

FROM THE FOUNDER OF VIKISEWS®



In 2016, when I was creating my first patterns and instructions, I simply wanted to solve the difficulties I had faced myself at the start of my sewing journey. I missed stylish patterns with a good fit and clear sewing instructions. Step by step, this is how Vikisews came about — a brand that helps people who sew beautiful, up-to-date clothes with their own hands.



Every one of our instructions is the result of careful teamwork. We hope they help your hobby grow — and perhaps even turn it into your life's work. Enjoy the process and create a thoughtful, stylish wardrobe.

If you have any questions, email us at info@vikisews.com



HELLAWES PATTERN DESCRIPTION

Hellawes is a semi-fitted cropped coat with a straight silhouette. The bust darts on the front pieces are transferred into the shoulder seams. There are pockets in the horizontal design line seams. The coat has a grown-on stand collar, and the shoulder line is dropped. The straight set-in sleeves are made up of one piece. The coat is fully lined and closes at the center front with a separating zipper. Hellawes is below-hip length.



PLEASE READ BEFORE USE

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease (estimated)	Upper arm ease
cm	23.3–32.5	43.7–53.4	18.7–28.8	18.7–23.5
inches	9 1/8–12 3/4	17 1/4–21	7 3/8–11 3/8	7 3/8–9 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length, cm	Sleeve length including shoulder width, cm
1 (154–160)	64.6–66.8	68.4–71.6
2 (162–168)	67.5–69.7	70.8–74
3 (170–176)	70.5–72.7	72.4–75.6
4 (178–184)	73.5–75.6	74.4–77.6

Height, ft	Center back length, in	Sleeve length including shoulder width, in
1 (5'1"–5'3")	25 3/8–26 1/4	26 7/8–28 1/4
2 (5'4"–5'6")	26 5/8–27 1/2	27 7/8–29 1/8
3 (5'7"–5'9")	27 3/4–28 5/8	28 1/2–29 3/4
4 (5'10"–6'1")	28 7/8–29 3/4	29 1/4–30 1/2

SUGGESTED FABRIC

To sew this coat, choose medium-weight, soft, non-stretch or low-stretch coating fabrics made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: wool, alpaca, cashmere, and bouclé.

Choose solid or heathered fabrics with a short or medium pile, or with no pile at all.

For the lining, we recommend using lining fabrics made of artificial, blended, or synthetic fibers.

Attention! We do not recommend stretchy knit fabrics or lightweight sheer fabrics (chiffon, organza, stretch lace).

The coat in the photo is made of grey napped coating fabric with a knit backing. The fabric is medium weight, pliable, soft, and low-stretch. The fiber content is 75% wool + 10% polyester + 10% viscose + 5% cotton. The fabric weight is 360 g/m².

The lining is made of 100% viscose. The lining fabric weight is 100 g/m².

FABRIC AND NOTIONS REQUIREMENTS

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	XS	S	M	L	XL
1 (154–160)	1.85	2	2.05	2.1	2.2
2 (162–168)	1.9	2.05	2.1	2.2	2.3
3 (170–176)	1.95	2.1	2.15	2.3	2.4
4 (178–184)	2	2.2	2.25	2.35	2.45

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size				
	XS	S	M	L	XL
1 (5'1"–5'3")	2	2 1/8	2 1/4	2 1/4	2 3/8
2 (5'4"–5'6")	2 1/8	2 1/4	2 1/4	2 3/8	2 1/2
3 (5'7"–5'9")	2 1/8	2 1/4	2 3/8	2 1/2	2 5/8
4 (5'10"–6'1")	2 1/8	2 3/8	2 1/2	2 5/8	2 5/8

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size				
	XS	S	M	L	XL
1 (154–160)	1.25	1.25	1.25	1.3	1.3
2 (162–168)	1.3	1.3	1.35	1.35	1.35
3 (170–176)	1.35	1.35	1.35	1.4	1.4
4 (178–184)	1.4	1.4	1.4	1.45	1.45

