

FROM THE FOUNDER OF THE #VIKISEWS BRAND

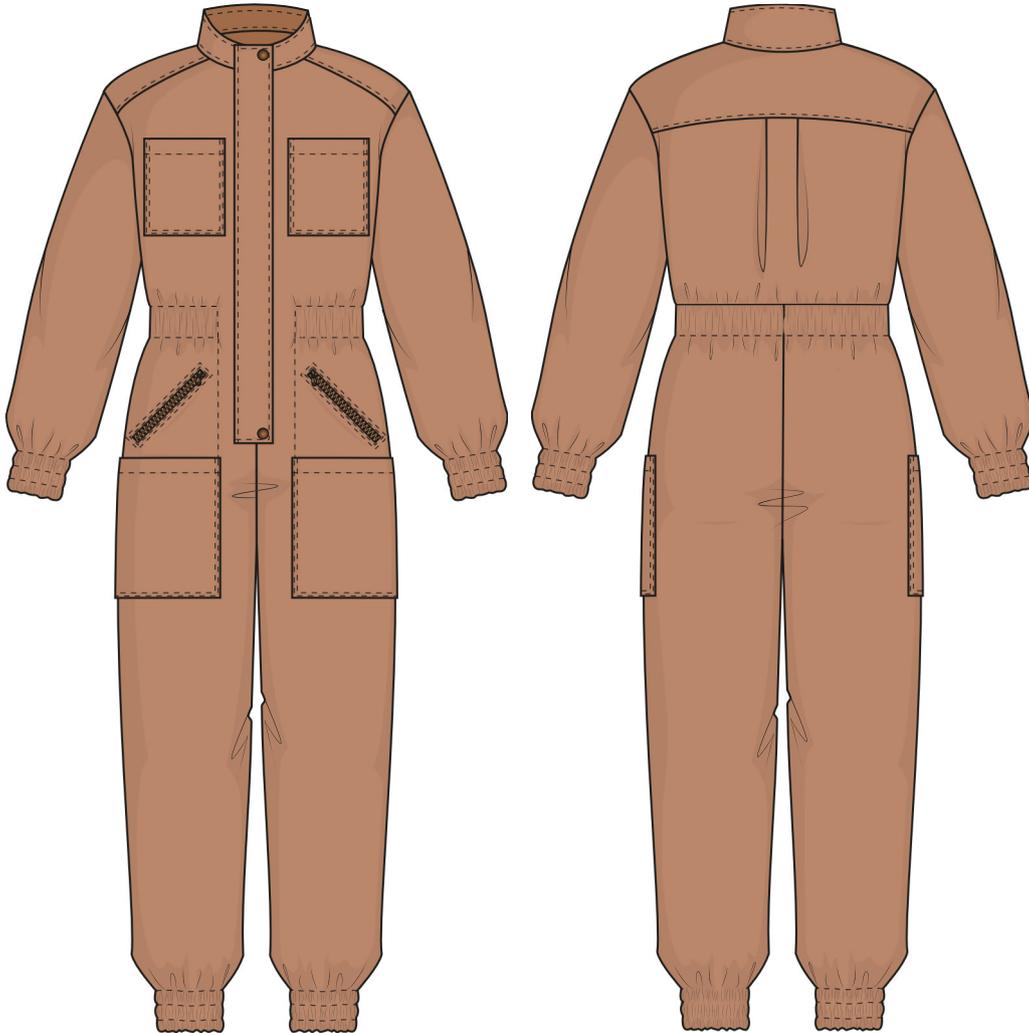


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



IRENE PATTERN DESCRIPTION

Irene is a semi-fitted jumpsuit with a cinched waist. The front features patch pockets located at the bustline and hipline, as well as welt zipper pockets. The front and back feature yoke details, the back also has a box pleat below the yoke, and a waist seam. This jumpsuit has a wide casing with elastic at the waistline across the back and the front. Irene has a stand collar, and fastens with a center front zipper concealed with a placket. The placket closes with two set-in snap fasteners. Irene has a long set-in sleeve and the bottom of the sleeve and pants has three elastic casings. All the pockets, the placket, and the stand collar have decorative topstitching. Irene is ankle length.

