

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



MAX PATTERN DESCRIPTION

Max is a loose-fitting children's jumpsuit. It closes with an asymmetric front zipper that extends down to the hip level and is shifted toward the right side at the neckline. The jumpsuit has side seam pockets. The back features a horizontal seam between the waist and hip levels. There is a functional zipper in the curved seam. The jumpsuit has a high rise. The drop-shoulder set-in sleeves are long and finished with cuffs. The edges of the voluminous hood overlap at the front when the garment is closed. The pant legs are finished with cuffs. The jumpsuit is below-ankle length.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Chest ease	Waistline ease	Hipline ease	Upper arm ease
cm	15.5–15.7	17.2–24.2	10.9	9
inches	6 1/8	6 3/4–9 1/2	4 1/4	3 1/2

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Side seam length from waist down including cuff, cm	Sleeve length including shoulder width and cuff, cm
98	58	46.3–46.8
104	62.6	48.8–49.3
110	67.2	50.8–51.3
116	71.8	51.8–52.3
122	76.4	56.3–56.8
128	81.3	59.9–60.4
134	85.6	62.4–62.9
140	89.9	64.9–65.4
146	94.2	67.4–67.9
152	98.2	69.7–70.2
158	102.5	73.2–73.5

Height, ft	Side seam length from waist down including cuff, in	Sleeve length including shoulder width and cuff, in
38.5	22 7/8	18 1/4–18 3/8
41	24 5/8	19 1/4–19 3/8
43.25	26 1/2	20–20 1/4
45.5	28 1/4	20 3/8–20 5/8
48	30 1/8	22 1/8–22 3/8
50.5	32	23 5/8–23 3/4
52.75	33 3/4	24 5/8–24 3/4
55	35 3/8	25 1/2–25 3/4
57.5	37 1/8	26 1/2–26 3/4
60	38 5/8	27 1/2–27 5/8
62.25	40 3/8	28 7/8–28 7/8

SUGGESTED FABRIC

To sew this garment, choose knit fabrics with the following properties:

- soft, breathable, stretchy or slightly stretchy, medium-weight
- the fabric content can include natural fibers (wool, cotton), artificial fibers (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: French terry, sweatshirt fleece, ponte di roma, sweater knits.

Attention! We do not recommend lightweight sheer fabrics (chiffon, organza, stretch lace), as well as non-stretch fabrics.

As an additional material for cuffs, use rib knits.

The garment in the photos is made of sweatshirt fleece. The fabric is medium-weight, soft, slightly stretchy. The fiber content is a blend of cotton, polyester, and elastane. The cuffs are made from ribbing.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 160cm wide, cut in one direction, in meters:

Height, cm	Size							
	26	28	30	32	34	36	38	40
98	1,1	1,1	–	–	–	–	–	–
104	1,15	1,15	–	–	–	–	–	–
110	–	1,25	1,25	–	–	–	–	–
116	–	1,4	1,4	–	–	–	–	–
122	–	–	1,45	1,45	–	–	–	–
128	–	–	1,5	1,5	1,5	–	–	–
134	–	–	–	1,55	1,55	1,7	–	–
140	–	–	–	–	1,65	1,75	1,75	–
146	–	–	–	–	–	1,8	1,8	1,8
152	–	–	–	–	–	1,9	1,9	1,9
158	–	–	–	–	–	–	1,95	1,95

Main fabric, 63" wide, cut in one direction, in yards:

Height, ft	Size							
	26	28	30	32	34	36	38	40
38.5	1 1/4	1 1/4	–	–	–	–	–	–
41	1 1/4	1 1/4	–	–	–	–	–	–
43.25	–	1 3/8	1 3/8	–	–	–	–	–
45.5	–	1 1/2	1 1/2	–	–	–	–	–
48	–	–	1 5/8	1 5/8	–	–	–	–
50.5	–	–	1 5/8	1 5/8	1 5/8	–	–	–
52.75	–	–	–	1 3/4	1 3/4	1 7/8	–	–
55	–	–	–	–	1 3/4	1 7/8	1 7/8	–
57.5	–	–	–	–	–	2	2	2
60	–	–	–	–	–	2 1/8	2 1/8	2 1/8
62.25	–	–	–	–	–	–	2 1/8	2 1/8

