

Viki
S E W S

JACKET **DISA**



SIZES
XS-XL

DIFFICULTY



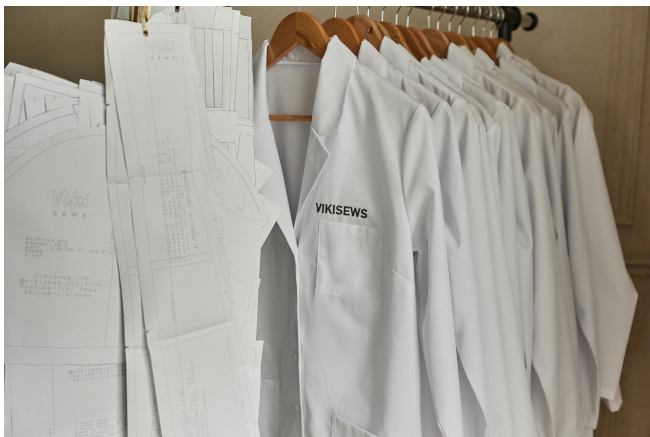
INTERMEDIATE



FROM THE FOUNDER OF THE VIKISEWS® BRAND



Back in 2016, when I started making my first sewing patterns and instruction manuals, my main goal was to solve the problems I personally faced at the beginning of my sewing journey: the lack of stylish patterns that provide a great fit and contain clear sewing instructions. That's how Vikisews was born—a brand designed to help you create fashionable, on-trend clothing with your own hands.



The sewing instructions we create is the result of our team's careful, meticulous work. May they help you develop your sewing hobby—or even turn it into your life's work! Enjoy every step of the sewing process and create a thoughtful, stylish wardrobe!

If you have any questions, we're always here to help: info@vikisews.com



DISA PATTERN DESCRIPTION

Disa is a loose-fitting lined jacket with an O-shaped silhouette. The front has princess seams with pockets set into them. The jacket has a stand collar. The shirt sleeves are gathered with concealed elastic, and the bottom edge of the jacket is gathered with concealed elastic as well. The jacket closes with a zipper. Disa is above-hip length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Upper arm ease
cm	61.9–52.5	78.1–68.1	33.8–29
inches	24 3/8–20 5/8	30 3/4–26 3/4	13 1/4–11 3/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	45.7–47.5	68.9–71
2 (162–168)	48.7–50.5	70.4–72.5
3 (170–176)	51.7–53.5	72.9–75
4 (178–184)	54.7–56.5	74.9–77

Height, ft	Center back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	18–18 3/4	27 1/8–28
2 (5'4"–5'6")	19 1/8–19 7/8	27 3/4–28 1/2
3 (5'7"–5'9")	20 3/8–21 1/8	28 3/4–29 1/2
4 (5'10"–6'1")	21 1/2–22 1/4	29 1/2–30 3/8

SUGGESTED FABRICS

To sew this jacket, choose medium-weight, soft, pliable, stretchy knit fabrics.

The fiber content must include elastane or spandex and can also include natural, artificial, blended, or synthetic fibers.

These can be textured, smooth, openwork, or napped fabrics.

The following fabrics are recommended: sweater knits, corduroy, velour, plush, French terry, and brushed French terry.

For the lining, choose medium-weight, soft, pliable, stretchy knit fabrics. The fiber content can include natural, artificial, blended, or synthetic fibers. The following fabrics are recommended: brushed French terry, sherpa knits, sherpa French terry.

For the pocket lining, use single jersey or viscose knits.

The jacket in the photo is made of velour. The fabric is medium weight, soft, and stretchy. The fiber content is 80% cotton + 20% polyester. The fabric weight is 275 g/m².

Lining fabric 1 is sherpa. The fabric is medium weight, soft, and stretchy. The fiber content is 100% polyester. The fabric weight is 650 g/m².

Lining fabric 2 is made of 92% viscose + 2% elastane. The lining fabric weight is 150 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	XS	S	M	L	XL
1 (154–160)	1.4	1.45	1.5	1.55	1.6
2 (162–168)	1.45	1.5	1.55	1.65	1.65
3 (170–176)	1.55	1.6	1.65	1.75	1.75
4 (178–184)	1.65	1.7	1.75	1.8	1.8

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	XS	S	M	L-XL
1 (5'1"–5'3")	1 1/2	1 5/8	1 5/8	1 3/4
2 (5'4"–5'6")	1 5/8	1 5/8	1 3/4	1 3/4
3 (5'7"–5'9")	1 3/4	1 3/4	1 3/4	1 7/8
4 (5'10"–6'1")	1 3/4	1 7/8	1 7/8	2

