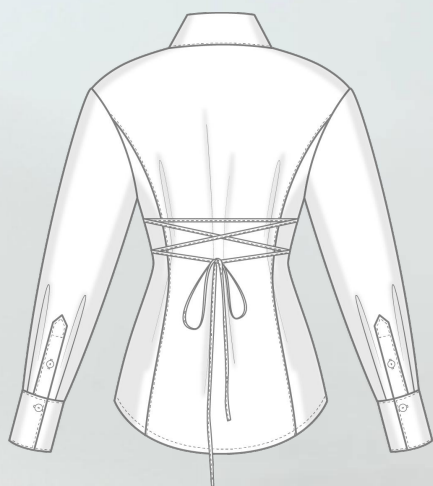


Viki

S E W S

BLOUSE

AEMMA



SIZES

34-52

DIFFICULTY



INTERMEDIATE



FROM THE FOUNDER OF THE VIKISEWS® BRAND

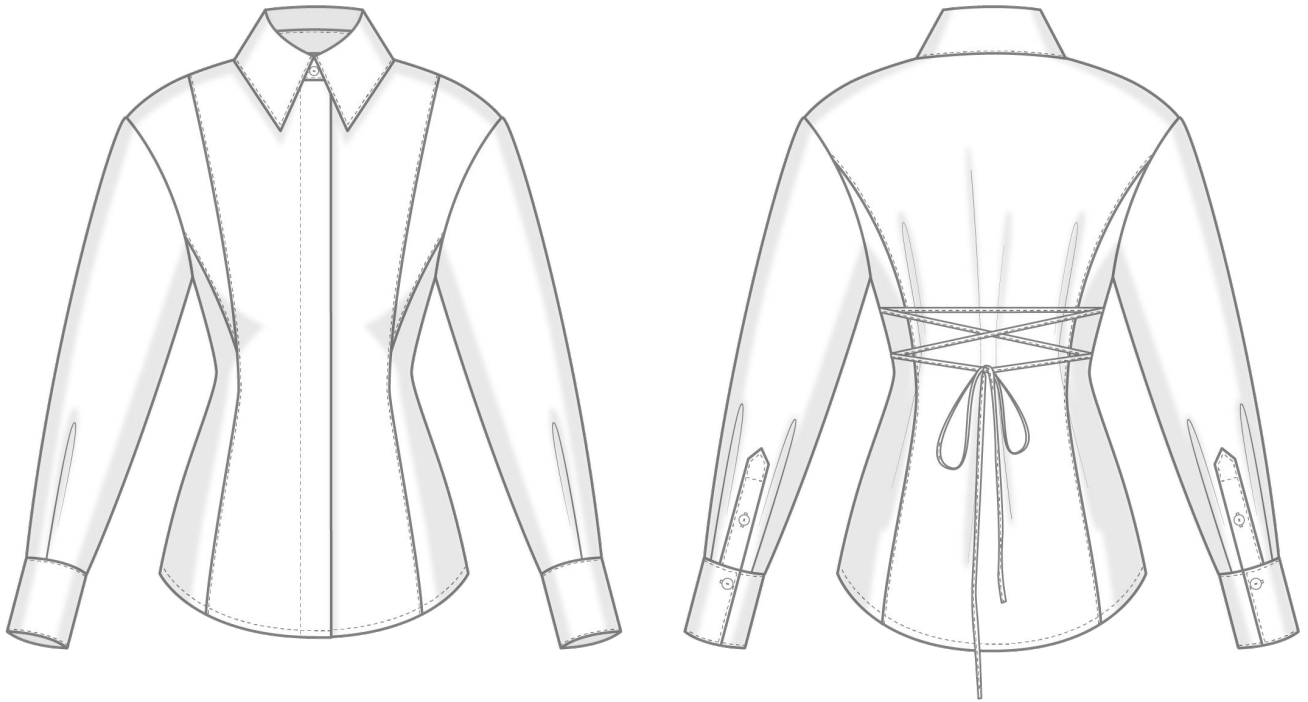


Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



AEMMA PATTERN DESCRIPTION

Aemma is a semi-fitted blouse with an accentuated waist and a shaped hem. The front and back are fitted with princess seams, and the front princess seams incorporate diagonal design lines. The blouse has a turn-down shirt collar with a separate collar stand. The long set-in sleeves feature pleats and a slit at the bottom finished with a sleeve placket closing with a button and buttonhole, and wide cuffs closing with buttons and buttonholes. The blouse has a grown-on center front placket with a concealed button and buttonhole closure. There is topstitching along the collar, collar stand, plackets, cuffs, and princess seams. Aemma is below-hip length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	10.9–14.2	15.7–17.7	14.4–17	7.3–3.2
inches	4 1/4–5 5/8	6 1/8–7	5 5/8–6 3/4	2 7/8–1 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including cuff, cm
1 (154–160)	63.6–64.2	57.4–60.3
2 (162–168)	66.6–67.2	59.3–62.2
3 (170–176)	69.6–70.2	61.2–64.1
4 (178–184)	72.6–73.2	63.1–66

