pieces include 1cm (3/8") seam allowances; patch pockets top edges have a 2cm (3/4") seam allowance.

Take this into account when laying out pattern pieces on the fabric.

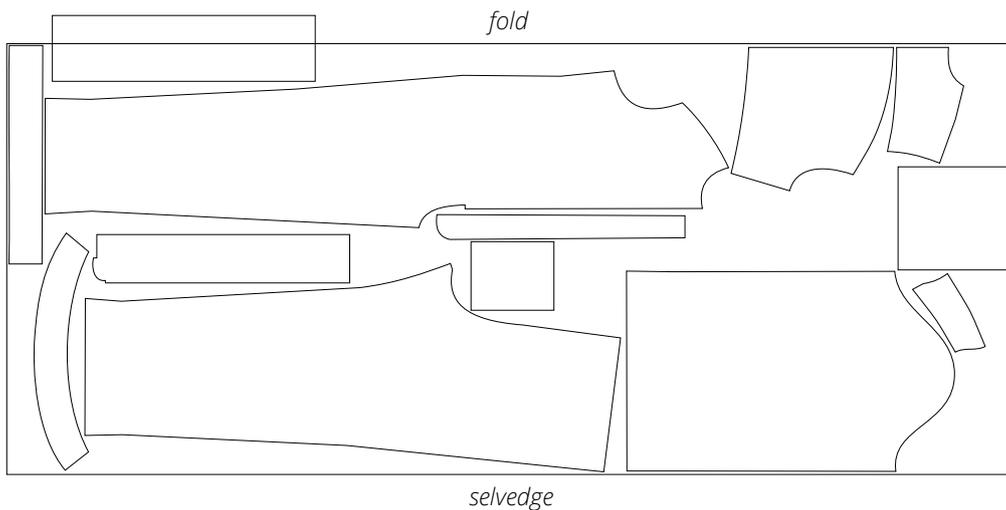
CUTTING LAYOUT

Main fabric, 140cm (55") wide, with one fold, for sizes in 98cm (38.5") height, with nap and a directional print



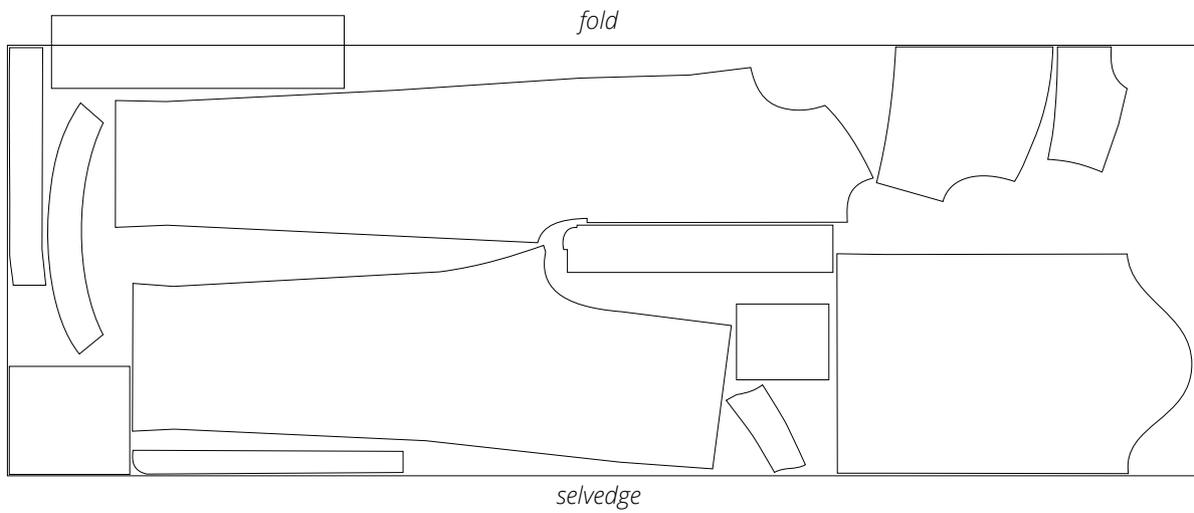
Attention! The left and right front facing and the placket pieces are cut as one piece only.