TOTAL EASE ALLOWANCE

	Chest ease	Waistline ease	Hipline ease	Upper arm ease
cm	20.3-21.4	18.7-27	9.7	10
inches	8-8 3/8	7 3/8-10 5/8	3 7/8	3 7/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Length at side seam from waist down, cm (diff. for each size)	Sleeve length including shoulder width, cm
98	59.7-59.8	46.6-47.1
104	64.3-64.4	49.1-49.6
110	68.9-69	52.1-52.6
116	73.5	54.6-55.1
122	78.1	57.6-58.1
128	82.9-83.1	60.2-60.6
134	87.2-87.4	62.7-63.1
140	91.5-91.8	65.2-65.6
146	95.9-96.1	67.7-68.1
152	100.1-100.3	70-70.4
158	104.4	73.5-73.7

Height, ft	Length at side seam from waist down, cm (diff. for each size)	Sleeve length including shoulder width, cm
38.5	23 1/2	18 3/8 - 18 1/2
41	25 3/8	19 3/8 - 19 1/2
43.25	27 1/8	20 1/2 - 20 3/4
45.5	28 7/8	21 1/2 - 21 3/4
48	30 3/4	22 5/8 - 22 7/8
50.5	32 5/8 - 32 3/4	23 3/4 - 23 7/8
52.75	34 3/8	24 5/8 - 24 7/8
55	36 - 36 1/8	25 5/8 - 25 7/8
57.5	37 3/4 - 37 7/8	26 5/8 - 26 3/4
60	39 3/8 - 39 1/2	27 1/2 - 27 3/4
62.25	41 1/8	28 7/8 - 29

FINISHED ELASTIC LENGTH AT BOTTOM OF SLEEVE

	Size							
	26	28	30	32	34	36	38	40
cm	14.8	15.2	16	16.4	16.8	17.2	17.6	18.5
inches	5 7/8	6	6 1/4	6 1/2	6 5/8	6 3/4	6 7/8	7 1/4

FINISHED ELASTIC LENGTH AT BOTTOM OF PANT

	Size							
	26	28	30	32	34	36	38	40
cm	18.7	20.3	21.8	22.7	23.6	24.9	25.1	25.6
inches	7 3/8	8	8 5/8	8 7/8	9 1/4	9 3/4	9 7/8	10 1/8

SUGGESTED FABRIC

To sew this jumpsuit, choose woven fabrics with the following properties:

- Medium weight, soft, stretchy
- The fiber content can include natural fibers (wool, cotton), blends (wool + polyester, cotton + polyester + elastane, etc.), and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: corduroy, denim

Attention! The fabric must contain elastane.

The jumpsuit in the photo is made in denim. This fabric is medium weight, soft and stretchy. The fiber content is a blend of cotton and elastane.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140cm wide, for a directional print/nap, in meters:

Height, cm	Size							
	26	28	30	32	34	36	38	40
98	1.35	1.35	-	-	-	-	-	-
104	1.45	1.45	-	-	-	-	-	-
110	-	1.5	1.5	-	-	-	-	-
116	-	1.55	1.55	-	-	-	-	-
122	-	-	1.65	1.65	-	-	-	-
128	-	-	1.85	1.85	1.85	-	-	-
134	-	-	-	1.95	1.95	1.95	-	-
140	-	-	-	-	2	2	2	-
146	-	-	-	-	-	2.1	2.1	2.15
152	-	-	-	-	-	2.2	2.2	2.3
158	-	-	-	-	-	-	2.25	2.35