Height, ft	Back length, in	Sleeve length including cuff, in
1 (5'1"–5'3")	25–25 1/4	22 5/8–23 3/4
2 (5'4"–5'6")	26 1/4–26 1/2	23 3/8–24 1/2
3 (5'7"–5'9")	27 3/8–27 5/8	24 1/8–25 1/4
4 (5'10"–6'1")	28 5/8–28 7/8	24 7/8–26

SUGGESTED FABRICS

To sew this blouse, choose medium-weight, pliable, non-stretch or low-stretch, opaque shirting fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: cotton, poplin, dress-weight denim, and shirting fabric.

Attention! We do not recommend stretchy knit fabrics or thin and sheer fabrics (chiffon, organza, stretch lace).

The blouse in the photo is made of shirting cotton. The fabric is medium-weight, pliable, soft, and low-stretch. The fiber content is 97% cotton + 3% elastane. The fabric weight is 140 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size						
	34	36–38	40–42	44	46	48	50–52
1 (154–160)	1.6	1.65	1.65	1.7	1.7	1.75	1.85
2 (162–168)	1.65	1.65	1.7	1.75	1.75	1.8	1.9
3 (170–176)	1.7	1.7	1.7	1.8	1.8	1.85	1.95
4 (178–184)	1.7	1.7	1.7	1.85	1.9	1.9	2

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size					
	34–38	40–42	44	46	48	50–52
1 (5'1"–5'3")	1 3/4	1 3/4	1 7/8	1 7/8	1 7/8	2
2 (5'4"–5'6")	1 3/4	1 7/8	1 7/8	1 7/8	2	2 1/8
3 (5'7"–5'9")	1 7/8	1 7/8	2	2	2	2 1/8
4 (5'10"–6'1")	1 7/8	1 7/8	2	2 1/8	2 1/8	2 1/8

2. Lightweight interfacing (interfacing 1), knit or woven, 30 g/m², 140 cm wide, in meters:

Height, cm	Size		
	34–40	42–44	46–52
1 (154–160)	0.65	0.65	0.65
2 (162–168)	0.65	0.65	0.7
3 (170–176)	0.7	0.7	0.7
4 (178–184)	0.7	0.75	0.75

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

Lightweight interfacing (interfacing 1), knit or woven, 30 g/m², 55" wide, in yards:

Height, ft	Size	
	34–40	42–52
1 (5'1"–5'3")	3/4	3/4
2 (5'4"–5'6")	3/4	3/4
3 (5'7"–5'9")	3/4	3/4
4 (5'10"–6'1")	3/4	7/8

3. Interfacing (interfacing 2), knit or woven, 50 g/m², 140 cm (55") wide — 0.3 m (11 3/4").
4. Ten buttons, 0.7–1 cm (1/4–3/8") in diameter.
5. One pair of shoulder pads.
6. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- buttonhole foot
- stitch-in-the-ditch foot (optional)
- loop turner

PATTERN PIECES LIST

1. From main fabric:

- center front — cut 2
- top side front — cut 2
- bottom side front — cut 2
- center back — cut 1 on fold
- side back — cut 2
- sleeve — cut 2
- upper collar — cut 1
- undercollar — cut 1
- collar stand — cut 2
- cuff — cut 2 on fold
- sleeve placket — cut 2
- belt loops — cut 1 (4 pieces)
- side tie belt — cut 2
- center tie belt — cut 1

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

2. From interfacing 1:

- sleeve placket — cut 2

Additionally, cut the following from interfacing 1:

- two strips, width and length according to the pattern, to interface the grown-on placket on the center front pieces

3. From interfacing 2:

- upper collar — cut 1
- undercollar — cut 1
- collar stand — cut 2
- cuff — cut 2 on fold