Main fabric, 180cm wide, cut in one direction, in meters:

Height, cm	Size							
	26	28	30	32	34	36	38	40
98	0,95	0,95	–	–	–	–	–	–
104	1	1	–	–	–	–	–	–
110	–	1,1	1,1	–	–	–	–	–
116	–	1,15	1,15	–	–	–	–	–
122	–	–	1,2	1,2	–	–	–	–
128	–	–	1,3	1,3	1,3	–	–	–
134	–	–	–	1,35	1,35	1,35	–	–
140	–	–	–	–	1,45	1,6	1,6	–
146	–	–	–	–	–	1,65	1,65	1,65
152	–	–	–	–	–	1,75	1,75	1,75
158	–	–	–	–	–	–	1,8	1,8

Main fabric, 70" wide, cut in one direction, in yards:

Height, ft	Size							
	26	28	30	32	34	36	38	40
38.5	1	1	–	–	–	–	–	–
41	1 1/8	1 1/8	–	–	–	–	–	–
43.25	–	1 1/4	1 1/4	–	–	–	–	–
45.5	–	1 1/4	1 1/4	–	–	–	–	–
48	–	–	1 1/4	1 1/4	–	–	–	–
50.5	–	–	1 3/8	1 3/8	1 3/8	–	–	–
52.75	–	–	–	1 1/2	1 1/2	1 1/2	–	–
55	–	–	–	–	1 5/8	1 3/4	1 3/4	–
57.5	–	–	–	–	–	1 3/4	1 3/4	1 3/4
60	–	–	–	–	–	1 7/8	1 7/8	1 7/8
62.25	–	–	–	–	–	–	2	2

2. One molded plastic zipper for the front closure, in cm (the length is indicated before the brackets).
One molded plastic zipper for the back closure, in cm (the length is indicated inside the brackets).

Height, cm	Size							
	26	28	30	32	34	36	38	40
98	40 (35)	40 (35)	–	–	–	–	–	–
104	40 (35)	45 (40)	–	–	–	–	–	–
110	–	45 (40)	45 (40)	–	–	–	–	–
116	–	45 (40)	45 (40)	–	–	–	–	–
122	–	–	45 (40)	45 (40)	–	–	–	–
128	–	–	45 (40)	50 (45)	50 (45)	–	–	–
134	–	–	–	50 (45)	50 (45)	50 (45)	–	–
140	–	–	–	–	50 (45)	50 (45)	50 (45)	–
146	–	–	–	–	–	50 (45)	55 (50)	55 (50)
152	–	–	–	–	–	50 (45)	55 (50)	55 (50)
158	–	–	–	–	–	–	55 (50)	55 (50)

One molded plastic zipper for the front closure, in inches (the length is indicated before the brackets).
One molded plastic zipper for the back closure, in inches (the length is indicated inside the brackets).

Height, ft	Size							
	26	28	30	32	34	36	38	40
38.5	15 3/4 (13 3/4)	15 3/4 (13 3/4)	–	–	–	–	–	–
41	15 3/4 (13 3/4)	17 3/4 (15 3/4)	–	–	–	–	–	–
43.25	–	17 3/4 (15 3/4)	17 3/4 (15 3/4)	–	–	–	–	–
45.5	–	17 3/4 (15 3/4)	17 3/4 (15 3/4)	–	–	–	–	–
48	–	–	17 3/4 (15 3/4)	17 3/4 (15 3/4)	–	–	–	–
50.5	–	–	17 3/4 (15 3/4)	19 5/8 (17 3/4)	19 5/8 (17 3/4)	–	–	–
52.75	–	–	–	19 5/8 (17 3/4)	19 5/8 (17 3/4)	19 5/8 (17 3/4)	–	–
55	–	–	–	–	19 5/8 (17 3/4)	19 5/8 (17 3/4)	19 5/8 (17 3/4)	–
57.5	–	–	–	–	–	19 5/8 (17 3/4)	21 5/8 (19 5/8)	21 5/8 (19 5/8)
60	–	–	–	–	–	19 5/8 (17 3/4)	21 5/8 (19 5/8)	21 5/8 (19 5/8)
62.25	–	–	–	–	–	–	21 5/8 (19 5/8)	21 5/8 (19 5/8)