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size		
	XS–S	M	L–XL
1 (5'1"–5'3")	1 3/8	1 3/8	1 3/8
2 (5'4"–5'6")	1 3/8	1 1/2	1 1/2
3 (5'7"–5'9")	1 1/2	1 1/2	1 1/2
4 (5'10"–6'1")	1 1/2	1 1/2	1 5/8

3. Lightweight interfacing, knit or woven, 140 cm wide, cut in one direction, in meters:

Height, cm	Size				
	XS	S	M	L	XL
1 (154–160)	0.85	0.85	0.9	0.9	0.95
2 (162–168)	0.85	0.9	0.9	0.95	0.95
3 (170–176)	0.9	0.95	0.95	1	1
4 (178–184)	0.95	0.95	1	1	1.05

Lightweight interfacing, knit or woven, 55" wide, cut in one direction, in yards:

Height, ft	Size			
	XS	S	M	L–XL
1 (5'1"–5'3")	7/8	7/8	1	1
2 (5'4"–5'6")	7/8	1	1	1
3 (5'7"–5'9")	1	1	1	1 1/8
4 (5'10"–6'1")	1	1	1 1/8	1 1/8

4. One metal zipper, 66.8–82 cm (26 1/4–32 1/4") long, depending on the size

5. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 3 m (3 1/4 yd)

6. Matching thread for the main fabric — 1 spool

7. Matching thread for the lining fabric — 1 spool

TOOLS AND EQUIPMENT

- sewing machine for construction
- one-sided foot for attaching the zipper

PATTERN PIECES LIST

1. From main fabric:

- bottom front — cut 2
- top front — cut 2
- back — cut 1 on fold
- sleeve — cut 2
- front facing — cut 2
- back neck facing — cut 1 on fold
- pocket facing — cut 2

2. From lining fabric:

- front lining — cut 2
- back lining — cut 1 on fold
- sleeve lining — cut 2
- pocket lining — cut 4

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

3. From interfacing:

- front facing — cut 2
- back neck facing — cut 1 on fold
- pocket facing — cut 2

Additionally, cut the following from interfacing:

- three strips, 5 cm (2") wide (length according to the pattern), to interface the hem allowances on the back, bottom front, and sleeve pieces
- two rectangles sized to the pocket facings in the design line seams of the top front pieces

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

IMPORTANT! If the pattern pieces have the "face" inscription, these pieces should be cut on the right side of the fabric.

SEAM ALLOWANCES

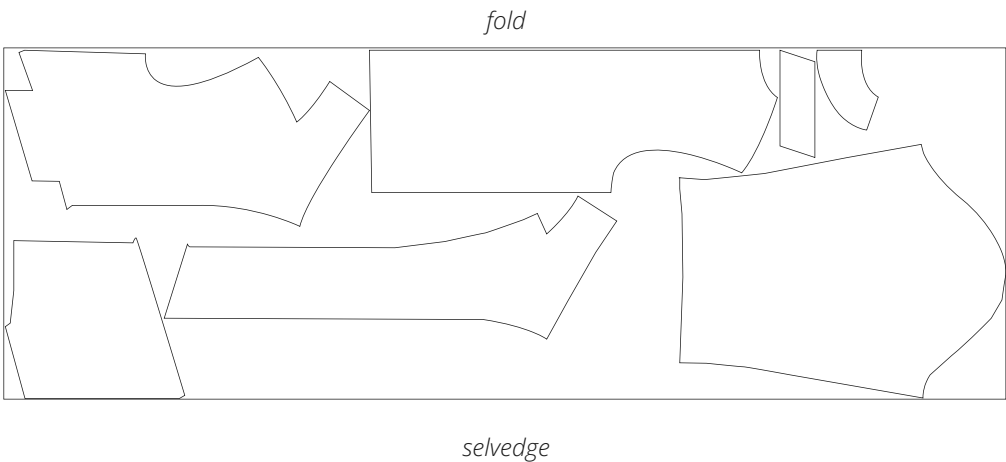
All pattern pieces include seam allowances as follows:

- garment hem allowance — 4 cm (1 5/8")
- sleeve hem allowance — 4 cm (1 5/8")
- all other edges — 1 cm (3/8")

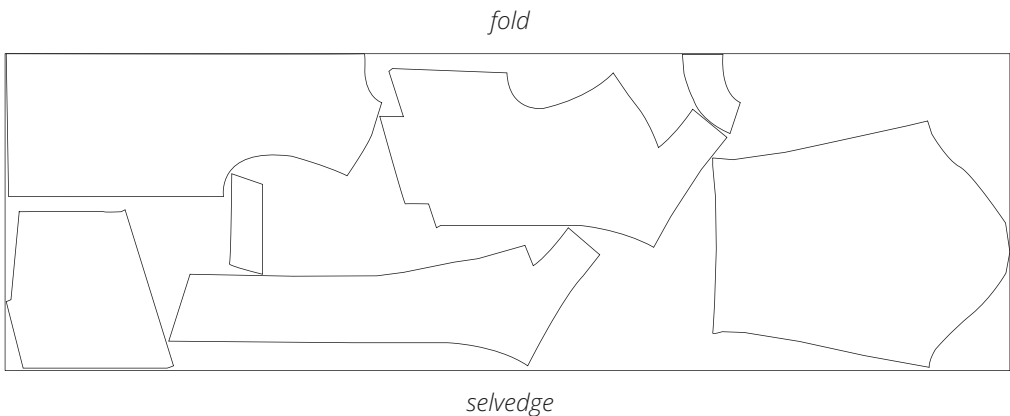
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

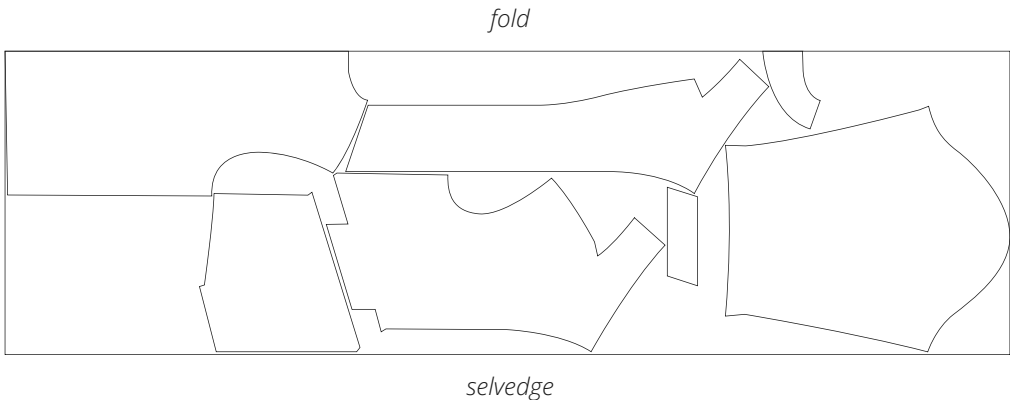
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for size XS in all heights