SEAM ALLOWANCES

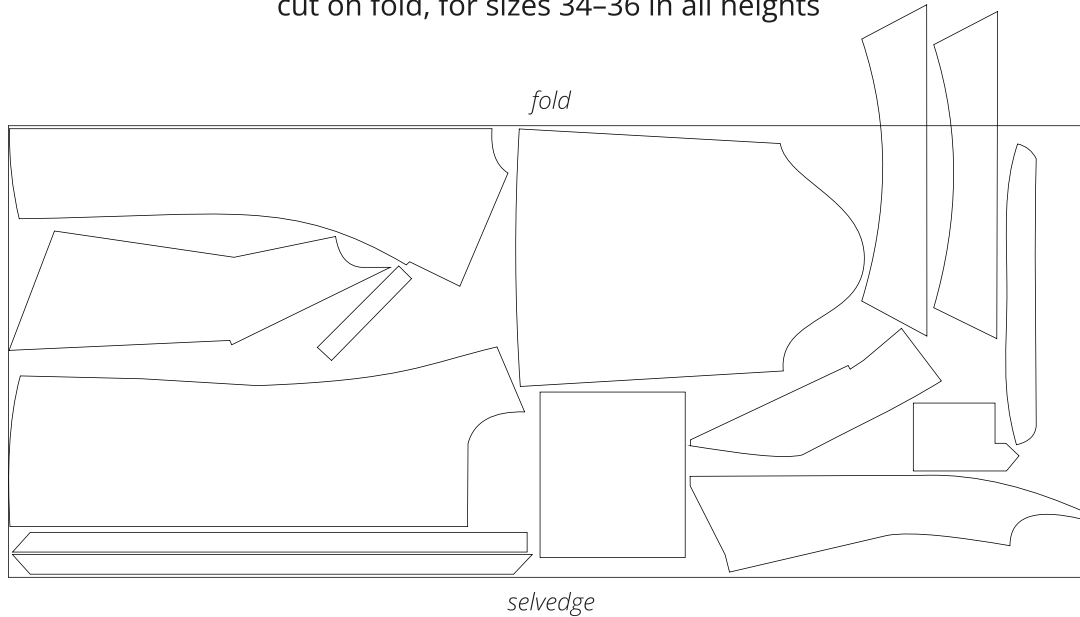
All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out the pattern pieces on the fabric.

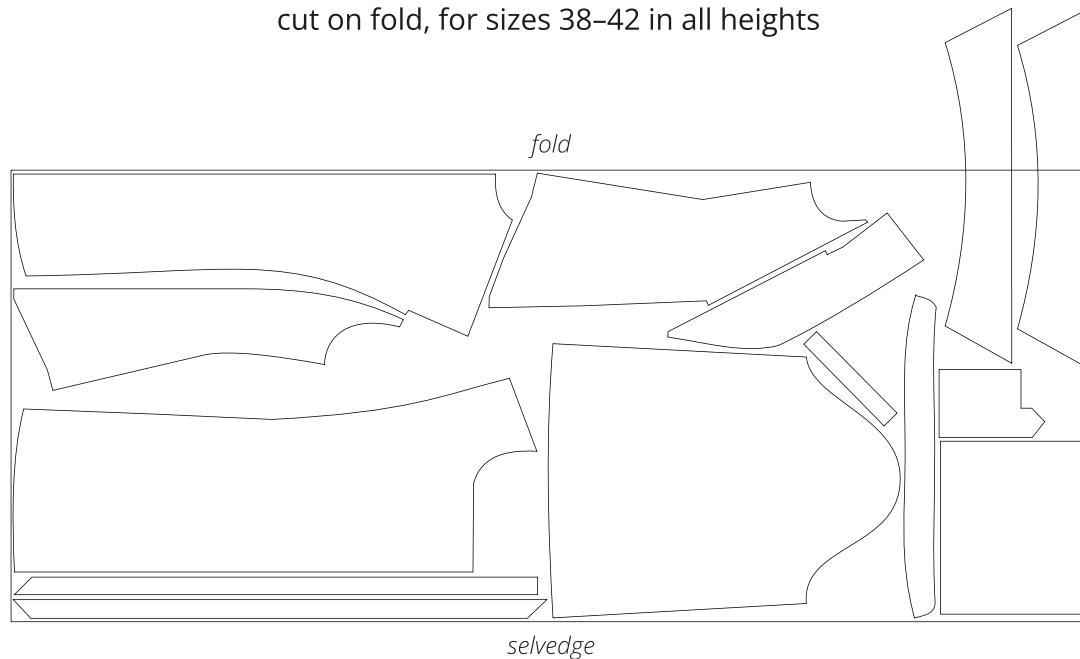
CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 34–36 in all heights