3. Ribbing for cuffs - 0.15m (1/8yd)
4. Matching thread - 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).
5. Twill tape:

Height, cm	Length, meters	Height, in	Length, yards
98–104	1.95	38.5–41	2 1/8
110–116	2.0	43.25–45.5	2 1/8
122–128	2.05	48–50.5	2 1/4
134–140	2.15	52.75–55	2 3/8
146–158	2.25	57.5–62.25	2 1/2

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing seam allowances. This can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3mm, stitch length 2.5mm)
- coverstitch or coverlock machine for finishing the hood facing. This can be replaced with a twin needle on a regular sewing machine that can do a zigzag stitch.

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.

PATTERN PIECES LIST

1. From main fabric:

- left front - cut 1
- right front - cut 1
- back bodice - cut 1 on fold
- back leg - cut 2
- sleeve - cut 2
- hood - cut 2
- center front panel - cut 1
- pocket bag - cut 4

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

2. From ribbing:

- sleeve cuff - cut 2
- pant cuff - cut 2

3. From interfacing:

- seam allowances along the center edges on the front pieces
- pocket area of the side seam allowances on the front pieces
- free left edge of the center front panel
- zipper seam allowances on the back of the jumpsuit

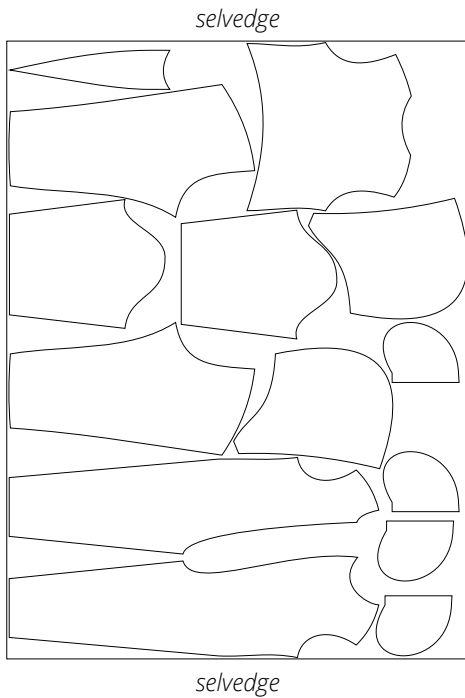
Seam allowances are interfaced with strips of interfacing, 2cm (3/4") wide and 1cm (3/8") wide for the center front panel edge. Cut the strips as long as the interfaced area (measure on the pattern). Strips of interfacing are cut on the straight grain. You can also use premade fusible bias tape, 1cm (3/8") wide.

SEAM ALLOWANCES

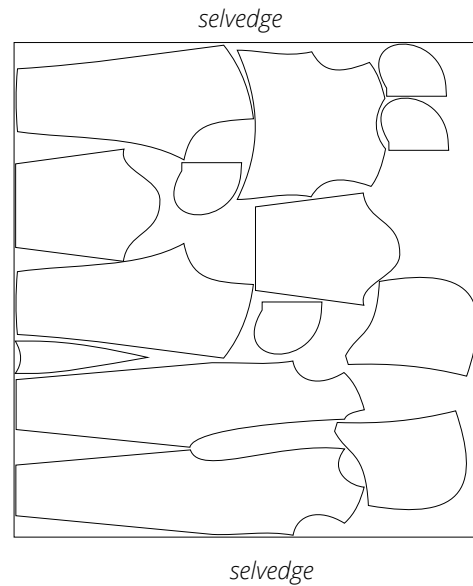
Pattern pieces include 1cm (3/8") seam allowances on all edges. Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