Main fabric, 55" wide, for a directional print/nap, in yards

Height, ft	Size							
	26	28	30	32	34	36	38	40
38.5	1 1/2	1 1/2	-	-	-	-	-	-
41	1 5/8	1 5/8	-	-	-	-	-	-
43.25	-	1 5/8	1 5/8	-	-	-	-	-
45.5	-	1 3/4	1 3/4	-	-	-	-	-
48	-	-	1 3/4	1 3/4	-	-	-	-
50.5	-	-	2	2	2	-	-	-
52.75	-	-	-	2 1/8	2 1/8	2 1/8	-	-
55	-	-	-	-	2 1/8	2 1/8	2 1/8	-
57.5	-	-	-	-	-	2 1/4	2 1/4	2 3/8
60	-	-	-	-	-	2 3/8	2 3/8	2 1/2
62.25	-	-	-	-	-	-	2 1/2	2 5/8

2. Lining fabric, 140cm wide, in meters:

	Height, cm 98-104	Height, cm 110-140	Height, cm 146-158
Meters	0.2	0.25	0.3

Lining fabric, 55" wide, in yards:

	Height, in 38.5"-41"	Height, in 43.25"-55"	Height, in 57.5"-62.25"
Meters	1/4	1/4	3/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Woven fusible interfacing, 140cm wide, in meters:

	Height, cm 98-110	Height, cm 116-128	Height, cm 134-146	Height, cm 152-158
Meters	0.4	0.45	0.5	0.55

Woven fusible interfacing, 55" wide, in yards:

	Height, in 38.5"-43.25"	Height, in 45.5"-50.5"	Height, in 52.75"-57.5"	Height, in 60"-62.25"
Meters	3/8	1/2	1/2	5/8

4. One zipper with metal teeth for the center front, two zippers with metal teeth for the pockets

	Height, cm 98-110	Height, cm 116-128	Height, cm 134-146	Height, cm 152-158
Front zipper length, cm	35	40	45	50
Pocket zipper length, cm	12	13	14	15

	Height, in 38.5"–43.25"	Height, in 45.5"–50.5"	Height, in 52.75"–57.5"	Height, in 60"–62.25"
Front zipper length, in	13 3/4	15 3/4	17 3/4	19 5/8 5
Pocket zipper length, in	4 3/4	5 1/8	5 1/2	7/8

5. Two set-in snaps 7mm (1/4") in diameter

6. Fusible tape interfacing, 1cm (3/8") wide (cut along the selvedge and stitched) - up to 1m (1 1/8 yards) depending on size

7. 4cm (1 5/8") wide elastic band

Size	26	28	30	32	34	36	38	40
Meters	0.4	0.42	0.45	0.47	0.5	0.52	0.55	0.57
Yards	3/8	1/2	1/2	1/2	1/2	5/8	5/8	5/8

8. 1cm (3/8") wide elastic band

Size	26	28	30	32	34	36	38	40
Meters	2.4	2.45	2.5	2.6	2.8	2.8	2.9	3
Yards	2 5/8	2 5/8	2 3/4	2 7/8	3	3	3 1/8	3 1/4

9. Matching thread - 5 spools (1 spool for the sewing machine and 4 spools for the overlocker)

10. Matching topstitching thread - 1 spool

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Stitch-in-the-ditch foot for your sewing machine (optional)

PATTERN PIECES LIST

1. From main fabric:

- Front - cut 2
- Back leg - cut 2
- Back bodice - cut 1 on fold
- Front yoke - cut 2
- Back yoke - cut 1 on fold
- Sleeve - cut 2
- Collar stand - cut 2
- Placket - cut 1
- Channel - cut 1 on fold
- Top patch pocket - cut 2
- Bottom patch pocket - cut 2
- Right front facing - cut 1
- Left front facing - cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

2. From lining:

- Pocket lining - cut 2

3. From interfacing:

- Collar stand - cut 2
- Placket - cut 1
- Right front facing - cut 1
- Left front facing - cut 1

Additionally interface the following:

- Center front edges for the zipper (with a 2cm [3/4"] wide strip of interfacing cut along the selvedge)
- Top edges of top and bottom patch pockets (with a 2cm [3/4"] wide strip of interfacing cut along the selvedge)
- Front pocket openings (with a strip of interfacing cut along the selvedge, take length from pattern piece)

Also interface the top and bottom placket edges, and top and side

SEAM ALLOWANCES

All pattern pieces include 1cm (3/8") seam allowances; patch pockets top edges have a 2cm (3/4") seam allowance.