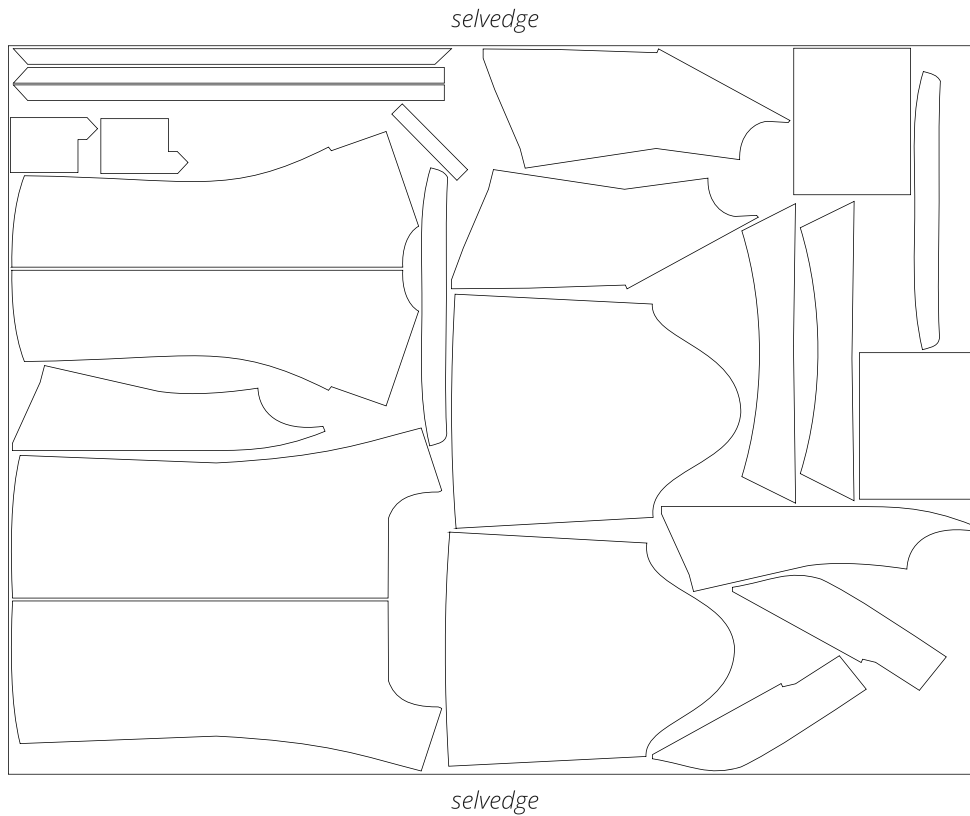
Attention! Cut one each of the center tie belt and belt loops pieces.
Cut one each of the undercollar and upper collar pieces on a single layer.