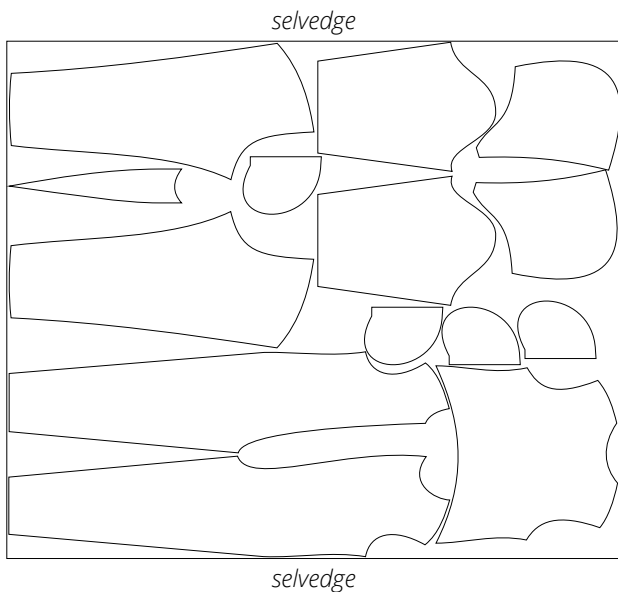
Main fabric, 160cm (63") wide,
cut on a single layer in one direction,
sizes 26–28 in heights 98–104 (38.5–41");
sizes 28–30 in heights 110–116
(43.25–45.5")



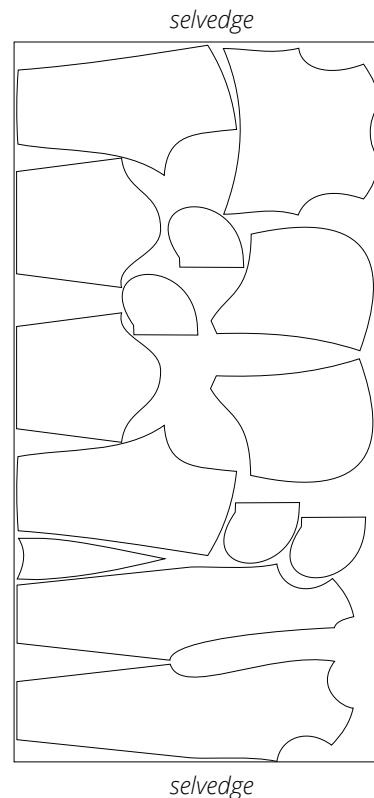
Main fabric, 160cm (63") wide, cut on a single layer
in one direction, sizes 30–32 in height 122 (48");
sizes 30–34 in height 128 (50.5"); sizes 32–34 in
height 134 (52.75"); size 34 in height 140 (55")



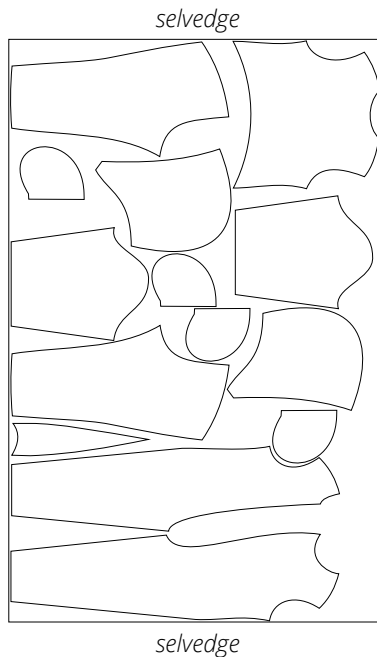
Main fabric, 160cm (63") wide, cut on a single
layer in one direction, size 36 in height 134
(52.75"); sizes 36–38 in height 140 (55");
sizes 36–40 in heights 146–152 (57.5–60");
sizes 38–40 in height 158 (62.25")