2. Lining fabric 1, 140 cm wide, with a directional print, in meters:

Height, cm	XS	S	M	L	XL
1 (154–160)	1.1	1.35	1.35	1.35	1.4
2 (162–168)	1.15	1.45	1.45	1.45	1.45
3 (170–176)	1.25	1.5	1.55	1.55	1.55
4 (178–184)	1.3	1.6	1.6	1.6	1.65

Lining fabric 1, 55" wide, with a directional print, in yards:

Height, ft	XS	S	M-XL
1 (5'1"–5'3")	1 1/4	1 1/2	1 1/2
2 (5'4"–5'6")	1 1/4	1 5/8	1 5/8
3 (5'7"–5'9")	1 3/8	1 5/8	1 3/4
4 (5'10"–6'1")	1 3/8	1 3/4	1 3/4

3. Lining fabric 2, 140 cm wide, with a directional print, in meters:

Height, cm	XS	S	M-XL
1 (154–160)	0.25	0.25	0.3
2 (162–168)	0.25	0.3	0.3
3 (170–176)	0.25	0.25	0.3
4 (178–184)	0.25	0.3	0.3

Lining fabric 2, 55" wide, with a directional print, in yards:

Height, ft	XS	S	M-XL
1 (5'1"–5'3")	1/4	1/4	3/8
2 (5'4"–5'6")	1/4	3/8	3/8
3 (5'7"–5'9")	1/4	1/4	3/8
4 (5'10"–6'1")	1/4	3/8	3/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 45 cm (18").

5. One plastic molded zipper, 65 cm (26") long, for all sizes in all heights.

6. Elastic, 3 cm (1 1/8") wide, for all heights, depending on the size. The exact elastic length is specified in the pattern:

Size	XS	S	M	L	XL
meters	1.25	1.35	1.4	1.5	1.6
yards	1 3/8	1 1/2	1 1/2	1 5/8	1 3/4

7. Matching thread — 2 spools.

TOOLS AND EQUIPMENT

- sewing machine for construction
- stitch-in-the-ditch foot (optional)
- one-sided foot for attaching the zipper

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These have a ballpoint needle tip that parts the knit loops without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:

- center front — cut 2
- side front — cut 2
- back — cut 1 on fold
- stand collar — cut 2
- sleeve — cut 2
- pocket facing — cut 2

2. From lining fabric 1:

- front lining — cut 2
- back lining — cut 1 on fold
- sleeve lining — cut 2

3. From lining fabric 2:

- top pocket lining — cut 2
- bottom pocket lining — cut 2

4. Template:

- hem elastic template

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

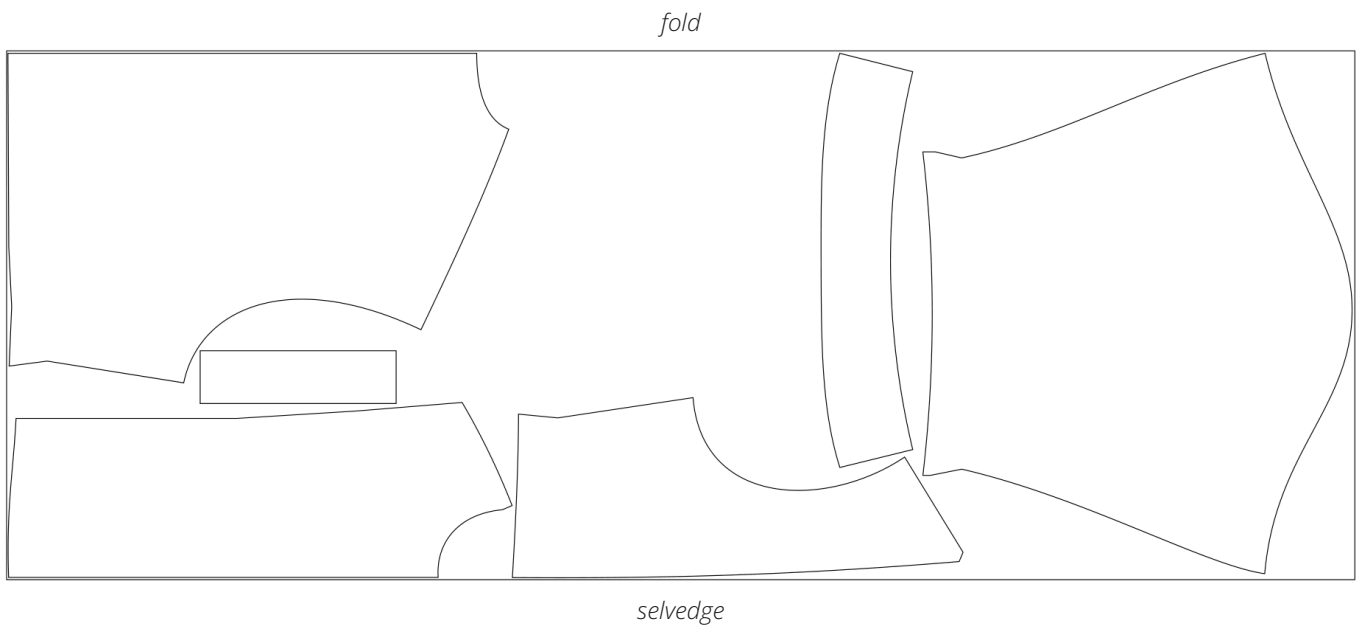
SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.