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 38–42 in all heights

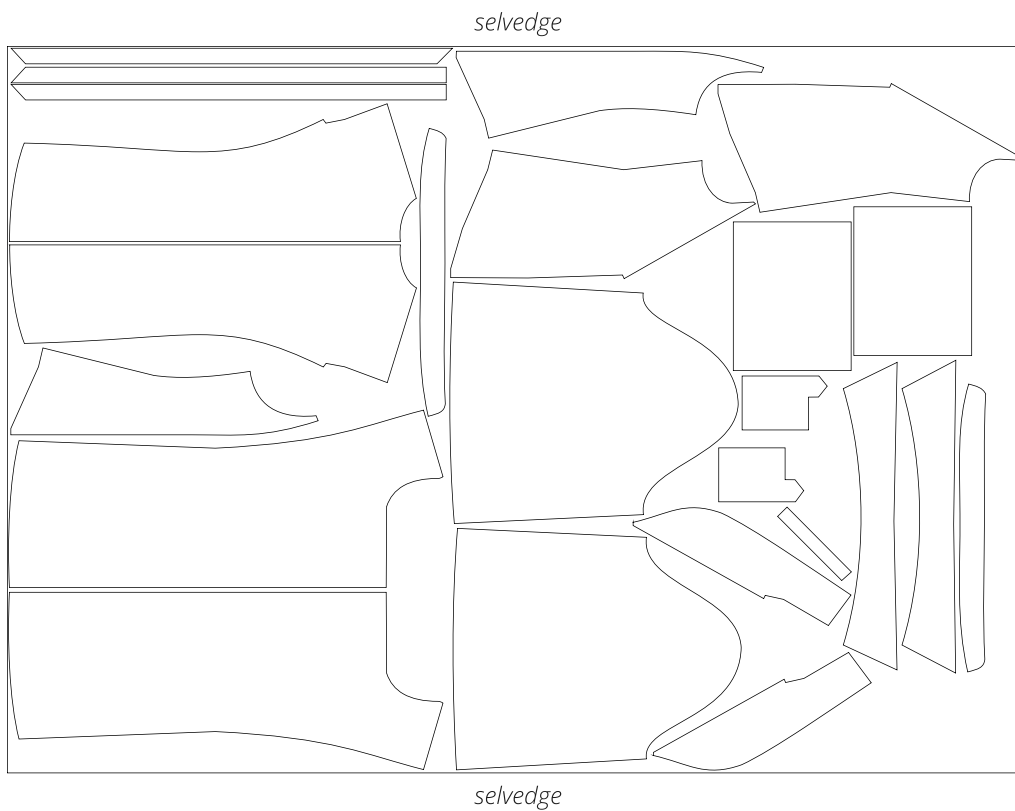


Attention! Cut one each of the center tie belt and belt loops pieces.
Cut one each of the undercollar and upper collar pieces on a single layer.

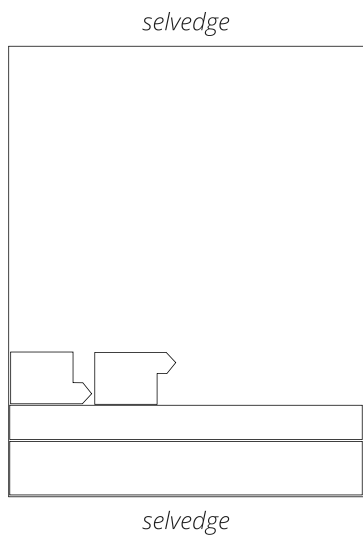
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 44–48 in all heights



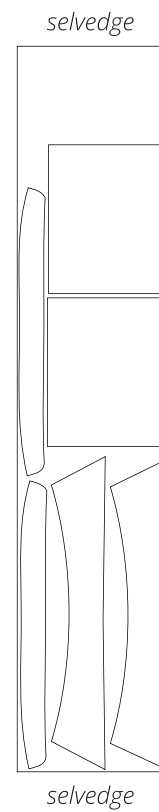
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a single layer,
for sizes 50–52 in all heights



Interfacing 1, 140 cm (55") wide,
cut in one direction, on a single layer,
for all sizes in all heights



Interfacing 2, 140 cm (55") wide,
cut in one direction, on a single layer,
for all sizes in all heights



READY? LET'S GET SEWING!



10. Machine-stitch, backstitching at the beginning and end of the seam.



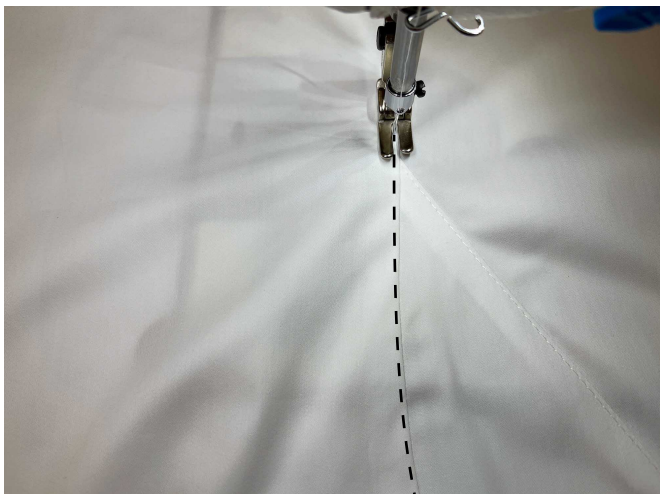
11. Clip into the center front seam allowance at the bust and waist areas, stopping 2–3 mm (1/8") short of the seam.



12. Overlock the princess seam allowances, with the side front piece facing up. Press the seam flat.



13. Press the princess seam allowances towards the center front piece.



14. Working on the right side of the center front piece, topstitch at 1–2 mm from the princess seam.

Backstitch at the beginning and end of the seam.