Take this into account when laying out pattern pieces on the fabric.

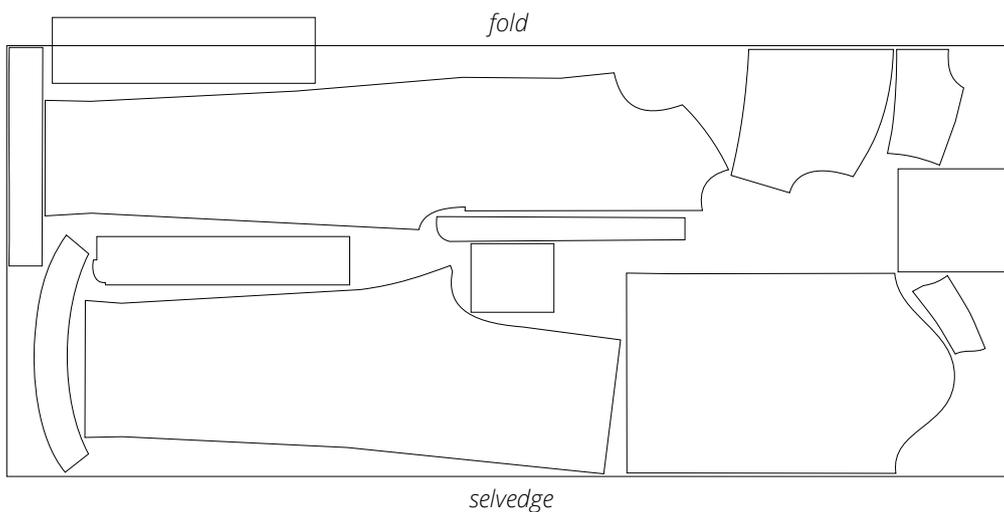
CUTTING LAYOUT

Main fabric, 140cm (55") wide, with one fold, for sizes in 98cm (38.5") height, with nap and a directional print



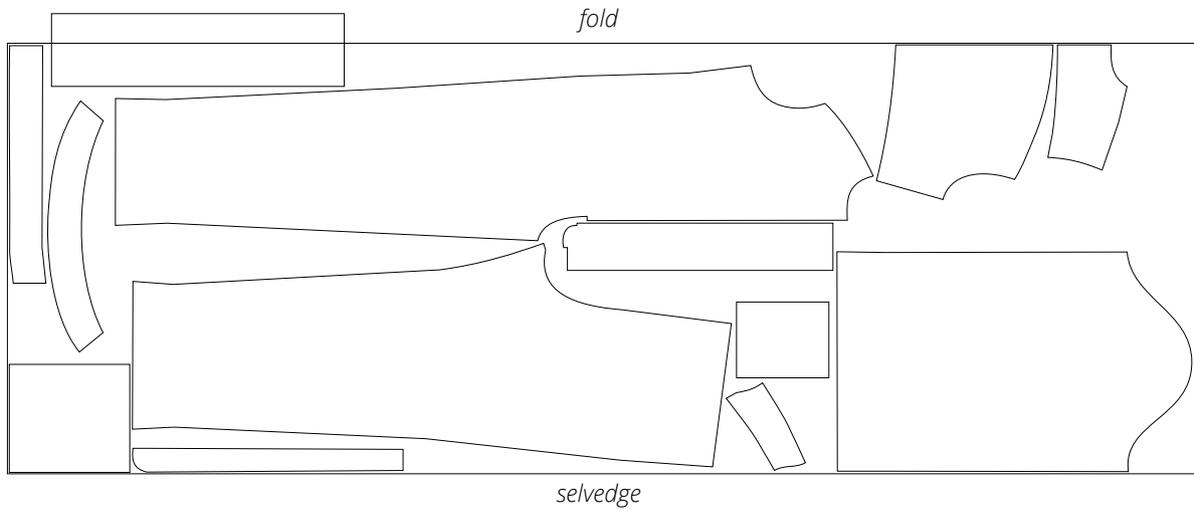
Attention! The left and right front facing and the placket pieces are cut as one piece only.