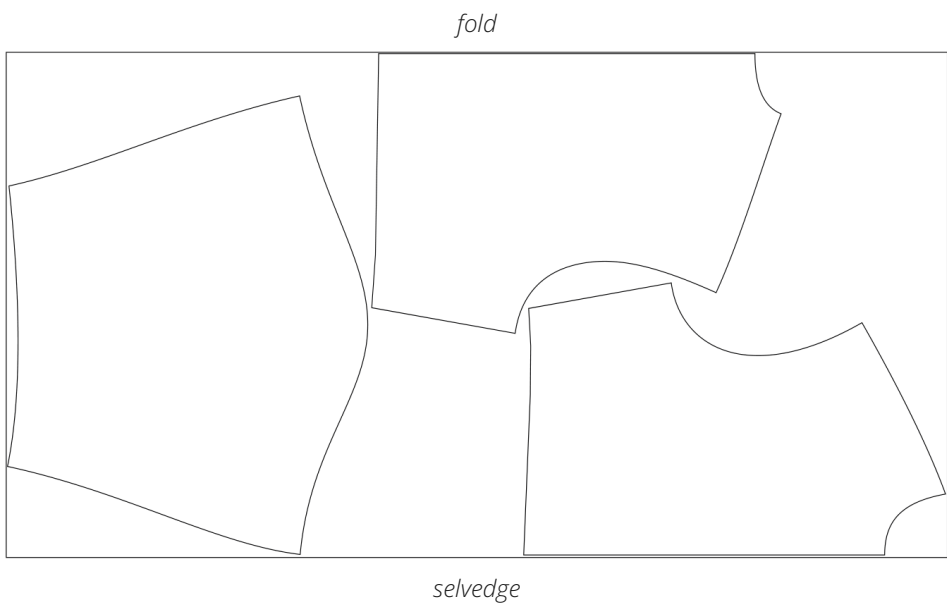
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

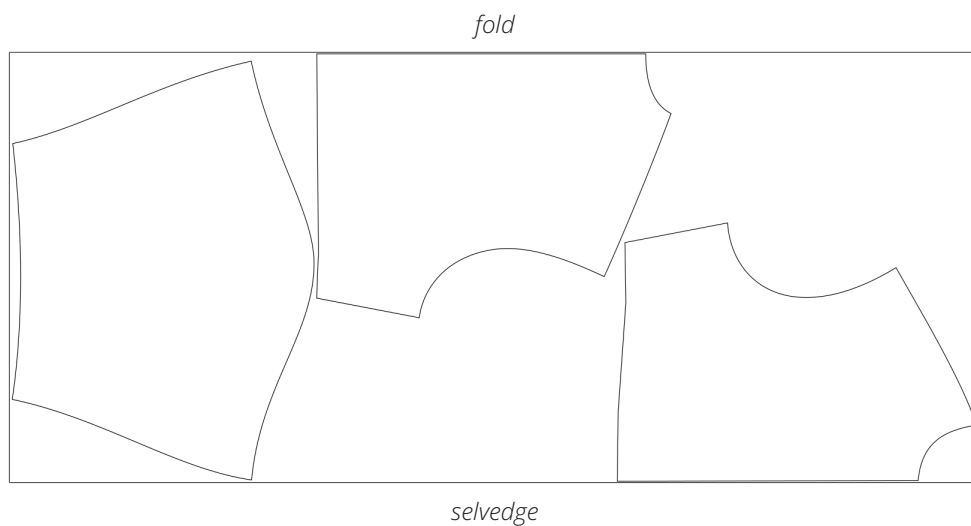
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for all sizes in all heights