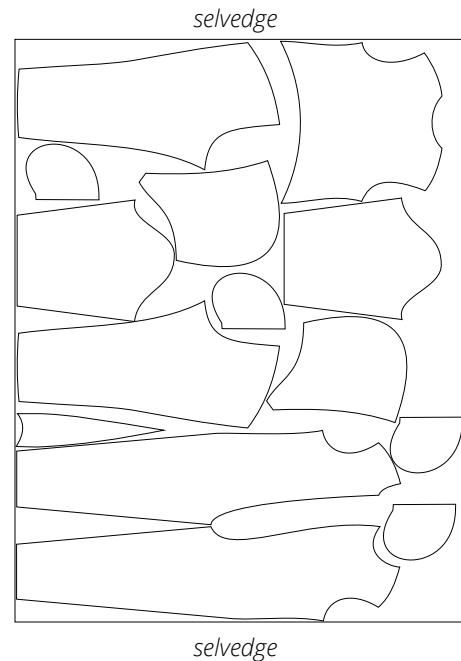
Main fabric, 180cm (70") wide,
cut on a single layer in one direction,
sizes 26–28 in heights 98–104 (38.5–41")



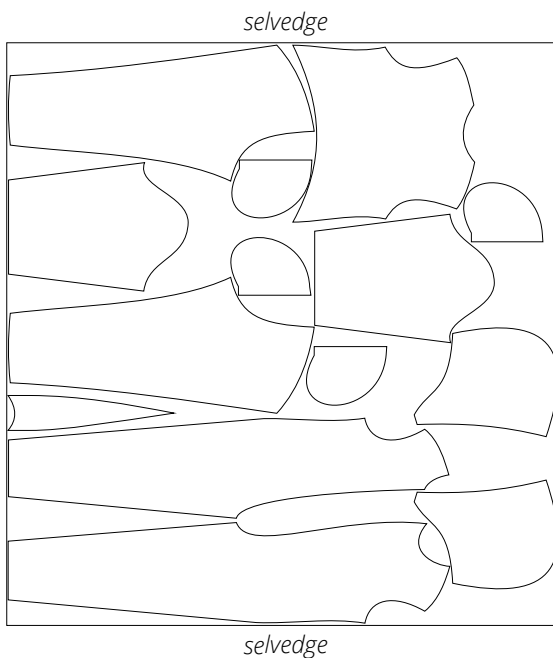
Main fabric, 180cm (70") wide, cut on a single layer in one direction, sizes 28–30 in heights 110–116 (43.25–45.5"); sizes 30–32 in height 122 (48")



Main fabric, 180cm (70") wide, cut on a single layer in one direction, sizes 30–34 in height 128 (50.5"); sizes 32–34 in height 134 (52.75"); size 34 in height 140 (55")



Main fabric, 180cm (70") wide, cut on a single layer in one direction, size 36 in height 134 (52.75"); sizes 36–38 in height 140 (55"); sizes 36–40 in heights 146–152 (57.5–60"); sizes 38–40 in height 158 (62.25")



Ribbing, 120cm (47") wide, cut on fold, all sizes in all heights, for a non-directional print



READY? LET'S GET SEWING!



Secure the ends of the zipper with twill tape.

Take two 7cm (2 3/4") pieces of twill tape, fold them in half, align the folded edge with the last zipper teeth on the right side. Do this at both ends of the zipper. Pin, baste and machine-stitch 1mm from the edge of the tape, as shown in the photo. Backstitch at the beginning and end of the seam. Align the edges of the tape and zipper and trim off the excess.

Press.



With the right side facing up, overlock the lower edge of the back bodice piece and the upper edge of the pieced back leg piece. Press.

Mark the zipper stitching line with chalk or hand stitches (transfer the position of the line from the pattern).