Main fabric, 140cm (55") wide, with one fold, for sizes in 104-122cm (41"-48") height, with nap and a directional print



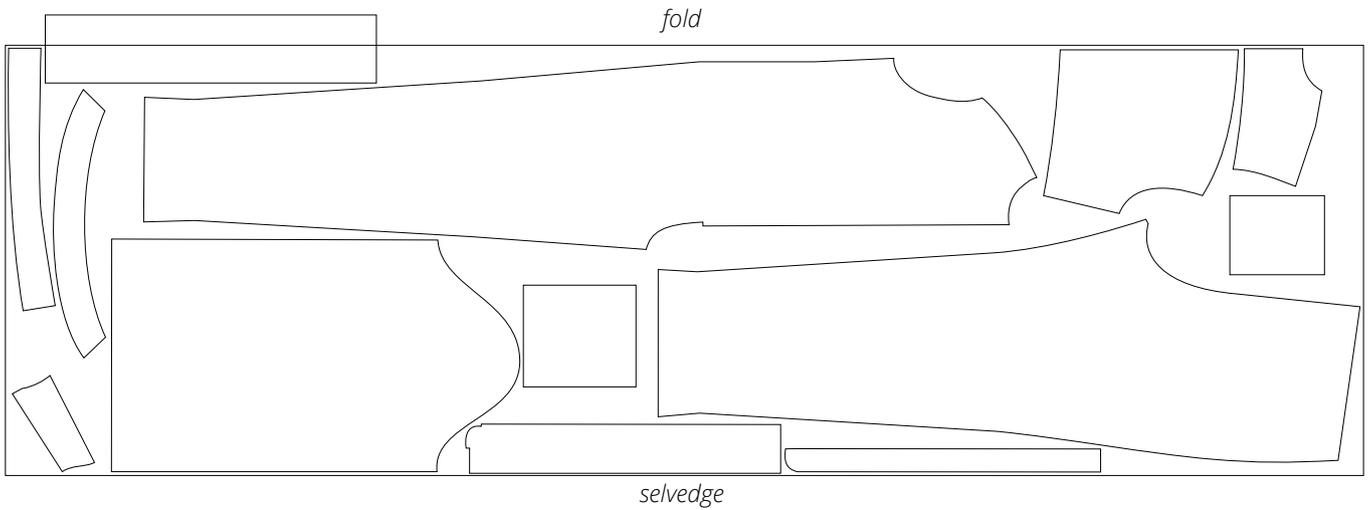
Attention! The left and right front facing and the placket pieces are cut as one piece only.

Main fabric, 140cm (55") wide, with one fold, for sizes in 128-134cm (50.5"-52.75") height, with nap and a directional print



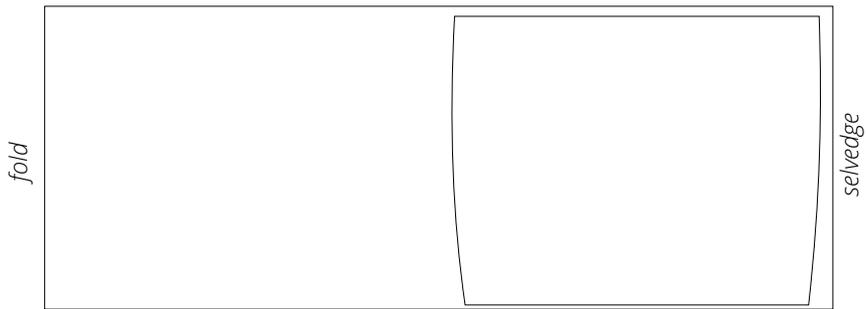
Attention! The left and right front facing and the placket pieces are cut as one piece only.