Main fabric, 140cm (55") wide, with one fold, for sizes in 104-122cm (41"-48") height, with nap and a directional print



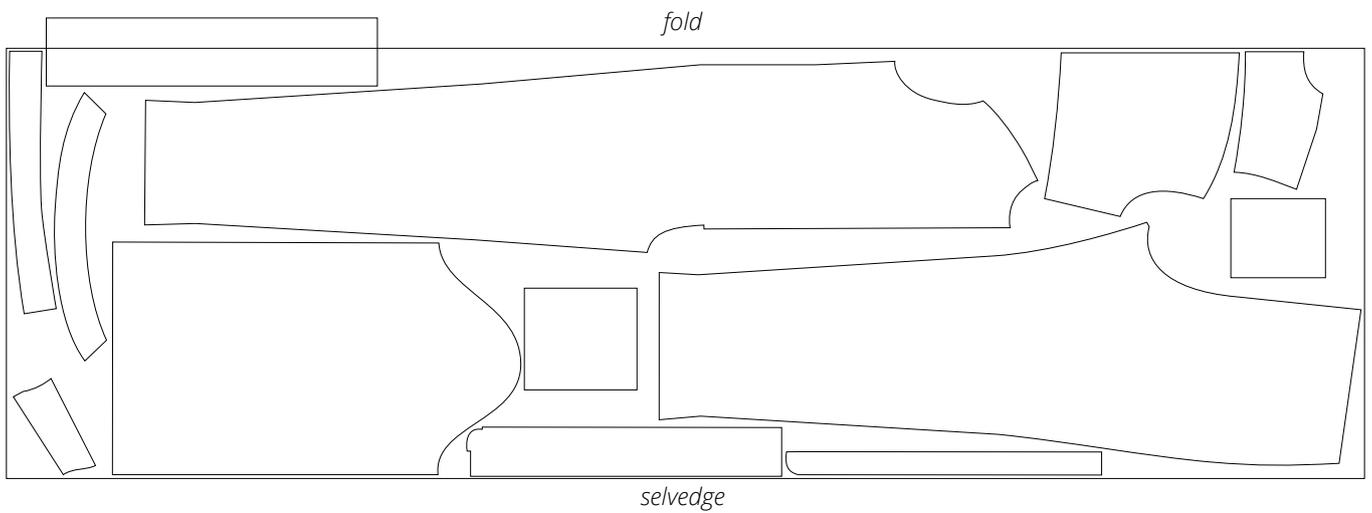
Attention! The left and right front facing and the placket pieces are cut as one piece only.

Main fabric, 140cm (55") wide, with one fold, for sizes in 128-134cm (50.5"-52.75") height, with nap and a directional print



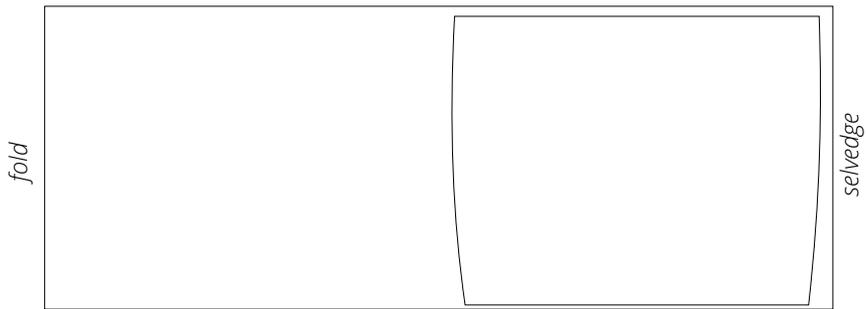
Attention! The left and right front facing and the placket pieces are cut as one piece only.

Main fabric, 140cm (55") wide, with one fold, for sizes in 140-158cm (55"-62.25") height, with nap and a directional print

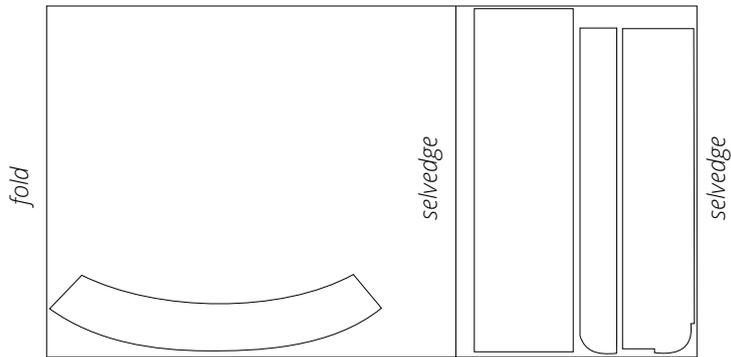


Attention! The left and right front facing and the placket pieces are cut as one piece only.

Lining fabric, 140cm (55") wide, with one fold,
for all sizes and heights



Interfacing, 140cm (55") wide, with one partial fold,
for all sizes and heights



READY? LET'S GET SEWING!



Press the seam allowances towards the back yoke.



Topstitch the seam allowances to the back yoke using topstitching thread at 7mm (1/4") from the seam, with a stitch length of 4mm (1/8").



Press.



Overlock the crotch edges on the back leg pieces with the right side facing up. Press.