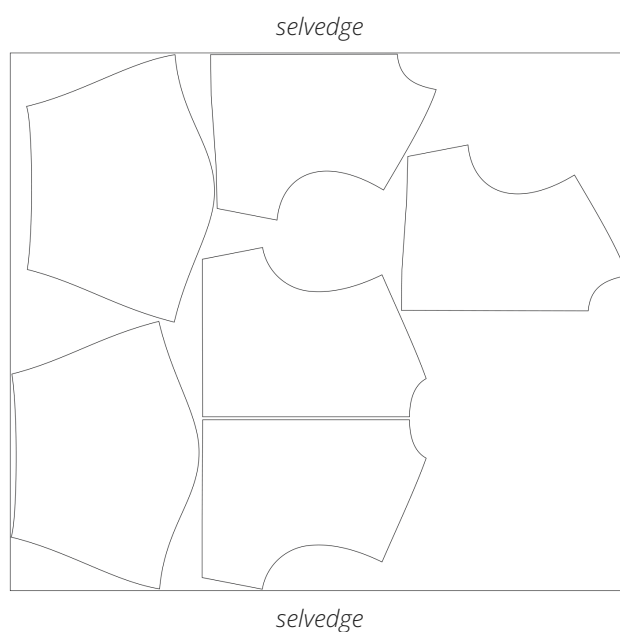
Lining fabric 1, 140 cm (55") wide, with a directional print, cut on fold, for size XS in all heights



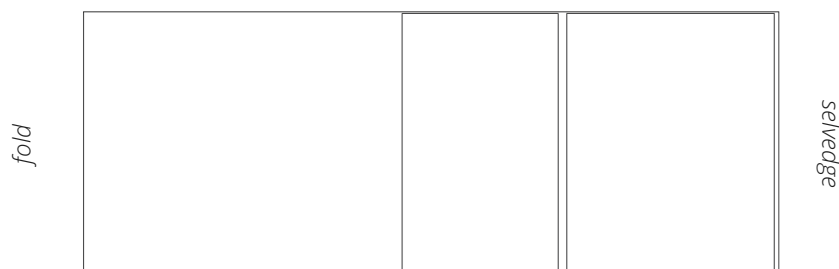
Lining fabric 1, 140 cm (55") wide, with a directional print, cut on fold, for sizes S-L in all heights



Lining fabric 1, 140 cm (55") wide, with a directional print, cut on a single layer, for size XL in all heights



Lining fabric 2, 140 cm (55") wide, with a directional print, cut on fold, for all sizes in all heights



READY? LET'S GET SEWING!



11. Place the pocket lining pieces right sides together, align the edges, and pin.



12. Machine-stitch, backstitching at the beginning and end of the seam.

Press the seam.

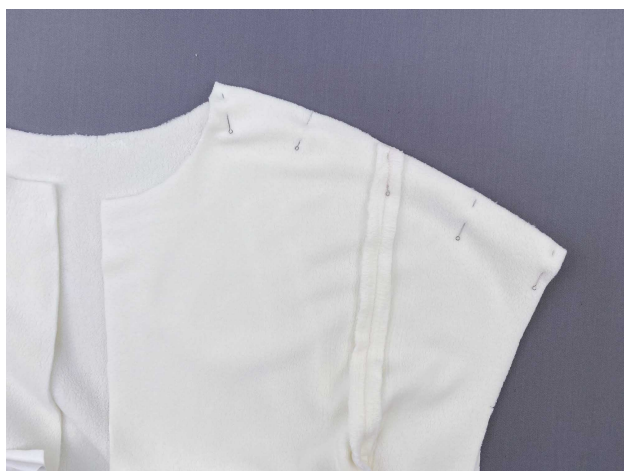


13. Place the center front and side front pieces right sides together, align the princess seam edges, match the notches, and pin.

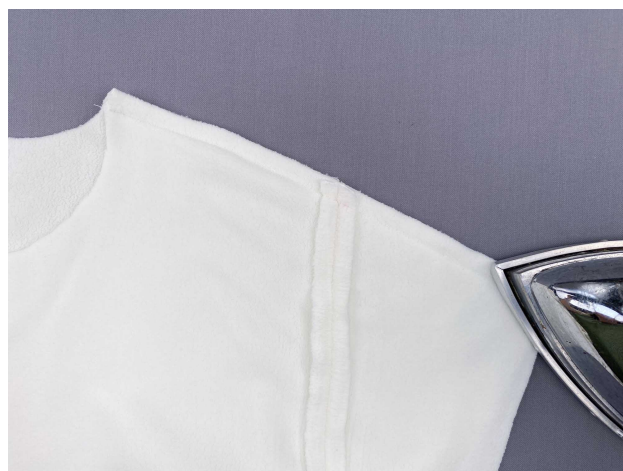


14. Machine-stitch, backstitching at the beginning and end of the seam.

Press the princess seam allowances open.



15. Place the front and back pieces right sides together, align the shoulder edges, match the notch and the princess seam, and pin.



16. Machine-stitch, backstitching at the beginning and end of the seam.

Press the seam flat.