Main fabric, 140cm (55") wide, with one fold, for sizes in 140-158cm (55"-62.25") height, with nap and a directional print

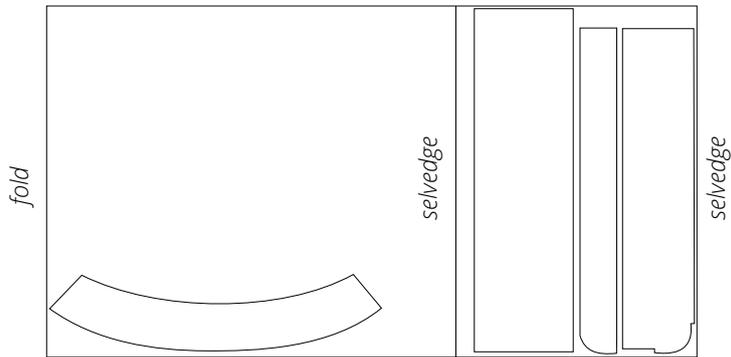


Attention! The left and right front facing and the placket pieces are cut as one piece only.

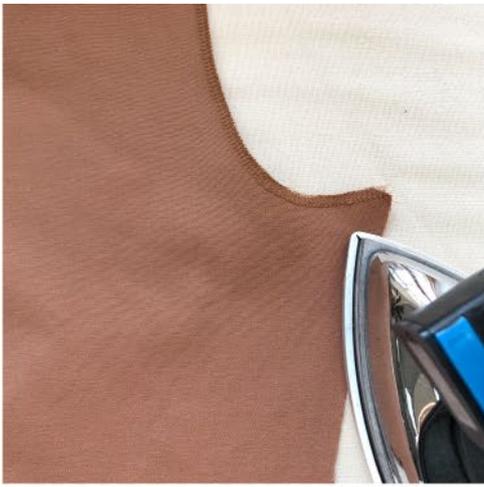
Lining fabric, 140cm (55") wide, with one fold,
for all sizes and heights



Interfacing, 140cm (55") wide, with one partial fold,
for all sizes and heights

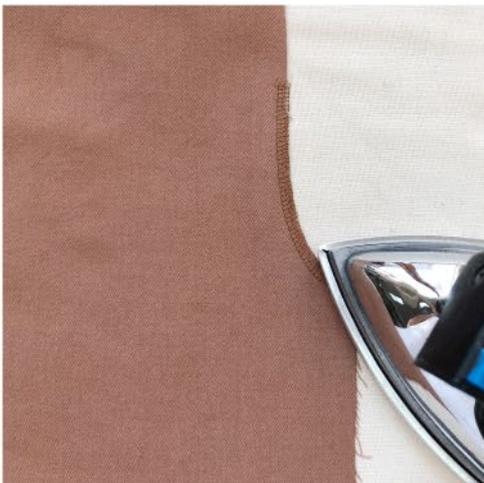


READY? LET'S GET SEWING!



Press and steam the back leg pieces in the following way:

- Stretch the inseam edge upwards by 1.5cm (5/8")
- Stretch the crotch edge downwards by 1.5cm (5/8")



Overlock the crotch edges on the front pieces along 10cm (3 7/8") from the inseam, with the right side facing up. Press.



Place the back leg pieces right sides together and align the crotch edges. Pin, baste, and stitch on the machine along 15cm (5 7/8") from the top edge. Backstitch at the beginning and end.