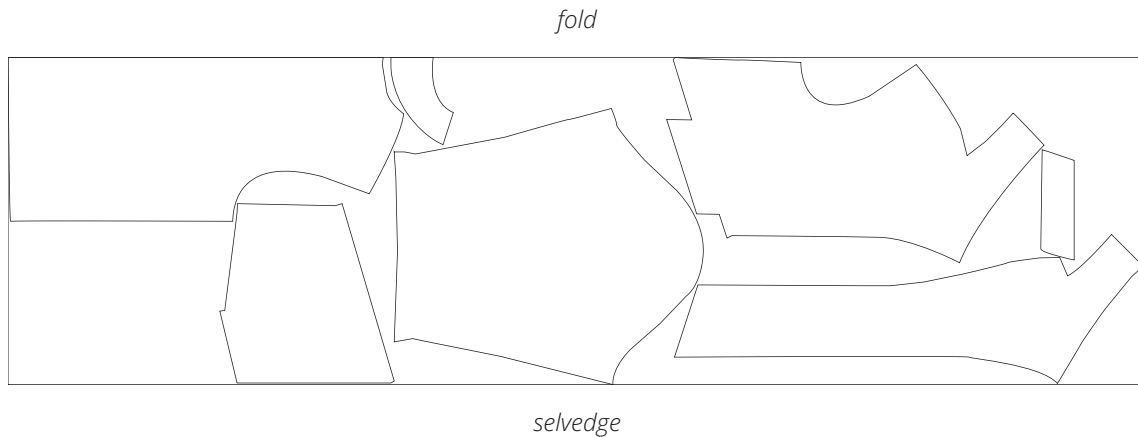
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on a partial fold,
for sizes S-M in all heights



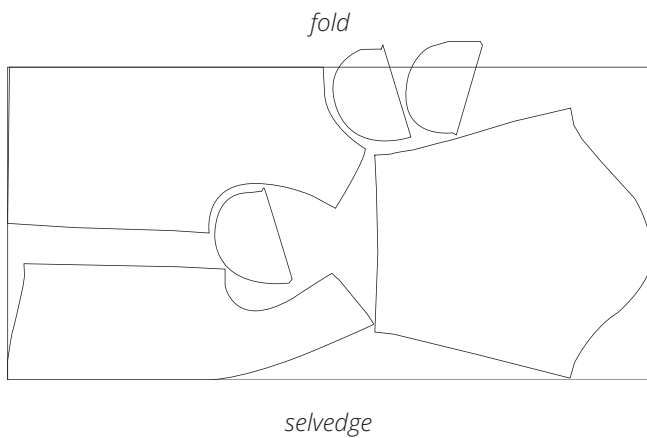
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for size L in all heights



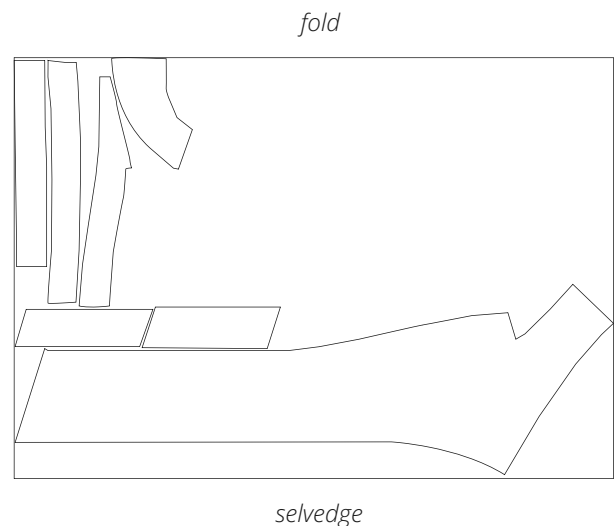
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for size XL in all heights



Lining fabric, 140 cm (55") wide, with a
directional print, cut on fold,
for all sizes in all heights



Interfacing, 140 cm (55") wide, cut on fold,
for all sizes in all heights



Attention! Cut the pocket lining pieces on a
single layer out of the leftover fabric.

READY? LET'S GET SEWING!



1. Transfer the dart lines from the pattern to the wrong side of the top front piece.



2. Working on the wrong side of the top front piece, match the dart legs and pin. Machine-stitch, backstitching at the beginning of the seam at the edges. Leave long threads at the dart point. Tie the thread ends in a knot. Trim the excess threads.



3. Press the darts towards the center of the top front piece.



4. Place the pocket facing and pocket lining pieces right sides together. Align the edges, match the notches, and pin.